

Zeta Phi Beta (ZPB) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which of the following lists the five founders of Zeta Phi Beta Sorority, Inc.?**
 - A. Myrtle Tyler Faithful, Viola Tyler Goings, Fannie Pettie Watts, Pearl Anna Neal**
 - B. Myrtle Tyler Faithful, Viola Tyler Goings, Fannie Pettie Watts, Pearl Anna Neal, Edna Brown Coleman**
 - C. Myrtle Tyler Faithful, Viola Tyler Goings, Pearl Anna Neal, Edna Brown Coleman**
 - D. Fannie Pettie Watts, Pearl Anna Neal, Edna Brown Coleman, Myrtle Tyler Faithful**

- 2. Which statement describes the relationship between scholarship and service in ZPB's ethos?**
 - A. They are unrelated pillars.**
 - B. Scholarly takes priority over service.**
 - C. Service takes priority over scholarship.**
 - D. They are core pillars along with sisterhood.**

- 3. Where was the first sorority founded?**
 - A. Smith College, Northampton, Massachusetts**
 - B. Barnard College, New York, New York**
 - C. Wesleyan College, Macon, Georgia**
 - D. Spelman College, Atlanta, Georgia**

- 4. How many of the NPHC organizations were founded at Howard University?**
 - A. Four**
 - B. Five**
 - C. Six**
 - D. Three**

- 5. Which organization was established at Butler University?**
 - A. Alpha Kappa Alpha Sorority, Inc.**
 - B. Sigma Gamma Rho Sorority, Inc.**
 - C. Kappa Alpha Psi Fraternity, Inc.**
 - D. Delta Sigma Theta Sorority, Inc.**

- 6. Zeta Phi Beta's service philosophy explicitly includes which two focus areas?**
- A. Economic development and international relations**
 - B. Spiritual growth and philanthropy**
 - C. Education and health initiatives**
 - D. Arts and culture**
- 7. What does the Pearl symbolize in Zeta Phi Beta's mission?**
- A. The collective embodiment of the sorority's core values and commitment to excellence.**
 - B. A symbol of secrecy.**
 - C. A token of financial achievement.**
 - D. A mascot for the sorority's events.**
- 8. What does the acronym NPHC stand for?**
- A. National Pan-Hellenic Council**
 - B. National Pan-Hellenic Committee**
 - C. National Pan-Hellenic Confederation**
 - D. National Phi-Hellenic Council**
- 9. How does someone become an honorary member?**
- A. They are nominated then voted on at the Boule by the body**
 - B. They apply online**
 - C. They are elected by the local chapter only**
 - D. They are automatically granted after 10 years**
- 10. How is Founders Day typically observed by ZPB chapters?**
- A. Through commemorative programs, service activities, and reflection on the sorority's mission**
 - B. By hosting recruitment drives exclusively**
 - C. By hosting political rallies**
 - D. Only by planting trees**

Answers

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1. B
2. D
3. C
4. B
5. B
6. C
7. A
8. A
9. C
10. A

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Explanations

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1. Which of the following lists the five founders of Zeta Phi Beta Sorority, Inc.?

A. Myrtle Tyler Faithful, Viola Tyler Goings, Fannie Pettie Watts, Pearl Anna Neal

B. Myrtle Tyler Faithful, Viola Tyler Goings, Fannie Pettie Watts, Pearl Anna Neal, Edna Brown Coleman

C. Myrtle Tyler Faithful, Viola Tyler Goings, Pearl Anna Neal, Edna Brown Coleman

D. Fannie Pettie Watts, Pearl Anna Neal, Edna Brown Coleman, Myrtle Tyler Faithful

The five founders of Zeta Phi Beta Sorority, Inc. are Myrtle Tyler Faithful, Viola Tyler Goings, Fannie Pettie Watts, Pearl Anna Neal, and Edna Brown Coleman. The correct list includes exactly these five names, capturing the complete founding group. Any other option leaves out one or more founders, so it doesn't reflect the true origins of the sorority, which began at Howard University in 1920 and established its guiding principles of Scholarship, Service, Sisterly Love, and Finer Womanhood.

2. Which statement describes the relationship between scholarship and service in ZPB's ethos?

A. They are unrelated pillars.

B. Scholarly takes priority over service.

C. Service takes priority over scholarship.

D. They are core pillars along with sisterhood.

Scholarship and service are two of Zeta Phi Beta's fundamental values, and they sit alongside sisterhood as essential parts of the sorority's identity. In this ethos, intellectual excellence and active community involvement aren't separate goals; they reinforce each other and shape how members lead and contribute. Describing them as core pillars along with sisterhood communicates that scholarship and service share equal importance with sisterhood (and with the broader ideals like Finer Womanhood), creating a balanced standard for personal growth and social impact. They are core pillars along with sisterhood.

3. Where was the first sorority founded?

A. Smith College, Northampton, Massachusetts

B. Barnard College, New York, New York

C. Wesleyan College, Macon, Georgia

D. Spelman College, Atlanta, Georgia

The first sorority started at Wesleyan College in Macon, Georgia. In 1851, the Adelphean Society was founded there by four students, laying the groundwork for Greek-letter women's fraternities. This group later evolved into Alpha Delta Pi, making Wesleyan College the birthplace of the first sorority. The other campuses became notable for later sororities, but they aren't credited with the inaugural founding.

4. How many of the NPHC organizations were founded at Howard University?

- A. Four
- B. Five**
- C. Six
- D. Three

Several NPHC organizations have their origins at Howard University in Washington, D.C. These are Alpha Kappa Alpha Sorority (founded 1908), Delta Sigma Theta Sorority (founded 1913), Omega Psi Phi Fraternity (founded 1911), Phi Beta Sigma Fraternity (founded 1914), and Zeta Phi Beta Sorority (founded 1920). That makes five organizations founded at Howard. Other NPHC groups were founded at different campuses (for example, Alpha Phi Alpha at Cornell; Kappa Alpha Psi at Indiana University; Sigma Gamma Rho at Butler University; Iota Phi Theta at Morgan State), so they don't add to the count. Five.

5. Which organization was established at Butler University?

- A. Alpha Kappa Alpha Sorority, Inc.
- B. Sigma Gamma Rho Sorority, Inc.**
- C. Kappa Alpha Psi Fraternity, Inc.
- D. Delta Sigma Theta Sorority, Inc.

Founding locations of major Greek-letter organizations. Sigma Gamma Rho Sorority, Inc. was established at Butler University in Indianapolis, Indiana, in 1922 by six women focused on education and service. The other groups began at different campuses: Alpha Kappa Alpha Sorority, Inc. and Delta Sigma Theta Sorority, Inc. were founded at Howard University in Washington, D.C., and Kappa Alpha Psi Fraternity, Inc. was founded at Indiana University Bloomington. So, the organization established at Butler University is Sigma Gamma Rho Sorority, Inc.

6. Zeta Phi Beta's service philosophy explicitly includes which two focus areas?

- A. Economic development and international relations
- B. Spiritual growth and philanthropy
- C. Education and health initiatives**
- D. Arts and culture

The focus areas are education and health initiatives. Zeta Phi Beta emphasizes serving communities by strengthening minds and bodies, so education serves as a path to opportunity and empowerment through tutoring, scholarships, literacy efforts, and mentoring. Health initiatives address wellness and preventive care, raising awareness and providing access to screenings and health education. This combination reflects a practical approach to service: uplifting individuals through knowledge while supporting their overall well-being, which is core to the sorority's service philosophy.

7. What does the Pearl symbolize in Zeta Phi Beta's mission?

- A. The collective embodiment of the sorority's core values and commitment to excellence.**
- B. A symbol of secrecy.
- C. A token of financial achievement.
- D. A mascot for the sorority's events.

In Zeta Phi Beta, the Pearl stands for the group's shared values and the collective pursuit of excellence. A pearl forms through patient growth and refinement inside an oyster, turning an irritant into something valuable and beautiful. That mirrors how members cultivate scholarship, service, sisterly love, and finer womanhood—through dedication and action—until the sorority as a whole shines with integrity and impact. The Pearl emphasizes unity and enduring worth, showing how individual virtues combine to embody the sorority's mission. It isn't about secrecy, money, or a temporary event mascot; it represents the lasting, priceless character the sorority strives to nurture.

8. What does the acronym NPHC stand for?

- A. National Pan-Hellenic Council**
- B. National Pan-Hellenic Committee
- C. National Pan-Hellenic Confederation
- D. National Phi-Hellenic Council

This question tests knowledge of the official name of the national umbrella for the nine historically African American fraternities and sororities. The established expansion is National Pan-Hellenic Council, which signals national scope (National), all Greek-letter organizations in this tradition (Pan-Hellenic), and a coordinating governing body (Council). The other options use terms that don't reflect the official designation (Committee, Confederation, or Phi-Hellenic), so they don't fit.

9. How does someone become an honorary member?

- A. They are nominated then voted on at the Boule by the body
- B. They apply online
- C. They are elected by the local chapter only**
- D. They are automatically granted after 10 years

Honors in this context are granted through the local chapter's own decision-making process. The chapter evaluates and votes on individuals to recognize their exceptional contributions to the sorority and community, and that local vote officially confers honorary membership. The national Boule handles broader, national matters, not the process for honorary status. There isn't an online application pathway, nor is there an automatic grant after a set period of time. So the local chapter's election is the way honorary members are chosen.

10. How is Founders Day typically observed by ZPB chapters?

- A. Through commemorative programs, service activities, and reflection on the sorority's mission**
- B. By hosting recruitment drives exclusively**
- C. By hosting political rallies**
- D. Only by planting trees**

Founders Day observances center on honoring the sorority's founders and reaffirming Zeta Phi Beta's mission through actions that reflect its values. Chapters usually mark the day with commemorative programs that recall the founders' legacies, service activities that benefit the community, and moments of reflection on what it means to live as a member of Zeta Phi Beta and uphold Finer Womanhood, Scholarship, Service, and Sisterhood. This combination captures the spirit of the celebration more fully than a single activity. The other options don't fit because Founders Day isn't about recruitment drives, political rallies, or a lone activity like planting trees; it's about remembrance, service, and recommitment to the sorority's ideals.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://zetaphibeta.examzify.com>

We wish you the very best on your exam journey. You've got this!

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