

TDLR Weaving and Braid Extensions Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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SAMPLE

Questions

- 1. Which animal is the primary source of the strong extension material used in weaving, found in the mountains of Tibet and Central Asia?**
 - A. lin**
 - B. wool**
 - C. yarn**
 - D. yak**
- 2. Why are scalp massages recommended for clients with extensions?**
 - A. They help to untangle the extensions**
 - B. They stimulate blood circulation and promote hair health**
 - C. They are a form of styling**
 - D. They reduce the amount of shedding**
- 3. What technique is commonly used to hide the wefts in a sew-in?**
 - A. The braiding technique**
 - B. The flip-over method**
 - C. The layering technique**
 - D. The twisting technique**
- 4. Which safety protocols should stylists follow when working with tools?**
 - A. Use gloves and masks only**
 - B. Proper sanitation and personal protective equipment**
 - C. Only sanitize tools occasionally**
 - D. Wear no protective gear**
- 5. Which method of cornrowing results in a more natural look and less tension on the hairline?**
 - A. feed-in method**
 - B. traditional method**
 - C. freehand method**
 - D. comb method**

- 6. When should a client seek professional assistance for hair extensions?**
- A. Only if they are experiencing discomfort**
 - B. For initial application and any adjustments needed**
 - C. When they want to remove them on their own**
 - D. Only if they want to change colors**
- 7. What is the purpose of a wig block during wig preparation?**
- A. color application**
 - B. storage**
 - C. creation**
 - D. display**
- 8. How can clients protect their extensions while sleeping?**
- A. By using a cotton pillowcase to absorb moisture**
 - B. By using a satin or silk pillowcase to reduce friction**
 - C. By tying hair up in a tight bun**
 - D. By avoiding hair products while sleeping**
- 9. What is an advantage of using clip-in extensions?**
- A. They are permanent**
 - B. They are easily removable and reusable**
 - C. They require professional installation**
 - D. They can be styled with heat only**
- 10. What is a common method for applying extensions besides sewing?**
- A. Twisting**
 - B. Bonding**
 - C. Cording**
 - D. Braiding**

Answers

SAMPLE

- 1. D**
- 2. B**
- 3. B**
- 4. B**
- 5. A**
- 6. B**
- 7. A**
- 8. B**
- 9. B**
- 10. B**

SAMPLE

Explanations

SAMPLE

1. Which animal is the primary source of the strong extension material used in weaving, found in the mountains of Tibet and Central Asia?

- A. lin
- B. wool
- C. yarn
- D. yak**

The primary source of strong extension material used in weaving from the mountains of Tibet and Central Asia is the yak. Yaks are domesticated animals that thrive in harsh, high-altitude environments, making them well-suited for the region. Their long, coarse hair is finely spun into a durable and resilient fiber that is ideal for weaving textiles. The resulting fabrics are not only strong but also provide insulation, which is essential in the cold climates of their native areas. In contrast, while lin is a source of linen fiber, it does not originate from the mountainous regions specified in the question, nor does it possess the same strength and texture suited for the types of weaving prevalent in Tibetan culture. Wool is another common fiber used in textiles but typically comes from sheep and is less associated with the specific strong materials derived from yaks. Yarn, while a term that could encompass fibers from various sources, does not specifically point to the unique material derived from yaks that is recognized for its use in traditional weaving practices in that region.

2. Why are scalp massages recommended for clients with extensions?

- A. They help to untangle the extensions
- B. They stimulate blood circulation and promote hair health**
- C. They are a form of styling
- D. They reduce the amount of shedding

Scalp massages are particularly beneficial for clients with extensions because they stimulate blood circulation in the scalp. Enhanced blood flow can lead to improved nutrient delivery to hair follicles, which can promote hair health and growth. Healthy follicles are crucial for maintaining the integrity of both the natural hair and the extensions. Furthermore, regular scalp massages may help alleviate tension and enhance relaxation, contributing to an overall sense of well-being. This practice supports the longevity and aesthetics of the extensions by ensuring the scalp and hair strands remain healthy and vibrant.

3. What technique is commonly used to hide the wefts in a sew-in?

- A. The braiding technique**
- B. The flip-over method**
- C. The layering technique**
- D. The twisting technique**

The flip-over method is a widely recognized technique used to conceal the wefts in a sew-in. This method involves sewing the hair wefts in a way that allows the natural hair to be flipped over and blend seamlessly with the extensions. By using this technique, the hair can cover the wefts effectively, creating a more natural appearance and minimizing the visibility of the tracks. The flip-over method is particularly advantageous because it allows for versatility in styling, enabling the wearer to change their parting or style without exposing the wefts. This approach not only enhances the overall look of the hairstyle but also contributes to maintaining the integrity of the extensions over time. Other techniques, while they may serve different purposes or styling preferences, do not provide the same level of concealment for the wefts within a sew-in. Therefore, the flip-over method stands out as the most effective choice for hiding wefts in this type of extension application.

4. Which safety protocols should stylists follow when working with tools?

- A. Use gloves and masks only**
- B. Proper sanitation and personal protective equipment**
- C. Only sanitize tools occasionally**
- D. Wear no protective gear**

The correct answer emphasizes the importance of both proper sanitation and the use of personal protective equipment (PPE) as critical safety protocols for stylists when working with tools. Proper sanitation is essential in preventing the spread of infections and ensuring a clean work environment. This includes regularly sanitizing tools such as combs, brushes, scissors, and any other equipment used on clients. Keeping tools clean helps protect both the stylist and the clients from potential bacterial and viral pathogens. In addition to sanitation, wearing personal protective equipment, such as gloves, masks, and sometimes goggles, helps create a barrier between the stylist and various chemicals or materials that may be encountered during the course of their work. This minimizes the risk of skin irritations, allergic reactions, or inhalation of harmful substances. These combined practices not only enhance safety but also promote professionalism and care in the beauty industry, contributing to a better overall experience for clients.

5. Which method of cornrowing results in a more natural look and less tension on the hairline?

A. feed-in method

B. traditional method

C. freehand method

D. comb method

The feed-in method is designed to create a more natural look while also minimizing tension on the hairline. This technique involves gradually adding in extensions or additional hair as the braid progresses, allowing for a smoother transition between the natural hair and the added hair. By using this approach, the stylist can control the amount of hair being braided at any given time, which helps to ensure that the cornrows are not too tight. This reduced tension is particularly beneficial for protecting the hairline and preventing potential damage or breakage. The traditional method, in contrast, often results in braids that can be quite tight at the scalp, as all the hair is braided in at once, leading to increased tension on the hairline. The freehand method involves braiding without a specific pattern or guide, which may not provide the uniformity and reduced tension that the feed-in method offers. Lastly, the comb method primarily focuses on sectioning hair and may not specifically address the tension factor or overall aesthetic as effectively as the feed-in technique does.

6. When should a client seek professional assistance for hair extensions?

A. Only if they are experiencing discomfort

B. For initial application and any adjustments needed

C. When they want to remove them on their own

D. Only if they want to change colors

Professional assistance for hair extensions is crucial during the initial application and any subsequent adjustments needed. The initial application often requires skill to ensure that the extensions are installed correctly, blending seamlessly with the client's natural hair and avoiding damage. Additionally, as the hair grows, adjustments are necessary to maintain a natural look and prevent strain on the scalp and hair. These adjustments may involve repositioning the extensions to accommodate new growth or replacing worn-out extensions. Seeking professional help ensures that these processes are done safely and effectively, leading to better results and preserving the health of the client's hair.

7. What is the purpose of a wig block during wig preparation?

A. color application

B. storage

C. creation

D. display

The purpose of a wig block during wig preparation primarily revolves around the creation of the wig. Using a wig block provides a stable, structured surface that mimics the shape of a human head, allowing for accurate and precise styling, cutting, and adjusting of the wig. This tool serves as an essential component in the process of designing and assembling a wig, enabling the stylist to work effectively on the fit and overall appearance. In the context of wig preparation, it's crucial to have a reliable foundation that supports all the manipulations required to achieve a desired look. The wig block facilitates the attachment of hair strands, ensuring that they are placed correctly and securely, which is critical for the wig's final form. Therefore, the primary role of the wig block is in the creation phase, aiding in crafting a high-quality, customized wig.

8. How can clients protect their extensions while sleeping?

A. By using a cotton pillowcase to absorb moisture

B. By using a satin or silk pillowcase to reduce friction

C. By tying hair up in a tight bun

D. By avoiding hair products while sleeping

Using a satin or silk pillowcase to reduce friction is an effective way for clients to protect their extensions while sleeping. Satin and silk materials are much smoother than cotton, which helps to minimize friction between the hair and the pillowcase. This reduction in friction is essential as it prevents tangling and breakage of both natural hair and extensions during sleep, allowing for a more comfortable and protective sleeping environment for the hair. In contrast, cotton pillowcases can absorb moisture from the hair and contribute to friction, leading to potential damage. Tying hair up in a tight bun can create stress on both the roots and the extensions, risking breakage or pulling. While avoiding hair products can be beneficial in some scenarios, it does not specifically address the protection of extensions during sleep as effectively as using a satin or silk pillowcase.

9. What is an advantage of using clip-in extensions?

A. They are permanent

B. They are easily removable and reusable

C. They require professional installation

D. They can be styled with heat only

The advantage of using clip-in extensions is that they are easily removable and reusable. This feature allows individuals to enhance their hairstyle temporarily without the commitment associated with more permanent extensions. Clip-in extensions can be attached for special occasions or daily wear and then taken out at the end of the day, providing flexibility in styling options. Additionally, since they can be reused multiple times, they offer a cost-effective solution for those looking to change their look without frequent purchases. Permanent solutions or those that require professional installation do not provide the same level of convenience or versatility. Furthermore, while clip-in extensions can often be styled with heat, it is important to be cautious as excessive heat can damage both the extensions and the natural hair.

10. What is a common method for applying extensions besides sewing?

- A. Twisting**
- B. Bonding**
- C. Cording**
- D. Braiding**

Bonding is a common method for applying extensions that involves the use of adhesives to attach hair extensions to the natural hair. This technique provides a different approach from sewing, as it can create a more seamless look and enable quicker application. Bonding typically uses a special adhesive that is safe for use on hair, allowing the extensions to adhere directly to sections of the natural hair. This method is especially favored for its ease of removal and versatility in application styles. Other methods like twisting, cording, and braiding have their own applications, but they are not as widely recognized or common for the specific process of applying extensions compared to bonding. Each technique has its benefits and limitations tailored to different hair types and desired styles, but bonding stands out as a prevalent choice alongside sewing for its effectiveness and simplicity.