

# Texas A&M University (TAMU) MGMT363 Managing People in Organizations Exam 2 Practice (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## **7. Use Other Tools**

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

- 1. Which concept reflects the idea that people appreciate you based on your accomplishments?**
  - A. Respect**
  - B. Expectancy theory**
  - C. Past accomplishments**
  - D. Vicarious experiences**
- 2. When individuals perceive everyone to be worse than they actually are, it is referred to as what?**
  - A. Severity**
  - B. Leniency**
  - C. Centrism**
  - D. Projective distortion**
- 3. What value indicates how much society should encourage kindness, fairness, and generosity?**
  - A. Humane orientation**
  - B. Self-interest**
  - C. Competitive spirit**
  - D. Individualism**
- 4. Which term best describes the skill of making sense of information and finding patterns?**
  - A. Speed and flexibility of closure**
  - B. General Cognitive Ability**
  - C. Perceptual speed**
  - D. Emotional regulation**
- 5. What does goal commitment refer to in the context of goal setting?**
  - A. Binding agreements**
  - B. Employee involvement**
  - C. Personal accountability**
  - D. Agreement terms**



- 6. What does engagement in the workplace primarily refer to?**
- A. High levels of collaboration**
  - B. High levels of intensity and persistence in work effort**
  - C. Employee satisfaction and happiness**
  - D. Effective communication among team members**
- 7. What does the attentional process in learning involve?**
- A. Focusing on rewards**
  - B. Observing a model's behavior**
  - C. Remembering previous learning**
  - D. Engaging in practice**
- 8. What type of programs focuses on helping employees become healthier through initiatives such as on-site fitness centers and health screenings?**
- A. Wellness/Health Programs**
  - B. Fitness Programs**
  - C. Health Maintenance Programs**
  - D. Preventative Care Programs**
- 9. What is the term for the amount of time an individual dedicates to family responsibilities?**
- A. Family time demands**
  - B. Work-family conflict**
  - C. Time pressure**
  - D. Daily hassles**
- 10. Which of the following is an example of a work challenge stressor?**
- A. Daily hassles**
  - B. Time pressure**
  - C. Work-family conflict**
  - D. Negative life events**

## **Answers**

1. A
2. A
3. A
4. A
5. B
6. B
7. B
8. A
9. A
10. B

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## **Explanations**

**1. Which concept reflects the idea that people appreciate you based on your accomplishments?**

**A. Respect**

**B. Expectancy theory**

**C. Past accomplishments**

**D. Vicarious experiences**

The concept that reflects the idea that people appreciate you based on your accomplishments is respect. Respect is fundamentally based on one's achievements, capabilities, and contributions, and it often forms the basis for how individuals are valued within an organization or social setting. When someone achieves significant milestones or demonstrates competence in their tasks, they often gain the respect of their peers and superiors, which can be a powerful motivator and can enhance their social standing within the group. Expectancy theory relates to the motivation of individuals based on their expectations that effort will lead to performance and that this performance will lead to desired outcomes, but it does not specifically tie appreciation to accomplishments alone. Past accomplishments refer to individuals' specific achievements but do not fully capture the broader societal dynamic of respect. Vicarious experiences involve learning through observing others' experiences and are more about indirect understanding rather than the appreciation of an individual's own achievements. Thus, respect encompasses the appreciation rooted in accomplishments, illustrating why it is the most fitting concept in this context.

**2. When individuals perceive everyone to be worse than they actually are, it is referred to as what?**

**A. Severity**

**B. Leniency**

**C. Centrism**

**D. Projective distortion**

The concept you're looking for is known as projective distortion. When individuals assess others and perceive everyone to be worse than they actually are, they are projecting their own feelings, biases, or insecurities onto others. This distortion can stem from a variety of cognitive biases and can occur in situations where one may feel inadequate or is struggling with self-esteem, leading them to evaluate others more harshly than warranted. In contrast, severity refers to a tendency to rate others too harshly or to find fault more readily, while leniency reflects the opposite bias, where individuals rate others more favorably than is deserved. Centrism refers to a tendency to avoid extremes in evaluations and rate individuals toward the middle on a scale. Projective distortion specifically highlights the cognitive error in perceiving extrinsic cues negatively based on internal projections. Understanding projective distortion is important in organizational settings, as it can affect team dynamics, performance evaluations, and interpersonal relationships among team members. Recognizing this bias can help mitigate its effects, leading to more accurate perceptions and better workplace interactions.

**3. What value indicates how much society should encourage kindness, fairness, and generosity?**

**A. Humane orientation**

**B. Self-interest**

**C. Competitive spirit**

**D. Individualism**

The correct answer is humane orientation, which reflects the value that encourages kindness, fairness, and generosity within a society. Organizations and cultures that prioritize humane orientation tend to foster supportive and cooperative environments, where individuals are motivated to act altruistically and consider the well-being of others. This aligns with the promotion of positive social behavior and collective welfare, emphasizing the importance of empathy and kindness as core societal values. Humane orientation can significantly impact leadership styles and organizational culture, as leaders who embody this value are more likely to promote fairness and equity in decision-making processes, leading to higher employee morale and stronger collaborative efforts. In contrast, the other values mentioned do not directly emphasize these aspects. Self-interest focuses on personal gain and benefits, often leading to competitive and individualistic behaviors. Competitive spirit emphasizes a drive for achievement and success, which can sometimes overshadow the value of kindness toward others. Individualism centers on personal autonomy and self-reliance, which, while important, may not prioritize collective kindness and generosity in the same way that humane orientation does.

**4. Which term best describes the skill of making sense of information and finding patterns?**

**A. Speed and flexibility of closure**

**B. General Cognitive Ability**

**C. Perceptual speed**

**D. Emotional regulation**

The skill of making sense of information and finding patterns is best described by the term "General Cognitive Ability." This concept refers to the overall mental capacity to learn, reason, solve problems, and think abstractly, which encompasses the ability to identify patterns within information. Individuals with high general cognitive ability are adept at processing complex information and drawing meaningful conclusions from it. While "Speed and flexibility of closure" pertains to how quickly a person can process information and recognize patterns, it does not fully encapsulate the broader cognitive capabilities involved in understanding and synthesizing information. This aspect is more about the speed at which closure is achieved rather than the underlying cognitive skills necessary to analyze and interpret data effectively. Other options like "Perceptual speed" focus on the ability to quickly perceive visual details and patterns, which is a subset of cognitive skills, but not as comprehensive as general cognitive ability. "Emotional regulation," on the other hand, relates to managing and responding to emotional experiences rather than cognitive processing. Therefore, "General Cognitive Ability" is the term that more accurately describes the holistic skill of sense-making and pattern recognition in information.

**5. What does goal commitment refer to in the context of goal setting?**

**A. Binding agreements**

**B. Employee involvement**

**C. Personal accountability**

**D. Agreement terms**

Goal commitment refers to the level of determination and dedication an individual has toward achieving a specific goal. In the context of goal setting, it signifies how strongly an individual believes in their goals and their willingness to pursue them despite challenges or obstacles. When employees are involved in the goal-setting process, they are more likely to feel a sense of ownership and commitment towards the goals established. This involvement fosters a deeper connection to the goals, enhancing motivation and increasing the likelihood they will be pursued diligently. When employees set their own goals or contribute to setting team goals, they feel a greater responsibility to achieve them. While binding agreements, personal accountability, and the terms of agreement relate to the structure around goals, they do not encapsulate the essence of goal commitment as it pertains to emotional and psychological investment. Goal commitment largely hinges on personal engagement and the belief in the importance and feasibility of the goal, making employee involvement a crucial element in this process.

**6. What does engagement in the workplace primarily refer to?**

**A. High levels of collaboration**

**B. High levels of intensity and persistence in work effort**

**C. Employee satisfaction and happiness**

**D. Effective communication among team members**

Engagement in the workplace primarily refers to high levels of intensity and persistence in work effort. This concept emphasizes the emotional commitment that employees have towards their work and the organization. When employees are engaged, they are more likely to invest time and energy into their tasks, show enthusiasm for their work, and demonstrate a strong desire to contribute to the organization's success. Engagement is not merely about feeling satisfied or happy at work, although those feelings can contribute to engagement. It is about how focused and dedicated employees are in their roles and how their behaviors align with organizational goals. High levels of collaboration, employee satisfaction, and effective communication are all important aspects of a productive work environment but do not fully capture the essence of engagement. Engagement specifically highlights the proactive approach employees take by immersing themselves in their work and striving for excellence continuously.

## 7. What does the attentional process in learning involve?

- A. Focusing on rewards
- B. Observing a model's behavior**
- C. Remembering previous learning
- D. Engaging in practice

The attentional process in learning is primarily about observing a model's behavior. This phase is crucial because it involves the learner actively watching and taking in the actions, techniques, and strategies demonstrated by someone else. By focusing on a model, individuals can acquire new behaviors and skills by noting not just what the model does, but also the context and nuances surrounding those actions. This observational learning is foundational in social learning theory, emphasizing that attention to a model's behavior is essential for successful skill acquisition. It highlights the importance of models in the learning environment - whether they are peers, teachers, or other influential figures - as learners are often more likely to imitate behaviors they find compelling or relevant. In contrast, focusing solely on rewards, remembering previous learning, or engaging in practice may enhance learning or motivation, but they do not directly address the attentional process involved in the initial stages of observational learning. Observing a model's behavior is the first and critical step towards learning new actions and competencies.

## 8. What type of programs focuses on helping employees become healthier through initiatives such as on-site fitness centers and health screenings?

- A. Wellness/Health Programs**
- B. Fitness Programs
- C. Health Maintenance Programs
- D. Preventative Care Programs

The focus of wellness or health programs is primarily on improving employees' overall health and well-being. These initiatives typically include a variety of activities and services designed to enhance physical health, manage stress, and promote healthy lifestyle choices among employees. By incorporating elements such as on-site fitness centers and health screenings, these programs aim to create an environment where employees can access resources that support their health goals. Wellness programs often encompass a broad range of services beyond just fitness, including nutritional counseling, mental health support, and stress management workshops. This holistic approach is designed to address multiple facets of an individual's health rather than targeting specific activities or conditions, making them an effective strategy for organizations looking to support their workforce comprehensively. While fitness programs and preventative care programs emphasize specific aspects of health, such as physical exercise and preventing health issues before they arise, respectively, wellness or health programs provide a more comprehensive framework that includes these components while also addressing overall employee well-being.



**9. What is the term for the amount of time an individual dedicates to family responsibilities?**

- A. Family time demands**
- B. Work-family conflict**
- C. Time pressure**
- D. Daily hassles**

The correct term for the amount of time an individual dedicates to family responsibilities is indeed "family time demands." This term specifically refers to the expectations and time commitments that a person has towards their family duties, which can include activities such as child-rearing, caregiving, and maintaining household responsibilities. Understanding this concept is crucial, especially in contexts such as work-life balance, where individuals are often trying to navigate the demands of both work and family life. Family time demands are significant because they influence how much time and energy a person can allocate to their job, thereby affecting their overall productivity and well-being. The other options, while related to the challenges individuals face in balancing work and family, do not capture the specific aspect of time commitment to family responsibilities. Work-family conflict refers to the tension that arises when the demands of work interfere with family responsibilities, while time pressure speaks to the stress individuals feel due to competing demands on their time. Daily hassles pertain to minor annoyances that can drain a person's energy but do not specifically address the allocation of time to family. Hence, the best choice for describing the time dedicated to family responsibilities is "family time demands."

**10. Which of the following is an example of a work challenge stressor?**

- A. Daily hassles**
- B. Time pressure**
- C. Work-family conflict**
- D. Negative life events**

Time pressure is identified as a work challenge stressor because it refers to the perceived urgency of tasks that often leads to increased motivation and productivity. While it is undeniably a source of stress, it can also foster a sense of accomplishment when individuals successfully manage their time and meet deadlines. Challenge stressors, like time pressure, are viewed positively by some because they can lead to personal and professional growth, skill enhancement, and the development of coping strategies. In contrast, daily hassles typically represent minor irritations that accumulate, work-family conflict relates to the tension between work obligations and family life, and negative life events are generally seen as distressing occurrences that may not contribute positively to personal development in the workplace. Focus on managing time effectively can enhance performance and lead to better outcomes, making time pressure a classic example of a work challenge stressor.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://tamu-mgmt363exam2.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**