

Wisconsin Nursing Home Administrators (NHA) Practice Exam (Sample)

Study Guide



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SAMPLE

Questions

- 1. Which answer best defines "full-time" in the context of facility business?**
 - A. 37.5 hours each week devoted to facility business**
 - B. 40 hours each week devoted to facility business**
 - C. 45 hours each week devoted to facility business**
 - D. 60 hours each week devoted to facility business**
- 2. Who must consent for a resident to be housed in a locked unit under non-emergency conditions?**
 - A. The resident only**
 - B. The facility staff**
 - C. The resident's legal guardian**
 - D. The resident or the court that protectively placed the resident**
- 3. What procedures must be carried out for residents admitting for respite care?**
 - A. An RN or physician must complete a comprehensive resident assessment prior to or on the day of admission**
 - B. Meals must be planned**
 - C. Activities must be scheduled**
 - D. Room assignments must be given**
- 4. The court may extend the period of receivership in increments of how many days only on the petition of the department?**
 - A. 90**
 - B. 60**
 - C. 15**
 - D. 30**
- 5. All residents who are developmentally disabled shall receive what?**
 - A. Treatment only if requested by family**
 - B. Minimal oversight**
 - C. Periodic recreational activities**
 - D. Active treatment**

- 6. How often shall residents have dental examinations?**
- A. Every month**
 - B. Every resident shall have a dental examination by a licensed dentist within 6 months after admission, unless a dental examination has been performed within 6 months before admission**
 - C. Annually**
 - D. Every 2 years**
- 7. How often shall the program designee of a medication aide training program submit a report to the department?**
- A. At least every 2 years**
 - B. At least every 3 years**
 - C. Every year**
 - D. Every 6 months**
- 8. What is the primary purpose of a facility's quality assessment and assurance (QAA) committee?**
- A. To identify and address quality of care issues**
 - B. To approve medical expenditures**
 - C. To manage day-to-day operations**
 - D. To train new staff members**
- 9. What type of techniques are demonstrated during the 32 hours of lecture in a hospice medication aide training program?**
- A. Hands-on and demonstrations of appropriate medication administration**
 - B. Lectures on theoretical aspects of medication use**
 - C. Practical assessments and quizzes**
 - D. Role-plays and interactive activities**

10. Which of the following is required before a person can be admitted as a resident in a nursing home?

- A. Receipt of plans of care and orders from a physician for immediate care**
- B. Certification that the individual has a mental illness**
- C. Receipt of information from a family member about medical condition**
- D. Order from a nurse**

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Answers

SAMPLE

- 1. A**
- 2. D**
- 3. A**
- 4. A**
- 5. D**
- 6. B**
- 7. A**
- 8. A**
- 9. A**
- 10. A**

SAMPLE

Explanations

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1. Which answer best defines "full-time" in the context of facility business?

- A. 37.5 hours each week devoted to facility business**
- B. 40 hours each week devoted to facility business**
- C. 45 hours each week devoted to facility business**
- D. 60 hours each week devoted to facility business**

In the context of facility business, "full-time" is typically defined as working 37.5 hours each week devoted to facility business. This is the standard definition of full-time work in many industries, including healthcare facilities like nursing homes. It is important to note that full-time status can vary by organization or industry, but in this context, 37.5 hours per week is considered full-time.

2. Who must consent for a resident to be housed in a locked unit under non-emergency conditions?

- A. The resident only**
- B. The facility staff**
- C. The resident's legal guardian**
- D. The resident or the court that protectively placed the resident**

The correct answer is D, as both the resident and the court that protectively placed them must consent for the resident to be housed in a locked unit under non-emergency conditions. Option A is incorrect because the resident's consent alone is not enough. Option B is incorrect because it does not include the court's involvement. Option C is incorrect because the guardian's consent is not sufficient without the court's approval.

3. What procedures must be carried out for residents admitting for respite care?

- A. An RN or physician must complete a comprehensive resident assessment prior to or on the day of admission**
- B. Meals must be planned**
- C. Activities must be scheduled**
- D. Room assignments must be given**

For residents admitting for respite care, it is crucial to have an RN or physician complete a comprehensive resident assessment prior to or on the day of admission. This assessment helps ensure that the resident's specific care needs and preferences are identified and addressed during their stay. By completing a thorough assessment, the healthcare team can develop an individualized care plan that promotes the safety, well-being, and comfort of the resident during their respite care stay. While meals, activities, and room assignments are important aspects of the resident's experience during respite care, the comprehensive assessment conducted by an RN or physician is essential for meeting the resident's unique care requirements. Meal planning, scheduling activities, and assigning rooms can all be tailored based on the information gathered during the assessment, making choice A the most critical procedure to carry out for residents admitting for respite care.

4. The court may extend the period of receivership in increments of how many days only on the petition of the department?

A. 90

B. 60

C. 15

D. 30

The court may extend the period of receivership by increments of 90 days only on the petition of the department. This means that the court can only grant extensions in multiples of 90 days, not any other amount. Options B, C, and D are incorrect because they do not align with the requirement of the court to extend the period in increments of 90 days. Therefore, they do not meet the criteria set by the court. It is important to carefully review and understand the requirements and limitations set by the court when it comes to extending the period of receivership.

5. All residents who are developmentally disabled shall receive what?

A. Treatment only if requested by family

B. Minimal oversight

C. Periodic recreational activities

D. Active treatment

All residents who are developmentally disabled shall receive active treatment according to regulations and guidelines. Active treatment involves a comprehensive, individualized approach focused on maximizing the individual's functional abilities and independence. It includes a range of interventions such as therapy, education, behavior management, and skill development tailored to the resident's specific needs. This ensures that residents with developmental disabilities receive the appropriate care and support to enhance their quality of life and well-being.

6. How often shall residents have dental examinations?

A. Every month

B. Every resident shall have a dental examination by a licensed dentist within 6 months after admission, unless a dental examination has been performed within 6 months before admission

C. Annually

D. Every 2 years

Residents in nursing homes should have dental examinations by a licensed dentist within 6 months after admission, unless a dental examination has been performed within 6 months before admission. This requirement ensures that residents' dental health is regularly monitored and any issues are addressed in a timely manner. Options A, C, and D are not as precise as option B in outlining the specific time frame for dental examinations in nursing homes.

7. How often shall the program designee of a medication aide training program submit a report to the department?

- A. At least every 2 years**
- B. At least every 3 years**
- C. Every year**
- D. Every 6 months**

The correct answer is A. At least every 2 years. This is because submitting a report every two years allows the department to stay updated on the effectiveness and compliance of the medication aide training program. Regular reporting helps ensure that the program is meeting the necessary standards and requirements set by the department. Reporting less frequently could lead to potential issues being unrecognized or unaddressed for a longer period of time. This is why submitting a report at least every 2 years is the most appropriate choice compared to the other options.

8. What is the primary purpose of a facility's quality assessment and assurance (QAA) committee?

- A. To identify and address quality of care issues**
- B. To approve medical expenditures**
- C. To manage day-to-day operations**
- D. To train new staff members**

The primary purpose of a facility's quality assessment and assurance (QAA) committee is to identify and address quality of care issues. This committee plays a crucial role in monitoring and evaluating the quality of care provided to residents, identifying areas for improvement, and ensuring that the facility is meeting regulatory standards. By regularly assessing and addressing quality of care issues, the QAA committee helps to enhance the overall quality of care and quality of life for residents in the nursing home. Options B, C, and D are incorrect because they do not accurately reflect the main function of a facility's QAA committee. Managing day-to-day operations, approving medical expenditures, and training new staff members are important tasks in a nursing home, but they are not the primary focus of the QAA committee.

9. What type of techniques are demonstrated during the 32 hours of lecture in a hospice medication aide training program?

- A. Hands-on and demonstrations of appropriate medication administration**
- B. Lectures on theoretical aspects of medication use**
- C. Practical assessments and quizzes**
- D. Role-plays and interactive activities**

During the 32 hours of lecture in a hospice medication aide training program, hands-on and demonstrations of appropriate medication administration are demonstrated. The other options are incorrect because they do not involve direct and practical application of knowledge. B only includes theoretical aspects while C and D focus on assessments, quizzes, and role-plays rather than practical techniques. This shows that the training program prioritizes teaching through practice and real-life examples, making option A the most appropriate choice.

10. Which of the following is required before a person can be admitted as a resident in a nursing home?

A. Receipt of plans of care and orders from a physician for immediate care

B. Certification that the individual has a mental illness

C. Receipt of information from a family member about medical condition

D. Order from a nurse

Before a person can be admitted as a resident in a nursing home, it is required to have plans of care and orders from a physician for immediate care. This is crucial as the physician's orders will determine the specific medical treatment and care needed for the individual upon admission. Planning and coordinating the immediate care with a physician ensures that the resident's health needs are appropriately addressed from the beginning of their stay in the nursing home. The other options are incorrect as they do not involve the essential medical oversight and planning provided by a physician.