

Stryker Gallup Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which competency is least likely to be evaluated in the Stryker Gallup Practice Test?**
 - A. Teamwork**
 - B. Adaptability**
 - C. Physical strength**
 - D. Problem-solving**

- 2. What is the general function of endoscopy?**
 - A. To create musical instruments**
 - B. To visualize internal organs**
 - C. To manufacture textiles**
 - D. To assemble electronic devices**

- 3. How might prioritizing professional work over personal life affect an employee?**
 - A. It can lead to burnout and stress**
 - B. It ensures higher job satisfaction**
 - C. It promotes better work-life balance**
 - D. It guarantees promotions**

- 4. What is a crucial aspect to highlight when explaining your resume in a job interview?**
 - A. Technical skills relevant to the job**
 - B. Work experience and accomplishments**
 - C. Salary expectations for the position**
 - D. Availability for overtime work**

- 5. How might a kind compliment from a boss impact an employee's performance?**
 - A. It could lower their self-esteem**
 - B. It might have no effect**
 - C. It can increase motivation and job satisfaction**
 - D. It likely confuses the employee**

- 6. What is the potential disadvantage of not taking on challenges?**
- A. Increased self-confidence**
 - B. Lack of personal and professional growth**
 - C. Improved problem-solving skills**
 - D. Enhanced teamwork abilities**
- 7. How may one's high school achievements influence career aspirations?**
- A. They play no role**
 - B. They provide inspiration for future goals**
 - C. They limit options for future careers**
 - D. They create dependence on teachers**
- 8. How can you describe an overachiever?**
- A. Someone who consistently sets and achieves high standards**
 - B. Someone who rarely completes their tasks**
 - C. Someone who is always seeking approval**
 - D. Someone who avoids challenges and risks**
- 9. Why is emotional intelligence considered important in Stryker's workplace culture?**
- A. It reduces the need for teamwork**
 - B. It enhances interpersonal relationships and teamwork**
 - C. It fosters isolation among employees**
 - D. It solely benefits leadership roles**
- 10. Which core competencies are typically evaluated in the Stryker Gallup Practice Test?**
- A. Creativity, technical skills, and adaptability**
 - B. Leadership, communication, problem-solving, teamwork, and adaptability**
 - C. Time management, sales techniques, and negotiation**
 - D. Research abilities, customer service, and product knowledge**

Answers

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1. C
2. B
3. A
4. B
5. C
6. B
7. B
8. A
9. B
10. B

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Explanations

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1. Which competency is least likely to be evaluated in the Stryker Gallup Practice Test?

- A. Teamwork**
- B. Adaptability**
- C. Physical strength**
- D. Problem-solving**

The competency that is least likely to be evaluated in the Stryker Gallup Practice Test is physical strength. This assessment predominantly focuses on cognitive abilities, interpersonal skills, and behavioral traits that align with Stryker's corporate culture and values. Competencies such as teamwork, adaptability, and problem-solving are critical for roles in the healthcare environment, particularly in dynamic work settings like those Stryker operates in. These areas reflect how individuals interact with colleagues, handle changing situations, and approach challenges, which are essential for success in their roles. Conversely, physical strength, while potentially relevant in certain specific job functions (such as manufacturing or logistics), is not a primary focus of assessments designed to gauge a candidate's overall fit with the company's culture and ability to work effectively within teams. Therefore, understanding and demonstrating competencies that drive collaboration and innovation is far more integral to the practice test.

2. What is the general function of endoscopy?

- A. To create musical instruments**
- B. To visualize internal organs**
- C. To manufacture textiles**
- D. To assemble electronic devices**

The general function of endoscopy is to visualize internal organs. Endoscopy is a medical procedure that utilizes a flexible tube with a light and camera attached, known as an endoscope, which is inserted into the body through natural openings or small incisions. This allows healthcare providers to examine the interior surfaces of organ systems, diagnose conditions, perform interventions, and guide biopsies, all while minimizing invasiveness and maintaining a clear view of the area in question. This capability is crucial for various medical specialties, such as gastroenterology, pulmonology, and urology, making endoscopy a valuable tool in modern medicine for diagnosing and treating health issues.

3. How might prioritizing professional work over personal life affect an employee?

- A. It can lead to burnout and stress**
- B. It ensures higher job satisfaction**
- C. It promotes better work-life balance**
- D. It guarantees promotions**

Prioritizing professional work over personal life often results in an unhealthy imbalance, leading to burnout and chronic stress. When employees consistently devote excessive time and energy to their jobs at the expense of personal activities, relationships, and self-care, they may experience physical and emotional exhaustion. This can diminish motivation and productivity, impair overall well-being, and foster negative feelings about their work. Over time, the cumulative effects of neglecting personal needs to focus solely on professional responsibilities can adversely impact an employee's job performance and personal life. Therefore, the connection between an overemphasis on work and negative outcomes like burnout and stress is well-supported in both psychological research and workplace studies.

4. What is a crucial aspect to highlight when explaining your resume in a job interview?

- A. Technical skills relevant to the job**
- B. Work experience and accomplishments**
- C. Salary expectations for the position**
- D. Availability for overtime work**

Highlighting work experience and accomplishments during a job interview is essential because they provide concrete evidence of your qualifications and demonstrate your ability to contribute to the organization. Employers want to know not only what roles you have held but also how well you performed in those roles. Focusing on your achievements allows you to showcase specific contributions you made, such as projects you completed, goals you achieved, and challenges you overcame. This can effectively illustrate your capacity to add value to the company, making it easier for the interviewer to envision you in the position. By emphasizing these aspects, you communicate your professional journey and reinforce your suitability for the role. This is particularly crucial because employers often look for candidates whose past performance is an indicator of future success in the job. While technical skills, salary expectations, and availability can certainly be relevant topics in a job interview, they do not carry the same weight as a detailed discussion of your work experience and accomplishments in establishing your fit for the role.

5. How might a kind compliment from a boss impact an employee's performance?

A. It could lower their self-esteem

B. It might have no effect

C. It can increase motivation and job satisfaction

D. It likely confuses the employee

A kind compliment from a boss can significantly increase an employee's motivation and job satisfaction. Positive reinforcement, such as compliments, can enhance an individual's sense of value and recognition within the workplace. When employees feel appreciated, they are more likely to engage fully in their tasks, leading to higher overall performance. Compliments can also foster a supportive work environment where employees feel more connected to their roles and the organization, thus increasing their commitment and enthusiasm. As a result, this enhances productivity and leads to a more satisfied workforce, making option C the most accurate choice.

6. What is the potential disadvantage of not taking on challenges?

A. Increased self-confidence

B. Lack of personal and professional growth

C. Improved problem-solving skills

D. Enhanced teamwork abilities

Not taking on challenges can lead to a lack of personal and professional growth because challenges often push individuals out of their comfort zones, prompting them to develop new skills, gain experiences, and expand their knowledge. When individuals avoid taking on challenges, they may miss opportunities that contribute to their development and learning, resulting in stagnation. Challenges stimulate critical thinking, creativity, and resilience, all of which are essential for growth. Without facing and overcoming obstacles, individuals may find themselves unprepared for future opportunities and unable to adapt to changing environments. Thus, embracing challenges is crucial for continued progression in both personal and professional contexts.

7. How may one's high school achievements influence career aspirations?

- A. They play no role**
- B. They provide inspiration for future goals**
- C. They limit options for future careers**
- D. They create dependence on teachers**

High school achievements can significantly influence career aspirations by providing inspiration for future goals. Success in academics, extracurricular activities, or leadership roles can instill a sense of confidence and motivation in students, steering them towards specific career paths. For instance, a student who excels in science may develop a passion for pursuing a career in medicine or engineering, while those involved in debate or theater might be inspired to consider careers in law or performance. Additionally, achievements can shape a student's self-perception and expand their vision of what is possible. Recognition of efforts and accomplishments can motivate students to pursue further educational opportunities and set ambitious career objectives. This foundation of success helps to cultivate a mindset geared towards continuous growth and achievement, ultimately guiding their career aspirations as they move beyond high school. While other options suggest limitations or dependencies, they do not capture the empowering aspect of high school accomplishments on an individual's future ambitions.

8. How can you describe an overachiever?

- A. Someone who consistently sets and achieves high standards**
- B. Someone who rarely completes their tasks**
- C. Someone who is always seeking approval**
- D. Someone who avoids challenges and risks**

An overachiever is characterized by someone who consistently sets and achieves high standards. This description encapsulates the essence of an overachiever, as these individuals often have a strong drive to exceed average expectations in various areas, whether it be in academics, professional settings, or personal pursuits. They demonstrate ambition, commitment, and a focus on continuous improvement, which leads them to not just meet goals but to surpass them. This positive attribute signifies a proactive approach to success, where the individual actively takes on challenges and strives for excellence. The concept of setting high standards implies a level of self-motivation and discipline that is a hallmark of overachievement, as it reflects an internal desire to excel rather than a reactive approach to external circumstances.

9. Why is emotional intelligence considered important in Stryker's workplace culture?

- A. It reduces the need for teamwork
- B. It enhances interpersonal relationships and teamwork**
- C. It fosters isolation among employees
- D. It solely benefits leadership roles

Emotional intelligence is considered crucial in Stryker's workplace culture because it enhances interpersonal relationships and fosters effective teamwork. Employees who possess high emotional intelligence are better equipped to understand their own emotions and the emotions of others, which leads to improved communication and collaboration. This understanding is vital in a corporate environment where diverse teams often work together on complex projects. Furthermore, emotional intelligence contributes to a supportive work atmosphere where individuals feel valued and connected. This sense of belonging can boost morale and motivation, ultimately leading to higher productivity and job satisfaction. By promoting emotional intelligence, Stryker cultivates a culture where team members can resolve conflicts more effectively and support one another, reinforcing the company's commitment to teamwork and collective success.

10. Which core competencies are typically evaluated in the Stryker Gallup Practice Test?

- A. Creativity, technical skills, and adaptability
- B. Leadership, communication, problem-solving, teamwork, and adaptability**
- C. Time management, sales techniques, and negotiation
- D. Research abilities, customer service, and product knowledge

The correct answer focuses on key competencies that are essential for success in many organizational roles, particularly within Stryker, which is known for its emphasis on teamwork and effective communication in the healthcare field. Leadership refers to the ability to guide and inspire a team towards achieving common goals, which is critical in a dynamic work environment. Communication skills are vital for clearly conveying information, fostering collaboration, and ensuring that team members are aligned in their efforts. Problem-solving is another crucial competency, as it involves the ability to assess situations, identify challenges, and develop effective solutions, particularly important in medical environments where quick and accurate decision-making can have significant impacts. Teamwork reflects the necessity of working collaboratively with diverse groups to harness various skills and expertise, ultimately leading to better outcomes. Adaptability is vital in a fast-paced industry like healthcare, where changes can occur rapidly, and the ability to pivot in response to new information or challenges is essential for maintaining effectiveness. Collectively, these competencies form a robust foundation that aligns with Stryker's operational needs and values, making them highly relevant for evaluation in the Stryker Gallup Practice Test.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://strykergallup.examzify.com>

We wish you the very best on your exam journey. You've got this!

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