

# Texas Massage Therapy State Laws Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

**Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.**

**ALL RIGHTS RESERVED.**

**No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.**

**Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.**

**SAMPLE**

# Table of Contents

<b>Copyright</b> .....	<b>1</b>
<b>Table of Contents</b> .....	<b>2</b>
<b>Introduction</b> .....	<b>3</b>
<b>How to Use This Guide</b> .....	<b>4</b>
<b>Questions</b> .....	<b>5</b>
<b>Answers</b> .....	<b>8</b>
<b>Explanations</b> .....	<b>10</b>
<b>Next Steps</b> .....	<b>16</b>

SAMPLE

# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

SAMPLE

- 1. Are applicants for a massage therapist license required to submit a transcript of relevant coursework?**
  - A. True**
  - B. False**
  - C. Only if requested**
  - D. Yes, but only for specific courses**
  
- 2. How many hours are dedicated to the internship program in the massage therapy course?**
  - A. 50**
  - B. 40**
  - C. 30**
  - D. 20**
  
- 3. What exam must applicants pass to be licensed as a massage therapist in Texas?**
  - A. National Certification Exam**
  - B. State Board Exam**
  - C. Massage and Bodywork Licensing Examination**
  - D. California Massage Therapy Exam**
  
- 4. What is the potential outcome for a massage therapist if their license is revoked?**
  - A. They can apply for a new license the next day**
  - B. They may be unable to practice legally until remedy**
  - C. Only a temporary suspension is issued**
  - D. They can continue operations but are fined**
  
- 5. A massage therapist's license may be revoked if convicted of what type of offense?**
  - A. Traffic violations**
  - B. Prostitution or sexual offenses**
  - C. Tax evasion**
  - D. Drug-related offenses**

- 6. If a complaint is filed against a massage therapist, where should it be reported?**
- A. Texas Department of Health**
  - B. Texas Department of Licensing and Regulation**
  - C. Texas Bureau of Investigation**
  - D. Texas State Legislature**
- 7. How should a massage therapist handle client complaints?**
- A. Ignore them and continue with the treatment**
  - B. Address them professionally and follow appropriate reporting procedures**
  - C. Ask the client to leave immediately**
  - D. Report them to law enforcement**
- 8. Which study focuses on the mechanics of human movement?**
- A. Physiology**
  - B. Pathology**
  - C. Kinesiology**
  - D. Massage Theory**
- 9. Which materials fall under the definition of linens in a massage therapy practice?**
- A. Massage oils and lotions**
  - B. Sheets, towels, and robes**
  - C. Massage tables and chairs**
  - D. Therapeutic equipment**
- 10. What happens to a license if the individual fails to renew it on time?**
- A. It will remain valid for an additional year**
  - B. It becomes invalid**
  - C. It can be renewed without penalty**
  - D. It can be converted into a temporary license**

## **Answers**

SAMPLE

1. B
2. A
3. C
4. B
5. B
6. B
7. B
8. C
9. B
10. B

SAMPLE

## **Explanations**

SAMPLE

**1. Are applicants for a massage therapist license required to submit a transcript of relevant coursework?**

**A. True**

**B. False**

**C. Only if requested**

**D. Yes, but only for specific courses**

The requirement for applicants for a massage therapist license in Texas involves specific protocols related to educational background. Under Texas law, applicants are not required to submit a transcript of relevant coursework with their initial application unless it is requested by the licensing board. This means individuals can submit their application without providing educational transcripts upfront. The purpose of this regulation is to streamline the application process while still allowing the board to verify educational qualifications if deemed necessary. It reflects the state's approach to managing and facilitating the licensing process, showing a level of flexibility for applicants. This can create a more applicant-friendly system where not every applicant is burdened with paperwork unless there are specific concerns regarding their qualifications. Understanding this aspect of Texas Massage Therapy laws is critical for potential licensees as they navigate the application procedures and requirements involved in becoming a licensed massage therapist in the state.

**2. How many hours are dedicated to the internship program in the massage therapy course?**

**A. 50**

**B. 40**

**C. 30**

**D. 20**

The correct answer indicates that the internship program within a massage therapy course requires 50 hours of dedicated hands-on experience. This internship component is crucial as it provides students the opportunity to apply theoretical knowledge in a practical setting, gaining real-world skills that are essential for their future careers as massage therapists. Engaging in 50 hours of internship allows students to interact with clients, develop their techniques, and understand the business aspects of a massage therapy practice. This extensive experience is designed to ensure students meet the competency standards set by licensing authorities, equipping them with the confidence and capability needed upon graduation to enter the workforce effectively.

**3. What exam must applicants pass to be licensed as a massage therapist in Texas?**

- A. National Certification Exam**
- B. State Board Exam**
- C. Massage and Bodywork Licensing Examination**
- D. California Massage Therapy Exam**

To become a licensed massage therapist in Texas, applicants must successfully pass the Massage and Bodywork Licensing Examination (MBLEx). This exam is specifically recognized for the state and is designed to assess the knowledge and skills necessary for effective practice in massage therapy. Passing the MBLEx ensures that applicants meet the necessary educational and competency standards established by the state regulatory authority. While other exams, such as the National Certification Exam (available in many states) or state board exams, may be relevant in different contexts or regions, they do not serve as the primary licensing examination in Texas. The California Massage Therapy Exam is exclusively for California licensure and is not applicable in Texas. Therefore, the MBLEx is the correct assessment that aligns with the state's licensing requirements for aspiring massage therapists.

**4. What is the potential outcome for a massage therapist if their license is revoked?**

- A. They can apply for a new license the next day**
- B. They may be unable to practice legally until remedy**
- C. Only a temporary suspension is issued**
- D. They can continue operations but are fined**

When a massage therapist's license is revoked, this typically means they are no longer authorized to practice legally until they meet certain conditions to remedy their licensing status. This outcome emphasizes the seriousness of the revocation, which can occur due to violations of state laws, ethical breaches, or failure to comply with continuing education requirements. The inability to practice legally signifies that the therapist must address the issues that led to the revocation, which may involve additional education, fulfilling specific requirements set by the regulatory board, or in some cases, demonstrating compliance through a probationary period before being eligible to reapply for licensure. This process ensures that the therapist has rectified any situations that warranted the revocation in the first place. In contrast, other options imply immediate reinstatement or ability to continue operations despite the revocation, which does not align with typical regulatory practices. The emphasis on remedying the situation before resuming legal practice underscores the importance of maintaining professional standards and public safety within the field.

**5. A massage therapist's license may be revoked if convicted of what type of offense?**

- A. Traffic violations**
- B. Prostitution or sexual offenses**
- C. Tax evasion**
- D. Drug-related offenses**

A massage therapist's license may be revoked if convicted of prostitution or sexual offenses due to the ethical and legal standards that govern the profession. These offenses directly undermine the trust and safety that clients seek when engaging with massage therapy services. The nature of these crimes raises concerns about the therapist's suitability to practice in a role that involves physical touch and creating a safe environment for clients. When a therapist is found guilty of such offenses, it not only indicates a potential disregard for professional boundaries but also poses a risk to the public. Licensing boards take these matters seriously, as they have a responsibility to protect the well-being of clients and uphold the integrity of the profession. This emphasis on maintaining a high ethical standard is critical in ensuring that practitioners foster a safe and professional therapeutic setting. Other offenses, like traffic violations, tax evasion, or drug-related offenses, while potentially serious in their own right, do not necessarily relate to the core responsibilities and ethical duties of a massage therapist in the same impactful way as prostitution or sexual offenses. These latter offenses are specifically viewed within the context of personal conduct that could directly affect a therapist's ability to practice responsibly and ethically.

**6. If a complaint is filed against a massage therapist, where should it be reported?**

- A. Texas Department of Health**
- B. Texas Department of Licensing and Regulation**
- C. Texas Bureau of Investigation**
- D. Texas State Legislature**

The Texas Department of Licensing and Regulation (TDLR) is the appropriate agency for reporting complaints against massage therapists in Texas. This department is responsible for regulating various professions, including massage therapy, and oversees licensing, compliance, and enforcement of relevant laws and rules. When a complaint is filed, it is directed to TDLR, which can investigate the matter, enforce regulations, and take disciplinary actions if necessary, ensuring the public's safety and the integrity of the profession. The other options do not manage the licensing or regulation of massage therapy. For example, the Texas Department of Health primarily focuses on public health initiatives and policies, not on the licensing and discipline of individual therapists. The Texas Bureau of Investigation deals with criminal investigations and law enforcement rather than professional complaints about licensed practitioners. The Texas State Legislature is a governing body that creates laws and does not handle individual complaints about professional conduct. Thus, TDLR is the designated authority for such matters.

## 7. How should a massage therapist handle client complaints?

- A. Ignore them and continue with the treatment
- B. Address them professionally and follow appropriate reporting procedures**
- C. Ask the client to leave immediately
- D. Report them to law enforcement

Addressing client complaints professionally and following appropriate reporting procedures is essential in the practice of massage therapy. This approach not only demonstrates a therapist's commitment to providing quality care but also helps to maintain a positive therapeutic relationship. When a complaint arises, it is crucial to listen actively to the client's concerns, validate their feelings, and take steps to resolve the issue appropriately. By documenting the complaint and reporting it through the proper channels, the massage therapist can ensure that the concern is handled in an organized and compliant manner. This is critical for the therapist's professional integrity, as it allows for transparency and the potential for improvement in services. Additionally, adhering to reporting procedures ensures that any issues are potentially addressed by the appropriate regulatory bodies if necessary. Ignoring client complaints or abruptly terminating their treatment can lead to further dissatisfaction and may also have legal implications. Similarly, reporting complaints to law enforcement is generally inappropriate for most issues related to client dissatisfaction unless there is a legitimate concern for safety or a legal violation. Maintaining professionalism in such situations fosters trust and ensures that the therapist upholds the ethical standards of the profession.

## 8. Which study focuses on the mechanics of human movement?

- A. Physiology
- B. Pathology
- C. Kinesiology**
- D. Massage Theory

Kinesiology is the study that focuses on the mechanics of human movement. It dives into how muscles and joints interact to create movement, analyzing the forces involved and how our body functions during various physical activities. This field incorporates knowledge from anatomy, biomechanics, and motor learning to understand the principles behind movement and how to apply them effectively, which is particularly relevant for professions like massage therapy. By understanding kinesiology, massage therapists can enhance their techniques, ensuring they support the body's movements and help alleviate issues related to muscle and joint function. This knowledge is essential for creating effective treatment plans tailored to an individual's needs based on how they move. The other fields mentioned, such as physiology, focus more on bodily functions and processes; pathology pertains to diseases and their effects on the body; while massage theory involves the principles of therapeutic touch and technique rather than the mechanics of movement. Each of these areas contributes valuable information to the practice of massage therapy, but kinesiology is specifically centered on the dynamics of how we move.

**9. Which materials fall under the definition of linens in a massage therapy practice?**

- A. Massage oils and lotions
- B. Sheets, towels, and robes**
- C. Massage tables and chairs
- D. Therapeutic equipment

The correct answer focuses on the definition of linens within the context of a massage therapy practice. In this setting, linens refer specifically to the textiles that are used during massages to provide hygiene, comfort, and a professional environment. Sheets, towels, and robes are essential elements that fall into this category as they directly contact the client's body or are used for draping purposes. These materials are critical for maintaining cleanliness and ensuring a pleasant experience for clients. They help absorb moisture, provide warmth, and create a barrier between the client and any equipment or surfaces, thus enhancing the overall safety and comfort of the treatment. Using appropriate linens is a fundamental responsibility in a massage practice as it impacts both the hygiene standards and the professionalism of the service provided. In contrast, options such as massage oils and lotions do not qualify as linens because they are consumable products used during the therapy session rather than items for covering or draping. Similarly, massage tables and chairs are considered equipment, as they are the furniture used to support the client during a massage. Therapeutic equipment, which may include tools like massage stones or devices, also falls outside the category of linens. Thus, sheets, towels, and robes accurately represent the appropriate definition of linens in this context.

**10. What happens to a license if the individual fails to renew it on time?**

- A. It will remain valid for an additional year
- B. It becomes invalid**
- C. It can be renewed without penalty
- D. It can be converted into a temporary license

When an individual fails to renew their massage therapy license on time in Texas, the license becomes invalid. This means that the individual can no longer legally practice massage therapy until they have renewed their license. In Texas, there is a strict adherence to renewal timelines, and operating with an expired license would be against the regulations set forth by the Texas Department of Licensing and Regulation. In contrast, other options do not accurately reflect the consequences of failing to renew a license. For instance, the idea that the license would remain valid for an additional year does not align with the established rules; licenses do not have a grace period beyond their expiration. Additionally, renewing without penalty is not possible after the renewal period has passed, as penalties and late fees may apply. Lastly, the conversion of a license into a temporary one is not a provision available to those who have let their renewal lapse. Thus, the accurate understanding of the penalty for failing to renew a license is that it becomes invalid, necessitating a renewal process to regain the ability to practice legally.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://txmassagetherapistatelaws.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

SAMPLE