

UNITED STATES ARMY RECRUITING COMMAND (USAREC) BDE BOARD PRACTICE TEST (SAMPLE) STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. When does the School Recruiting Program (SRP) begin?**
 - A. 01 June
 - B. 01 July
 - C. 01 August
 - D. 01 September
- 2. How many preparation drills are included in PRT?**
 - A. 8
 - B. 10
 - C. 12
 - D. 15
- 3. How long after being notified of loss of interest are individuals no longer considered a Subject of Recruiting Effort (SRE)?**
 - A. 6 months
 - B. 1 year
 - C. 2 years
 - D. 3 years
- 4. Which form is specifically for follow-up on SIR and plan of action?**
 - A. UF 190-4.2
 - B. UF 190-4.1
 - C. UF 190-4.3 SIR Addendum
 - D. DA Form 7701
- 5. In the Army Song, what is highlighted as a source of pride?**
 - A. All the battles won.
 - B. All the sacrifices made.
 - C. All that has been done by the Army.
 - D. All the Army's technology.
- 6. What is the new NCOER Counseling form?**
 - A. DA Form 2166-9-2
 - B. DA Form 2166-9-1
 - C. DA Form 2166-9-1A
 - D. DA Form 2166-9-3

- 7. What legislation provides recruiters access to schools?**
- A. No Child Left Behind Act of 2001
 - B. Individuals with Disabilities Education Act
 - C. Every Student Succeeds Act
 - D. Federal Education Budget Act
- 8. What occurred after the deactivation of the 4th Recruiting BDE?**
- A. It became the 6th Recruiting BDE
 - B. It divided between the 1st, 2nd, and 5th BDE's
 - C. It merged with AMEDD
 - D. It was relocated to Fort Bragg
- 9. What regulation covers flags within the Army?**
- A. AR 600-9
 - B. AR 600-8-2
 - C. AR 600-35
 - D. AR 700-2
- 10. Which Army characteristic encompasses the concept of Trust?**
- A. Honorable service
 - B. Espirit De Corps
 - C. Military Expertise
 - D. Professional Relationships

Answers

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1. B
2. B
3. B
4. C
5. C
6. C
7. A
8. B
9. B
10. D

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Explanations

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1. When does the School Recruiting Program (SRP) begin?

- A. 01 June
- B. 01 July**
- C. 01 August
- D. 01 September

The School Recruiting Program (SRP) begins on 01 July. This timing is strategically chosen to coincide with the summer period prior to the start of the new school year, allowing recruiters to engage with students and educational institutions effectively. Initiating the program at this point provides ample opportunity to prepare and implement recruiting efforts that align with the academic calendar, maximizing outreach to prospective candidates who are completing their high school education or exploring post-graduation options. This approach also helps in establishing a presence in schools before the academic year kicks off, ensuring that recruiters can build relationships with both students and school staff effectively.

2. How many preparation drills are included in PRT?

- A. 8
- B. 10**
- C. 12
- D. 15

The correct answer indicates that there are 10 preparation drills included in the Army's Physical Readiness Training (PRT) program. These drills are designed to prepare Soldiers for physical activities and to promote overall physical fitness. The PRT program emphasizes a balanced approach to physical conditioning, incorporating exercises that enhance strength, endurance, flexibility, and mobility. Each of the 10 preparation drills serves a specific purpose, helping to warm up the body, improve range of motion, and reduce the risk of injury during more strenuous physical activities. They typically include movements that engage major muscle groups and reflect the types of physical demands Soldiers might experience. Understanding the composition of these drills is essential for effective training and mission readiness within the Army. This knowledge helps trainers and Soldiers implement the PRT program effectively, thereby enhancing their physical performance and contributing to their overall fitness goals.

3. How long after being notified of loss of interest are individuals no longer considered a Subject of Recruiting Effort (SRE)?

- A. 6 months
- B. 1 year**
- C. 2 years
- D. 3 years

Individuals are no longer considered a Subject of Recruiting Effort (SRE) one year after being notified of a loss of interest. This time frame is established to manage and streamline the recruiting process, allowing recruiters to focus their efforts on candidates who are actively interested in joining the Army. Keeping a defined period helps maintain an efficient database of potential recruits while also respecting the timeframe within which an individual might reconsider their interest. As a result, one year is deemed a reasonable duration for making a final assessment of an individual's intent to join, beyond which they are no longer actively pursued as recruits.

4. Which form is specifically for follow-up on SIR and plan of action?

- A. UF 190-4.2
- B. UF 190-4.1
- C. UF 190-4.3 SIR Addendum**
- D. DA Form 7701

The SIR Addendum, known formally as UF 190-4.3, is designed specifically to provide a structured mechanism for follow-up actions related to the Service Incident Report (SIR). This form allows personnel to document any required follow-up actions or considerations that arise after an SIR is submitted. It is essential for ensuring that all issues are adequately addressed and that there is a clear plan for resolving any outstanding concerns. This form serves as a critical tool in fostering accountability and ensuring that all action items related to the SIR are tracked and managed effectively. The addition of an action plan helps ensure that personnel are informed of the next steps, allowing for improved communication and resolution processes. By using the SIR Addendum, the organization can maintain thorough records of incidents and ensure that proper protocols are followed in addressing concerns raised in an SIR. This leads to enhanced performance in the recruiting process and better management of issues as they arise.

5. In the Army Song, what is highlighted as a source of pride?

- A. All the battles won.
- B. All the sacrifices made.
- C. All that has been done by the Army.**
- D. All the Army's technology.

The correct answer highlights "all that has been done by the Army" as a source of pride. This encompasses not only the battles fought and won but also the sacrifices made by service members and the advances in technology. The Army Song serves as a tribute to the collective achievements and history of the Army, celebrating its enduring legacy and contributions to the nation. This broader perspective reflects the spirit and identity of the Army, illustrating that pride is derived from a comprehensive view of its operations, history, and mission, rather than focusing on any single aspect.

6. What is the new NCOER Counseling form?

- A. DA Form 2166-9-2
- B. DA Form 2166-9-1
- C. DA Form 2166-9-1A**
- D. DA Form 2166-9-3

The new NCOER (Non-Commissioned Officer Evaluation Report) counseling form is indeed DA Form 2166-9-1A. This form was introduced as part of the revised NCOER process to ensure thorough and constructive counseling for Non-Commissioned Officers. It specifically focuses on the required elements of performance and potential, thus providing a structured format for leaders to assess and communicate expectations and developmental opportunities for their subordinates. DA Form 2166-9-1A allows leaders to facilitate discussions around performance in a way that aligns with the Army's priorities, making it easier for NCOs to understand their strengths and areas for improvement. This form is essential for fostering professional growth and ensuring that NCOs receive the mentorship necessary for advancement and better performance in their roles.

7. What legislation provides recruiters access to schools?

- A. No Child Left Behind Act of 2001**
- B. Individuals with Disabilities Education Act
- C. Every Student Succeeds Act
- D. Federal Education Budget Act

The No Child Left Behind Act of 2001 is the legislation that specifically provides recruiters access to schools. This act was designed to ensure that all students have a fair opportunity to succeed academically and includes provisions that require high schools to allow military recruiters to access student information and school grounds. This access is intended to promote opportunities for students to learn about military service, particularly as it relates to career options after graduation. The other legislation mentioned either focuses on different aspects of education or does not directly address the issue of recruiter access. The Individuals with Disabilities Education Act primarily aims to ensure students with disabilities receive a free appropriate public education that meets their needs. The Every Student Succeeds Act builds upon the No Child Left Behind Act but offers more flexibility to states in the operation of schools, without specifically focusing on military recruiting. The Federal Education Budget Act pertains to the financial aspects of education rather than recruitment practices.

8. What occurred after the deactivation of the 4th Recruiting BDE?

- A. It became the 6th Recruiting BDE
- B. It divided between the 1st, 2nd, and 5th BDE's**
- C. It merged with AMEDD
- D. It was relocated to Fort Bragg

The deactivation of the 4th Recruiting Brigade was significant in the operational restructuring of the Army's recruiting command. After its deactivation, the responsibilities and functions that were once managed by the 4th Brigade were redistributed among the existing recruiting brigades, specifically the 1st, 2nd, and 5th Recruiting Brigades. This approach allowed for a more efficient use of resources and personnel while maintaining the mission to meet enlistment goals. The redistribution of responsibilities helps ensure that recruiting efforts continue effectively, as the remaining brigades can absorb the mission goals and areas of coverage that were previously assigned to the deactivated unit. This collaborative model is designed to promote adaptability within the Army's recruiting operations and maintain the necessary support for recruitment across the service.

9. What regulation covers flags within the Army?

- A. AR 600-9
- B. AR 600-8-2**
- C. AR 600-35
- D. AR 700-2

The regulation that covers flags within the Army is AR 600-8-2. This regulation specifically outlines the procedures for the Army's Flag Program, which includes the management of flags for soldiers as a means to administer personnel matters effectively, such as disciplinary actions, evaluations, or promotions. Understanding the contents and directives of AR 600-8-2 is crucial for maintaining proper flag protocols, ensuring that flags are appropriately used and managed according to Army standards. AR 600-9 focuses on the Army Body Composition Program, which deals with soldiers' weight and fitness standards rather than flags. AR 600-35 pertains to the Army's program for the management of soldiers and not the specific regulations surrounding flags. AR 700-2 covers supply and logistics within the Army and does not address flag policies. Thus, AR 600-8-2 is the correct regulation to reference when discussing flags in the Army context.

10. Which Army characteristic encompasses the concept of Trust?

- A. Honorable service
- B. Espirit De Corps
- C. Military Expertise
- D. Professional Relationships**

The characteristic that encompasses the concept of Trust is professional relationships. Trust is foundational in any effective partnership, particularly within military environments, where teamwork and cohesion are essential for mission success. Professional relationships among Soldiers, leaders, and units foster an environment where individuals feel secure to rely on each other's capabilities and intentions. When professional relationships are built on mutual respect, clear communication, and accountability, trust becomes a natural outcome. This trust is crucial for ensuring that Soldiers can work effectively together in high-pressure situations, leading to improved morale and operational effectiveness. In contrast, the other characteristics, while important in their own right, do not specifically emphasize the relational trust that is vital to Army operations. Honor, esprit de corps, and military expertise contribute to a cohesive unit but do not singularly encapsulate the depth of trust inherent in professional relationships.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://usarecbdeboard.examzify.com>

We wish you the very best on your exam journey. You've got this!

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