

U.S. COAST GUARD BOOT CAMP PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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THE FULL VERSION STUDY GUIDE

<https://uscoastguardbootcamp.examzify.com>



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. Which code word is used for the letter J?
 - A. Alpha
 - B. Juliet
 - C. Bravo
 - D. Delta
2. Which three components typically comprise the Coast Guard boot camp physical fitness test (PFT)?
 - A. Push-ups, Pull-ups, and a 1.5-mile run.
 - B. Push-ups, Sit-ups, and a 1-mile run.
 - C. Push-ups, Sit-ups, and a 1.5-mile run.
 - D. Sit-ups, Push-ups, and a 1.5-mile run.
3. What is the phonetic code word for the letter U?
 - A. Uniform
 - B. Victor
 - C. Whiskey
 - D. X-ray
4. In the glossary, the term 'Room' is defined as which of the following?
 - A. Compartment
 - B. Head
 - C. Room
 - D. Bathroom
5. Which code word represents the letter B?
 - A. Charlie
 - B. Bravo
 - C. Echo
 - D. Alpha
6. Which code word corresponds to the letter Q?
 - A. Kilo
 - B. Lima
 - C. Quebec
 - D. November

7. What is the primary marine radio channel used for calling and distress?

- A. Channel 9
- B. Channel 13
- C. Channel 16 (VHF-FM)
- D. Channel 22

8. Which term is used when a ship is actively moving and not tied to a dock?

- A. In Port
- B. Underway
- C. Moored
- D. Aground

9. Which term is defined as a recruit progress documentation slip?

- A. Quarterdeck
- B. Performance tracker
- C. Galley
- D. Eyes on the boat

10. Which letter uses the code word 'Hotel'?

- A. Hotel
- B. Golf
- C. Echo
- D. Delta

Answers

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1. B
2. C
3. A
4. A
5. B
6. C
7. C
8. B
9. B
10. A

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Explanations

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1. Which code word is used for the letter J?

- A. Alpha
- B. Juliet**
- C. Bravo
- D. Delta

In the radio phonetic alphabet used for clear communication, each letter has a distinct code word to prevent confusion in noisy conditions. For the letter J, the code word is Juliet. Saying Juliet instead of just saying the letter J helps ensure that J isn't mistaken for nearby letters when transmitted over the radio. For example, if you were spelling a word like JOG, you'd say Juliet Oscar Golf to spell it out clearly. That's why Juliet is the correct choice for representing the letter J.

2. Which three components typically comprise the Coast Guard boot camp physical fitness test (PFT)?

- A. Push-ups, Pull-ups, and a 1.5-mile run.
- B. Push-ups, Sit-ups, and a 1-mile run.
- C. Push-ups, Sit-ups, and a 1.5-mile run.**
- D. Sit-ups, Push-ups, and a 1.5-mile run.

The Coast Guard boot camp physical fitness test focuses on three fitness areas: upper-body strength, core endurance, and cardiovascular endurance. Push-ups measure upper-body strength and muscular endurance, sit-ups assess core endurance, and running 1.5 miles tests sustained cardiovascular fitness. This combination—push-ups, sit-ups, and a 1.5-mile run—is the standard set for the PFT, so the distance and exercises align with Coast Guard practice. The option that includes pull-ups isn't part of the Coast Guard PFT, and the one with a 1-mile run uses an incorrect distance. The three components listed in the other choice are the same exercises, just in a different order, but the official combination is push-ups, sit-ups, and a 1.5-mile run.

3. What is the phonetic code word for the letter U?

- A. Uniform**
- B. Victor
- C. Whiskey
- D. X-ray

In radio communication, each letter uses a distinct code word to avoid mistakes when voices are unclear. For the letter U, the code word is Uniform. This is the standard term in the NATO phonetic alphabet used by the Coast Guard, chosen because it's distinctly different from other sounds and easy to hear over noise. Other words mentioned correspond to other letters—Victor for V, Whiskey for W, and X-ray for X—so Uniform is the correct one for U.

4. In the glossary, the term 'Room' is defined as which of the following?

A. Compartment

B. Head

C. Room

D. Bathroom

In shipboard language, a space on a vessel is described as an enclosed area separated from others by bulkheads—that enclosed space is called a compartment. The glossary uses "Room" to refer to that same idea of a defined, enclosed space, so the best matching term is Compartment. This helps distinguish it from the toilet-related terms: the head is the ship's toilet, while bathroom is a general term not typically used in nautical jargon. So, when you see Room in a glossary, think of it as a specific enclosed space on a ship—the compartment.

5. Which code word represents the letter B?

A. Charlie

B. Bravo

C. Echo

D. Alpha

In radio and maritime communications, the NATO phonetic alphabet assigns a distinct code word to each letter to ensure the letter is heard correctly, even in noisy conditions. The letter B is spoken as Bravo, which is why Bravo is the right choice. This system prevents mishearing similar-sounding letters during calls or distress signals. The other options are code words used for different letters, so they don't represent B.

6. Which code word corresponds to the letter Q?

A. Kilo

B. Lima

C. Quebec

D. November

Code words in the NATO phonetic alphabet are used to spell out letters over radio to avoid miscommunication. For the letter Q, the code word is Quebec, which helps listeners clearly identify the letter even if the audio is unclear. The other options correspond to different letters: Kilo for K, Lima for L, and November for N. So Quebec is the correct match for Q.

7. What is the primary marine radio channel used for calling and distress?

- A. Channel 9
- B. Channel 13
- C. Channel 16 (VHF-FM)**
- D. Channel 22

Channel 16 on VHF-FM is the primary marine radio channel for calling and distress. It's the international standard that all vessels and Coast Guard stations monitor continuously, so a hailing or emergency transmission will be heard promptly. When you need to contact another vessel or summon help, you initiate on Channel 16; once contact is established, you switch to a working channel to carry out the conversation. Other channels exist for non-emergency calling or ship-to-ship dialogue, but they are not designated for distress, which is why Channel 16 is the best and most important choice. In an emergency, you'd begin with a Mayday call on Channel 16 to ensure immediate attention.

8. Which term is used when a ship is actively moving and not tied to a dock?

- A. In Port
- B. Underway**
- C. Moored
- D. Aground

Underway is the state of a vessel that is not tied to a dock and is in motion. In maritime usage, a ship is considered underway when it is in the water and not resting at anchor, moored, or beached. This describes the active moving condition you're asking about, where the engines (or sails) are driving the ship, as opposed to being secured to shore or stuck on the bottom. To contrast, being in port simply means the ship is within harbor limits and may be stationary at a pier or buoyed area. Moored means the vessel is secured to a mooring or dock, fixed in place. Aground means the ship rests on the seabed and cannot move until refloated.

9. Which term is defined as a recruit progress documentation slip?

- A. Quarterdeck
- B. Performance tracker**
- C. Galley
- D. Eyes on the boat

In boot camp, tracking how a recruit is performing is done with a formal record that logs progress, tasks completed, areas needing improvement, and any coaching given. This recruit progress documentation slip is best described as a performance tracker, because it provides a concise, standardized snapshot of how the recruit is developing over time and what steps are needed to improve. The other terms refer to places or phrases on a ship (like the area of the deck, the kitchen, or a watch command) rather than a formal document used to monitor and guide a recruit's progress.

10. Which letter uses the code word 'Hotel'?

A. Hotel

B. Golf

C. Echo

D. Delta

In the NATO phonetic alphabet, each letter has a specific spoken code word. Hotel is the code word for the letter H. The question asks which letter uses that code word, so the correct choice is the one that lists Hotel, because that directly maps to H. Golf, Echo, and Delta correspond to G, E, and D respectively, so they don't match Hotel.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://uscoastguardbootcamp.examzify.com>

We wish you the very best on your exam journey. You've got this!

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