

WESTERN GOVERNORS UNIVERSITY (WGU) HLTH2160 D393 HISTORY OF HEALTHCARE IN AMERICA PRACTICE EXAM (SAMPLE) STUDY GUIDE



Prepare with structure. Pass with confidence



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which concept emphasizes the importance of language, culture, and social context in healthcare?**
 - A. Cultural dissonance
 - B. Cultural competence
 - C. Health literacy
 - D. Health disparities

- 2. How did Emma Goldman contribute to women's issues?**
 - A. By establishing mental health facilities
 - B. By promoting birth control and women's equality
 - C. By developing medical ethics standards
 - D. By creating vaccines

- 3. What significant medical practice was first performed by the Johns Hopkins School of Medicine?**
 - A. Heart surgery
 - B. Use of rubber gloves during surgery
 - C. Transplantation
 - D. Medical imaging

- 4. What characterizes the Self-Funded Model of health coverage?**
 - A. Employer-paid insurance for all employees
 - B. Out-of-pocket payments for medical care
 - C. Insurance provided through the government
 - D. State-sponsored health plans for residents

- 5. What is a key outcome of effectively managing telemedicine services?**
 - A. Increased healthcare inequities
 - B. Higher patient follow-up rates
 - C. Greater patient dissatisfaction
 - D. Reduced telehealth utilization

- 6. What is an Almshouse commonly known as?**
- A. A luxury hotel for the wealthy
 - B. A facility that provides food and shelter for the poor
 - C. A medical facility focusing on advanced surgeries
 - D. A rehabilitation center for the homeless
- 7. What did the Tuskegee Experiment primarily study?**
- A. The effectiveness of a new vaccine
 - B. The treatment of syphilis in black men
 - C. Kidney transplant methods
 - D. The impact of hypothermia in surgeries
- 8. Who co-founded Hull House and dedicated her life to social reform?**
- A. Clara Barton
 - B. Jane Addams
 - C. Florence Nightingale
 - D. Ellen Gates Starr
- 9. What does the Hybrid Bis-Bev Model refer to?**
- A. A combination of public and private health funding
 - B. A model exclusive to low-income health coverage
 - C. A purely government-funded health system
 - D. A temporary healthcare program for emergencies
- 10. What is a characteristic of the fee-for-service healthcare model?**
- A. Fixed annual premiums
 - B. Charges based on services rendered
 - C. Nonprofit operation
 - D. Free treatment for low-income individuals

Answers

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1. B
2. B
3. B
4. B
5. B
6. B
7. B
8. B
9. A
10. B

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Explanations

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1. Which concept emphasizes the importance of language, culture, and social context in healthcare?

- A. Cultural dissonance
- B. Cultural competence**
- C. Health literacy
- D. Health disparities

The concept that emphasizes the importance of language, culture, and social context in healthcare is cultural competence. This concept refers to the ability of healthcare providers to understand and effectively respond to the cultural and linguistic needs of patients. Cultural competence involves being aware of one's own cultural biases, understanding the diverse backgrounds of patients, and adapting healthcare practices to meet the unique needs of individuals from different cultures. Cultural competence plays a critical role in improving patient-provider communication, enhancing patient satisfaction, and ultimately leading to better health outcomes. By recognizing the influences of culture and language on health behaviors and beliefs, healthcare providers can deliver more personalized and effective care. The other concepts, while related to healthcare, focus on different aspects. Cultural dissonance pertains to conflicts arising from cultural differences, health literacy relates to a patient's ability to understand health information, and health disparities address inequities in health outcomes among different populations. While these aspects are important, they do not directly emphasize the integration of language, culture, and social context in the same way that cultural competence does.

2. How did Emma Goldman contribute to women's issues?

- A. By establishing mental health facilities
- B. By promoting birth control and women's equality**
- C. By developing medical ethics standards
- D. By creating vaccines

Emma Goldman's contribution to women's issues is significant primarily through her advocacy for birth control and women's equality. She was a prominent anarchist and political activist in the late 19th and early 20th centuries, known for her outspoken views on various social issues, including the rights of women. Goldman believed that a woman's right to control her own body was fundamental to achieving true equality. She actively promoted access to birth control as a means for women to have autonomy over their reproductive health and lives. This activism not only addressed immediate health concerns but also linked to broader issues of women's rights, such as the right to education and economic independence. She viewed access to contraception as central to women's liberation, arguing that it would lead to greater social and economic freedoms. Through her lectures, writings, and involvement in the suffrage movement, Goldman helped to raise awareness of women's issues and advocate for practical solutions that challenged existing societal norms. Her efforts were foundational in shaping the discourse around women's rights during a pivotal era in American history, establishing her as a key figure in the fight for equality.

3. What significant medical practice was first performed by the Johns Hopkins School of Medicine?

- A. Heart surgery
- B. Use of rubber gloves during surgery**
- C. Transplantation
- D. Medical imaging

The practice of using rubber gloves during surgery is historically significant due to its pioneering implementation by the Johns Hopkins School of Medicine in the late 19th century. Introduced by Dr. William Halsted in 1889, the use of rubber gloves was initially implemented to protect the hands of surgeons and their assistants from chemicals and prevent infections during procedures. This innovative practice greatly enhanced surgical hygiene and paved the way for improved patient outcomes, setting a new standard for surgical procedures. The decision to adopt gloves was based on the growing understanding of germ theory and the need to minimize contamination during surgeries, a principle that is central to modern surgical methods. This transformative practice not only influenced surgical techniques but also contributed to the establishment of aseptic operating environments, which have evolved into the comprehensive infection control protocols used today. The other practices mentioned, such as heart surgery, transplantation, and medical imaging, have their own historical significance and advancements, but they do not connect as directly to the groundbreaking change that the introduction of rubber gloves signified in surgical practices at Johns Hopkins.

4. What characterizes the Self-Funded Model of health coverage?

- A. Employer-paid insurance for all employees
- B. Out-of-pocket payments for medical care**
- C. Insurance provided through the government
- D. State-sponsored health plans for residents

The Self-Funded Model of health coverage is characterized by a scenario where employers take on the financial risk of providing health care benefits to their employees. In this model, the employer pays for all health care costs directly rather than transferring this risk to a traditional insurance company. This often involves employees making out-of-pocket payments for certain medical expenses, which are then reimbursed by the employer according to the specific health plan provisions. By opting for self-funding, employers can save on premium costs and gain more control over their health benefits budget. This model allows for flexibility in designing coverage options and can lead to cost savings for both employers and employees, depending on the actual healthcare usage. Understanding this context of self-funding helps clarify why out-of-pocket payments are a key characteristic, as employees may still bear some upfront costs before benefits apply. The other options describe different types of health coverage arrangements that do not align with the self-funded model.

5. What is a key outcome of effectively managing telemedicine services?

- A. Increased healthcare inequities
- B. Higher patient follow-up rates**
- C. Greater patient dissatisfaction
- D. Reduced telehealth utilization

Effectively managing telemedicine services leads to higher patient follow-up rates, as clinicians can interact with patients more conveniently and frequently. When telemedicine is well-implemented, it can make accessing healthcare more efficient for patients. This ease of access often encourages patients to schedule and attend follow-up appointments, as they do not have the barriers associated with in-person visits, such as travel time and costs. Additionally, telemedicine can enhance communication between healthcare providers and patients, promoting better engagement in healthcare management and encouraging patients to return for necessary follow-ups. This positive outcome highlights the importance of proper telemedicine management in improving patient adherence to care plans and overall patient outcomes.

6. What is an Almshouse commonly known as?

- A. A luxury hotel for the wealthy
- B. A facility that provides food and shelter for the poor**
- C. A medical facility focusing on advanced surgeries
- D. A rehabilitation center for the homeless

An Almshouse is commonly known as a facility that provides food and shelter for the poor. Historically, almshouses were established in the 17th century to serve as a refuge for those who were unable to support themselves, such as the impoverished, elderly, and sick. They were typically funded by charitable donations or local governments and aimed to offer basic necessities, including food, shelter, and sometimes care for individuals who were unable to care for themselves due to age or disability. The significance of almshouses in the history of healthcare in America reflects early attempts at social welfare and community support, addressing the needs of the most vulnerable populations. Unlike luxury hotels, which cater to affluent customers, or advanced medical facilities that focus on specialized surgeries, almshouses were fundamentally established to meet the immediate, basic needs of those in poverty. They provided essential services rather than rehabilitation or medical care typically associated with modern healthcare facilities.

7. What did the Tuskegee Experiment primarily study?

- A. The effectiveness of a new vaccine
- B. The treatment of syphilis in black men**
- C. Kidney transplant methods
- D. The impact of hypothermia in surgeries

The Tuskegee Experiment primarily studied the treatment of syphilis in black men, specifically the progression of the disease in individuals who were not being treated effectively. Conducted by the U.S. Public Health Service from 1932 to 1972, the study aimed to observe the natural progression of untreated syphilis in a group of African American men from Macon County, Alabama. Participants were misled about the nature of their condition and were denied appropriate treatment, which was a shocking violation of ethical standards. The study intended to understand how syphilis affected African American men, notably during a time when the disease was poorly understood and lacked treatment options. The insights gained from the experiment, albeit unethical, contributed to the understanding of syphilis and its implications on public health, though it is remembered primarily for its ethical violations and impact on minority communities. In contrast, the other provided choices focus on different areas of medical research that were not the focus of the Tuskegee Experiment. The study did not involve vaccine effectiveness, kidney transplant methods, or hypothermia in surgeries, making the selected answer the only relevant option in relation to the significance and focus of the Tuskegee Experiment.

8. Who co-founded Hull House and dedicated her life to social reform?

- A. Clara Barton
- B. Jane Addams**
- C. Florence Nightingale
- D. Ellen Gates Starr

Jane Addams is renowned for co-founding Hull House, a pioneering settlement house in Chicago, which played a critical role in the social reform movement at the turn of the 20th century. Hull House aimed to improve the lives of immigrants and the urban poor by providing various services, including educational programs, healthcare, and cultural activities. Addams believed in the importance of community engagement and worked tirelessly to address issues such as child labor, women's suffrage, and public health. Her advocacy for social change and her role in the establishment of Hull House made her a key figure in the progressive movement, establishing her legacy in the history of social work and reform in America.

9. What does the Hybrid Bis-Bev Model refer to?

- A. A combination of public and private health funding**
- B. A model exclusive to low-income health coverage
- C. A purely government-funded health system
- D. A temporary healthcare program for emergencies

The Hybrid Bis-Bev Model refers to a combination of public and private health funding. This model is designed to integrate different sources of funding, allowing for a more versatile and sustainable approach to healthcare delivery. By utilizing both public and private financing, the Hybrid Bis-Bev Model aims to enhance access to healthcare services and improve the quality of care while balancing the financial responsibilities between the government and private entities. This approach recognizes the strengths of both sectors and attempts to create a more comprehensive healthcare system that can address the needs of a diverse population. In the context of healthcare systems, this model allows for greater flexibility and innovation, adapting to various demographic and economic conditions. It is particularly relevant in discussions about how to ensure coverage for individuals across different income levels and settings, rather than being restricted to a purely public or private system. The other choices do not accurately describe the Hybrid Bis-Bev Model. It is not exclusive to low-income health coverage, nor is it a purely government-funded health system, as it actively incorporates private funding to enhance care delivery. Additionally, it is not a temporary program for emergencies, which implies a limited scope and duration, rather than a comprehensive model of healthcare funding.

10. What is a characteristic of the fee-for-service healthcare model?

- A. Fixed annual premiums
- B. Charges based on services rendered**
- C. Nonprofit operation
- D. Free treatment for low-income individuals

A characteristic of the fee-for-service healthcare model is that charges are based on services rendered. This means that in this payment structure, healthcare providers are compensated for each specific service or treatment they provide to patients. This model incentivizes providers to deliver a higher volume of care since they earn fees for every procedure, test, or consultation performed. In contrast, fixed annual premiums refer to a different kind of healthcare payment structure, often associated with health insurance plans that charge a set amount for coverage regardless of the number of services utilized. Nonprofit operation typically denotes the status of an organization rather than its payment model, and free treatment for low-income individuals is associated with social programs or specific healthcare initiatives rather than the fee-for-service model itself. Therefore, the unique feature of the fee-for-service model lies in its payment mechanism which directly correlates provider compensation with the quantity of services delivered.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://wgu-hlth2160-d393.examzify.com>

We wish you the very best on your exam journey. You've got this!

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