

# Texas Licensed Child-Placing Agency Administrator (LCPAA) Set 2 Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. What is the maximum duration for a prone or supine personal restraint transitional hold?**
  - A. One minute**
  - B. Five minutes**
  - C. Ten minutes**
  - D. Fifteen minutes**
  
- 2. Which statement about services is true for a Texas child-placing agency?**
  - A. Do not offer unrelated services that conflict with a child's best interests**
  - B. Offer any services regardless of impact**
  - C. Only offer services approved by parents**
  - D. Avoid offering any services altogether**
  
- 3. A caregiver may simultaneously use emergency medication with a personal restraint under which condition?**
  - A. Never**
  - B. If the medication is non-prescription**
  - C. If policies allow and written orders specifically authorize the combination**
  - D. Only if the child requests**
  
- 4. What information must be reported to licensing regardless of whether you verify a foster home?**
  - A. The prospective foster family's domestic violence history**
  - B. The home's address and contact information**
  - C. The family's employment history**
  - D. The foster child's medical history**
  
- 5. Which item is included in the annual overall agency evaluation?**
  - A. The use and effectiveness of emergency behavior interventions at the agency, and the agency's policies and procedures including the training policy and curriculum.**
  - B. The agency's marketing plan**
  - C. The average length of stay for foster children**
  - D. The number of volunteers**

- 6. If a single foster parent gets married after verification, must the home be re-verified?**
- A. Yes, re-verify the home in both spouse's names**
  - B. No, verification remains valid**
  - C. Only re-verify if adopting**
  - D. Re-verify only the new spouse's background**
- 7. The requirement for personal restraints orders is that they originate from a licensed psychiatrist or psychologist. Which option best states this rule?**
- A. Licensed psychiatrist or psychologist must originate personal restraint orders.**
  - B. Licensed physician must originate personal restraint orders.**
  - C. Licensed nurse must originate personal restraint orders.**
  - D. School administrator must originate personal restraint orders.**
- 8. For law enforcement service call information in foster home screening, what must you obtain for each prospective foster parent's addresses over the past two years?**
- A. Service call information from the appropriate law enforcement agency for each address over the past two years.**
  - B. Only current address records.**
  - C. A credit history report from a credit bureau.**
  - D. School attendance records for the past two years.**
- 9. Who may administer emergency behavior intervention?**
- A. Any caregiver**
  - B. Only a caregiver qualified in emergency behavior intervention**
  - C. The child's parent**
  - D. The supervisor**

**10. What must an adoption service fee policy include?**

- A. An adoption fee or fee schedule that applies to all clients, including the type of expenditures for birth parents and whether through an overall fee, pass-through expenses, or a combination.**
- B. A flat fee for all adoptions.**
- C. No formal policy is required.**
- D. Expenditures paid solely by adoptive parents.**

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## Answers

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1. A
2. A
3. C
4. A
5. A
6. A
7. A
8. A
9. B
10. A

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## **Explanations**

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**1. What is the maximum duration for a prone or supine personal restraint transitional hold?**

- A. One minute**
- B. Five minutes**
- C. Ten minutes**
- D. Fifteen minutes**

The main idea here is that restraints should be tightly time-limited and always monitored. Holding a prone or supine transitional restraint for a very short period—about one minute—allows staff to quickly assess the person’s breathing, consciousness, and distress, and to transition to a safer, less restrictive position as soon as possible. Prolonged restraint increases risks such as breathing difficulties and positional asphyxia, plus general medical complications, so longer durations (five, ten, or fifteen minutes) are not considered safe practice. Training emphasizes de-escalation, prompt release when safe, and continuous observation after release, hence the maximum duration is one minute.

**2. Which statement about services is true for a Texas child-placing agency?**

- A. Do not offer unrelated services that conflict with a child’s best interests**
- B. Offer any services regardless of impact**
- C. Only offer services approved by parents**
- D. Avoid offering any services altogether**

The essential idea is that services provided by a Texas child-placing agency must protect the child’s safety and well-being and support the child’s best interests. This means offering services that are appropriate and helpful to the child’s plan, while avoiding anything unrelated or that could undermine the child’s welfare. If a service could conflict with what’s best for the child, it should not be offered. Why this is the best fit: agencies have a responsibility to focus on activities and supports that promote the child’s welfare, safety, and permanency. They must assess the potential impact of any service and steer away from offerings that don’t align with the child’s needs. The other ideas don’t fit because they either ignore impact on welfare, assume parental approval is the sole basis for services, or suggest withholding services entirely, none of which align with safeguarding the child’s best interests.

**3. A caregiver may simultaneously use emergency medication with a personal restraint under which condition?**

**A. Never**

**B. If the medication is non-prescription**

**C. If policies allow and written orders specifically authorize the combination**

**D. Only if the child requests**

Using emergency medication at the same time as applying a personal restraint is a high-risk intervention that must be governed by formal authority. The only appropriate scenario is when the agency's policies explicitly allow the combination and there is a written order from a qualified health professional that specifically authorizes it. This ensures there is medical justification, proper dosing guidance, monitoring plans, and thorough documentation, all of which are essential for patient safety and legal compliance. Relying on a non-prescription medication or on the child's request does not provide adequate authorization or safeguards, so neither of those would justify pairing medication with restraint.

**4. What information must be reported to licensing regardless of whether you verify a foster home?**

**A. The prospective foster family's domestic violence history**

**B. The home's address and contact information**

**C. The family's employment history**

**D. The foster child's medical history**

The main idea here is safety-focused reporting to licensing. When evaluating a foster home, information that directly affects a child's safety and the suitability of the home must be disclosed to licensing, even if you have already completed a verification visit. Domestic violence history within the prospective foster family is a critical risk factor that licensing needs to know about to assess ongoing safety risks, determine any required safeguards, and monitor adherence to approvals. This history can influence placement decisions and the level of oversight, so it must be reported to the licensing body regardless of whether a home verification has been performed. The other items are not universally mandatory to report in the same way. The home's address and contact information are standard details used to identify and communicate with the home, but they don't represent a risk factor in the same sense as domestic violence history. Employment history can inform stability but isn't an automatic disqualifier or a mandatory report in every case. The foster child's medical history relates to the child's care needs rather than the home's safety risk factors and is handled within the child's medical and case records, not as a blanket licensing disclosure about the foster home.

5. Which item is included in the annual overall agency evaluation?

- A. The use and effectiveness of emergency behavior interventions at the agency, and the agency's policies and procedures including the training policy and curriculum.**
- B. The agency's marketing plan**
- C. The average length of stay for foster children**
- D. The number of volunteers**

Annual overall agency evaluations focus on safety, policy compliance, and how well the agency handles emergencies and staff training. The item about the use and effectiveness of emergency behavior interventions is included because it directly examines whether staff are using approved, safe, and effective strategies in real situations, and whether those interventions are properly documented and reviewed for ongoing safety and improvement. It also ensures the agency's policies and procedures, especially the training policy and curriculum, are current, clear, and being followed, which is essential for consistent, quality care. Marketing plans, while important for outreach, are not the focus of this safety- and policy-centered evaluation. Similarly, metrics like the average length of stay for foster children and the number of volunteers are useful operational data, but they do not pertain to the core evaluation of safety practices and policy compliance that the annual evaluation targets.

6. If a single foster parent gets married after verification, must the home be re-verified?

- A. Yes, re-verify the home in both spouse's names**
- B. No, verification remains valid**
- C. Only re-verify if adopting**
- D. Re-verify only the new spouse's background**

Changes in a foster home's household, like a single parent getting married, require updating the verification to cover the new, larger household. The licensing process treats the household as a unit, so a new adult in the home can affect safety, supervision, finances, and risk factors. Therefore, the home must be re-verified in both spouses' names to confirm continued compliance and that both adults are cleared to participate in foster care. Relying on the previous verification, or checking only the new spouse, could miss important updates to the household's suitability.

**7. The requirement for personal restraints orders is that they originate from a licensed psychiatrist or psychologist. Which option best states this rule?**

- A. Licensed psychiatrist or psychologist must originate personal restraint orders.**
- B. Licensed physician must originate personal restraint orders.**
- C. Licensed nurse must originate personal restraint orders.**
- D. School administrator must originate personal restraint orders.**

The requirement tests who may initiate a personal restraint order. This rule restricts initiation to licensed mental health professionals who have the authority to assess risk and determine necessity. A licensed psychiatrist or psychologist has the clinical training to evaluate a child's mental state, behavior, and safety needs, and to establish a restraint plan with proper safeguards, documentation, and ongoing oversight. That specificity makes this option the best fit, because it aligns with who is authorized and qualified to make these clinical decisions. Other professionals such as physicians, nurses, or school administrators do not meet this particular directive, so their involvement would not satisfy the requirement. This structure ensures appropriate clinical judgment, accountability, and safeguards in the use of restraints.

**8. For law enforcement service call information in foster home screening, what must you obtain for each prospective foster parent's addresses over the past two years?**

- A. Service call information from the appropriate law enforcement agency for each address over the past two years.**
- B. Only current address records.**
- C. A credit history report from a credit bureau.**
- D. School attendance records for the past two years.**

In screening a foster home, you assess safety by looking at law enforcement activity tied to places the prospective foster parent has lived. For every address in the past two years, you must obtain service call information from the appropriate law enforcement agency. This means pulling records of police calls or incidents connected to those residences, such as disturbances, assaults, or other responses. Reviewing this history helps you detect patterns or recurring safety concerns that could affect a child's welfare and ensures the assessment considers the actual environments the person has lived in, not just their current address. Other documents like current address records, credit history, or school records don't provide the same targeted insight into environmental safety or potential risks associated with prior residences. Handle all obtained information confidentially and in line with agency policy and applicable laws.

## 9. Who may administer emergency behavior intervention?

- A. Any caregiver
- B. Only a caregiver qualified in emergency behavior intervention**
- C. The child's parent
- D. The supervisor

Emergency behavior intervention involves high-risk actions to keep a child and others safe, so it must be carried out by someone who has received formal training and demonstrated competence in these procedures. When a caregiver is qualified in emergency behavior intervention, they understand how to use the intervention safely, apply the least restrictive approach, monitor for harm, document the incident, and discontinue the intervention as soon as it is safe. This training reduces the risk of injury and ensures proper adherence to approved policies and ethical standards. Unqualified caregivers should not administer EBIs because they lack the necessary skills to de-escalate safely and manage potential adverse effects. A parent may be a caregiver but isn't automatically trained or authorized to perform these interventions. A supervisor provides oversight and direction, but the actual administration should be done by someone who is qualified to implement EBIs.

## 10. What must an adoption service fee policy include?

- A. An adoption fee or fee schedule that applies to all clients, including the type of expenditures for birth parents and whether through an overall fee, pass-through expenses, or a combination.**
- B. A flat fee for all adoptions.
- C. No formal policy is required.
- D. Expenditures paid solely by adoptive parents.

The key idea is transparency about how an adoption agency charges for its services. The policy must lay out a fee or fee schedule that applies to all clients and clearly describe the types of expenditures related to birth parents, including how those costs are billed—whether as an overall fee, pass-through expenses, or a combination of both. This ensures every family knows exactly what they're paying, how costs are allocated, and that charges are consistently applied. This kind of clear structure helps prevent hidden or variable fees, supports comparisons between agencies, and aligns with regulatory expectations for open disclosure. It also recognizes that some costs may be charged as part of a general fee, some may be passed directly to the client as specific expenses, and others might involve a mix, rather than imposing a single, uniform price for every case. Other options don't fit because they either oversimplify the billing structure (a flat fee for all adoptions), imply no formal policy is required, or describe only one party paying the costs (expenditures paid solely by adoptive parents) without accounting for birth parent expenditures and the ways those costs may be handled.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://txlcpaaset2.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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