

Texas Licensed Child-Placing Agency Administrator (LCPAA) Set 1 Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Step and half relationships are considered the same as blood relationships.**
 - A. True**
 - B. False**
 - C. Not Specified**
 - D. Only for First-Degree**

- 2. What mental health services are required for children receiving trafficking victim services?**
 - A. Individual counseling only**
 - B. Family counseling only**
 - C. Individual counseling and family counseling**
 - D. No counseling required**

- 3. Who should be invited to participate in planning the child's non-emergency discharge or transfer, if appropriate?**
 - A. The child, the child's parent(s), and any other person pertinent to the child's care**
 - B. Only the parent**
 - C. Only the child**
 - D. Only the professional service provider**

- 4. Which item is listed as part of the plans required for Licensing's approval?**
 - A. An operation plan**
 - B. A market expansion plan**
 - C. A staff training plan**
 - D. A community outreach plan**

- 5. What does a 'transfer' of a child in care mean?**
 - A. A move from one program to another under the same permit or at the same location**
 - B. A change of foster family**
 - C. A discharge to parent**
 - D. A move to a different country**

- 6. What is the Assessment Services Program?**
- A. Services to provide an initial evaluation of the appropriate placement for a child to ensure that appropriate information is obtained in order to facilitate service planning**
 - B. A program that trains foster parents**
 - C. A program that provides ongoing therapy services**
 - D. A program that coordinates emergency care**
- 7. Which medical services are included in the initial 72-hour screen for trafficking victim admissions?**
- A. Heart and liver function tests**
 - B. Pregnancy tests and infectious disease tests**
 - C. Dental check only**
 - D. Vision screening only**
- 8. Where must the foster parents maintain the current month's medication records?**
- A. In the foster home**
 - B. In the agency office**
 - C. In the child's school file**
 - D. At the health clinic**
- 9. Which description matches a supine restraint?**
- A. Placing a child in a chest up restraint hold.**
 - B. Placing a child in a chest down restraint hold.**
 - C. Restraining a child while standing**
 - D. Restraining a child using equipment**
- 10. When a medication label error is found, what must you do?**
- A. Report the error to the pharmacist and have the label corrected as soon as possible but no later than the next business day**
 - B. Change the label yourself**
 - C. Contact the child's parent only**
 - D. Do nothing**

Answers

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1. A
2. C
3. A
4. A
5. A
6. A
7. B
8. A
9. A
10. A

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Explanations

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1. Step and half relationships are considered the same as blood relationships.

A. True

B. False

C. Not Specified

D. Only for First-Degree

In kinship-based placement decisions, the policy treats step and half relationships as kin in the same way as blood relationships. This means a child may be placed with a step-relative or a half-sibling if that arrangement serves the child's best interests, and these relationships carry the same weight as full blood relatives when determining eligibility for relative placement and related services. The goal is to recognize and preserve existing family support networks and the stability they can provide, even when the connection isn't through full biology. In this context, the statement is true; just be sure to consult the exact policy language for specifics in real cases.

2. What mental health services are required for children receiving trafficking victim services?

A. Individual counseling only

B. Family counseling only

C. Individual counseling and family counseling

D. No counseling required

Trauma-informed, comprehensive mental health support for child trafficking victims requires both the child's own therapy and work with the family. Individual counseling helps the child process the trauma, develop coping skills, and address symptoms like intrusive memories, anxiety, and depression. Family counseling engages caregivers, improves communication, sets safe boundaries, reduces secondary stress, and helps create a supportive home environment that reinforces the child's healing. Together, these services address the child's internal healing needs and the family dynamics that shape recovery, making both forms essential. Focusing on only one form leaves gaps: individual work without family involvement may miss ongoing environmental triggers, while family work without direct trauma-focused therapy for the child may not adequately address the child's personal healing needs.

3. Who should be invited to participate in planning the child's non-emergency discharge or transfer, if appropriate?

A. The child, the child's parent(s), and any other person pertinent to the child's care

B. Only the parent

C. Only the child

D. Only the professional service provider

Discharge planning for a child should be a collaborative process that includes the child, the child's parent or guardian, and anyone else who is involved in the child's care. This approach ensures the plan reflects the child's preferences and concerns, leverages the family's knowledge of daily routines and needs, and coordinates with other professionals or supports (such as therapists, social workers, teachers, or community services) to arrange a safe, seamless transfer or discharge. Limiting participation to just one group risks missing important perspectives and information about medical, behavioral, and logistical needs. Therefore, inviting the child, the parent(s), and any other person pertinent to the child's care is the best practice.

4. Which item is listed as part of the plans required for Licensing's approval?

A. An operation plan

B. A market expansion plan

C. A staff training plan

D. A community outreach plan

Licensing approvals focus on how the agency will operate on a day-to-day basis to ensure safety, compliance, and effective service delivery. An operation plan lays out exactly how services will be run, who does what, what procedures are followed, and how regulatory requirements will be met in practice. This shows the licensing reviewer that the agency is prepared to function safely and legally from the start. That's why the operation plan is the best choice. Market expansion plans concentrate on growth and aren't about current compliance. A staff training plan is important and often outlined within the operation plan or policy documents, but on its own it doesn't demonstrate the full operating framework licensors need. A community outreach plan focuses on engagement with the community rather than the daily operations and regulatory readiness.

5. What does a 'transfer' of a child in care mean?

- A. A move from one program to another under the same permit or at the same location**
- B. A change of foster family**
- C. A discharge to parent**
- D. A move to a different country**

A transfer means moving a child from one program to another under the same permit or at the same location. It keeps the same licensing in place and is used to adjust where the child receives services within the same agency, without changing the legal custody or ending the placement. This is different from changing foster families (which would be a new placement), discharging the child back to the parent (which ends the placement), or moving to another country (which involves different licensing and custody arrangements). In practice, transfers are documented and communicated to the child, caregivers, and supervising staff as part of the case plan.

6. What is the Assessment Services Program?

- A. Services to provide an initial evaluation of the appropriate placement for a child to ensure that appropriate information is obtained in order to facilitate service planning**
- B. A program that trains foster parents**
- C. A program that provides ongoing therapy services**
- D. A program that coordinates emergency care**

The Assessment Services Program is all about an initial evaluation to determine the most appropriate placement for a child and to gather the information needed to plan services. It involves collecting key details about the child's needs, background, and current situation so the team can decide where the child fits best and what supports should be put in place once a placement is made. This early, information-gathering step helps ensure that planning for services is informed and targeted. The other options describe activities that are handled by different programs or services—training foster parents, providing ongoing therapy, or coordinating emergency care—so they don't fit the purpose of this program.

7. Which medical services are included in the initial 72-hour screen for trafficking victim admissions?

- A. Heart and liver function tests**
- B. Pregnancy tests and infectious disease tests**
- C. Dental check only**
- D. Vision screening only**

The initial 72-hour screen prioritizes quick assessment of urgent health needs, specifically whether the person is pregnant and whether they have infectious diseases that could affect care or pose risks to others. Pregnancy testing guides immediate planning for prenatal care or safe delivery, while infectious disease testing (such as for HIV, hepatitis B and C, and other relevant infections) helps ensure proper treatment, vaccination decisions, and necessary precautions for staff and other residents. Tests like heart and liver function are not typically part of this rapid intake screen, and a dental or vision check alone wouldn't address the immediate health and safety priorities identified.

8. Where must the foster parents maintain the current month's medication records?

- A. In the foster home**
- B. In the agency office**
- C. In the child's school file**
- D. At the health clinic**

Keeping the current month's medication records in the foster home is essential because the foster parents are the day-to-day caregivers responsible for administering meds. Having the log accessible in the home allows them to document each dose, times, changes, and any issues promptly, which supports safety, continuity of care, and quick review during monthly agency checks or when medical staff need information. If the records were kept elsewhere, such as the agency office, the school file, or the health clinic, they wouldn't be readily available for daily administration or timely monitoring.

9. Which description matches a supine restraint?

- A. Placing a child in a chest up restraint hold.**
- B. Placing a child in a chest down restraint hold.**
- C. Restraining a child while standing**
- D. Restraining a child using equipment**

Supine means lying on the back. A supine restraint is applied with the child on their back (chest facing upward) while restraints are placed in that position. The description of placing a child in a chest up restraint hold fits this exactly because it involves the child being on their back during the restraint. In contrast, a chest down restraint hold would place the child face down (prone), which is not supine; restraining while standing is not a lying-down position; and restraining using equipment describes the tools used but not the body position.

10. When a medication label error is found, what must you do?

- A. Report the error to the pharmacist and have the label corrected as soon as possible but no later than the next business day**
- B. Change the label yourself**
- C. Contact the child's parent only**
- D. Do nothing**

When you find a medication label error, the priority is patient safety: report it to the pharmacist so the label can be corrected before the medication is given. Do not try to change the label yourself, because altering labeling can introduce new errors and isn't within your role. Informing the child's parent is important for communication, but it doesn't fix the labeling issue and isn't a substitute for addressing the error. Do nothing would leave the error uncorrected and could lead to harm. The standard expectation is to have the label corrected as soon as possible, but no later than the next business day, and to document the incident and ensure the corrected label is applied before the next administration. This ensures the correct medication, dose, and instructions are given to the child.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://txlcpaaset1.examzify.com>

We wish you the very best on your exam journey. You've got this!

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