

# Walmart Food Safety Practice Test (Sample)

## Study Guide



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**SAMPLE**

## **Questions**

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- 1. How can employees ensure that ice used in beverages is safe?**
  - A. Ice can be made from any water source available.**
  - B. Ice should be made from potable water and stored in a clean, sanitary container.**
  - C. Ice can be made from tap water without any precautions.**
  - D. Ice does not need special considerations if used immediately.**
- 2. What is a common practice to prevent cross-contamination in food preparation areas?**
  - A. Using the same cutting board for all food types.**
  - B. Using different cutting boards for raw and cooked food.**
  - C. Cleaning cutting boards with only water.**
  - D. Storing non-food items on food prep surfaces.**
- 3. When must a food handler change gloves?**
  - A. At the end of their shift**
  - B. After they use the bathroom**
  - C. As soon as they become dirty or torn**
  - D. Hourly**
- 4. What is the minimum internal temperature hot food must be held at to prevent pathogens from growing?**
  - A. 140 F (60 C)**
  - B. 135 F (57 C)**
  - C. 145 F (63 C)**
  - D. 150 F (65 C)**
- 5. Why should food handlers report cuts or sores?**
  - A. To receive medical attention**
  - B. To prevent contamination of food**
  - C. To comply with management policies**
  - D. To maintain personal hygiene**

**6. What should be done if a food safety issue is identified?**

- A. Ignore it and continue working**
- B. Report it to management immediately for action**
- C. Document it for future reference only**
- D. Handle it personally without reporting**

**7. What is the primary goal of food safety practices?**

- A. To reduce costs in food management**
- B. To enhance customer service experience**
- C. To ensure food is safe for consumption and prevent foodborne illnesses**
- D. To increase store profits**

**8. When can raw, unpackaged meat be offered for self-service?**

- A. At any time**
- B. At buffets only**
- C. At Mongolian barbecues**
- D. Never**

**9. What should be done with food that has passed its expiration date?**

- A. It can still be consumed if it looks fine**
- B. It should be removed from shelves and disposed of properly**
- C. It should be given away to friends or family**
- D. It should be repackaged and sold as reduced price**

**10. What role does training play in food safety?**

- A. It is optional and not essential**
- B. It raises awareness about food handling**
- C. It is only necessary for management**
- D. It complicates the food handling process**

## **Answers**

SAMPLE

- 1. B**
- 2. B**
- 3. C**
- 4. B**
- 5. B**
- 6. B**
- 7. C**
- 8. C**
- 9. B**
- 10. B**

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## **Explanations**

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**1. How can employees ensure that ice used in beverages is safe?**

- A. Ice can be made from any water source available.**
- B. Ice should be made from potable water and stored in a clean, sanitary container.**
- C. Ice can be made from tap water without any precautions.**
- D. Ice does not need special considerations if used immediately.**

The correct answer emphasizes the importance of using potable water for ice production and maintaining cleanliness during storage. Ice serves as a direct ingredient in beverages, which means it has the potential to introduce contaminants if not handled properly. By ensuring that ice is made using potable water, employees mitigate the risk of pathogens that could be present in non-safe water sources. Additionally, storing the ice in a clean, sanitary container is crucial. This prevents contamination from environmental factors or direct contact with unclean surfaces and utensils. Proper handling procedures for both water and ice contribute to the overall safety of beverages served to customers. Individuals handling ice must adhere to food safety protocols, as failing to do so could lead to the introduction of harmful bacteria or chemicals into drinks, posing health hazards to consumers. Using ice made from non-potable water or storing it improperly could lead to foodborne illnesses, highlighting the necessity of stringent safety measures in handling ice for beverages.

**2. What is a common practice to prevent cross-contamination in food preparation areas?**

- A. Using the same cutting board for all food types.**
- B. Using different cutting boards for raw and cooked food.**
- C. Cleaning cutting boards with only water.**
- D. Storing non-food items on food prep surfaces.**

Using different cutting boards for raw and cooked food is essential in preventing cross-contamination in food preparation areas. This practice helps to ensure that harmful bacteria present in raw foods, such as meats or poultry, do not transfer to ready-to-eat foods, potentially causing foodborne illnesses. By designating specific cutting boards for different types of food, food safety is significantly enhanced, allowing for safer meal preparation. This practice aligns well with established food safety protocols that emphasize the importance of separation between raw and cooked items in order to mitigate risks associated with cross-contamination. Therefore, using distinct cutting boards is a proactive approach to maintaining hygiene in food handling and preparation processes.

### 3. When must a food handler change gloves?

- A. At the end of their shift
- B. After they use the bathroom
- C. As soon as they become dirty or torn**
- D. Hourly

Changing gloves as soon as they become dirty or torn is crucial for maintaining food safety. Dirty or compromised gloves can harbor bacteria and contaminants that can easily transfer to food, leading to potential foodborne illnesses. By changing gloves immediately upon noticing any damage or contamination, food handlers help ensure a safe environment for food preparation and service. While changing gloves at the end of a shift or after using the bathroom are important practices to uphold hygiene, they do not address the immediate risk posed by dirty or torn gloves. Hourly changes may be excessive if gloves remain intact and clean and do not prioritize addressing direct contamination issues as they occur. Hence, the focus should always be on the condition of the gloves rather than a set time limit, emphasizing proactive safety measures in food handling.

### 4. What is the minimum internal temperature hot food must be held at to prevent pathogens from growing?

- A. 140 F (60 C)
- B. 135 F (57 C)**
- C. 145 F (63 C)
- D. 150 F (65 C)

The minimum internal temperature at which hot food must be held to prevent the growth of pathogens is 140 F (60 C). This temperature is crucial because it creates an environment that discourages the proliferation of harmful bacteria. Food held at or above this temperature currently ensures that it remains safe for consumption, as most bacteria cannot grow at this temperature. Maintaining food at temperatures lower than this threshold can allow bacteria to multiply rapidly, increasing the risk of foodborne illness. The other temperatures listed are either too low to effectively inhibit bacterial growth or pertain to different types of cooking or holding recommendations. Therefore, it is essential to keep hot food at 140 F or higher to ensure safety in food preparation and service.

## 5. Why should food handlers report cuts or sores?

- A. To receive medical attention
- B. To prevent contamination of food**
- C. To comply with management policies
- D. To maintain personal hygiene

Food handlers should report cuts or sores primarily to prevent contamination of food. When an employee has an open wound, there's a significant risk that pathogens and bacteria could be transmitted to food products, which can lead to foodborne illnesses. Wounds can harbor harmful microorganisms that can multiply and spread when they come into contact with food. By reporting such injuries, food handlers enable management to take necessary actions, such as providing appropriate bandaging or allowing the employee to perform tasks that do not involve direct contact with food, thus safeguarding the overall safety of the food being prepared and served. While receiving medical attention is important for personal health, compliance with management policies helps maintain a standard operating procedure, and maintaining personal hygiene is crucial for food safety, the primary concern is to ensure the safety and quality of the food by preventing any potential cross-contamination that could arise from caring for a cut or sore.

## 6. What should be done if a food safety issue is identified?

- A. Ignore it and continue working
- B. Report it to management immediately for action**
- C. Document it for future reference only
- D. Handle it personally without reporting

Reporting a food safety issue to management immediately for action is crucial because it ensures a prompt response to potential hazards that could affect food quality and consumer safety. Food safety protocols are in place specifically to minimize risks and protect public health, and reporting allows for proper investigation and intervention. Timely communication allows for swift action, such as recalling affected products, conducting further testing, or enhancing safety procedures, which is essential in preventing foodborne illnesses or contamination. Addressing food safety concerns promptly also reflects a commitment to maintaining high standards and regulatory compliance within the organization. This proactive approach reinforces a culture of safety and accountability, benefiting both the employees and customers.

## 7. What is the primary goal of food safety practices?

- A. To reduce costs in food management
- B. To enhance customer service experience
- C. To ensure food is safe for consumption and prevent foodborne illnesses**
- D. To increase store profits

The primary goal of food safety practices is to ensure food is safe for consumption and prevent foodborne illnesses. This involves implementing various procedures and guidelines that help in maintaining the safety and quality of food products from the point of production to the point of sale. Ensuring that food is safe helps protect the health of consumers and reduces the risk of foodborne diseases, which can have serious health implications and lead to public health crises. By prioritizing food safety, organizations can instill trust and confidence in their products, which is crucial for maintaining a loyal customer base. While other aspects such as cost reduction, enhancing customer service, and increasing profits are important for business operations, they are secondary to the core mission of safeguarding public health. Ensuring food safety ultimately leads to better customer satisfaction and can indirectly contribute to other goals, but the primary focus remains centered on the health and safety of consumers.

## 8. When can raw, unpackaged meat be offered for self-service?

- A. At any time
- B. At buffets only
- C. At Mongolian barbecues**
- D. Never

Raw, unpackaged meat can be offered for self-service at Mongolian barbecues under specific controlled conditions. In such setups, customers typically choose raw meat and other ingredients to be cooked on a grill in front of them. This practice is generally acceptable because there are usually protocols in place to minimize food safety risks, such as providing proper cooking methods to ensure the meat is cooked to safe temperatures, preventing cross-contamination, and having trained staff oversee the cooking process. Offering raw meat for self-service in other settings, such as buffets or at any time, poses a higher risk of foodborne illness due to improper handling, temperature control, and the potential for cross-contamination. Therefore, the specific environment of Mongolian barbecues, along with strict adherence to food safety practices, justifies the self-service of raw, unpackaged meat in this scenario.

## 9. What should be done with food that has passed its expiration date?

- A. It can still be consumed if it looks fine
- B. It should be removed from shelves and disposed of properly**
- C. It should be given away to friends or family
- D. It should be repackaged and sold as reduced price

Food that has passed its expiration date should be removed from shelves and disposed of properly to ensure safety for consumers. Expiration dates are set to indicate the time frame in which food is guaranteed to maintain its quality and safety. Consuming expired food poses potential health risks, such as foodborne illness, which can result from spoilage or bacterial growth that may not be visible. By removing expired food from shelves, retailers protect customers and uphold food safety protocols. This practice also aligns with regulatory standards and ensures the store remains compliant with health and safety guidelines. Proper disposal methods can include returning the food to the supplier or following local regulations for waste management. The other options either encourage unsafe practices or compromise food safety standards, which is why they are unsuitable choices. In every scenario, prioritizing the health and safety of consumers is essential.

## 10. What role does training play in food safety?

- A. It is optional and not essential
- B. It raises awareness about food handling**
- C. It is only necessary for management
- D. It complicates the food handling process

Training plays a crucial role in food safety by raising awareness about appropriate food handling practices. Effective training equips employees with the knowledge and skills they need to recognize food safety hazards, understand proper food storage techniques, maintain sanitation, and follow protocols that minimize risks of foodborne illnesses. This heightened awareness helps ensure that all staff are on the same page regarding safety procedures, fostering a culture of safety within the workplace. The importance of training cannot be understated; it is foundational in instilling the necessary behaviors and competencies that employees need to follow. When employees are educated on food safety, they become more vigilant and proactive in their roles, reducing the likelihood of unsafe practices. This ultimately leads to healthier food products for consumers and adherence to regulations, which is vital for any food-related business.