

Veterans Affairs (VA) Law Enforcement Training Center (LETC) Week 1 Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Approximately how many veterans die by suicide each day?**
 - A. 5 a day**
 - B. 10 a day**
 - C. 18+ a day**
 - D. 25+ a day**

- 2. Which military-related factor stands out as a risk factor for veterans?**
 - A. MST**
 - B. Eye color**
 - C. Favorite food**
 - D. Height**

- 3. Which universal truth corresponds to five times when words fail?**
 - A. Universal Truth 5**
 - B. Universal Truth 1**
 - C. S.A.F.E.R**
 - D. Daily operations**

- 4. What is described as the dynamic of behavior?**
 - A. Behavior influenced by both internal and external factors**
 - B. Behavior solely determined by genetics**
 - C. Behavior is random and uncontrollable**
 - D. Behavior is only environmental**

- 5. Diversity refers to differences in people including styles, backgrounds, values, and beliefs. Which option best reflects this definition?**
 - A. The difference in people including styles, backgrounds, values, and beliefs**
 - B. Only race and gender**
 - C. A fixed set of traits**
 - D. Uniform culture**

- 6. ICARE stands for which of the following descriptions?**
- A. Five Core Values**
 - B. Integrity, Commitment, Advocacy, Respect and Excellence**
 - C. Integrity, Courage, Accountability, Respect, Excellence**
 - D. Integrity, Commitment, Advocacy, Respect, and Excellency**
- 7. Which action is listed as a step for officer safety when dealing with an EDP?**
- A. Break into the room immediately**
 - B. Yell commands to control**
 - C. Use force first**
 - D. Be aware of the environment**
- 8. Which VA official facilitates & integrates VA's comprehensive emergency management 'All Hazards Program'?**
- A. Secretary of VA**
 - B. Asst. Secretary for operations, security and preparedness**
 - C. Director of LETC**
 - D. Top Cop**
- 9. Which Executive Order created the Veterans Administration?**
- A. Executive Order 5398**
 - B. Executive Order 1234**
 - C. Executive Order 9876**
 - D. Executive Order 6753**
- 10. The material states that the Goal of Law Enforcement is to generate which of the following?**
- A. Difficult**
 - B. Nice**
 - C. 2 Faced**
 - D. Compliance**

Answers

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1. C
2. A
3. A
4. A
5. B
6. B
7. D
8. B
9. A
10. A

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Explanations

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1. Approximately how many veterans die by suicide each day?

- A. 5 a day
- B. 10 a day
- C. 18+ a day**
- D. 25+ a day

Understanding how many veterans die by suicide each day helps grasp the scale of the issue. Current official estimates place the daily toll at roughly 17-18 veterans. Saying “eighteen or more per day” reflects that range and acknowledges that the daily average isn’t a fixed number but hovers around that level year to year. These figures come from VA’s annual veteran suicide prevention reports, which compile deaths and convert them into a daily average. So the best choice is the one that states about eighteen per day or more, since it aligns with the widely cited estimate. The other options are noticeably lower or higher than the established range.

2. Which military-related factor stands out as a risk factor for veterans?

- A. MST**
- B. Eye color
- C. Favorite food
- D. Height

The main concept is that certain experiences tied to military service can act as risk factors for veterans, particularly affecting mental health. Military Sexual Trauma is a clear example: experiencing sexual harassment or assault during service is linked to higher rates of PTSD, depression, anxiety, and other mental health and functioning problems, and it can also create barriers to seeking help. That makes MST a military-related risk factor, which is why it’s the standout option. The other choices—eye color, favorite food, and height—are not connected to veterans’ military experiences or to health risks in this context, so they don’t serve as meaningful risk factors.

3. Which universal truth corresponds to five times when words fail?

- A. Universal Truth 5**
- B. Universal Truth 1
- C. S.A.F.E.R
- D. Daily operations

The clue points to the number that matches the situation described. “Five times when words fail” signals the fifth universal truth. In this framework each universal truth is identified by its number, and the cue indicates the scenario tied to the fifth truth. The other options don’t fit because they refer to different truths or to unrelated concepts (like S.A.F.E.R or routine daily operations) that aren’t prompted by the phrase about words failing.

4. What is described as the dynamic of behavior?

- A. Behavior influenced by both internal and external factors**
- B. Behavior solely determined by genetics**
- C. Behavior is random and uncontrollable**
- D. Behavior is only environmental**

Behavior is dynamic because actions come from the interaction of what's inside a person with what's happening outside them. Internal factors include thoughts, feelings, values, motivations, and biology, while external factors cover the surrounding environment, social cues, rules, and training. When these elements influence each other, behavior can change from one situation to another and over time. For example, a trainee might feel anxious internally, but how they respond can vary depending on the drill, supervision, or peer support they're experiencing at the moment. That shows why the best description is that behavior is influenced by both internal and external factors. The other ideas present an overly narrow view: behavior isn't determined solely by genetics, nor is it random and uncontrollable, nor is it only environmental. Each of those ignores the real interplay between who someone is inside and the situation they're in.

5. Diversity refers to differences in people including styles, backgrounds, values, and beliefs. Which option best reflects this definition?

- A. The difference in people including styles, backgrounds, values, and beliefs**
- B. Only race and gender**
- C. A fixed set of traits**
- D. Uniform culture**

Diversity is about recognizing differences among people across many dimensions—styles, backgrounds, values, beliefs, and more—not just a few attributes. It's a broad concept that includes how people differ in many aspects of who they are. The option that best reflects this is the one that directly states differences in people including styles, backgrounds, values, and beliefs, because it matches the full scope of what diversity encompasses. The other choices are too narrow or imply sameness: focusing only on race and gender ignores other differences; describing a fixed set of traits suggests rigidity; and a uniform culture implies no diversity at all.

6. ICARE stands for which of the following descriptions?

- A. Five Core Values**
- B. Integrity, Commitment, Advocacy, Respect and Excellence**
- C. Integrity, Courage, Accountability, Respect, Excellence**
- D. Integrity, Commitment, Advocacy, Respect, and Excellency**

ICARE is a set of five values that guide behavior in VA law enforcement training and practice. The correct description lists Integrity, Commitment, Advocacy, Respect, and Excellence. This exact lineup matches the ICARE mnemonic, and each value directs how officers should act: integrity in all actions, commitment to duty and teammates, advocacy for veterans and their needs, respect for everyone, and excellence in performance and service. Other options don't fit because they replace or omit one of these terms or use an incorrect ending, such as Excellency. The important takeaway is the specific five words that make up the ICARE acronym.

7. Which action is listed as a step for officer safety when dealing with an EDP?

- A. Break into the room immediately**
- B. Yell commands to control**
- C. Use force first**
- D. Be aware of the environment**

Dealing with an emotionally distressed person requires keeping the scene in mind at all times. Being aware of the environment gives you the critical information you need to stay safe: where exits and cover are, what hazards or weapons might be present, where bystanders or family members are, and how furniture or doors could affect your approach or retreat. With that awareness you can position yourself to maintain options, reduce the chance of a surprise, and adjust your plan as the situation evolves, all while you use calm communication and de-escalation techniques. Actions like rushing in, issuing commands aggressively, or using force first can quickly raise risk and make control harder; awareness of the environment lays the groundwork for safer, more effective decision-making.

8. Which VA official facilitates & integrates VA's comprehensive emergency management 'All Hazards Program'?

- A. Secretary of VA**
- B. Asst. Secretary for operations, security and preparedness**
- C. Director of LETC**
- D. Top Cop**

The key idea is who has the cross-cutting leadership to pull VA's emergency management efforts together. The person responsible is the Assistant Secretary for Operations, Security and Preparedness. This role oversees the operational, security, and preparedness functions across VA, making it the position that coordinates and integrates the entire All Hazards Program—from planning and training to response and continuity of operations—so VA components work cohesively during any event. The Secretary of VA is the department head but doesn't manage the day-to-day integration across all VA programs; the Director of LETC runs a specific training center; and "Top Cop" isn't a VA official title.

9. Which Executive Order created the Veterans Administration?

- A. Executive Order 5398**
- B. Executive Order 1234**
- C. Executive Order 9876**
- D. Executive Order 6753**

This question tests knowledge of how the Veterans Administration was formed within the federal government, specifically via a presidential action that brought all veterans' benefits and services under one umbrella agency. Executive Order 5398 created the Veterans Administration, establishing it as the centralized body responsible for coordinating and administering veterans' benefits and services such as compensation, pensions, education, medical care, and burial benefits. This move streamlined how veterans' programs were run, moving them from scattered efforts into a single agency structure. As a result, the VA later evolved over time and eventually became the Department of Veterans Affairs in 1989, but the initial creation as a unified agency came from that executive order.

10. The material states that the Goal of Law Enforcement is to generate which of the following?

- A. Difficult**
- B. Nice**
- C. 2 Faced**
- D. Compliance**

The main idea here is deterrence: how law enforcement intends to shape behavior by making unlawful actions costly or challenging to pull off. The material frames the goal as creating a situation where illegal activity is difficult to carry out because of authority, rules, and likely consequences. When potential offenders perceive enforcement as firm and consistent, the obstacles and risks of wrongdoing rise, making it harder for them to succeed. That's why the choice about generating difficulty best matches the described aim. The other options don't fit as well: being nice isn't about enforcing order; "2 Faced" isn't relevant to the objective; while compliance is the result we want, the material emphasizes the mechanism—making it difficult for noncompliance to pay off.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://valetcweek1.examzify.com>

We wish you the very best on your exam journey. You've got this!

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