

# Tennessee Professional Counseling Jurisprudence Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## 1. Start with a Diagnostic Review

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## 2. Study in Short, Focused Sessions

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## 3. Learn from the Explanations

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## 4. Track Your Progress

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## 5. Simulate the Real Exam

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## 6. Repeat and Review

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## 7. Use Other Tools

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

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- 1. What is the role of the board regarding continuing education compliance notifications?**
  - A. They grant immediate waivers**
  - B. They notify licensees and set compliance deadlines**
  - C. They only check compliance once a year**
  - D. They provide CE credits automatically**
- 2. What is the minimum number of client contact hours required per week for professional experience in counseling?**
  - A. Five client contact hours**
  - B. Ten client contact hours**
  - C. Fifteen client contact hours**
  - D. Twenty client contact hours**
- 3. What principle reflects the treatment of individuals equitably?**
  - A. Justice**
  - B. Fidelity**
  - C. Veracity**
  - D. No maledicente**
- 4. What does NCMHCE stand for?**
  - A. National Certified Mental Health Counseling Examination**
  - B. National Council for Mental Health Certification Examination**
  - C. National Clinical Mental Health Counseling Examination**
  - D. National Clinical Mental Health Counselor Evaluation**
- 5. What happens if the supporting documents are not received by the board within the designated time?**
  - A. Your application is approved**
  - B. Your file will be closed**
  - C. You are granted an extension**
  - D. Your application is put on hold**

**6. Which of the following is included in the subjects of professional ethics?**

- A. NCDA Code of Ethics**
- B. TFCA Code of Ethics**
- C. TN Code Annotated - Title 63, Chapter 22**
- D. ACA Guidelines for Counselors**

**7. How many supervision hours are required to be provided by LPC-MHSP?**

- A. 100 hours**
- B. 75 hours**
- C. 150 hours**
- D. 50 hours**

**8. What type of assessments can professionals with an MHSP conduct?**

- A. Only personality assessments**
- B. Standardized testing for cognitive abilities**
- C. Assessments for treatment goals**
- D. Intelligent Quotient assessments**

**9. What is the most severe form of disciplinary action that removes an individual from practice?**

- A. Civil Penalty**
- B. Certification/Lic Revocation**
- C. Formal Censure**
- D. Probation**

**10. What is the maximum number of multimedia hours that can count towards continuing education requirements?**

- A. 5 hours**
- B. 10 hours**
- C. 15 hours**
- D. 20 hours**

## **Answers**

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1. B
2. B
3. A
4. C
5. B
6. C
7. B
8. C
9. B
10. B

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## **Explanations**

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**1. What is the role of the board regarding continuing education compliance notifications?**

- A. They grant immediate waivers**
- B. They notify licensees and set compliance deadlines**
- C. They only check compliance once a year**
- D. They provide CE credits automatically**

The board's role regarding continuing education compliance notifications is to notify licensees and set compliance deadlines. This is essential for maintaining professional standards and ensuring that all licensed counselors stay updated with the latest practices and knowledge in their field. By informing licensees about their continuing education requirements, the board helps the workforce remain competent, providing better care to clients. Additionally, setting compliance deadlines ensures that licensees have a clear timeline for meeting their educational requirements, reinforcing accountability within the profession. This systematic approach contributes to the overall integrity of the counseling profession in Tennessee. Other options, while potentially plausible in different contexts, do not accurately reflect the board's specific responsibilities in this regard.

**2. What is the minimum number of client contact hours required per week for professional experience in counseling?**

- A. Five client contact hours**
- B. Ten client contact hours**
- C. Fifteen client contact hours**
- D. Twenty client contact hours**

The minimum number of client contact hours required per week for professional experience in counseling is set at ten. This standard is derived from the requirements for Licensure in Professional Counseling in Tennessee, which is designed to ensure that counseling students and professionals engage in sufficient practical experience to develop their clinical skills. Having ten client contact hours allows trainees to gain meaningful interactions with clients, enhancing their understanding of therapeutic techniques, client dynamics, and the overall counseling process. Regular contact also cultivates the ability to apply theoretical knowledge in real-world settings, which is critical for effective practice. This number reflects a balance between gaining adequate experience and managing the demands of educational and supervisory components of the training program, ensuring that future counselors are well-prepared for their professional roles.

### 3. What principle reflects the treatment of individuals equitably?

- A. Justice**
- B. Fidelity**
- C. Veracity**
- D. No maledicente**

The principle that reflects the treatment of individuals equitably is justice. In the context of professional counseling and ethics, justice involves ensuring that all individuals receive fair treatment and access to services without discrimination or bias. It encompasses the obligation of counselors to provide care and support that is respectful of and tailored to the unique circumstances of each individual. Justice extends to various aspects of the counseling relationship, such as advocating for clients' rights and ensuring that systemic inequalities are addressed. It is fundamental to creating a therapeutic environment where individuals feel valued and understood, contributing to their overall well-being. Other principles, while important, focus on different aspects of the counseling profession. Fidelity relates to loyalty and the obligation to keep promises and commitments made to clients. Veracity emphasizes the importance of truthfulness and transparency in communication. No maledicente is not a recognized ethical principle in this context, as it appears to be an incorrect or misused term. Thus, justice stands out as the principle that specifically emphasizes equitable treatment.

### 4. What does NCMHCE stand for?

- A. National Certified Mental Health Counseling Examination**
- B. National Council for Mental Health Certification Examination**
- C. National Clinical Mental Health Counseling Examination**
- D. National Clinical Mental Health Counselor Evaluation**

The term NCMHCE stands for the National Clinical Mental Health Counseling Examination. This examination is a critical assessment tool utilized to evaluate the competencies of individuals seeking licensure as professional counselors in the United States. It specifically measures knowledge and skills in various areas relevant to clinical mental health counseling, reflecting established standards and practices within the field. Understanding the importance of this examination is essential for aspiring counselors as it serves not only as a benchmark for professional competency but also ensures that practitioners are equipped to address the complexities of mental health issues effectively. This exam is part of the licensure process in many states, including Tennessee, playing a vital role in affirming the professional standards expected of licensed mental health counselors. The other options, while they might appear similar, do not accurately represent the official name or intention of the examination, which is primarily centered on clinical mental health counseling specifically.

**5. What happens if the supporting documents are not received by the board within the designated time?**

- A. Your application is approved**
- B. Your file will be closed**
- C. You are granted an extension**
- D. Your application is put on hold**

If supporting documents are not received by the board within the designated time, the correct consequence is that your file will be closed. This is a standard protocol in many professional licensing and regulatory processes to ensure that applications are processed promptly and efficiently. When documents are required to complete an application, a failure to submit them by the specified deadline typically results in the application being deemed incomplete, leading to its closure rather than continuation or approval. Closing the file signifies that the board will no longer consider the application unless the applicant takes further action, such as reapplying or submitting the required documents within a different timeframe if allowed. This approach ensures that the board can effectively manage its workload and maintain timely processing of applications. Extensions or holds might seem plausible, but they are not standard practice in these situations without clear communication from the applicant regarding their circumstances.

**6. Which of the following is included in the subjects of professional ethics?**

- A. NCDA Code of Ethics**
- B. TFCA Code of Ethics**
- C. TN Code Annotated - Title 63, Chapter 22**
- D. ACA Guidelines for Counselors**

The inclusion of the TN Code Annotated - Title 63, Chapter 22 as a subject of professional ethics is significant because this legal framework outlines the laws and regulations governing the practice of counseling in Tennessee. It gives counselors the necessary guidance on ethical and legal conduct specific to the state, including licensure requirements, client confidentiality, and professional responsibilities. This code serves an essential role in establishing a standard for ethical practice within the profession, reinforcing the legal obligations that counselors must adhere to in their practice. Having a solid understanding of this code helps counselors navigate ethical dilemmas while ensuring compliance with state laws. In contrast, while the other options provide important ethical guidelines and frameworks relevant to counselors, such as those from the NCDA and ACA, they are not specific legal documents of Tennessee law. Instead, they serve as resources and guidelines that inform counseling practice on a broader scale rather than establishing mandatory legal standards specific to the state. Therefore, the TN Code Annotated - Title 63, Chapter 22 is the most appropriate answer, as it directly pertains to the legal and ethical responsibilities of counselors practicing in Tennessee.

**7. How many supervision hours are required to be provided by LPC-MHSP?**

- A. 100 hours**
- B. 75 hours**
- C. 150 hours**
- D. 50 hours**

The correct answer indicates that a Licensed Professional Counselor with a Mental Health Service Provider designation (LPC-MHSP) in Tennessee is required to provide 75 hours of supervision for individuals seeking to become Licensed Professional Counselors. This requirement is reflective of the standards established by the Tennessee Board of Professional Counselors, Marital and Family Therapists, and Clinical Pastoral Therapists, which seeks to ensure that supervisees receive adequate guidance and feedback to develop their clinical skills and competencies effectively. It is important to adhere to these regulations, as they are in place to protect the welfare of clients and to ensure that new counselors are properly trained and monitored during their early professional experiences.

**8. What type of assessments can professionals with an MHSP conduct?**

- A. Only personality assessments**
- B. Standardized testing for cognitive abilities**
- C. Assessments for treatment goals**
- D. Intelligent Quotient assessments**

Professionals with a Mental Health Service Provider (MHSP) designation have the training and authority to conduct a variety of assessments that are essential for developing treatment plans and goals for their clients. This includes assessing client needs, strengths, and areas requiring support, which directly informs the creation of individualized treatment plans. These assessments allow the professional to identify specific concerns or conditions, facilitating targeted interventions tailored to each client's unique situation. While personality assessments, standardized cognitive testing, and IQ assessments may be relevant in certain contexts, the focus of MHSPs is primarily on gathering information necessary to guide treatment. The ability to develop and monitor treatment goals is a core function of mental health assessment and intervention, as it aligns with the standards and practices outlined in their training and scope of practice.

**9. What is the most severe form of disciplinary action that removes an individual from practice?**

- A. Civil Penalty**
- B. Certification/Lic Revocation**
- C. Formal Censure**
- D. Probation**

The most severe form of disciplinary action that removes an individual from practice is certification or license revocation. This action involves permanently or temporarily ending a counselor's ability to practice legally, significantly impacting their career and ability to provide services. Revocation is usually a result of serious violations of ethical guidelines, laws, or regulations that govern the profession. When a counselor's license is revoked, they lose their legal authorization to practice and must go through a process to regain their certification, which may involve further education, remediation, or demonstrating changed behavior. Other options, while serious, do not result in removal from practice. Civil penalties may involve fines but do not affect a counselor's ability to work. Formal censure is a public reprimand that indicates professional misconduct but does not remove licensure. Probation allows the counselor to continue practicing under specific conditions rather than barring them from practice entirely. Thus, revocation is clearly the most severe disciplinary action, having significant and lasting consequences for a counselor's professional life.

**10. What is the maximum number of multimedia hours that can count towards continuing education requirements?**

- A. 5 hours**
- B. 10 hours**
- C. 15 hours**
- D. 20 hours**

The correct answer indicates that the maximum number of multimedia hours that can be counted towards continuing education requirements is 10 hours. In the context of Tennessee's regulations for professional counselors, multimedia hours refer to educational activities that utilize various formats, such as webinars, online courses, and other digital resources. The inclusion of specific maximum hours ensures that there is a balance between traditional learning methods and modern multimedia options, while also promoting a well-rounded educational experience. This limit exists to encourage counselors to engage with a variety of educational formats, including in-person training and other interactive learning opportunities, which may provide richer, more effective learning experiences compared to solely relying on multimedia formats. Understanding this helps professionals to plan their continuing education effectively while ensuring compliance with state regulations.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://tnprofessionalcounselingjurisprudence.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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