

# Xcel Life Policies Practice Exam (Sample)

## Study Guide



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## **Questions**

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- 1. What type of policy is characterized by a face amount that increases over time and has an accumulated cash value?**
  - A. Modified Whole Life Policy**
  - B. Increasing Term Life Policy**
  - C. Universal Life Policy**
  - D. Nonparticipating policy**
- 2. Which of the following may happen with insurance policies for those with pre-existing conditions?**
  - A. Automatic approvals without conditions**
  - B. Higher premiums or exclusions**
  - C. Guaranteed lower interest rates**
  - D. Free policy upgrades**
- 3. Which of the following describes the cash values of a Variable Life Insurance policy?**
  - A. They are guaranteed and fixed**
  - B. They vary according to market performance**
  - C. They do not exist**
  - D. They are limited to a specific percentage**
- 4. Which type of life insurance generally provides the least expensive coverage for a temporary period?**
  - A. Whole Life**
  - B. Term Life**
  - C. Universal Life**
  - D. Variable Life**
- 5. Which coverage allows policyowners to withdraw funds without voiding the policy?**
  - A. Whole life**
  - B. Term life**
  - C. Universal life**
  - D. Equity index whole life**

- 6. A limited payment whole life policy provides**
- A. Protection for 20 years**
  - B. Discounted premiums**
  - C. Protection for more than one person**
  - D. Lifetime protection**
- 7. What is the purpose of a death benefit in a life insurance policy?**
- A. To accumulate cash value**
  - B. To cover future premiums**
  - C. To provide financial support to beneficiaries upon the insured's death**
  - D. To replace lost earnings**
- 8. What is a key characteristic of Whole Life insurance?**
- A. It offers a flexible premium**
  - B. It has a fixed death benefit**
  - C. It is typically owned for a short duration**
  - D. It does not provide cash value**
- 9. What is meant by "underwriting" in life insurance?**
- A. The process of issuing a policy without risk assessment**
  - B. The evaluation process the insurer uses to assess the risk of insuring an applicant**
  - C. The act of collecting premiums from policyholders**
  - D. The marketing strategy used to sell life insurance policies**
- 10. What type of policy involves 80% to 90% of the premium invested in traditional fixed income securities?**
- A. Modified Endowment Contract**
  - B. Current assumptive whole life**
  - C. Credit life insurance**
  - D. Equity index whole life**

## **Answers**

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- 1. C**
- 2. B**
- 3. B**
- 4. B**
- 5. C**
- 6. D**
- 7. C**
- 8. B**
- 9. B**
- 10. D**

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## **Explanations**

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**1. What type of policy is characterized by a face amount that increases over time and has an accumulated cash value?**

- A. Modified Whole Life Policy**
- B. Increasing Term Life Policy**
- C. Universal Life Policy**
- D. Nonparticipating policy**

The correct choice describes a Universal Life Policy, which is designed to offer flexible premium payments, adjustable death benefits, and an accumulating cash value component that grows over time. One of the defining features of a Universal Life Policy is that the face amount can increase, allowing policyholders to respond to changing financial needs or goals over the life of the policy. In this type of policy, a portion of the premiums paid goes towards the insurance cost, while another portion contributes to the cash value, which earns interest. This accumulation of cash value and the potential for increasing the death benefit make Universal Life Policies a versatile option for many individuals. The other options do not encapsulate the described characteristics as effectively. For instance, a Modified Whole Life Policy typically has a level premium structure that changes over time, but it does not inherently feature an increasing death benefit similar to that of Universal Life. An Increasing Term Life Policy provides a death benefit that increases, but it generally lacks a cash value accumulation. Nonparticipating policies do not allow policyholders to receive dividends and generally have fixed benefits, which does not align with the idea of an increasing face amount over time.

**2. Which of the following may happen with insurance policies for those with pre-existing conditions?**

- A. Automatic approvals without conditions**
- B. Higher premiums or exclusions**
- C. Guaranteed lower interest rates**
- D. Free policy upgrades**

When it comes to insurance policies for individuals with pre-existing conditions, it is common for insurers to respond by adjusting the terms and conditions of the coverage. This often results in higher premiums or specific exclusions related to the pre-existing condition. Higher premiums are charged to account for the increased risk that the insurer takes on by covering someone who has a known health issue. Insurance companies evaluate the likelihood of claims based on an applicant's health history. Therefore, individuals with pre-existing conditions are often deemed to have a higher risk of needing medical care, which justifies the increased cost. In addition to higher premiums, insurers may impose exclusions that limit or deny coverage for particular health issues that are pre-existing. This means that while the individual may be able to obtain coverage, certain claims related to their pre-existing condition may not be eligible for benefits, thereby protecting the insurer from substantial claims costs related to those conditions. Overall, this context illustrates the balancing act between providing coverage for individuals with pre-existing conditions while managing risk for the insurance company.

**3. Which of the following describes the cash values of a Variable Life Insurance policy?**

- A. They are guaranteed and fixed**
- B. They vary according to market performance**
- C. They do not exist**
- D. They are limited to a specific percentage**

The cash values of a Variable Life Insurance policy are tied to the performance of the underlying investments chosen by the policyholder. Unlike traditional life insurance policies that may offer guaranteed and fixed cash values, a Variable Life Insurance policy allows the policyholder to allocate the cash value among various investment options, such as stocks, bonds, or mutual funds. As a result, the cash value can increase or decrease based on the market performance of those investments. This mechanism provides the opportunity for growth but also comes with investment risk, meaning the cash value is subject to the fluctuations of the market. Hence, the correct characterization is that the cash values vary according to market performance.

**4. Which type of life insurance generally provides the least expensive coverage for a temporary period?**

- A. Whole Life**
- B. Term Life**
- C. Universal Life**
- D. Variable Life**

Term life insurance is designed specifically to offer coverage for a specified period, typically ranging from one to thirty years, and is characterized by its affordability compared to other types of life insurance. This price point is mainly due to the fact that it provides coverage only for the duration of the term and does not accumulate cash value like whole life, universal life, or variable life policies do. As a result, term life insurance appeals to individuals seeking cost-effective solutions for temporary needs, such as raising children or paying off a mortgage, without the long-term financial commitment associated with other life insurance types. Its straightforward nature and lack of investment components keep the premiums lower, making it the least expensive option for temporary coverage.

**5. Which coverage allows policyowners to withdraw funds without voiding the policy?**

- A. Whole life**
- B. Term life**
- C. Universal life**
- D. Equity index whole life**

Universal life insurance is designed with flexible premium payments and a cash value component that accumulates over time. This unique structure allows policyowners to withdraw funds from the cash value portion of their policy without voiding the insurance coverage. When policyowners opt to withdraw funds from a universal life policy, they are essentially taking out a portion of the accumulated cash value. This withdrawal does not terminate the policy, provided it does not exceed the cash value. In fact, universal life policies often include the ability for the insured to adjust the death benefit and premiums, further enhancing their flexibility. In contrast, whole life insurance provides a guaranteed cash value and also allows for loans against that value, but withdrawals can affect the death benefit. Term life policies do not have a cash value component at all and thus do not allow for withdrawals. Equity index whole life policies also typically provide a cash value but may have restrictions and different handling of withdrawals compared to universal life. Therefore, the flexibility of universal life coverage to allow withdrawals without voiding the policy is a key characteristic that makes it the correct choice.

**6. A limited payment whole life policy provides**

- A. Protection for 20 years**
- B. Discounted premiums**
- C. Protection for more than one person**
- D. Lifetime protection**

A limited payment whole life policy is designed to provide lifetime protection, meaning that the policy remains in force for the entire life of the insured individual, as long as premiums are paid. This type of insurance combines the features of a whole life policy, which offers coverage for the entire life of the insured, and the convenience of having limited premium payments. Typically, policyholders pay premiums for a shorter period, such as 10, 20, or even 30 years, after which the policy is fully paid up, and the cover continues for the lifetime of the insured without the need for further premium payments. This structure allows individuals to enjoy the benefits of lifetime coverage while alleviating the financial burden of paying premiums throughout their entire life. The other options do not encapsulate the primary feature of a limited payment whole life policy. For instance, while protection can indeed last for 20 years, limited payment policies are not restricted to a set term like that; they ultimately provide lifetime protection as mentioned. Discounted premiums are not a feature of these policies, as the premiums are typically structured and based on the age and health of the insured at the time of purchase. Lastly, these policies are meant to cover a single person, offering death benefits upon the death of

**7. What is the purpose of a death benefit in a life insurance policy?**

**A. To accumulate cash value**

**B. To cover future premiums**

**C. To provide financial support to beneficiaries upon the insured's death**

**D. To replace lost earnings**

The purpose of a death benefit in a life insurance policy is fundamentally to provide financial support to beneficiaries upon the insured's death. This benefit ensures that, in the event of the policyholder's passing, their loved ones receive a specified amount of money that can be used to cover various financial needs. This includes paying for funeral expenses, settling debts, maintaining their current standard of living, and securing long-term financial obligations, thus offering a sense of security during a difficult time. While accumulating cash value, covering future premiums, or replacing lost earnings are important aspects of certain insurance products and financial planning, they are not the primary purpose of a death benefit. The death benefit focuses specifically on the immediacy of financial support needed after the loss of the policyholder, reinforcing the protective role of life insurance in family financial planning.

**8. What is a key characteristic of Whole Life insurance?**

**A. It offers a flexible premium**

**B. It has a fixed death benefit**

**C. It is typically owned for a short duration**

**D. It does not provide cash value**

Whole Life insurance is designed with a fixed death benefit, which is one of its defining features. This means that the amount of money paid out to beneficiaries upon the policyholder's death remains constant throughout the life of the policy, as long as the premiums are paid consistently. This fixed nature provides policyholders with a sense of stability and predictability regarding the insurance coverage they have. While the other characteristics presented in the choices may relate to different types of insurance, they do not describe Whole Life insurance accurately. For instance, a flexible premium is more characteristic of Universal Life insurance, which allows policyholders to adjust their premium payments. Additionally, Whole Life insurance is intended for long-term ownership, not a short duration, and it does provide a cash value component that grows over time, which can be borrowed against or withdrawn by the policyholder. Therefore, the key characteristic of Whole Life insurance is indeed that it has a fixed death benefit.

**9. What is meant by "underwriting" in life insurance?**

- A. The process of issuing a policy without risk assessment
- B. The evaluation process the insurer uses to assess the risk of insuring an applicant**
- C. The act of collecting premiums from policyholders
- D. The marketing strategy used to sell life insurance policies

Underwriting in life insurance refers to the evaluation process that an insurer employs to assess the risk associated with insuring an applicant. During this process, various factors are considered, including the applicant's age, health history, lifestyle choices, and occupation, among others. This assessment helps determine whether to accept the application, what coverage to offer, and how much premium to charge. By carefully evaluating these risk factors, the insurer can make informed decisions, ensuring that they maintain financial stability while providing coverage to policyholders. Underwriting ultimately helps ensure that the insurer is taking on manageable levels of risk while also setting pricing reflective of that risk. This process is crucial to the sustainability of the insurance business, as it helps in determining the overall health and profitability of the insurer's portfolio.

**10. What type of policy involves 80% to 90% of the premium invested in traditional fixed income securities?**

- A. Modified Endowment Contract
- B. Current assumptive whole life
- C. Credit life insurance
- D. Equity index whole life**

The correct answer is associated with a policy that allocates a significant portion of its premium, specifically between 80% to 90%, towards traditional fixed income securities. This is characteristic of an Equity Index Whole Life insurance policy. Equity Index Whole Life combines elements of whole life insurance with the potential for growth linked to stock market indices. While it offers a cash value component similar to traditional whole life policies, a substantial portion of the premiums is allocated to fixed income investments to stabilize the cash value while also providing a cap on growth linked to market performance. This structure allows the policy to offer a minimum guaranteed return linked to the indexed performance, making the fixed income investments essential for balancing risk and providing a solid financial foundation for the policyholder. This investment strategy is integral to offering the promised growth potential without exposing the policyholder to the full risks of equity market fluctuations, a feature that is characteristic of equity-indexed products. In contrast, the other options listed do not share this investment strategy. Modified Endowment Contracts are designed with more aggressive cash value accumulation that may not focus heavily on traditional fixed income, Current Assumptive Whole Life policies may not strictly adhere to the fixed income investment ratio, and Credit Life Insurance typically does not involve this level