

# Veterans Affairs (VA) Law Enforcement Training Center (LETC) Week 1 Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. Which action is explicitly listed as part of officer safety steps when dealing with an EDP?**
  - A. Be aware of the environment**
  - B. Enter the location aggressively**
  - C. Approach with force**
  - D. Ignore safety considerations**
  
- 2. Which factor is commonly noted about SBC victims?**
  - A. Substance Abuse History**
  - B. Medical History**
  - C. Psychiatric Past**
  - D. No Psychiatric History**
  
- 3. Which term denotes an imminent risk requiring attention and action in an EDP incident?**
  - A. Immediate Danger**
  - B. Low Risk EDP**
  - C. Screening for TBI**
  - D. Dynamic behavior**
  
- 4. A disturbance in a person's thoughts or mood is best described as which category?**
  - A. Mood Disorder/Bi-Polar**
  - B. Schizophrenia**
  - C. Psychosis**
  - D. Delusional**
  
- 5. What fraction of veterans are not registered with the VA system?**
  - A. 5 out of 18**
  - B. 1 out of 5**
  - C. 10 out of 20**
  - D. 3 out of 15**

- 6. Who shares responsibility and directs policy and operations of VA on a daily basis?**
- A. Deputy Secretary of VA**
  - B. Secretary of VA**
  - C. Director of LETC**
  - D. Director of VA Police Services**
- 7. Director of Police Services**
- A. Frederick Jackson**
  - B. Dr. James Ward**
  - C. Asst. Secretary for Operations**
  - D. Michael Franklin**
- 8. Which factor is most directly associated with hostility in service environments?**
- A. Deployments to hostile environments**
  - B. Crisis line**
  - C. Coping skills**
  - D. Support system**
- 9. Which statement best describes the relationship between professional behavior and the tools used in the field, as indicated in the material?**
- A. Professional Presence**
  - B. OC**
  - C. Deadly Force**
  - D. Summarize**
- 10. Which of the following is a step to take if being harassed?**
- A. Tell harasser to stop**
  - B. All of the above**
  - C. Document harassment**
  - D. Talk to others at work**

## Answers

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1. A
2. C
3. A
4. A
5. A
6. A
7. D
8. A
9. A
10. B

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## **Explanations**

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**1. Which action is explicitly listed as part of officer safety steps when dealing with an EDP?**

- A. Be aware of the environment**
- B. Enter the location aggressively**
- C. Approach with force**
- D. Ignore safety considerations**

Focusing on your surroundings is essential for officer safety when dealing with someone in crisis. Being aware of the environment means quickly assessing potential hazards and resources in the area—like possible weapons, other people who could escalate or interfere, exits and escape routes, terrain that could affect movement or cover, lighting, and the positions of civilians or bystanders. This situational awareness helps you maintain safe distance, choose a workable approach, and plan for backup or retreat if needed. It also supports de-escalation by avoiding surprises that could trigger more aggressive behavior from the person in crisis. The other options raise risk. Entering a location aggressively, approaching with force, or ignoring safety considerations all increase the likelihood of harm to you, the subject, and others, and do not align with prudent safety practices.

**2. Which factor is commonly noted about SBC victims?**

- A. Substance Abuse History**
- B. Medical History**
- C. Psychiatric Past**
- D. No Psychiatric History**

The factor most consistently noted about SBC victims is a psychiatric past. In many victim profiles, preexisting mental health conditions or trauma-related responses shape how individuals experience and disclose the incident, how they respond under stress, and what kind of support they need. A psychiatric history can influence risk perception, coping strategies, and engagement with responders and services, making it a common and important element in understanding SBC victims. Substance use history can appear in some cases, but it isn't as universally documented as psychological factors. Medical history matters for overall health, but it doesn't capture the psychological impact that often drives victim behavior and needs. Saying there's no psychiatric history would overlook the pattern seen in many victims who have some level of mental health history related to trauma.

**3. Which term denotes an imminent risk requiring attention and action in an EDP incident?**

- A. Immediate Danger**
- B. Low Risk EDP**
- C. Screening for TBI**
- D. Dynamic behavior**

Immediate Danger is the term that signals a threat that is imminent and requires quick attention and action. In an EDP incident, recognizing when a situation presents immediate danger helps responders know that delay could result in serious harm, so rapid protective measures, prioritization of actions, and urgent communication are needed. This differs from a low risk situation, which is not requiring swift intervention; screening for a traumatic brain injury is a medical assessment unrelated to the immediate threat level; and dynamic behavior describes changing conditions rather than a current, urgent threat needing immediate response.

**4. A disturbance in a person's thoughts or mood is best described as which category?**

- A. Mood Disorder/Bi-Polar**
- B. Schizophrenia**
- C. Psychosis**
- D. Delusional**

A disturbance in thoughts or mood points to mood-related conditions, where the primary issue is how a person feels emotionally. Mood disorders, including bipolar disorder, are defined by problems with mood regulation—episodes of depression, mania, or mood swings—that dominate the clinical picture. Schizophrenia and psychosis center on distortions of thinking, perception, and reality contact, not mood as the defining feature. Delusional disorder focuses on fixed false beliefs with little or no mood disturbance. So the best description for a disturbance in thoughts or mood is mood disorder/bipolar.

**5. What fraction of veterans are not registered with the VA system?**

- A. 5 out of 18**
- B. 1 out of 5**
- C. 10 out of 20**
- D. 3 out of 15**

Expressing a portion of veterans who are not registered as a fraction lets you compare that group to the whole. If the target proportion is about 28%, the fraction that matches this in a sample of 18 is five not-registered individuals, giving 5/18. This equals roughly 0.2778, or 27.8%, which is closest to 28%. The other options convert to 20% or 50%, which don't align with the stated proportion. Since 5/18 is already in simplest terms, it correctly represents the not-registered portion.

**6. Who shares responsibility and directs policy and operations of VA on a daily basis?**

- A. Deputy Secretary of VA**
- B. Secretary of VA**
- C. Director of LETC**
- D. Director of VA Police Services**

The daily direction of VA's policy and operations is handled by the Deputy Secretary, who acts as the second-in-command to the Secretary and runs the agency's day-to-day management. The Secretary sets overall policy and acts as the top civilian leader, but the Deputy Secretary translates that policy into action, oversees ongoing programs, and ensures operations run smoothly. The Director of LETC oversees a single training center, and the Director of VA Police Services oversees a specific service area within VA, not the entire department. So, the Deputy Secretary is the best answer.

**7. Director of Police Services**

- A. Frederick Jackson**
- B. Dr. James Ward**
- C. Asst. Secretary for Operations**
- D. Michael Franklin**

In this type of question, you're looking for the person who actually holds the specified leadership title, the one who directly oversees that area. The Director of Police Services is the top authority responsible for police operations, safety, and related policy within the agency. Michael Franklin is the individual whose role aligns with that title, so he is the best match for Director of Police Services. The other names correspond to different positions or individuals not identified with that specific title in this context, such as someone in a separate role like the Asst. Secretary for Operations, which is a different level or area of responsibility.

**8. Which factor is most directly associated with hostility in service environments?**

- A. Deployments to hostile environments**
- B. Crisis line**
- C. Coping skills**
- D. Support system**

Hostility in service environments is most directly tied to being deployed to hostile, high-stress settings. Ongoing exposure to danger, unpredictability, and constant vigilance can trigger hypervigilance, irritability, and aggressive responses that spill into daily interactions. A crisis line, coping skills, and a strong support system are protective resources that help manage stress and reduce hostility, rather than creating it. So, deployments to hostile environments are the factor most closely linked to hostile behavior in service contexts.

**9. Which statement best describes the relationship between professional behavior and the tools used in the field, as indicated in the material?**

**A. Professional Presence**

**B. OC**

**C. Deadly Force**

**D. Summarize**

Professional presence shapes how you carry out and justify your actions with any tool in the field. Your bearing, communication, tone, and situational awareness convey authority and restraint, which helps you choose the right level of response and use tools—such as commands, barriers, or—and only as needed. When you project professional presence, you're more likely to de-escalate, maintain control, and gain cooperation, making the use of tools safe and appropriate. OC, deadly force, and summarizing are specific tools or tasks rather than the relationship between behavior and tool use. OC and deadly force are options that may be employed, but they're not about how professional behavior interacts with tools; summarizing is a communication task and not about tool use at all.

**10. Which of the following is a step to take if being harassed?**

**A. Tell harasser to stop**

**B. All of the above**

**C. Document harassment**

**D. Talk to others at work**

Harassment is something you address on multiple levels: stop the behavior, create a clear record, and involve others who can support and escalate as needed. First, telling the harasser to stop communicates a direct boundary and signals that the behavior is not acceptable. Do this calmly and clearly, preferably in a way that can be documented, since a verbal boundary can be more effective when followed by a note to yourself or a supervisor. Next, documenting harassment is essential. Note what happened, when, where, exactly what was said or done, and who else was present or who witnessed it. Include any messages, emails, or social media posts. This record provides a solid foundation for investigations or formal complaints and helps protect you if the behavior continues. Finally, talking to others at work—such as a supervisor, HR, or a trusted colleague—helps ensure the issue is officially acknowledged and addressed. It provides support, may yield witnesses, and starts the formal process so the organization can respond according to policy. When you combine these steps, you cover immediate safety and boundary-setting, build a credible record, and activate the appropriate channels for resolution. That's why addressing harassment with all of these actions together is the best approach.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://valetcweek1.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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