

# TCVM Special Points Practice Exam (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## **7. Use Other Tools**

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## Questions

- 1. Which point is known for treating stress and anxiety in TCVM?**
  - A. BL23 (Shenshu)**
  - B. ST36 (Zusanli)**
  - C. PC6 (Neiguan)**
  - D. LI4 (Hegu)**
- 2. Which technique is commonly employed to assess the internal condition of a patient in TCVM?**
  - A. Electrocardiogram**
  - B. Tongue diagnosis**
  - C. X-ray examination**
  - D. Physical mobility assessment**
- 3. Which point serves as the Lou connecting point for the Kidney?**
  - A. KID-3**
  - B. KID-4**
  - C. KID-5**
  - D. KID-6**
- 4. Which term refers to the pathways Qi flows through in the body?**
  - A. Vessels**
  - B. Meridians**
  - C. Points**
  - D. Chakras**
- 5. What is the master point associated with weakness in the G.I. tract and abdomen?**
  - A. ST-36**
  - B. SP-6**
  - C. PC-6**
  - D. LIV-13**



- 6. What is the primary purpose of the Thirteen Ghost Points in TCVM?**
- A. To enhance physical vitality**
  - B. To treat severe mental illnesses**
  - C. To improve digestive function**
  - D. To relieve muscle tension**
- 7. Which of the following is an example of an extraordinary point in TCVM?**
- A. PC6**
  - B. LI4**
  - C. Baihui (GV20)**
  - D. ST36**
- 8. LIV-13 is recognized as an influential point for which type of organs?**
- A. Zang organs**
  - B. FU organs**
  - C. G.I. tract**
  - D. Urogenital tract**
- 9. What is the SI lower He-Sea point?**
- A. ST-37**
  - B. ST-39**
  - C. BL-39**
  - D. LI-6**
- 10. Which point is recognized as a confluent point?**
- A. CV**
  - B. LU-7**
  - C. SP-21**
  - D. SI-3**

## **Answers**

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1. C
2. B
3. B
4. B
5. A
6. B
7. C
8. A
9. B
10. B

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## **Explanations**

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**1. Which point is known for treating stress and anxiety in TCVM?**

- A. BL23 (Shenshu)**
- B. ST36 (Zusanli)**
- C. PC6 (Neiguan)**
- D. LI4 (Hegu)**

The point recognized for its efficacy in managing stress and anxiety in Traditional Chinese Veterinary Medicine (TCVM) is PC6, also known as Neiguan. This point is situated on the Pericardium meridian, which is closely associated with the heart and the regulation of emotional well-being. PC6 has a calming effect and is often used to alleviate feelings of anxiety and stress by promoting a balanced flow of qi and helping to settle the spirit. PC6 is known to help influence the heart and calm the mind, which is crucial in addressing emotional disturbances such as stress and anxiety. This point can also be effective in conditions where emotional issues manifest physically, such as palpitations or digestive disturbances due to emotional stress. The other points listed, while beneficial for various conditions, do not specifically target stress and anxiety to the same extent as PC6. For example, BL23 (Shenshu) is primarily associated with the kidneys and related to issues such as reproductive and urinary health, ST36 (Zusanli) is often used for gastrointestinal and overall health, and LI4 (Hegu) is more focused on relieving pain and regulating internal organs. Each of these points has its unique applications but does not specifically aim to soothe emotional concerns as effectively

**2. Which technique is commonly employed to assess the internal condition of a patient in TCVM?**

- A. Electrocardiogram**
- B. Tongue diagnosis**
- C. X-ray examination**
- D. Physical mobility assessment**

Tongue diagnosis is a vital technique in Traditional Chinese Veterinary Medicine (TCVM) used to assess the internal condition of a patient. This diagnostic method involves examining the color, shape, and coating of the tongue, which can reveal information about the pet's overall health and the functioning of its internal organs. In TCVM, the tongue is considered a reflection of the body's internal state, and changes in its appearance can indicate various conditions such as imbalances or deficiencies in Qi (energy), Yin, Yang, or blood. For instance, a pale tongue may suggest a deficiency in Yang or blood, while a red tongue might indicate heat or inflammation in the body. This non-invasive method allows practitioners to gather crucial information about a pet's health without the need for more invasive procedures. While the other options—electrocardiogram, X-ray examination, and physical mobility assessment—are important diagnostic tools in Western veterinary medicine, they do not align with the traditional methods used in TCVM for internal assessment. These techniques may provide valuable information about specific aspects of a pet's health but do not encompass the holistic approach that tongue diagnosis embodies in evaluating the overall internal condition in the context of TCVM.

**3. Which point serves as the Lou connecting point for the Kidney?**

- A. KID-3
- B. KID-4**
- C. KID-5
- D. KID-6

The Lou connecting point for the Kidney is KID-4, known as "Dazhong." This point serves a significant role in Traditional Chinese Veterinary Medicine by facilitating the connection between the Kidney channel and its associated internal organ networks, as well as establishing communication with other channels. Lou connecting points have specific therapeutic functions, including the ability to regulate the flow of Qi and Blood, enhance the connection between channels, and treat various conditions related to their corresponding organ systems. In the case of KID-4, its location and properties make it particularly effective for addressing issues like Kidney deficiency, strengthening the connection of the Kidney energy to other channels, and helping to alleviate symptoms such as weakness or fatigue that can stem from Kidney imbalances. Understanding the importance of this point enhances a practitioner's toolkit in managing conditions that relate to the Kidney system in animals. Other points listed do not serve the Lou connecting function for the Kidney, making KID-4 the correct choice for this specific purpose.

**4. Which term refers to the pathways Qi flows through in the body?**

- A. Vessels
- B. Meridians**
- C. Points
- D. Chakras

The pathways through which Qi flows in the body are referred to as meridians. In Traditional Chinese Veterinary Medicine (TCVM), meridians are integral to understanding how energy circulates throughout the body, connecting various organs and tissues. These pathways are often visualized as channels that facilitate the movement of Qi, which is considered vital for maintaining health and balance. Meridians play a crucial role in therapeutic practices such as acupuncture, where specific points along these pathways are stimulated to influence the flow of Qi. Understanding meridians allows practitioners to diagnose and treat conditions by identifying areas where Qi may be blocked or deficient, thus restoring harmony within the body. The other terms relate to different concepts: vessels often refer to blood circulation rather than energy; points are specific locations on the meridians used for treatment; and chakras originate from a different philosophical system that pertains to energy centers in the body, not specifically to the pathways Qi flows through. This distinction reinforces the importance of meridians as the focus for understanding Qi flow in TCVM.

**5. What is the master point associated with weakness in the G.I. tract and abdomen?**

**A. ST-36**

**B. SP-6**

**C. PC-6**

**D. LIV-13**

The master point associated with weakness in the gastrointestinal (G.I.) tract and abdomen is ST-36. This point, known as "Zusanli," is located on the stomach meridian and is traditionally considered a powerful point for strengthening the overall health of the G.I. system. ST-36 is renowned for its ability to boost energy, improve digestion, and enhance the function of the stomach and intestines. It is frequently used in various conditions related to digestive issues, weakness, and overall vitality. In Traditional Chinese Veterinary Medicine (TCVM), stimulating ST-36 can be particularly beneficial for animals suffering from weakness or dysfunction in their G.I. tract, making it a key point in treatments focused on abdominal health. This use aligns well with the principles of TCVM, emphasizing the importance of balancing the internal organs and improving energy flow through acupuncture. While the other points mentioned serve important roles in their respective functions—such as SP-6 for reproductive and gastrointestinal issues, PC-6 for nausea and emotions, and LIV-13 for supporting the liver and spleen—the unique potency of ST-36 in addressing G.I. weakness makes it the master point in this context.

**6. What is the primary purpose of the Thirteen Ghost Points in TCVM?**

**A. To enhance physical vitality**

**B. To treat severe mental illnesses**

**C. To improve digestive function**

**D. To relieve muscle tension**

The primary purpose of the Thirteen Ghost Points in Traditional Chinese Veterinary Medicine (TCVM) is indeed to treat severe mental illnesses, such as anxiety, depression, and various neurological conditions. These points are particularly significant in addressing psychological and emotional issues, often linked to imbalances in the mind-body connection. The Thirteen Ghost Points include specific acupuncture points that have been historically recognized for their impact on the psyche. By stimulating these points, practitioners can help facilitate emotional release, improve mental clarity, and restore balance to the animal's emotional state. This unique approach highlights the importance of not just addressing physical symptoms but also recognizing and treating emotional and psychological disorders within the context of holistic veterinary care. While enhancing physical vitality, improving digestive function, and relieving muscle tension are essential aspects of TCVM, they do not capture the unique role and primary focus of the Thirteen Ghost Points, which is specifically aimed at addressing mental health concerns.

**7. Which of the following is an example of an extraordinary point in TCVM?**

**A. PC6**

**B. LI4**

**C. Baihui (GV20)**

**D. ST36**

In Traditional Chinese Veterinary Medicine (TCVM), extraordinary points are distinct from the traditional meridian points and are often used for specific therapeutic needs. Baihui, also known as GV20, is classified as an extraordinary point because it plays a significant role in many TCVM treatments. It is located at the vertex of the skull, where it serves as a convergence point for several channels, making it integral in addressing issues related to the head and neurological functions. Baihui is particularly important for its influence on the conveyance of Qi throughout the body and its connection to the mind, making it valuable for conditions such as seizures, behavioral problems, or head-related ailments. The other options listed, while important acupuncture points, fall under traditional meridian points rather than extraordinary points. This classification is crucial for practitioners to understand as it shapes their approach in diagnosing and treating various conditions in veterinary practice.

**8. LIV-13 is recognized as an influential point for which type of organs?**

**A. Zang organs**

**B. FU organs**

**C. G.I. tract**

**D. Urogenital tract**

LIV-13, also known as Zhangmen, is considered an influential point for the Zang organs in Traditional Chinese Veterinary Medicine (TCVM). This designation indicates its significant role in affecting the internal solid organs such as the liver, spleen, heart, lungs, and kidneys, which are collectively referred to as the Zang organs. The reason LIV-13 is influential for these organ systems relates to its anatomical location and its connections to the liver and spleen meridians, which are crucial in the overall balance of Qi, blood, and bodily fluids. When treated, LIV-13 can help in the regulation of these organs and their associated functions, thus enhancing the overall health and harmony of the animal's body. This particular focus on Zang organs is integral to understanding the way points are categorized and utilized in TCVM practices, emphasizing the holistic approach taken in this field. The link between certain acupuncture points and their specific organ associations further aids practitioners in making targeted interventions tailored to the needs of the patient.



## 9. What is the SI lower He-Sea point?

- A. ST-37
- B. ST-39**
- C. BL-39
- D. LI-6

The lower He-Sea point for the Small Intestine is located at ST-39. He-Sea points are associated with the water element, influencing the regulation of fluids and promoting the health of the respective organ system. ST-39 specifically is considered the lower He-Sea point for the Small Intestine, reflecting its function in transforming and transporting food and fluids throughout the body. In Traditional Chinese Veterinary Medicine (TCVM), the location of ST-39 is pivotal as it is utilized in treatments to access the deeper energy of the Small Intestine, helping to manage conditions associated with its functions. Proper use of this point can aid in digestive health, particularly in cases of diarrhea, malabsorption, or other gastrointestinal concerns. The other points listed are significant in their own right but do not serve as the He-Sea point for the Small Intestine. ST-37 is the lower He-Sea point for the Large Intestine, BL-39 is the lower He-Sea point for the Bladder, and LI-6 is associated with the Lung channel and is considered a Luo point. Understanding the unique characteristics and specific clinical applications of these points is essential for effective treatment in TCVM practice.

## 10. Which point is recognized as a confluent point?

- A. CV
- B. LU-7**
- C. SP-21
- D. SI-3

The point recognized as a confluent point is LU-7, which is known as the master point of the Ren Mai (Conception Vessel). Confluent points, or master points, are significant in Traditional Chinese Veterinary Medicine (TCVM) because they serve as gateways to access or influence the corresponding extraordinary vessels. LU-7, located on the lung meridian, has a unique relationship with the Ren Mai, which plays a crucial role in regulating yin, fluids, and reproduction. By stimulating LU-7, practitioners can influence a range of conditions and promote balance within the body, particularly regarding issues related to the respiratory system and overall vitality. This understanding is vital in TCVM practice since practitioners use these points to harmonize the body's energies and enhance treatments for various conditions.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://tcvmspecialpoints.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**