

# Virginia Biology SOL Practice Test (Sample)

## Study Guide



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## **Questions**

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- 1. Which evolutionary process can lead to two or more species sharing similar traits due to similar environmental challenges?**
  - A. Convergent Evolution**
  - B. Divergent Evolution**
  - C. Parallel Evolution**
  - D. Linear Evolution**
- 2. Which process describes the conversion of DNA information into protein?**
  - A. Gene replication**
  - B. Gene translation**
  - C. Gene expression**
  - D. Gene transcription**
- 3. Which classification includes organisms such as yeast and molds?**
  - A. Animalia**
  - B. Monera**
  - C. Fungi**
  - D. Protozoan**
- 4. Which subgroup includes organisms like blue-green algae?**
  - A. Prokaryote**
  - B. Archaeobacteria**
  - C. Fungi**
  - D. Protozoan**
- 5. What substance is essential in cellular energy transfer?**
  - A. NAD<sup>+</sup>**
  - B. ATP**
  - C. FADH<sub>2</sub>**
  - D. Glucose**

- 6. What term is used to refer to all the plant life in a particular region?**
- A. Fauna**
  - B. Succession**
  - C. Flora**
  - D. Aquatic**
- 7. Which of the following groups of plants is known for reproducing by means of flowers and fruit?**
- A. Gymnosperm**
  - B. Angiosperm**
  - C. Mosses**
  - D. Lichens**
- 8. Which of the following describes a simple compound whose molecules can join together to form polymers?**
- A. Monomer**
  - B. Polymer**
  - C. Compound**
  - D. Reagent**
- 9. What is the main characteristic of a deciduous tree?**
- A. It remains green all year**
  - B. It produces cones instead of flowers**
  - C. It sheds its leaves seasonally**
  - D. It has a long lifespan**
- 10. What is the function of the nucleolus within the nucleus?**
- A. To divide genetic material**
  - B. To form ribosomes**
  - C. To store nutrients**
  - D. To produce energy**

## **Answers**

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1. A
2. C
3. C
4. B
5. B
6. C
7. B
8. A
9. C
10. B

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## **Explanations**

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**1. Which evolutionary process can lead to two or more species sharing similar traits due to similar environmental challenges?**

**A. Convergent Evolution**

**B. Divergent Evolution**

**C. Parallel Evolution**

**D. Linear Evolution**

Convergent evolution is the process by which unrelated or distantly related organisms evolve similar traits or adaptations due to facing comparable environmental challenges or selecting pressures. This phenomenon highlights how similar environmental factors can lead different species to develop analogous features, even if they do not share a common ancestor. For instance, the wings of bats and birds serve the same function and are structurally similar, yet they evolved independently in response to the need for flight in their respective environments. This illustrates how convergent evolution results in the development of similar adaptations that help organisms survive in similar ecological niches. In contrast, divergent evolution involves related species becoming more different from one another over time, often as they adapt to different environments, while parallel evolution refers to species that are related but evolve in similar ways due to similar environments. Linear evolution, on the other hand, does not accurately represent the complexity of evolutionary changes that occur. Each of these alternative processes plays a role in evolutionary biology, but they do not explain the shared traits occurring specifically due to similar environmental challenges as effectively as convergent evolution does.

**2. Which process describes the conversion of DNA information into protein?**

**A. Gene replication**

**B. Gene translation**

**C. Gene expression**

**D. Gene transcription**

The conversion of DNA information into protein is best described as gene expression. This is a broad term that encompasses both transcription and translation, the two key processes involved in synthesizing proteins from genetic information. During gene expression, the information encoded in a gene is first transcribed from DNA to messenger RNA (mRNA) in the nucleus. This process is known as transcription. After transcription, the mRNA molecule is then translated into a specific sequence of amino acids, forming a protein, through the mechanism of translation that occurs in the cytoplasm, typically at ribosomes. Selecting gene expression reflects an understanding that it includes the entire pathway through which the genetic code leads to protein formation, rather than isolating just one part of the process, such as transcription or translation.

**3. Which classification includes organisms such as yeast and molds?**

- A. Animalia**
- B. Monera**
- C. Fungi**
- D. Protozoan**

The classification that includes organisms such as yeast and molds is Fungi. Organisms in this group share specific characteristics that define them as fungi, which are distinct from other kingdoms. Fungi are eukaryotic, meaning their cells contain a nucleus and other organelles. They are primarily heterotrophic, absorbing nutrients from their environment through external digestion, which sets them apart from plants that are autotrophic and produce their food through photosynthesis. Yeasts are unicellular fungi that reproduce by budding, and they play important roles in processes like fermentation. Molds, on the other hand, are typically filamentous fungi that grow in a network of hyphae. Together, they illustrate the diverse forms that fungi can take and their significant roles in ecosystems as decomposers, as well as their applications in food production and medicine. The other classifications mentioned do not include these organisms; for instance, Animalia consists of multicellular, heterotrophic animals, Monera includes prokaryotic organisms like bacteria, and Protozoa consists of mainly unicellular eukaryotes that are typically motile. Therefore, Fungi is the only classification that accurately encompasses yeast and molds.

**4. Which subgroup includes organisms like blue-green algae?**

- A. Prokaryote**
- B. Archaeobacteria**
- C. Fungi**
- D. Protozoan**

The subgroup that includes organisms like blue-green algae is classified under prokaryotes, specifically cyanobacteria, which are sometimes referred to as blue-green algae. Blue-green algae are significant because they are capable of photosynthesis, similar to plants, and play a crucial role in aquatic ecosystems by producing oxygen and serving as a base food source. Prokaryotes are characterized by the absence of a membrane-bound nucleus and other organelles, distinguishing them from eukaryotic organisms. While archaea is a subgroup of prokaryotes, blue-green algae fall specifically under the category of cyanobacteria, which is often grouped with bacteria. Therefore, the better classification for blue-green algae is indeed prokaryotes rather than archaeobacteria or any of the other choices listed, as fungi and protozoans are eukaryotic organisms that do not include blue-green algae.

**5. What substance is essential in cellular energy transfer?**

- A. NAD+
- B. ATP**
- C. FADH<sub>2</sub>
- D. Glucose

ATP, or adenosine triphosphate, is fundamental to cellular energy transfer because it acts as the primary energy currency of the cell. ATP stores energy in its high-energy phosphate bonds and can release this energy when it is hydrolyzed, or broken down, to ADP (adenosine diphosphate) and inorganic phosphate. This release of energy is critical for powering various cellular processes, including muscle contraction, active transport across cell membranes, and biosynthetic reactions. While NAD<sup>+</sup> and FADH<sub>2</sub> are also important in the context of cellular respiration and transferring electrons in metabolic pathways, they are not directly responsible for providing energy to cellular functions like ATP does. Glucose is an important energy source, as it is broken down during cellular respiration to eventually produce ATP, but it is not the molecule that directly operates as the energy transfer agent in cells. Thus, ATP is uniquely positioned as the immediate source of energy for nearly all cellular activities.

**6. What term is used to refer to all the plant life in a particular region?**

- A. Fauna
- B. Succession
- C. Flora**
- D. Aquatic

The term used to refer to all the plant life in a particular region is "flora." Flora encompasses the variety of plant species found within a specific area, including trees, shrubs, herbs, and other types of vegetation. This term is essential in the study of ecosystems and biodiversity because it helps scientists and ecologists understand the types of plants present, their interactions with one another, and their roles in the environment. In contrast, "fauna" pertains to the animal life of a region, which is why it is not applicable in this context. "Succession" refers to the process of ecological change in which one community of plants and animals gradually replaces another over time, indicating the dynamic nature of ecosystems. "Aquatic" describes organisms that live in water, but it does not specifically relate to the overall plant life of a region. Thus, "flora" is the most accurate term to describe the plant life collectively in a given area.

**7. Which of the following groups of plants is known for reproducing by means of flowers and fruit?**

**A. Gymnosperm**

**B. Angiosperm**

**C. Mosses**

**D. Lichens**

The group of plants known for reproducing by means of flowers and fruit is angiosperms. Angiosperms are characterized by the presence of flowers, which facilitate sexual reproduction, and they produce seeds enclosed within fruits. This adaptation not only aids in reproduction but also enhances seed dispersal, as fruits can attract animals or utilize wind or water to spread seeds over a wider area. In contrast, gymnosperms, which include conifers, reproduce using exposed seeds often found within cones rather than flowers and fruit. Mosses are a type of bryophyte that primarily reproduce through spores rather than seeds and do not have flowers or fruit. Lichens are a symbiotic association between fungi and algae or cyanobacteria, not classified as plants and do not reproduce through typical plant structures like flowers or fruits. Thus, angiosperms stand out for their unique reproductive methods that include flowers and fruits, which contribute significantly to their diversity and success in various ecosystems.

**8. Which of the following describes a simple compound whose molecules can join together to form polymers?**

**A. Monomer**

**B. Polymer**

**C. Compound**

**D. Reagent**

A monomer is a simple compound whose molecules can join together through covalent bonds to form larger structures called polymers. This process of joining monomers together is often referred to as polymerization. Monomers are the fundamental building blocks of polymers, which can be natural, like proteins and nucleic acids, or synthetic, like plastics. Polymers themselves are not simple compounds; they are made up of many repeating units of monomers. A compound is a broader term that refers to any substance formed from two or more different elements that are chemically bonded together. A reagent is a substance that causes a chemical reaction but does not specifically refer to the building blocks of larger molecules. Thus, in the context of polymer formation, the term that accurately describes a simple compound that combines to create polymers is indeed monomer.

**9. What is the main characteristic of a deciduous tree?**

- A. It remains green all year
- B. It produces cones instead of flowers
- C. It sheds its leaves seasonally**
- D. It has a long lifespan

The main characteristic of a deciduous tree is that it sheds its leaves seasonally. Deciduous trees typically lose their leaves in the fall as a response to changing weather conditions, particularly in temperate climates. This seasonal leaf drop is a survival strategy that helps the tree conserve water and energy during periods when it is less able to photosynthesize effectively due to lower light levels and colder temperatures. Unlike evergreen trees, which retain their foliage throughout the year, deciduous trees undergo this shedding process as part of their life cycle. This adaptation allows them to thrive in various environments and ensures they can enter a period of dormancy during harsh conditions. In contrast, trees that remain green all year round are classified as evergreen. Trees that produce cones instead of flowers are usually coniferous trees, such as pines, and while some deciduous trees may have long lifespans, this characteristic is not universal or defining for deciduous trees specifically.

**10. What is the function of the nucleolus within the nucleus?**

- A. To divide genetic material
- B. To form ribosomes**
- C. To store nutrients
- D. To produce energy

The nucleolus is a prominent structure found within the nucleus of eukaryotic cells and plays a critical role in the synthesis of ribosomes. It is primarily responsible for the production and processing of ribosomal RNA (rRNA), which is a key component of ribosomes, the cellular machinery required for protein synthesis. The nucleolus assembles rRNA molecules with ribosomal proteins to form the subunits that eventually exit the nucleus and come together in the cytoplasm to create functional ribosomes. Ribosomes are essential for translating messenger RNA (mRNA) into proteins, an important process for cell function and growth. Thus, the nucleolus's main function relates directly to the formation of ribosomes, making this answer correct within the context of its role in cellular biology.