

# University of Central Florida (UCF) SPA3104 Neural Bases of Communication Midterm Practice Exam (Sample)

Study Guide



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## Questions

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1. What is a primary function of the limbic system?
  - A. Motor control
  - B. Emotion and memory
  - C. Visual processing
  - D. Speech production
  
2. What is the beginning of an epilepsy attack called?
  - A. Seizure onset
  - B. Aura
  - C. Foci
  - D. Focus area
  
3. Which artery is part of the Circle of Willis?
  - A. Middle cerebral artery
  - B. Posterior communicating artery
  - C. Anterior communicating artery
  - D. Subclavian artery
  
4. What is the main function of the thalamus?
  - A. Regulates heart rate
  - B. Relays sensory information
  - C. Controls voluntary movements
  - D. Coordinates emotional responses
  
5. Which structure in the brain is known to be crucial for the initial focus of epilepsy?
  - A. Cortex
  - B. Medulla
  - C. Cerebellum
  - D. Hippocampus

6. Which aspect of social cognition is essential for effective communication?
- A. Knowledge of multiple languages
  - B. Ability to interpret emotions and intentions
  - C. Formal education in linguistics
  - D. Use of nonverbal signals
7. How do neurotransmitters affect neural circuits involved in communication?
- A. By minimizing the connections between neurons
  - B. By facilitating signal transmission
  - C. By causing confusion among synapses
  - D. By blocking absorption of information
8. What outcome results from improved social cognition in communication?
- A. Increases in technological dependence
  - B. Stronger emotional connections and interactions
  - C. Reduced need for language skills
  - D. Less reliance on nonverbal communication
9. What is the primary focus of social cognition in relation to communication?
- A. Understanding the rules of grammar
  - B. Recognizing social cues and emotions
  - C. Memorization of vocabulary
  - D. Improving phonetic skills
10. Aphasia is a result of a breakdown in which stage of the speech communication chain?
- A. Stage 1: Encoding
  - B. Stage 2: Symbolization
  - C. Stage 3: Transmission
  - D. Stage 4: Reception

## Answers

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1. B
2. B
3. C
4. B
5. D
6. B
7. B
8. B
9. B
10. B

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## Explanations

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## 1. What is a primary function of the limbic system?

- A. Motor control
- B. Emotion and memory
- C. Visual processing
- D. Speech production

The primary function of the limbic system is indeed related to emotion and memory. This structure encompasses several interconnected brain regions, such as the amygdala, hippocampus, and parts of the thalamus and hypothalamus, which play critical roles in how we process emotions, form memories, and respond to emotional stimuli. The amygdala is integral for the processing of emotions, particularly fear and pleasure, helping to assess and respond to emotional experiences. The hippocampus is essential for the formation of new memories and is involved in the processing and storage of information related to past experiences, which contributes to our emotional reactions. Therefore, when discussing the limbic system's primary function, the emphasis on its role in emotion and memory highlights its critical involvement in not only how we feel but also how those feelings are influenced by our memories. In contrast, other options relate to different brain systems or functions. Motor control is primarily governed by the basal ganglia and motor cortex. Visual processing is dominated by the occipital lobe, where visual information is interpreted. Speech production is mainly associated with areas such as Broca's area in the frontal lobe. Thus, the specific association of the limbic system with emotions and memory distinctly characterizes its primary function.

## 2. What is the beginning of an epilepsy attack called?

- A. Seizure onset
- B. Aura
- C. Foci
- D. Focus area

The beginning of an epilepsy attack is referred to as an "aura." This term is used specifically to describe the initial phase that some individuals experience prior to the onset of a seizure. An aura can manifest in various ways, including sensory changes such as visual distortions, unusual smells, or feelings of déjà vu. It's important to note that for some people, an aura can serve as an early warning sign that a seizure is about to occur, allowing them the opportunity to prepare or seek help. Other terms related to seizures may refer to different aspects of the seizure process. For example, "seizure onset" describes the exact moment a seizure begins, while "foci" and "focus area" relate to the specific regions in the brain where seizure activity originates. An aura, therefore, is the subjective experience that can precede a seizure, making it a distinct and critical moment in the context of epilepsy.

### 3. Which artery is part of the Circle of Willis?

- A. Middle cerebral artery
- B. Posterior communicating artery
- C. Anterior communicating artery
- D. Subclavian artery

The anterior communicating artery is a crucial component of the Circle of Willis, which is a cerebral arterial circle located at the base of the brain. This artery connects the left and right anterior cerebral arteries, providing an important collateral circulation pathway. In the event of a blockage or narrowing in one of the internal carotid arteries or in one of the anterior cerebral arteries, the anterior communicating artery plays a vital role in maintaining blood supply to the brain. This anatomical feature helps to ensure that essential blood flow continues to the regions of the brain that these arteries supply, enhancing the resilience of the brain's vascular system. In contrast, while the middle cerebral artery, posterior communicating artery, and subclavian artery each play important roles in cerebral or systemic circulation, they do not contribute to the Circle of Willis structure in the same way as the anterior communicating artery. The middle cerebral artery supplies a large portion of the lateral aspect of the cerebral hemispheres, and the posterior communicating artery connects the internal carotid artery to the posterior cerebral artery, while the subclavian artery is primarily involved in supplying blood to the arms and not directly involved in the configuration of blood flow at the base of the brain.

### 4. What is the main function of the thalamus?

- A. Regulates heart rate
- B. Relays sensory information
- C. Controls voluntary movements
- D. Coordinates emotional responses

The thalamus primarily serves as a relay station for sensory information in the brain. It processes and transmits sensory signals from various modalities, such as touch, taste, hearing, and sight, to the appropriate areas of the cerebral cortex for further processing. This function is crucial because it helps the brain integrate and interpret sensory data efficiently, allowing for a coherent perception of the environment. While the other options depict important roles associated with different parts of the brain, they do not accurately describe the thalamus's primary function. For example, the regulation of heart rate is primarily managed by the autonomic nervous system and the brainstem. Coordination of voluntary movements is predominantly controlled by the motor cortex and the basal ganglia, while emotional responses are largely governed by structures within the limbic system, such as the amygdala and hippocampus. Thus, the thalamus's unique role in sensory information relay underscores its significance in the neural pathways of communication and perception.

5. Which structure in the brain is known to be crucial for the initial focus of epilepsy?

A. Cortex

B. Medulla

C. Cerebellum

D. Hippocampus

The hippocampus plays a vital role in the initial focus of epilepsy due to its significant involvement in the processing of memory and spatial navigation. It is particularly susceptible to abnormal electrical discharges and is often a key site for seizure activity in various types of epilepsy, especially temporal lobe epilepsy. In many cases, the hippocampus can undergo pathological changes, such as hippocampal sclerosis, which is characterized by neuronal loss and scarring. These changes can create an environment that promotes heightened excitability and contributes to the generation and propagation of seizure activity. Furthermore, the hippocampus is closely linked with other structures in the brain that are involved in seizure generation, demonstrating its pivotal role in the onset of epileptic seizures. Other brain structures mentioned in the options, such as the cortex, medulla, and cerebellum, have their own functions in communication, motor control, and autonomic regulation, but they do not specifically serve as the primary focus for seizure initiation in epilepsy as effectively as the hippocampus does.

6. Which aspect of social cognition is essential for effective communication?

A. Knowledge of multiple languages

B. Ability to interpret emotions and intentions

C. Formal education in linguistics

D. Use of nonverbal signals

The ability to interpret emotions and intentions is crucial for effective communication because it allows individuals to understand the underlying feelings and motivations behind spoken words. Social cognition involves perceiving and processing social information, including recognizing emotional cues, which aids in creating a more meaningful interaction. By effectively interpreting these cues, individuals can respond appropriately and adjust their communication strategies based on the emotional context. This skill is fundamental in establishing rapport, empathizing with others, and facilitating understanding in conversations, thus enhancing overall communication effectiveness. While knowledge of multiple languages, formal education in linguistics, and the use of nonverbal signals can contribute to communication, they do not directly address the fundamental social cognitive processes required to understand and engage with others on an emotional level. Emotions significantly influence how messages are conveyed and received, making the ability to interpret them indispensable in communication.

## 7. How do neurotransmitters affect neural circuits involved in communication?

- A. By minimizing the connections between neurons
- B. By facilitating signal transmission
- C. By causing confusion among synapses
- D. By blocking absorption of information

Neurotransmitters play a crucial role in communication within neural circuits by facilitating signal transmission between neurons. When a neuron is activated, it releases neurotransmitters into the synaptic cleft, the small gap between neurons. These chemical messengers bind to receptors on the surface of the receiving neuron, which can lead to the generation of an electrical signal in that neuron, thereby propagating the communication throughout the neural circuit. This process is essential for a range of functions, including muscle movement, emotional regulation, and the processing of sensory information. The effectiveness of neurotransmitter action directly influences the strength and speed of signal transmission. In this way, they are integral to the functioning of neural pathways that underpin communication and response mechanisms. In contrast, minimizing connections, causing confusion among synapses, or blocking the absorption of information would hinder communication rather than facilitate it. Effective neurotransmitter action ensures the seamless flow of information between neurons, enabling coherent communication within the nervous system.

## 8. What outcome results from improved social cognition in communication?

- A. Increases in technological dependence
- B. Stronger emotional connections and interactions
- C. Reduced need for language skills
- D. Less reliance on nonverbal communication

Improved social cognition significantly enhances the ability to understand and interpret social cues, emotions, and intentions in communication. This leads to stronger emotional connections and interactions among individuals. When people can accurately read social signals and empathize with others, their interactions become more meaningful and engaging. This heightened sense of empathy and awareness fosters deeper relationships, enabling individuals to respond more appropriately and sensitively in social contexts. Enhanced social cognition thus contributes to more effective and emotionally resonant communication, reinforcing bonds between people. In contrast, the other choices do not align with the dynamics of improved social cognition. Technological dependence does not correlate with social cognition enhancement, as it often emphasizes digital communication over face-to-face interaction. Reducing the need for language skills contradicts the essence of social cognition, which facilitates richer verbal interactions rather than diminishing them. Lastly, while nonverbal communication is an integral part of social cognition, improved social cognition typically leads to a more nuanced understanding of nonverbal cues rather than a decreased reliance on them.

9. What is the primary focus of social cognition in relation to communication?

- A. Understanding the rules of grammar
- B. Recognizing social cues and emotions
- C. Memorization of vocabulary
- D. Improving phonetic skills

The primary focus of social cognition in relation to communication is recognizing social cues and emotions. Social cognition refers to the processes that allow individuals to perceive, interpret, and respond to the social stimuli they encounter in their environment. This includes the ability to read facial expressions, body language, and tone of voice, which are essential for effective communication. By being adept at recognizing these social cues, individuals can better understand the intentions and feelings of others, which facilitates meaningful interactions. This skill plays a crucial role in developing empathy, forming social connections, and navigating complex social situations. In essence, social cognition helps individuals respond appropriately in various communication contexts, making it central to effective interpersonal communication. Other aspects, such as understanding grammar, memorizing vocabulary, or improving phonetic skills, are more focused on the structural and linguistic elements of language rather than the social and emotional nuances involved in communication. While these elements are important for mastering a language, they do not encompass the broader, interpersonal focus of social cognition.

10. Aphasia is a result of a breakdown in which stage of the speech communication chain?

- A. Stage 1: Encoding
- B. Stage 2: Symbolization
- C. Stage 3: Transmission
- D. Stage 4: Reception

Aphasia primarily arises from a breakdown in the symbolization stage of the speech communication chain. This stage involves the ability to formulate ideas and convey them through language. In individuals with aphasia, this ability is disrupted due to damage in areas of the brain responsible for language processing, such as Broca's or Wernicke's areas. When someone experiences aphasia, they may struggle with selecting the correct words or combining them appropriately to create meaningful sentences, which directly relates to the symbolization process. The individual's understanding of language and their ability to express thoughts into words might be compromised, leading to the characteristic symptoms of aphasia, such as difficulty in speaking, understanding, reading, or writing. In contrast, the other stages—encoding, transmission, and reception—represent different aspects of communication that do not directly account for the impairments seen in aphasia. Encoding relates to the initial conceptualization of thoughts, transmission involves the physical articulation of speech, and reception pertains to the understanding of received communication. While these stages are all integral to the communication process, it is the breakdown in symbolization that is central to the challenges presented by aphasia.