

WAPS E5 PROMOTION FITNESS (PFE) PRACTICE EXAM (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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THE FULL VERSION STUDY GUIDE

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. The core set of ethical guidance is established by core values, oaths, the Airman's Creed, Air Force Instructions, Profession of Arms, and the UCMJ. This collection is best described as?**
 - A. A code of conduct
 - B. Our ethical code
 - C. A mission statement
 - D. A dress and appearance standard
- 2. Which statement best describes the gift rules for occasions that terminate the superior-subordinate relationship?**
 - A. They may solicit donations from others for a gift to a superior.
 - B. They may accept gifts from subordinates of any value.
 - C. They may accept voluntary gifts or contributions of nominal value (not to exceed \$10) on termination occasions.
 - D. They must never accept any gifts.
- 3. Which concept is described as the heart and soul of the profession and what we strive to be every day?**
 - A. Professionalism
 - B. Core Values
 - C. Wingman care
 - D. Total Force
- 4. What describes the relationship among Airmen's contributions to the mission?**
 - A. Interdependency of every member's contribution toward the mission
 - B. Individual leadership dominates
 - C. Teamwork is optional
 - D. The mission can succeed without collaboration
- 5. Personal values such as happiness or stability are always present, but they must not take precedence over ethical values.**
 - A. False
 - B. True
 - C. Not Sure
 - D. Cannot determine

- 6. What is the highest enlisted rank in the Air Force (excluding CMSAF)?**
- A. Senior Master Sergeant (SMSgt)
 - B. Technical Sergeant (TSgt)
 - C. Chief Master Sergeant (CMSgt)
 - D. Master Sergeant (MSgt)
- 7. What is prescribed in our core values, our oaths, the Airman's Creed, Air Force Instructions, Profession of Arms, and the Uniform Code of Military Justice?**
- A. The mission
 - B. Our ethical code
 - C. The dress and appearance standards
 - D. The chain of command
- 8. General Moseley introduced the Airman's Creed as an aspect of reinvigorating which concept?**
- A. The Warrior Ethos
 - B. The Core Values
 - C. The Mission
 - D. The Total Force
- 9. What is the highest enlisted position in the Air Force that serves as the senior enlisted adviser for the whole Air Force?**
- A. Chief Master Sergeant of the Air Force (CMSAF)
 - B. Chief Master Sergeant (CMSgt)
 - C. Senior Master Sergeant (SMSgt)
 - D. Master Sergeant (MSgt)
- 10. Which morality check asks if the action is good for the United States, USAF, unit, and self?**
- A. Divine Test
 - B. United States of America Test
 - C. Network Test
 - D. Honor Test

Answers

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1. B
2. C
3. A
4. A
5. B
6. C
7. B
8. D
9. A
10. B

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Explanations

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1. The core set of ethical guidance is established by core values, oaths, the Airman's Creed, Air Force Instructions, Profession of Arms, and the UCMJ. This collection is best described as?

- A. A code of conduct
- B. Our ethical code**
- C. A mission statement
- D. A dress and appearance standard

This collection functions as our ethical code. It brings together the core values, oaths, the Airman's Creed, Air Force Instructions, the Profession of Arms, and the UCMJ to form the moral principles and duties that guide how Airmen should think and act. It isn't just a mission statement that describes purpose, nor a dress and appearance standard that governs attire. It's a unified framework that links personal values with legal and professional obligations, creating a standard of conduct rooted in ethics for every situation. While a code of conduct is related, the phrase "ethical code" most accurately reflects this broad, values-driven foundation that underpins behavior across policy, law, and professional expectation.

2. Which statement best describes the gift rules for occasions that terminate the superior-subordinate relationship?

- A. They may solicit donations from others for a gift to a superior.
- B. They may accept gifts from subordinates of any value.
- C. They may accept voluntary gifts or contributions of nominal value (not to exceed \$10) on termination occasions.**
- D. They must never accept any gifts.

The key idea is that on occasions ending the supervisor-subordinate relationship, a small, voluntary gesture is permissible. Subordinates may give a gift or contribute to a farewell item, but it must be voluntary and of nominal value—not more than ten dollars. This keeps the gesture from becoming an improper influence or an appearance of favor, while still allowing a token of appreciation for the departing supervisor. In practice, that means you shouldn't solicit contributions from others or accept gifts above the nominal threshold. The other options either imply soliciting gifts, accepting gifts of any value, or forbidding gifts altogether, which don't align with this modest, voluntary, capped-to-nominal-value approach.

3. Which concept is described as the heart and soul of the profession and what we strive to be every day?

- A. Professionalism**
- B. Core Values
- C. Wingman care
- D. Total Force

Professionalism is the heart and soul of the profession and what we strive to be every day. It captures how we carry ourselves, our competence, integrity, accountability, and respect in every task, interaction, and decision. In the Air Force, professionalism shows in training, performance, communication, appearance, and adherence to standards, all of which build trust and ensure mission readiness. Core values guide our behavior, but professionalism is how we translate those values into daily actions. Wingman care highlights how we support teammates, and Total Force is about integrating all components of the force; neither captures the full daily conduct and character we aim to embody like professionalism does.

4. What describes the relationship among Airmen's contributions to the mission?

- A. Interdependency of every member's contribution toward the mission**
- B. Individual leadership dominates
- C. Teamwork is optional
- D. The mission can succeed without collaboration

Contributions to the mission are interdependent, meaning every Airman's work affects others and the overall outcome. In operations, success comes from synchronized effort across all roles—planning, leadership at various levels, technical and logistical support, and frontline action. When one piece falters, others must compensate, so teamwork and mutual reliance are essential, not optional. No single person can do it all; the mission succeeds only through the combined, coordinated efforts of the whole team. Choices that imply only one leader dominates, that teamwork is optional, or that success is possible without collaboration don't fit how real-world operations function.

5. Personal values such as happiness or stability are always present, but they must not take precedence over ethical values.

- A. False
- B. True**
- C. Not Sure
- D. Cannot determine

In professional decision making, ethical values guide actions first. Personal values like happiness or stability will be present, but they must not take precedence over ethical standards. You weigh actions against ethical obligations, and when a personal desire would conflict with what is ethically required, you choose the ethical value. For example, wanting to protect a friend might tempt you to bend the truth, but honesty is an ethical obligation, so you don't let personal happiness override it. Personal values can inform and align with ethics, but they should never outrank ethical duties. That's why the statement is true.

6. What is the highest enlisted rank in the Air Force (excluding CMSAF)?

- A. Senior Master Sergeant (SMSgt)
- B. Technical Sergeant (TSgt)
- C. Chief Master Sergeant (CMSgt)**
- D. Master Sergeant (MSgt)

The main idea is understanding how Air Force enlisted ranks stack up, and the distinction between a rank and a special appointment. The highest enlisted rank overall is Chief Master Sergeant of the Air Force, a unique billet that serves as the senior enlisted adviser to the Secretary of the Air Force and the Chief of Staff. If you exclude that special appointment, the highest regular enlisted rank is Chief Master Sergeant. This rank sits at the top of the non-commissioned path, above Master Sergeant and Senior Master Sergeant, and it carries the E-9 pay grade. The progression goes Technical Sergeant (E-6) to Master Sergeant (E-7) to Senior Master Sergeant (E-8) and then Chief Master Sergeant (E-9) before reaching the CMSAF for those selected for that leadership role. The emphasis here is that the question wants the highest non-appointment rank, which is Chief Master Sergeant.

7. What is prescribed in our core values, our oaths, the Airman's Creed, Air Force Instructions, Profession of Arms, and the Uniform Code of Military Justice?

- A. The mission
- B. Our ethical code**
- C. The dress and appearance standards
- D. The chain of command

The main idea being tested is the ethical framework guiding airmen. The core values, oaths, Airman's Creed, Air Force Instructions, Profession of Arms, and the Uniform Code of Military Justice all establish the standards of conduct, integrity, accountability, and duty that airmen are expected to uphold in every situation. They shape decisions, guide actions, and set consequences for misconduct, forming a cohesive ethical code for the profession. While the mission, dress and appearance standards, and chain of command are all important parts of military life, they serve different roles. The mission focuses on tasks and objectives to be achieved; dress and appearance standards govern presentation and uniform policy; the chain of command outlines authority and leadership structure. The documents listed center on what is ethically expected and how professionals should behave, making our ethical code the best fit.

8. General Moseley introduced the Airman's Creed as an aspect of reinvigorating which concept?

- A. The Warrior Ethos
- B. The Core Values
- C. The Mission
- D. The Total Force**

The idea being tested is how a unifying creed can reinforce unity across the entire Air Force. General Moseley introduced the Airman's Creed to give every Airman—active duty, Reserve, Guard, civilian employees, and contractors—a shared identity and set of expectations. This creates a common language and standard of service that ties all components together, reinforcing that they are one Air Force working toward the same mission. By focusing on a single, inclusive ethos, the Creed directly supports the idea of the Total Force, where every member's contribution matters and everyone operates as part of the same team. It isn't primarily about a warrior mindset, a set of values alone, or the mission in isolation, but about uniting all parts of the force under one cohesive identity.

9. What is the highest enlisted position in the Air Force that serves as the senior enlisted adviser for the whole Air Force?

- A. Chief Master Sergeant of the Air Force (CMSAF)**
- B. Chief Master Sergeant (CMSgt)
- C. Senior Master Sergeant (SMSgt)
- D. Master Sergeant (MSgt)

This item tests who holds the service-wide senior enlisted advisory role in the Air Force. The top enlisted position is Chief Master Sergeant of the Air Force. This is a unique appointment that provides counsel to the Secretary of the Air Force and the Air Force Chief of Staff on all matters affecting enlisted personnel, policy, readiness, and welfare across the entire Air Force. The other ranks—Chief Master Sergeant, Senior Master Sergeant, and Master Sergeant—are important senior enlisted grades, but they do not carry the single, Air Force-wide advisory responsibilities of the CMSAF. Therefore, the best answer is Chief Master Sergeant of the Air Force.

10. Which morality check asks if the action is good for the United States, USAF, unit, and self?

A. Divine Test

B. United States of America Test

C. Network Test

D. Honor Test

This morality check asks you to weigh an action against four stakeholders: the United States, the Air Force, your unit, and yourself. That four-level perspective is what the United States of America Test is all about, evaluating whether the action is good for the country, the service, the unit, and your own integrity. Why this fits best: it directly targets the broad impact on national interests and the Air Force mission while also considering unit readiness and personal ethics. The other checks focus on different lenses—Divine Test looks to religious or universal moral standards, Network Test emphasizes accountability to peers and organizational norms, and Honor Test centers on personal and professional integrity—so they don't capture the full four-way balance described in this item.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://wapse5pfe.examzify.com>

We wish you the very best on your exam journey. You've got this!

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