

ZETA PHI BETA (ZPB) PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which sorority was founded on January 16th, 1920?**
 - A. Alpha Kappa Alpha Sorority Inc.
 - B. Delta Sigma Theta Sorority Inc.
 - C. Zeta Phi Beta Sorority Inc.
 - D. Sigma Gamma Rho Sorority Inc.
- 2. On what date is Founders Day celebrated by Zeta Phi Beta?**
 - A. February 14
 - B. January 16
 - C. January 1
 - D. December 25
- 3. Which of the following is NOT typically a focus of ZPB's philanthropic work?**
 - A. Environmental advocacy.
 - B. Education.
 - C. Health.
 - D. Community service.
- 4. How is Founders Day typically observed by ZPB chapters?**
 - A. Through commemorative programs, service activities, and reflection on the sorority's mission
 - B. By hosting recruitment drives exclusively
 - C. By hosting political rallies
 - D. Only by planting trees
- 5. Who was the International Grand Basileus in 2018?**
 - A. Mary Breaux Wright
 - B. Valerie Hollingsworth Baker
 - C. Sheryl P. Underwood
 - D. Barbara C. Moore

6. What is the role of the National Tamias?

- A. National Treasurer
- B. National Secretary
- C. National Parliamentarian
- D. National President

7. What is the National Executive Board responsible for?

- A. Overseeing the implementation of policies, the operation of the sorority and its budget
- B. Managing recruitment and expansion
- C. Overseeing fundraising campaigns
- D. Maintaining membership records

8. What is the scope of ZPB's philanthropic focus?

- A. Education, health, and community service.
- B. Economic development and trade.
- C. Arts and humanities.
- D. Environmental conservation.

9. Which two properties does Zeta Phi Beta Sorority Inc. own?

- A. National Headquarters - 1734 New Hampshire Ave. N.W. in Washington DC
- B. Birch Haven - Idlewild, Michigan
- C. National Headquarters - 1734 New Hampshire Ave. N.W. in Washington DC; Birch Haven - Idlewild, Michigan
- D. National Headquarters - 123 Main St; Birch Haven - Idlewild, Michigan

10. What are the primary colors of Zeta Phi Beta's official regalia?

- A. Turquoise and White
- B. Gold and Blue
- C. White and Silver
- D. Turquoise and Gold

Answers

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1. C
2. B
3. A
4. A
5. B
6. A
7. A
8. A
9. C
10. A

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Explanations

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1. Which sorority was founded on January 16th, 1920?

- A. Alpha Kappa Alpha Sorority Inc.
- B. Delta Sigma Theta Sorority Inc.
- C. Zeta Phi Beta Sorority Inc.**
- D. Sigma Gamma Rho Sorority Inc.

That date marks the founding of Zeta Phi Beta Sorority, Inc. It was founded January 16, 1920 at Howard University in Washington, D.C., by five women—Arizona Cleaver Stemmons, Pearl Anna Neal, Myrtle Tyler Faithful, Viola Tyler Goings, and Fannie Pettie Watts. The other sororities listed were established on different dates: Alpha Kappa Alpha in 1908, Delta Sigma Theta in 1913, and Sigma Gamma Rho in 1922. So January 16, 1920 is uniquely tied to Zeta Phi Beta, making it the correct choice.

2. On what date is Founders Day celebrated by Zeta Phi Beta?

- A. February 14
- B. January 16**
- C. January 1
- D. December 25

Founders Day honors the date Zeta Phi Beta was founded. Zeta Phi Beta was founded on January 16, 1920, at Howard University in Washington, D.C., by five visionary women. Because the date of the founding is January 16, the sorority celebrates Founders Day on that date each year. The other dates correspond to unrelated holidays—Valentine's Day, New Year's Day, and Christmas—so they don't mark ZPB's beginnings.

3. Which of the following is NOT typically a focus of ZPB's philanthropic work?

- A. Environmental advocacy.**
- B. Education.
- C. Health.
- D. Community service.

Zeta Phi Beta's philanthropic effort is built around education, health, and community service, reflecting a strong emphasis on scholarship and assisting communities directly. Environmental advocacy isn't a typical focus because the sorority's major programs are designed to boost educational opportunities, promote health and wellness, and provide hands-on service to those in need. So, environmental advocacy stands outside the usual pillars of their philanthropy, while education initiatives, health outreach, and community-service projects are where their efforts are most consistently directed.

4. How is Founders Day typically observed by ZPB chapters?

- A. Through commemorative programs, service activities, and reflection on the sorority's mission
- B. By hosting recruitment drives exclusively
- C. By hosting political rallies
- D. Only by planting trees

Founders Day observances center on honoring the sorority's founders and reaffirming Zeta Phi Beta's mission through actions that reflect its values. Chapters usually mark the day with commemorative programs that recall the founders' legacies, service activities that benefit the community, and moments of reflection on what it means to live as a member of Zeta Phi Beta and uphold Finer Womanhood, Scholarship, Service, and Sisterhood. This combination captures the spirit of the celebration more fully than a single activity. The other options don't fit because Founders Day isn't about recruitment drives, political rallies, or a lone activity like planting trees; it's about remembrance, service, and recommitment to the sorority's ideals.

5. Who was the International Grand Basileus in 2018?

- A. Mary Breaux Wright
- B. Valerie Hollingsworth Baker
- C. Sheryl P. Underwood
- D. Barbara C. Moore

The International Grand Basileus is the national president and chief executive of Zeta Phi Beta Sorority, Inc., elected by the Boule to lead the organization, set policy direction, and represent the sorority publicly on a national level. In 2018, the person who held that leadership role was Valerie Hollingsworth Baker, serving during the term that encompassed that year and guiding chapters and initiatives across the Sorority. This position is a fixed leadership role within the sorority's structure, and the person holding it is the primary figure responsible for the organization's direction during the term.

6. What is the role of the National Tamias?

- A. National Treasurer
- B. National Secretary
- C. National Parliamentarian
- D. National President

Tamias refers to the treasurer in Zeta Phi Beta, so the National Tamias is the national financial officer. This role focuses on the sorority's money: collecting national dues, maintaining ledgers and financial records, managing accounts, and preparing budgets and financial reports for the National Council. The Tamias also coordinates with committees on funding for programs, ensures compliance with financial policies, and oversees audits and financial controls, keeping the sorority financially accountable and transparent. This stands apart from the National Secretary, who handles records and correspondence; the National Parliamentarian, who safeguards procedural rules; and the National President, who leads the organization.

7. What is the National Executive Board responsible for?

- A. Overseeing the implementation of policies, the operation of the sorority and its budget
- B. Managing recruitment and expansion
- C. Overseeing fundraising campaigns
- D. Maintaining membership records

The National Executive Board focuses on governance and financial stewardship for Zeta Phi Beta. Its job is to ensure that policies adopted by the sorority are carried out across all chapters, supervise overall operations, and manage the budget, providing strategic direction and accountability to bylaws and standards. Tasks like recruiting new members, expanding chapters, running fundraising campaigns, or maintaining membership records are handled by specific committees or administrative offices rather than by the board as a whole. So the described responsibilities align with guiding policy implementation, operations, and financial oversight.

8. What is the scope of ZPB's philanthropic focus?

- A. Education, health, and community service.
- B. Economic development and trade.
- C. Arts and humanities.
- D. Environmental conservation.

Zeta Phi Beta's philanthropic focus centers on education, health, and community service. This triad guides the sorority's national initiatives, shaping programs that promote learning through scholarships and mentoring, raise health awareness and support wellness initiatives, and drive hands-on service projects that meet community needs. These areas are consistently identified as the sorority's main charitable pillars, setting them apart from other potential focus areas. The remaining choices—economic development and trade, arts and humanities, and environmental conservation—do not represent the established philanthropic pillars of ZPB.

9. Which two properties does Zeta Phi Beta Sorority Inc. own?

- A. National Headquarters - 1734 New Hampshire Ave. N.W. in Washington DC
- B. Birch Haven - Idlewild, Michigan
- C. National Headquarters - 1734 New Hampshire Ave. N.W. in Washington DC; Birch Haven - Idlewild, Michigan
- D. National Headquarters - 123 Main St; Birch Haven - Idlewild, Michigan

Zeta Phi Beta owns two specific properties: the National Headquarters located at 1734 New Hampshire Avenue NW in Washington, DC, and Birch Haven in Idlewild, Michigan. The best answer lists both of these properties exactly, confirming ownership of both. The other options either mention only one property or give an incorrect address, so they don't fully represent what ZPB owns. Birch Haven is the sorority's retreat in Idlewild, while the National Headquarters serves as the central office for the organization.

10. What are the primary colors of Zeta Phi Beta's official regalia?

A. Turquoise and White

B. Gold and Blue

C. White and Silver

D. Turquoise and Gold

Turquoise and white are the official regalia colors used by Zeta Phi Beta. This color pairing is chosen to identify members and represent the sorority's ceremonial identity across uniforms, insignia, and formal attire. Turquoise denotes the vitality and commitment of the sisterhood, while white stands for purity and integrity in how members carry themselves. Because these colors are codified by the national organization as the regalia colors, they are used consistently in official regalia, making them distinct from other color pairings that are not designated as the sorority's regalia.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://zetaphibeta.examzify.com>

We wish you the very best on your exam journey. You've got this!

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