

Texas Barber Exam Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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SAMPLE

Questions

SAMPLE

- 1. Disinfect implements with fine cutting edges with?**
 - A. Soap and water**
 - B. 70 percent ethyl alcohol**
 - C. 99 percent isopropyl alcohol**
 - D. Disinfectant spray**
- 2. For safety, shears need to be closed and resting in the palm while combing the hair. What is this action called?**
 - A. Palming**
 - B. Ring finger**
 - C. The heaviest perimeter of a 0 or 45 degree cut**
 - D. Sudoriterous**
- 3. Chemical services drapes include the following:**
 - A. Coloring matter or pigment**
 - B. Hair follicle**
 - C. Sodium hypochlorite**
 - D. Towel, drape, towel**
- 4. Name a common styling product used to add texture to hair.**
 - A. Hair gel**
 - B. Hair mousse**
 - C. Hair wax**
 - D. Hair spray**
- 5. What is the type of massage involving a deep rubbing movement called?**
 - A. Alopecia areata**
 - B. Friction**
 - C. Porosity**
 - D. Face packs**

- 6. What should be done if a client arrives with a contagious skin condition?**
- A. Provide treatment and proceed with services**
 - B. Refuse service and advise them to see a medical professional**
 - C. Refer them to another barber**
 - D. Offer a discounted service for the inconvenience**
- 7. What lubricates the skin and preserves the softness of the hair?**
- A. Sebum**
 - B. Decayed matter**
 - C. Chemical hair relaxer or perm**
 - D. Bodily secretions**
- 8. What does porosity refer to in the context of hair?**
- A. Towel, drape, towel**
 - B. Alopecia areata**
 - C. Coloring matter or pigment**
 - D. The ability of the hair to absorb moisture**
- 9. Why is it important for barbers to practice proper sanitation?**
- A. To reduce labor costs**
 - B. To attract more customers**
 - C. To ensure client safety and health**
 - D. To comply with marketing trends**
- 10. What product is commonly recommended to soothe the skin after shaving?**
- A. Moisturizer**
 - B. Shave gel**
 - C. Aftershave lotion**
 - D. Facial scrub**

Answers

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1. C
2. A
3. D
4. C
5. B
6. B
7. A
8. D
9. C
10. C

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Explanations

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1. Disinfect implements with fine cutting edges with?

- A. Soap and water
- B. 70 percent ethyl alcohol
- C. 99 percent isopropyl alcohol**
- D. Disinfectant spray

It is important to disinfect tools with fine cutting edges in order to reduce the risk of infection. Out of the given options, 99 percent isopropyl alcohol is the most effective choice for this purpose. Option A, soap and water, may not completely disinfect the tools and can leave residue on the blades which may cause irritation or contamination. Option B, 70 percent ethyl alcohol, is not as effective as the 99 percent isopropyl alcohol because the higher concentration allows for better penetration and kills a wider range of microbes. Option D, disinfectant spray, may contain chemicals that could be harmful to both you and the tools. Furthermore, it is not specifically designed for disinfecting tools and may not be as effective as the recommended option of 99 percent isopropyl alcohol.

2. For safety, shears need to be closed and resting in the palm while combing the hair. What is this action called?

- A. Palming**
- B. Ring finger
- C. The heaviest perimeter of a 0 or 45 degree cut
- D. Sudoriterous

This is because the other options are not related to hair styling or safety. B and C are not terms used in hair styling and D is a medical term unrelated to hair styling. Palming refers to the technique of holding the shears in a safe and comfortable position while combing the hair, ensuring the shears are not open and posing a safety hazard.

3. Chemical services drapes include the following:

- A. Coloring matter or pigment
- B. Hair follicle
- C. Sodium hypochlorite
- D. Towel, drape, towel**

Chemical services drapes include towels, drapes, and towels. This is because during chemical services, it is important to protect the client's skin and clothing from any chemical products. Draping the client with towels and drapes can prevent any accidental spills or stains on their clothing. Using multiple towels ensures that any mess or chemical residue can be easily cleaned up without harming the client's clothes or skin. Options A, B, and C are incorrect because coloring matter or pigment, hair follicles, and sodium hypochlorite are not typically used as drapes for chemical services.

4. Name a common styling product used to add texture to hair.

- A. Hair gel**
- B. Hair mousse**
- C. Hair wax**
- D. Hair spray**

Hair wax is a common styling product specifically designed to add texture and definition to hair. It provides a flexible hold, allowing the user to manipulate and shape their hairstyle while maintaining a natural appearance. Wax can help to separate strands, creating a tousled or layered look that enhances the overall texture. It typically has a thicker consistency compared to lighter products like hair mousse or gel, allowing for more control over styling. This makes it ideal for achieving styles that require a textured finish, such as messy buns or spiked looks. While other products like hair gel provide hold and shine, they do not typically offer the same level of texture. Hair mousse is often used to add volume, and hair spray is primarily a finishing product used to secure a hairstyle in place. Wax stands out as the go-to choice for adding texture, giving users the versatility to create a variety of looks.

5. What is the type of massage involving a deep rubbing movement called?

- A. Alopecia areata**
- B. Friction**
- C. Porosity**
- D. Face packs**

The type of massage that involves a deep rubbing movement is known as friction. This technique is specifically geared toward warming up the muscle tissue and improving circulation in a targeted area. The friction method is characterized by the application of pressure through deep circular movements, often performed using the fingers or palms, which helps to break down adhesions between tissues and improve overall muscle flexibility. Friction is commonly used in various therapeutic and relaxation massage styles to alleviate tension and enhance muscle performance. By effectively manipulating the muscles and connective tissues, this technique can lead to better blood flow, reduced muscle stiffness, and a greater range of motion. The other terms listed do not pertain to this type of massage; for example, alopecia areata refers to a medical condition involving hair loss, porosity is a term used to describe the hair's ability to absorb moisture, and face packs are treatments applied to the skin of the face, often for cosmetic or therapeutic purposes. Thus, friction stands out as the appropriate choice for a deep rubbing massage technique.

6. What should be done if a client arrives with a contagious skin condition?

- A. Provide treatment and proceed with services**
- B. Refuse service and advise them to see a medical professional**
- C. Refer them to another barber**
- D. Offer a discounted service for the inconvenience**

If a client arrives with a contagious skin condition, the appropriate course of action is to refuse service and advise them to see a medical professional. This choice ensures the health and safety of both the client and the barber, as contagious conditions can pose a risk of spreading infections or diseases to others in the salon. By advising the client to seek medical attention, you are not only protecting the well-being of your clientele but also adhering to industry standards and regulations that prioritize sanitation and safety in barbering practices. This response demonstrates a responsible and ethical approach to client care, as it emphasizes the importance of proper diagnosis and treatment by qualified health professionals, which is essential for managing contagious conditions effectively.

7. What lubricates the skin and preserves the softness of the hair?

- A. Sebum**
- B. Decayed matter**
- C. Chemical hair relaxer or perm**
- D. Bodily secretions**

Sebum is the correct answer because it is the natural oil produced by the sebaceous glands in the skin. Sebum helps lubricate the skin and hair, preserving the softness of the hair. On the other hand, options B, C, and D are incorrect. Decayed matter, chemical hair relaxer or perm, and bodily secretions do not have the same beneficial effects on the skin and hair as sebum does.

8. What does porosity refer to in the context of hair?

- A. Towel, drape, towel**
- B. Alopecia areata**
- C. Coloring matter or pigment**
- D. The ability of the hair to absorb moisture**

Porosity refers to the hair's ability to absorb moisture. Option A is incorrect because it includes unrelated items and does not pertain to hair porosity. Option B refers to a specific hair condition, not general hair properties. Option C refers to a different aspect of hair, namely its color. Hence, option D is the correct answer.

9. Why is it important for barbers to practice proper sanitation?

- A. To reduce labor costs**
- B. To attract more customers**
- C. To ensure client safety and health**
- D. To comply with marketing trends**

Practicing proper sanitation is crucial for barbers primarily to ensure client safety and health. Barbers work in close contact with clients and handle tools and equipment that can harbor bacteria, viruses, and other pathogens. By maintaining high standards of cleanliness and sanitation, barbers are able to minimize the risk of infections and the spread of communicable diseases. This not only protects the health of clients but also fosters trust and confidence in the barbering profession. A safe environment enhances the overall customer experience and can lead to long-term relationships with clients, contributing to the overall reputation of the barber and the business. Thus, prioritizing sanitation is fundamental for any barber to uphold their professional responsibilities and promote the well-being of their clientele.

10. What product is commonly recommended to soothe the skin after shaving?

- A. Moisturizer**
- B. Shave gel**
- C. Aftershave lotion**
- D. Facial scrub**

Aftershave lotion is specifically formulated to soothe and protect the skin following shaving. One of its primary functions is to alleviate irritation caused by the razor, providing a calming effect on freshly shaved skin. Aftershave lotions often contain ingredients designed to hydrate the skin and reduce redness or inflammation, making them an essential part of post-shave skincare. In contrast, other choices may serve different purposes. Moisturizers are generally used regularly to maintain skin hydration but are not specifically tailored for post-shave application like aftershave lotions. Shave gels are intended for use during the shaving process to help the razor glide smoothly, and while they may provide some hydration, they don't address post-shaving irritations. Facial scrubs are designed to exfoliate the skin, which is not suitable immediately after shaving as the skin can be sensitive and may react negatively to exfoliation.