TRICARE Fundamentals Course (TFC) 6hrs Practice Test (Sample)

Study Guide

BY EXAMZIFY

Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

• Practice answering questions under realistic conditions,
• Improve accuracy and speed,
• Review explanations to strengthen weak areas, and
• Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.

7. Use Other Tools

Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!

Questions

1. Who must approve enrollment in the TRICARE Plus program?
   A. The regional contractor
   B. The military hospital or clinic commander
   C. The Defense Health Agency
   D. The Department of Defense

2. Which of the following preventive care services are covered by TRICARE?
   A. Only annual physical exams
   B. Immunizations and screenings only
   C. Preventive services including immunizations, screenings, and annual exams
   D. Emergency care services

3. Who qualifies for TRICARE coverage?
   A. Only active duty service members
   B. Only retirees
   C. Active duty service members, retirees, their families, and certain former spouses
   D. Only service members and their immediate families

4. What defines an "active duty member" under TRICARE?
   A. A member of the military who is on full-time duty.
   B. A member who serves in the National Guard.
   C. A member who has retired from service.
   D. A member who is in a reserve status.

5. What benefit does TRICARE offer to family members of active-duty service members in remote locations?
   A. Comprehensive health coverage
   B. Reduced premiums for all services
   C. Optional remote care coverage
   D. Increased monthly benefits

6. Which TRICARE plan exclusively serves Medicare-eligible beneficiaries?

   A. TRICARE Select

   B. TRICARE for Life

   C. TRICARE Reserve Select

   D. TRICARE Prime

7. What is NOT a requirement for being considered an "active duty member" in TRICARE?

   A. Being on full-time active duty.

   B. Being engaged in reserve status.

   C. Not being in the National Guard.

   D. Serving in a branch of the military.

8. What indicates the flexibility of TRICARE's coverage for vision care?

   A. Coverage is the same for all beneficiaries

   B. Benefits and eligibility depend on the specific TRICARE plan

   C. It is strictly limited to military personnel only

   D. Vision care is not factored into coverage choices

9. What is the primary function of the Defense Enrollment Eligibility Reporting System (DEERS)?

   A. It tracks military training and deployment schedules

   B. It provides website access to healthcare services

   C. It lists benefit and eligibility information for uniformed service members

   D. It manages the payroll of military personnel

10. TRICARE Prime Remote for Active Duty Family Members is considered:

    A. Mandatory for all active duty family members

    B. Optional for those in remote locations

    C. Only available overseas

    D. An extension of TRICARE Select

Answers

1. B
2. C
3. C
4. A
5. C
6. B
7. B
8. B
9. C
10. B

Explanations

1. **Who must approve enrollment in the TRICARE Plus program?**

   A. The regional contractor

   B. The military hospital or clinic commander

   C. The Defense Health Agency

   D. The Department of Defense

The approval for enrollment in the TRICARE Plus program must be given by the military hospital or clinic commander. This is because the commander has the authority over the facility and its operations, including the management of enrollment into TRICARE Plus. This program is specifically designed to provide primary care services to eligible beneficiaries at military treatment facilities, and thus, only those in charge can determine who is accepted based on the resources and patient capacity of that facility. The commander's decision ensures that the program aligns with the needs and operational capabilities of the healthcare facility. Other entities, such as regional contractors or the Defense Health Agency, may have roles related to the broader management of TRICARE programs but do not have direct authority over enrollment decisions for TRICARE Plus. The Department of Defense oversees TRICARE as a whole but delegates the specific enrollment responsibilities to individual military command structures.

2. **Which of the following preventive care services are covered by TRICARE?**

   A. Only annual physical exams

   B. Immunizations and screenings only

   C. Preventive services including immunizations, screenings, and annual exams

   D. Emergency care services

The coverage of preventive care services by TRICARE includes a comprehensive range of options, making the choice that states it covers preventive services including immunizations, screenings, and annual exams the correct one. This is because TRICARE has established benefits that emphasize the importance of preventive care to help maintain the health and well-being of its beneficiaries. Preventive services are designed to detect health issues early and often include routine screenings for conditions such as high blood pressure, high cholesterol, diabetes, and certain cancers, as well as required immunizations to protect against various diseases. In addition to these screenings and immunizations, TRICARE also covers annual physical exams, which serve as a vital check-up to assess overall health and prevent potential health problems. This comprehensive approach to preventive care supports the goal of preventing serious health conditions through early detection and intervention, aligning with TRICARE's commitment to providing quality health care to service members and their families. Other options may focus on limited aspects of preventive care, but only the correct choice encompasses the entirety of the preventive services offered by TRICARE.

3. Who qualifies for TRICARE coverage?

A. Only active duty service members

B. Only retirees

C. Active duty service members, retirees, their families, and certain former spouses

D. Only service members and their immediate families

The correct answer indicates that TRICARE coverage extends to active duty service members, retirees, their families, and certain former spouses. This comprehensive eligibility reflects TRICARE's mission to support those who have served in the military and their dependents. Active duty members receive coverage as part of their service benefits, ensuring that they have access to necessary healthcare while serving. Retirees are also included, as they often continue to need health coverage after their military careers. Families of both active duty members and retirees are encompassed because the program seeks to ensure that the dependents of service personnel also receive care. Additionally, certain former spouses qualify for TRICARE benefits under specific circumstances, which reinforces the recognition of the sacrifices made by service members and their families. This broad eligibility is crucial, as it underscores the program's role in providing support to a wide range of individuals connected to military service, ensuring comprehensive healthcare access. The other options are limited in scope and do not accurately reflect the full range of individuals who are eligible for TRICARE coverage. They fail to acknowledge the inclusivity necessary for a program that serves the diverse needs of military families and veterans.

4. What defines an "active duty member" under TRICARE?

A. A member of the military who is on full-time duty.

B. A member who serves in the National Guard.

C. A member who has retired from service.

D. A member who is in a reserve status.

An "active duty member" under TRICARE is specifically defined as a member of the military who is on full-time duty. This includes personnel in the Army, Navy, Air Force, Marine Corps, or Coast Guard who are actively engaged in their military responsibilities and are receiving pay for their service. Active duty members are entitled to comprehensive healthcare coverage under TRICARE, which is designed to meet the unique needs of service members and their families. The definition excludes members of the National Guard, retired service members, and those in a reserve status. National Guard members may only be considered active duty when they are activated for federal service. Retired service members have a different eligibility status and access to TRICARE programs tailored for retirees. Reservists typically have limited access to TRICARE benefits unless they are activated, at which point they transition to active duty status. Understanding these distinctions is essential for effectively navigating TRICARE's eligibility criteria.

5. What benefit does TRICARE offer to family members of active-duty service members in remote locations?

A. Comprehensive health coverage

B. Reduced premiums for all services

C. Optional remote care coverage

D. Increased monthly benefits

The choice regarding optional remote care coverage accurately reflects TRICARE's commitment to ensuring that family members of active-duty service members have access to necessary medical services, particularly when they are located far from military treatment facilities. TRICARE recognizes the challenges of accessing care in remote areas and therefore offers options like telehealth services, which allow beneficiaries to consult healthcare providers without needing to travel extensive distances. This is especially important for families living in areas with limited healthcare resources. In contrast, other options such as comprehensive health coverage, reduced premiums for all services, and increased monthly benefits may misrepresent the specific nature of support available to family members in remote locations, as the focus of TRICARE's benefits in this context is about facilitating access through remote care solutions rather than broad financial changes or service extensions.

6. Which TRICARE plan exclusively serves Medicare-eligible beneficiaries?

A. TRICARE Select

B. TRICARE for Life

C. TRICARE Reserve Select

D. TRICARE Prime

The correct choice is indeed TRICARE for Life, which is designed specifically for Medicare-eligible beneficiaries. This plan serves as a supplemental health insurance for those who are eligible for both TRICARE and Medicare. It offers additional coverage that fills in gaps that might exist in the Medicare program and provides more comprehensive health care options for beneficiaries who are at least 65 years old or have certain qualifying disabilities. TRICARE for Life is particularly important because it allows Medicare to be the primary payer for covered services, while TRICARE acts as the secondary payer, covering costs that Medicare may not fully reimburse. This setup is essential for ensuring that Medicare-eligible individuals have access to a wider range of medical services with reduced out-of-pocket expenses. The other options, while part of the TRICARE program, are not exclusively for Medicare-eligible beneficiaries. For example, TRICARE Select and TRICARE Prime cater to a broader population, including active duty service members and their families, as well as certain retirees, regardless of their Medicare status. TRICARE Reserve Select is specifically for reservists and their families, but it does not specifically target Medicare-eligible users.

7. What is NOT a requirement for being considered an "active duty member" in TRICARE?

A. Being on full-time active duty.

B. Being engaged in reserve status.

C. Not being in the National Guard.

D. Serving in a branch of the military.

Being engaged in reserve status is not a requirement for being considered an "active duty member" in TRICARE. Active duty members are typically defined as those serving full-time in one of the branches of the active military, such as the Army, Navy, Air Force, Marine Corps, or Coast Guard. Those in reserve status may have specific obligations and training requirements, but they are not categorized as full-time active duty members under the TRICARE definition. Understanding this distinction is crucial, as TRICARE benefits vary between active duty personnel and those who are in reserve status. Active duty members receive comprehensive healthcare benefits through TRICARE, while reservists have different eligibility criteria and coverage depending on their active duty status and activation orders. In this context, being on full-time active duty, not being in the National Guard, and serving in a branch of the military are all factors that align with the definition of an "active duty member" as recognized by TRICARE.

8. What indicates the flexibility of TRICARE's coverage for vision care?

A. Coverage is the same for all beneficiaries

B. Benefits and eligibility depend on the specific TRICARE plan

C. It is strictly limited to military personnel only

D. Vision care is not factored into coverage choices

The assertion that benefits and eligibility depend on the specific TRICARE plan accurately reflects the flexibility of TRICARE's coverage for vision care. This framework allows for variations in the extent and type of vision services provided based on the specific plan beneficiaries are enrolled in, such as TRICARE Prime, TRICARE Select, or other options. Each plan can have different levels of coverage, costs, and services available, which is a fundamental characteristic of TRICARE's structure aimed at meeting diverse beneficiary needs. For instance, while some plans may offer comprehensive vision care benefits, others might have more limited or different offerings. This tailored approach ensures that TRICARE can effectively accommodate the varying requirements of its beneficiaries, reflecting greater adaptability in coverage options.

9. What is the primary function of the Defense Enrollment Eligibility Reporting System (DEERS)?

A. It tracks military training and deployment schedules

B. It provides website access to healthcare services

C. It lists benefit and eligibility information for uniformed service members

D. It manages the payroll of military personnel

The primary function of the Defense Enrollment Eligibility Reporting System (DEERS) is to provide benefit and eligibility information for uniformed service members. This system is essential for ensuring that service members and their families are aware of the healthcare benefits they are entitled to under programs like TRICARE, as well as other benefits related to military service. DEERS maintains a comprehensive database that includes details about individuals' eligibility for various programs, which is crucial for delivering accurate and timely services to military families. By verifying eligibility status, DEERS plays a critical role in the administration of benefits and ensuring that those who are entitled can access the support they need.

10. TRICARE Prime Remote for Active Duty Family Members is considered:

A. Mandatory for all active duty family members

B. Optional for those in remote locations

C. Only available overseas

D. An extension of TRICARE Select

TRICARE Prime Remote for Active Duty Family Members is designed specifically for active duty service members and their families who are stationed in remote locations. This option is available to help ensure they have access to healthcare services even when they are away from the usual military treatment facilities. Choosing this plan is optional for families in these remote areas, as it is intended to provide flexibility in healthcare options. Families can decide whether to enroll based on their needs and circumstances, reflecting the nature of their remote assignment. The other options suggest a more rigid structure, such as mandatory enrollment or limitations to overseas availability, which do not accurately represent the intent and provisions of TRICARE Prime Remote. Additionally, this option is not an extension of TRICARE Select; instead, it provides a unique solution tailored to the situations of those in remote postings.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

https://tricarefdnstfc6hrs.examzify.com

We wish you the very best on your exam journey. You've got this!