# U.S. Army Promotion Board - Army Programs Practice Test (Sample)

**Study Guide** 



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## **Questions**



- 1. How does AER provide financial assistance?
  - A. Only through loans
  - **B.** Only through grants
  - C. Either loans or grants, or both
  - D. Through community service
- 2. How does the Army treat victims of sexual assault?
  - A. With indifference
  - B. With dignity and respect
  - C. As less important than the offender
  - D. By ignoring their allegations
- 3. What is the Army's stance on sexual assault?
  - A. It is a minor offense
  - B. It has no place in the Army
  - C. It is sometimes acceptable
  - D. It only pertains to field operations
- 4. Which command responsibility is NOT included in maintaining the Army's Sexual Assault Prevention and Response Program?
  - A. Promote social events to build morale
  - B. Ensure personnel are familiar with the Army policy on sexual harassment
  - C. Monitor and assess sexual harassment prevention policies
  - D. Take action to investigate sexual harassment complaints
- 5. What DA Form is used to transmit sponsorship requirements to gaining commands?
  - A. DA Form 5434
  - **B. DA Form 5434-E**
  - **C. DA Form 1234**
  - **D. DA Form 4567**

- 6. What is the AER Motto?
  - A. Helping Soldiers in Need
  - **B.** Helping the Army Serve Its Members
  - C. Helping the Army Take Care Of its Own
  - D. Helping Families of the Brave
- 7. What factor accounts for the majority of accidents?
  - A. Negligence
  - **B.** Carelessness
  - C. Speeding
  - D. Inattention
- 8. Which of the following is NOT a common safety feature found in barracks?
  - A. Fire extinguishers
  - B. First aid kits
  - C. Emergency lighting
  - D. Cooking facilities
- 9. In what manner can AER assistance affect a Soldier's future service?
  - A. It can improve their chances for promotion
  - B. It can result in automatic retraining
  - C. It can affect eligibility for future assistance
  - D. It has no effect whatsoever
- 10. What role do unit commanders play in the ASAP?
  - A. They are responsible for physical training
  - B. They must refer Soldiers who may need rehabilitation
  - C. They handle all psychological assessments
  - D. They organize social events for Soldiers

### **Answers**



- 1. C 2. B
- 3. B
- 3. B 4. A 5. A 6. C 7. B 8. D 9. C 10. B



## **Explanations**



#### 1. How does AER provide financial assistance?

- A. Only through loans
- **B.** Only through grants
- C. Either loans or grants, or both
- D. Through community service

The Army Emergency Relief (AER) program is designed to provide financial assistance to soldiers and their families in a variety of situations, including emergencies and unforeseen circumstances. AER provides this assistance in the form of both loans and grants, allowing for flexibility depending on the individual needs of the service member. Loans are typically offered to those who require funds that they plan to repay, while grants are provided for situations where repayment may not be feasible, offering immediate relief without the burden of debt. This dual approach ensures that AER can meet a broad spectrum of financial needs, such as for housing expenses, medical bills, and other critical financial emergencies. Other options, such as focusing solely on loans or grants or specifying services that do not pertain to financial assistance, do not accurately reflect the program's comprehensive approach to supporting military families in need. The correct answer highlights the diverse methods through which AER can assist, reinforcing its mission to provide timely and effective help to those who serve.

#### 2. How does the Army treat victims of sexual assault?

- A. With indifference
- B. With dignity and respect
- C. As less important than the offender
- D. By ignoring their allegations

The Army treats victims of sexual assault with dignity and respect, recognizing the significant impact such trauma can have on individuals. This approach is embedded in Army policy and reflects a commitment to fostering a supportive environment where victims can feel safe and validated. By prioritizing dignity and respect, the Army aims to encourage reporting of incidents and facilitate access to necessary support services, such as counseling and legal assistance. This stance underscores the seriousness of sexual assault within the military and reflects an understanding of the need for a compassionate response to victims' allegations, rather than minimizing their experiences or overlooking the gravity of the situation. This response is crucial for maintaining trust within the ranks and ensuring the well-being of all soldiers.

- 3. What is the Army's stance on sexual assault?
  - A. It is a minor offense
  - B. It has no place in the Army
  - C. It is sometimes acceptable
  - D. It only pertains to field operations

The Army's stance on sexual assault is unequivocal: it has no place in the Army. This perspective is rooted in a commitment to preserving a respectful and safe environment for all service members. The Army acknowledges that sexual assault undermines unit cohesion, morale, and operational effectiveness, which is why it has established robust policies and training programs aimed at prevention, response, and support for victims. This stance is demonstrated through various initiatives, including the Army's implementation of the Sexual Harassment/Assault Response and Prevention (SHARP) program, which emphasizes the importance of creating an Army free from sexual harassment and assault, encouraging reporting, and fostering a culture of dignity and respect. Such policies highlight the Army's seriousness in addressing this issue, reinforcing that sexual assault is not merely an infraction but an offense that contradicts Army values and ethics.

- 4. Which command responsibility is NOT included in maintaining the Army's Sexual Assault Prevention and Response Program?
  - A. Promote social events to build morale
  - B. Ensure personnel are familiar with the Army policy on sexual harassment
  - C. Monitor and assess sexual harassment prevention policies
  - D. Take action to investigate sexual harassment complaints

The responsibility of promoting social events to build morale is not directly linked to the core functions of the Sexual Assault Prevention and Response Program. This program is primarily focused on ensuring that personnel understand and follow the Army's policies regarding sexual harassment and assault, as well as maintaining a safe environment for all soldiers. Key responsibilities within the program include ensuring that personnel are informed about the policies on sexual harassment, which fosters an understanding of acceptable behavior and reinforces a culture of respect. Additionally, monitoring and assessing the effectiveness of prevention policies and taking action to investigate complaints are essential components that help address and mitigate issues related to sexual harassment. Thus, while morale-building activities can be beneficial for overall unit cohesion, promoting social events falls outside the specific command responsibilities associated with this program.

# 5. What DA Form is used to transmit sponsorship requirements to gaining commands?

- A. DA Form 5434
- **B. DA Form 5434-E**
- **C. DA Form 1234**
- **D. DA Form 4567**

The correct form used to transmit sponsorship requirements to gaining commands is the DA Form 5434. This form is specifically designed to facilitate the sponsorship process for soldiers transitioning to new duty stations. It provides the necessary information that the gaining command needs to ensure that incoming personnel are integrated smoothly into their new roles and locations. DA Form 5434 contains essential details such as personal data about the soldier, their family members, and any special needs or preferences related to their move. This structured method of communication helps commands to prepare adequately for the arrival of new personnel and assists in minimizing any potential disruptions during the transition. In contrast, the other forms listed do not serve this specific purpose. DA Form 5434-E is an alternative version of the same form but tailored for specific use scenarios or languages. DA Form 1234 and DA Form 4567 do not relate to the sponsorship process at all, indicating their usage is for different administrative tasks within the Army. Understanding the specific function of each DA Form is crucial for effective communication and operational efficiency within the military framework.

#### 6. What is the AER Motto?

- A. Helping Soldiers in Need
- **B.** Helping the Army Serve Its Members
- C. Helping the Army Take Care Of its Own
- D. Helping Families of the Brave

The motto "Helping the Army Take Care Of its Own" accurately captures the essence of the Army Emergency Relief (AER) program. This motto reflects the organization's primary mission of providing financial assistance to soldiers and their families in times of need. AER is designed to support members of the Army and their dependents during emergencies, such as unexpected medical expenses, housing needs, or disaster relief. The phrase emphasizes the commitment to looking after fellow soldiers and their families, which is a cornerstone of military values. It illustrates the Army's dedication to ensuring that those who serve are not left without support during challenging times. This sense of camaraderie and responsibility is fundamental to the Army's ethos, making it a fitting motto for AER. The other options, while having their own meaningful intentions, do not encapsulate the direct mission and impact of AER as effectively as this motto does, which focuses on the obligation and unity within the Army community.

#### 7. What factor accounts for the majority of accidents?

- A. Negligence
- **B.** Carelessness
- C. Speeding
- D. Inattention

Carelessness is the factor that accounts for a significant number of accidents, primarily because it encompasses a variety of reckless or inattentive behaviors that contribute to unsafe situations. When individuals are careless, they may overlook critical safety protocols, fail to remain vigilant in their surroundings, or engage in activities that distract from the task at hand, leading to accidents. This is particularly prevalent in environments where focus and attention are paramount, such as while operating vehicles or handling equipment. While the other factors, such as negligence, speeding, and inattention, also contribute to accidents, carelessness is often a broader category that can include elements of those factors as well. For example, if a driver is speeding but does so carelessly, they are ignoring the responsibility to operate the vehicle safely. Hence, recognizing carelessness helps in understanding the underlying attitude and behavior patterns that lead to numerous accidents.

## 8. Which of the following is NOT a common safety feature found in barracks?

- A. Fire extinguishers
- B. First aid kits
- C. Emergency lighting
- **D.** Cooking facilities

Cooking facilities are not considered a common safety feature found in barracks primarily because they are not universally present in all barracks environments. Barracks are designed primarily for housing personnel, and individual cooking facilities can introduce safety hazards, such as the risk of fire or accidents related to cooking. The focus in barracks safety typically emphasizes features that ensure the health and safety of residents in a more controlled manner. On the other hand, fire extinguishers, first aid kits, and emergency lighting are essential safety features. Fire extinguishers are critical for quickly addressing any fire that may occur, allowing residents to react promptly and safely. First aid kits provide necessary supplies for treating minor injuries or medical emergencies, promoting the well-being of residents. Emergency lighting is crucial for ensuring visibility during power outages or emergencies, helping guide residents to safety effectively. These features are standardized across many military installations to maintain a high level of safety and preparedness for various situations.

- 9. In what manner can AER assistance affect a Soldier's future service?
  - A. It can improve their chances for promotion
  - B. It can result in automatic retraining
  - C. It can affect eligibility for future assistance
  - D. It has no effect whatsoever

AER assistance, or Army Emergency Relief, is designed to provide financial support to Soldiers and their dependents in times of need. The correct answer highlights that receiving AER assistance can affect a Soldier's eligibility for future assistance. This is crucial because the Army maintains a record of assistance granted to Soldiers. If a Soldier receives AER support, it underscores their financial hardships, which could influence subsequent requests for aid. Eligibility criteria may stipulate that those who have previously received assistance must demonstrate significant changes in their circumstances before qualifying for additional support. In contrast, the other options do not accurately reflect the impact of AER assistance. While improving chances for promotion may be beneficial, AER assistance does not directly influence a Soldier's promotion status. Retraining typically is not automatic and is based on individual career paths. Lastly, stating that AER assistance has no effect is inaccurate, as it clearly plays a role in setting precedents for future aid eligibility. Understanding this context is vital for Soldiers as they navigate their financial and career paths within the Army.

#### 10. What role do unit commanders play in the ASAP?

- A. They are responsible for physical training
- B. They must refer Soldiers who may need rehabilitation
- C. They handle all psychological assessments
- D. They organize social events for Soldiers

Unit commanders play a pivotal role in the Army Substance Abuse Program (ASAP), primarily by being responsible for identifying and referring Soldiers who may require rehabilitation services. This responsibility is critical because commanders are in a position to observe behaviors and performance issues that may indicate substance abuse problems among their Soldiers. By referring affected Soldiers to the appropriate resources for assessment and treatment, commanders help ensure that those in need receive the necessary support to address their substance abuse issues and promote a healthier unit overall. The emphasis on the commander's role in referrals underscores the proactive approach the Army takes towards maintaining operational readiness and the well-being of its personnel. The ASAP is designed to aid Soldiers in overcoming substance abuse challenges, and commanders act as the first line of defense in identifying potential issues and intervening appropriately. The other roles mentioned, such as handling psychological assessments or organizing social events, do not fall under the direct responsibilities of unit commanders within the context of the ASAP. While physical training may contribute to overall Soldier wellness, it is distinct from the specific action of referring Soldiers to rehabilitation, which is the central focus of the commander's responsibilities in this program.