

Wonderlic Cognitive Ability Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Are the words 'beat' and 'pound' similar, contradictory, or not related?**
 - A. Similar**
 - B. Not Related**
 - C. Contradictory**
 - D. Synonyms**

- 2. What is the result of $(15 \div 5) \times (10 \div 2)$?**
 - A. 10**
 - B. 5**
 - C. 2.5**
 - D. 15**

- 3. Do the words 'refuted' and 'irrefutable' have contradicting meanings?**
 - A. Yes, they have contradicting meanings**
 - B. No, they have similar meanings**
 - C. They mean neither the same nor the opposite**
 - D. They are not related**

- 4. What strategy can help improve performance on the Wonderlic Test?**
 - A. Working on calculus problems regularly**
 - B. Familiarizing oneself with the question types and practicing under timed conditions**
 - C. Memorizing vocabulary words**
 - D. Engaging in relaxation techniques before the test**

- 5. What is one key feature of the Wonderlic Test's format?**
 - A. It consists of essay questions**
 - B. It's a multiple choice format**
 - C. It allows for oral responses**
 - D. It requires group collaboration**

6. What is the result of subtracting 15 from 100?

- A. 75
- B. 85
- C. 90
- D. 80

7. Which of the following is the correct interpretation of 'irrefutable'?

- A. Unquestionable
- B. Disputable
- C. Slightly true
- D. Uncertain

8. What is a common characteristic of the questions found in the Wonderlic Test?

- A. They are primarily opinion-based
- B. They measure analytical and cognitive reasoning
- C. They focus heavily on memory recall
- D. They are based on personal experiences

9. Can a calculator be used during the Wonderlic Test?

- A. Yes, it is encouraged
- B. No, calculators are not allowed
- C. Yes, but only for specific sections
- D. Only for the math questions

10. If a person eats an average of 2 sandwiches per day, how many will they eat in a week?

- A. 14 sandwiches
- B. 10 sandwiches
- C. 7 sandwiches
- D. 21 sandwiches

Answers

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1. A
2. D
3. A
4. B
5. B
6. B
7. A
8. B
9. B
10. A

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Explanations

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1. Are the words 'beat' and 'pound' similar, contradictory, or not related?

- A. Similar**
- B. Not Related**
- C. Contradictory**
- D. Synonyms**

The words 'beat' and 'pound' are considered similar in that they both can describe actions involving force or impact. They often imply a repetitive motion, typically associated with striking something with force. For example, when someone beats an egg, they are vigorously mixing it, while when someone pounds meat, they are physically hitting it to tenderize it. Both words can convey the idea of applying pressure or force to achieve a certain result, which is what makes them similar in meaning. While they might be used in different contexts—beating often being associated with rhythmic motion and pounding with a more forceful and singular impact—the core idea of exerting force connects them. This similarity is at the heart of why the answer is correct. The other options do not adequately describe the relationship between the two words, as they do convey a sense of relatedness rather than detachment or contradiction.

2. What is the result of $(15 \div 5) \times (10 \div 2)$?

- A. 10**
- B. 5**
- C. 2.5**
- D. 15**

To solve the expression $(15 \div 5) \times (10 \div 2)$, we start by calculating each division separately. First, we divide 15 by 5, which gives us 3. Next, we divide 10 by 2, which results in 5. Now we have the simplified expression: 3×5 . Multiplying 3 by 5 yields 15. Thus, the final result of the entire expression is 15. This demonstrates that the correct answer accurately represents the outcome of the operations performed in the expression.

3. Do the words 'refuted' and 'irrefutable' have contradicting meanings?

- A. Yes, they have contradicting meanings**
- B. No, they have similar meanings**
- C. They mean neither the same nor the opposite**
- D. They are not related**

The words 'refuted' and 'irrefutable' indeed possess contradicting meanings. 'Refuted' refers to something that has been proven wrong or shown to be false, indicating that an argument or claim has been successfully challenged. On the other hand, 'irrefutable' denotes something that cannot be denied or disproved; it is an assertion that stands as true despite potential counterarguments. Therefore, the dichotomy between these terms lies in their implications regarding truth and falsity. If something is refuted, it can no longer be considered valid, while irreputable claims remain beyond challenge. This inherent contrast clearly establishes that they convey opposing concepts, thus affirming their contradictory nature.

4. What strategy can help improve performance on the Wonderlic Test?

- A. Working on calculus problems regularly
- B. Familiarizing oneself with the question types and practicing under timed conditions**
- C. Memorizing vocabulary words
- D. Engaging in relaxation techniques before the test

Familiarizing oneself with the question types and practicing under timed conditions is an effective strategy for improving performance on the Wonderlic Test because it allows test-takers to become accustomed to the specific format and types of questions they will encounter. The Wonderlic Test often includes various cognitive tasks such as logic puzzles, pattern recognition, and verbal reasoning. By practicing these types of questions, individuals can develop a stronger grasp of the skills being assessed and enhance their problem-solving speed. Additionally, practicing under timed conditions helps to simulate the actual testing environment, which can alleviate anxiety and improve time management skills during the test. This dual approach of understanding question formats and managing time effectively allows individuals to maximize their performance, as they will be more confident and prepared when faced with the actual test items.

5. What is one key feature of the Wonderlic Test's format?

- A. It consists of essay questions
- B. It's a multiple choice format**
- C. It allows for oral responses
- D. It requires group collaboration

The Wonderlic Test is known for its multiple-choice format, which is a key feature that makes the assessment straightforward and efficient. This format allows test-takers to select their answers from a set of predetermined options, reducing the complexity of responses needed compared to open-ended formats such as essays. Multiple-choice questions can quickly gauge cognitive ability, focusing on areas like problem-solving, reasoning, and comprehension in a clear and measurable way. The efficiency of the multiple-choice format also facilitates easier scoring and faster interpretation of results, making it an effective tool for evaluating a candidate's capabilities in a variety of settings, such as employment or educational assessments. This design choice contributes to the test's reliability and practicality in a standardized testing environment.

6. What is the result of subtracting 15 from 100?

- A. 75
- B. 85**
- C. 90
- D. 80

To find the result of subtracting 15 from 100, the operation is performed as follows: you take the number 100 and remove 15 from it. This can be represented mathematically as: $100 - 15 = 85$. Thus, the correct answer is 85. This calculation demonstrates a straightforward application of basic subtraction, where you essentially reduce the initial number (100) by the value being subtracted (15).

7. Which of the following is the correct interpretation of 'irrefutable'?

- A. Unquestionable**
- B. Disputable**
- C. Slightly true**
- D. Uncertain**

The term 'irrefutable' is best interpreted as 'unquestionable,' meaning that something is so strong or convincing that it cannot be doubted or challenged. This interpretation aligns with its common usage in language, where 'irrefutable' is often employed to describe evidence, arguments, or claims that are undeniably valid and cannot be disproven. In contrast, the other options present interpretations that do not accurately reflect the meaning of 'irrefutable.' 'Disputable' suggests that something can be questioned or contested, 'slightly true' implies a level of uncertainty, and 'uncertain' indicates doubt or lack of clarity—all of which directly contradict the essence of 'irrefutable.' Thus, associating 'irrefutable' with 'unquestionable' captures its definitive nature and strength in asserting that there is no room for doubt.

8. What is a common characteristic of the questions found in the Wonderlic Test?

- A. They are primarily opinion-based**
- B. They measure analytical and cognitive reasoning**
- C. They focus heavily on memory recall**
- D. They are based on personal experiences**

The correct answer is that the questions in the Wonderlic Test measure analytical and cognitive reasoning. This means they are designed to evaluate a person's ability to think critically, solve problems, and comprehend complex information. The test typically includes various types of questions, including logical reasoning, mathematical problems, and verbal comprehension, all of which require the test-taker to analyze information and apply reasoning skills. This focus on cognitive abilities is crucial for many job roles and academic settings, where the capacity to think analytically can significantly impact performance. The questions are structured to assess how well individuals can deduce conclusions, make inferences, and process information efficiently within a limited time frame. Therefore, this emphasis on reasoning skills makes option B the most fitting description of the Wonderlic Test's common characteristic.

9. Can a calculator be used during the Wonderlic Test?

- A. Yes, it is encouraged**
- B. No, calculators are not allowed**
- C. Yes, but only for specific sections**
- D. Only for the math questions**

The correct answer is that calculators are not allowed during the Wonderlic Test. This rule applies to ensure that the assessment measures a candidate's cognitive abilities without the assistance of electronic tools. The focus of the Wonderlic Test is to evaluate problem-solving skills, logical reasoning, and general cognitive capability, which would not accurately reflect if participants were allowed to use calculators. By prohibiting their use, the test maintains a standard that all examinees must meet based solely on their innate abilities.

10. If a person eats an average of 2 sandwiches per day, how many will they eat in a week?

A. 14 sandwiches

B. 10 sandwiches

C. 7 sandwiches

D. 21 sandwiches

To determine how many sandwiches a person will eat in a week given that they consume an average of 2 sandwiches per day, you need to multiply the daily intake by the number of days in a week. There are 7 days in a week, so the calculation would be: $2 \text{ sandwiches/day} \times 7 \text{ days/week} = 14 \text{ sandwiches}$. This calculation shows that if someone eats consistently at the rate of 2 sandwiches each day, over the course of a week, they would indeed consume a total of 14 sandwiches. This reasoning confirms that the correct choice reflects the total consumption accurately based on the daily average provided.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://wonderlic-cognitiveability.examzify.com>

We wish you the very best on your exam journey. You've got this!

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