

USCG HEALTH SERVICES (HS) SWE PRACTICE EXAM (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. Who develops QIIGs?

- A. The medical staff
- B. The base command quality assurance office
- C. The unit's quality improvement committee
- D. The Navy medical service headquarters

2. Which CIM is associated with directives review in the excerpt?

- A. CIM 5215.6
- B. CIM 6000.1
- C. CIM 5810.1
- D. CIM 6240.4

3. The AAAHC application asks why are you seeking accreditation and why did you choose AAAHC. What is the appropriate answer?

- A. Include the contract established by CG-1122, CG Headquarters, Quality and Performance Improvement Division.
- B. Provide a generic quality statement
- C. Focus on staff credentials
- D. Avoid mentioning contracts

4. Do you salute NOAA Officers?

- A. Yes
- B. No
- C. Only during official ceremonies
- D. Only when in full dress uniform

5. A member has an NJP punishment record from four years ago. Is the member still eligible for appointment to warrant grade?

- A. Yes
- B. No
- C. Only if it was a minor offense
- D. Only if approved by a special board

- 6. What term describes the level represented by the Health services allowance list?**
- A. maximum
 - B. minimum
 - C. average
 - D. expected
- 7. How long is a separation physical from another service valid for applying to enlist in the Coast Guard?**
- A. 12 months
 - B. 6 months
 - C. 18 months
 - D. 24 months
- 8. Are friends and family allowed to be present during a medical examination?**
- A. Yes, they may be present and substitute as chaperones
 - B. They may be present but are not substitutes for a chaperone
 - C. They are never allowed to be present
 - D. Only a designated clinic nurse may be present
- 9. Which statement is NOT a criterion for religious headgear?**
- A. It must be style and size that can be completely covered by military headgear.
 - B. It must be black or match hair color.
 - C. It must be portable during physical training.
 - D. It must not have any writing or symbols on it.
- 10. This application tracks aviation-specific training tasks/competencies.**
- A. Aviation Logistics Management Information System (ALMIS)
 - B. Aviation Training Tracking System (ATTS)
 - C. Aviation Records Management System (ARMS)
 - D. Aircraft Certification Tracking System (ACTS)

Answers

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1. C
2. A
3. A
4. A
5. A
6. B
7. A
8. B
9. C
10. A

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Explanations

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1. Who develops QIIGs?

- A. The medical staff
- B. The base command quality assurance office
- C. The unit's quality improvement committee**
- D. The Navy medical service headquarters

Quality improvement initiatives are driven at the unit level, with ownership sitting with the unit's quality improvement committee. This committee has the closest view of the unit's workflows, performance gaps, and daily patient care processes, so it's best positioned to develop targeted QIIGs (Quality Improvement Implementation Groups) that address real, local needs. They can coordinate across disciplines, gather relevant data, and implement changes within the unit's specific context, then monitor outcomes. Higher-level offices, like the base command QA or Navy Medical Service HQ, provide policies, standards, and oversight, but they don't originate unit-specific QIIGs. Medical staff may contribute as part of the team, but the formal development and ownership of QIIGs rests with the unit's quality improvement committee.

2. Which CIM is associated with directives review in the excerpt?

- A. CIM 5215.6**
- B. CIM 6000.1
- C. CIM 5810.1
- D. CIM 6240.4

Directives review is governed by the CIM that codifies how Coast Guard directives are reviewed, updated, approved, and distributed. In the excerpt, the described process—who reviews changes, how often reviews occur, and how updates are disseminated to personnel—fits the scope of CIM 5215.6. That alignment makes it the best match for directives review. The other CIMs pertain to different topics, so they don't fit the directives-review context.

3. The AAAHC application asks why are you seeking accreditation and why did you choose AAAHC. What is the appropriate answer?

- A. Include the contract established by CG-1122, CG Headquarters, Quality and Performance Improvement Division.**
- B. Provide a generic quality statement
- C. Focus on staff credentials
- D. Avoid mentioning contracts

The idea being tested is tying an accreditation effort to an official Coast Guard mandate and oversight. When the AAAHC application asks why you're seeking accreditation and why AAAHC, the strongest answer shows there is formal authorization guiding the decision. Including the contract established by CG-1122, CG Headquarters, Quality and Performance Improvement Division does that. It demonstrates that the pursuit of accreditation is not just a generic quality aim but is grounded in an official Coast Guard directive and oversight by the HQ QPI Division. This provides a legitimate, auditable basis for choosing AAAHC and confirms you're aligning with CG requirements. A generic quality statement is too vague to show official backing or the specific reason for AAAHC selection. Focusing on staff credentials doesn't address why accreditation is being pursued or why this particular accrediting body was chosen. Avoiding mention of contracts misses the formal authority that validates the process and the choice.

4. Do you salute NOAA Officers?

- A. Yes
- B. No
- C. Only during official ceremonies
- D. Only when in full dress uniform

Saluting commissioned officers from any uniformed service is standard courtesy. NOAA officers belong to the NOAA Commissioned Officer Corps, a uniformed service with commissioned ranks and uniforms. Because of their status as commissioned officers, you salute them just as you would Coast Guard, Navy, or other Service officers when you encounter them in uniform or performing official duties. It's a sign of respect for their authority and leadership, reflecting cross-service etiquette that applies to all commissioned officers. If you're out of uniform, follow your command's policy, but in uniform, a proper salute is expected.

5. A member has an NJP punishment record from four years ago. Is the member still eligible for appointment to warrant grade?

- A. Yes
- B. No
- C. Only if it was a minor offense
- D. Only if approved by a special board

A past NJP does not automatically bar someone from being appointed to warrant grade. The key idea is current suitability and overall record, not how long ago the NJP happened. Four years with no further disciplinary actions suggests the member has shown stability and good conduct, so they remain eligible to be considered for warrant grade. The selection process weighs the whole record and rehabilitation over time, rather than stamping someone as ineligible forever because of an NJP. There isn't an automatic requirement for a special board solely because of an NJP from years ago, and the notion that it depends on the offense being minor isn't a hard rule—the important factor is the lack of ongoing issues and demonstrated improvement.

6. What term describes the level represented by the Health services allowance list?

- A. maximum
- B. minimum
- C. average
- D. expected

An allowance list specifies the resources needed to meet defined health service standards, and the level it represents is the minimum required to maintain capability. This baseline ensures essential care can be delivered even in the leanest conditions, and it serves as the floor for budgeting, staffing, and replenishment. Choosing the minimum reflects that intent: it sets the lowest acceptable level of staffing, equipment, or supplies necessary to sustain operations. Maximum would be an upper limit not indicating required readiness, average would be a mid-point rather than a mandated baseline, and expected would imply a forecast rather than a mandated floor.

7. How long is a separation physical from another service valid for applying to enlist in the Coast Guard?

- A. 12 months**
- B. 6 months
- C. 18 months
- D. 24 months

The test is checking how long a separation physical stays usable to prove medical fitness for enlistment. A separation physical is a medical snapshot taken when you leave active service, and the Coast Guard allows that document to be used for enlistment only if it's still current. Specifically, it's valid for 12 months from the date of separation. Within that year, you can rely on it to show you meet medical standards without starting a new exam. After 12 months, a fresh medical evaluation is typically required to confirm you remain eligible.

8. Are friends and family allowed to be present during a medical examination?

- A. Yes, they may be present and substitute as chaperones
- B. They may be present but are not substitutes for a chaperone**
- C. They are never allowed to be present
- D. Only a designated clinic nurse may be present

The key idea is the difference between emotional support and the formal responsibility of a chaperone. Friends or family can be present to provide comfort and support during a medical exam if the patient wishes and privacy policies allow. However, they are not trained to serve as a chaperone and cannot take on that protective, observational role. A chaperone is a designated, typically trained staff member who ensures appropriate conduct, protects patient privacy, and can assist if any concerns arise during the examination. So while a patient may have a family member or friend present for support, that person cannot substitute for a formal chaperone. The other options either imply that family can always substitute the chaperone, that they are never allowed, or that only a nurse may be present, which misstates the balance between support and formal chaperone requirements.

9. Which statement is NOT a criterion for religious headgear?

- A. It must be style and size that can be completely covered by military headgear.
- B. It must be black or match hair color.
- C. It must be portable during physical training.**
- D. It must not have any writing or symbols on it.

Religious headgear is evaluated by how well it fits under the military uniform while staying safe and unobtrusive. The statement that isn't a criterion is the idea that the headgear must be portable during physical training. The policy focuses on whether the item can be fully covered by the standard headgear, keeps a low profile by matching color or hair, and has no writing or symbols that could be distracting or improper in a military setting. If the headwear is styled and sized to be completely concealed under the helmet or cap, it won't disrupt the uniform's look. Keeping it black or matching the wearer's hair color helps maintain uniformity and minimizes attention. Prohibiting writing or symbols prevents distracting messages or endorsement of beliefs. The notion of portability during physical training isn't listed as a requirement, since the guidance centers on appearance, safety, and neutrality rather than how easily the item can be carried during exercise.

10. This application tracks aviation-specific training tasks/competencies.

A. Aviation Logistics Management Information System (ALMIS)

B. Aviation Training Tracking System (ATTS)

C. Aviation Records Management System (ARMS)

D. Aircraft Certification Tracking System (ACTS)

ALMIS, the Aviation Logistics Management Information System, is the system used to track aviation-specific training tasks and competencies. It goes beyond just keeping maintenance and parts data; it ties training requirements to aircraft and aircrew roles, recording who completed each task, monitoring currency and certification dates, and enabling leaders to verify that crews are qualified for the missions they're assigned. This integrated approach supports readiness by ensuring personnel meet the required competencies before operating aircraft. The other systems are aimed at different functions: a dedicated training-tracking tool would focus narrowly on training records; a records management system handles general documentation; and an aircraft certification tracking system concentrates on the aircraft's own certifications rather than the crew's training status.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://uscghsswe.examzify.com>

We wish you the very best on your exam journey. You've got this!

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