

# Squadron Officer School 25B Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

**This is a sample study guide. To access the full version with hundreds of questions,**

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**SAMPLE**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.**

## **7. Use Other Tools**

**Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!**

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## **Questions**

- 1. How can leaders build trust within their teams?**
  - A. By keeping information to themselves**
  - B. By being transparent and reliable**
  - C. By promoting individual competition**
  - D. By being inconsistent in their actions**
- 2. What is one method officers can use to seek professional development opportunities?**
  - A. Ignoring their current job duties**
  - B. Engaging in networking with other professionals**
  - C. Avoiding feedback from peers**
  - D. Limiting information to their specific roles**
- 3. What role does goal-setting play in career management according to SOS?**
  - A. It serves no significant purpose**
  - B. It is essential for proactive career management**
  - C. It only benefits upper management**
  - D. It should be avoided**
- 4. What tool is suggested for evaluating team dynamics in the SOS program?**
  - A. Performance appraisals**
  - B. Team assessments or surveys**
  - C. Group discussions only**
  - D. Individual interviews**
- 5. What is the purpose of after-action reviews (AARs) in military operations?**
  - A. To assign blame for failures in the operation**
  - B. To assess performance, identify lessons learned, and enhance future effectiveness**
  - C. To celebrate successes without examining failures**
  - D. To document every detail of a mission for historical purposes**



- 6. What term describes the long-term competition between nations focused on the international order of rules versus powers seeking to disrupt it?**
- A. Global Strategy**
  - B. Strategic Competition**
  - C. International Diplomacy**
  - D. Power Transition Theory**
- 7. What governmental body is responsible for advising the president on national security measures?**
- A. Department of Defense**
  - B. National Security Council**
  - C. Central Intelligence Agency**
  - D. Federal Bureau of Investigation**
- 8. What is the significance of moral courage in leadership?**
- A. It promotes popularity among peers**
  - B. It empowers leaders to act ethically even in challenging situations**
  - C. It ensures followers obey orders effectively**
  - D. It guarantees career advancement in all situations**
- 9. What is the primary use of the CRAAP criteria?**
- A. To create lesson plans for students**
  - B. To evaluate sources of information for misinformation and disinformation**
  - C. To measure student performance in various subjects**
  - D. To assess teacher effectiveness in the classroom**
- 10. What is one of the conflict resolution methods taught in the SOS curriculum?**
- A. Avoidance of disputes**
  - B. Collaborative problem-solving techniques**
  - C. Dominating discussions to resolve differences**
  - D. Formal arbitration only**

## **Answers**

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1. B
2. B
3. B
4. B
5. B
6. B
7. B
8. B
9. B
10. B

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## **Explanations**

## **1. How can leaders build trust within their teams?**

- A. By keeping information to themselves**
- B. By being transparent and reliable**
- C. By promoting individual competition**
- D. By being inconsistent in their actions**

Building trust within teams is essential for effective leadership and can significantly impact overall team performance and morale. Being transparent and reliable fosters an environment where team members feel safe to express their ideas and concerns without fear of judgment or miscommunication. This openness creates a strong foundation for collaboration, encouraging individuals to work together toward common goals. Transparency means sharing relevant information openly with the team, which helps mitigate rumors and misunderstandings while demonstrating that the leader values every team member's input. When team members see that their leader is consistent in their actions and decisions, it reinforces the idea that they can depend on their leader, which is a vital aspect of cultivating trust. Moreover, reliable leaders honor their commitments and follow through on their promises. When a leader demonstrates reliability, it signals to the team that they prioritize accountability, which further strengthens the trust within the group. The consistent practice of these behaviors ultimately leads to a cohesive team dynamic where members feel valued, engaged, and motivated.

## **2. What is one method officers can use to seek professional development opportunities?**

- A. Ignoring their current job duties**
- B. Engaging in networking with other professionals**
- C. Avoiding feedback from peers**
- D. Limiting information to their specific roles**

Engaging in networking with other professionals is a highly effective method for officers to seek professional development opportunities. Networking allows individuals to connect with peers and mentors who can provide valuable insights, share experiences, and offer guidance on career advancement. Through these interactions, officers can learn about new trends in their field, discover potential career paths, and gain access to resources and opportunities that may not be widely advertised. Additionally, building a strong professional network can lead to collaborations, partnerships, and support systems that are crucial for long-term growth and development within any organization. This approach fosters a culture of continuous learning and improvement, essential for professional advancement.

**3. What role does goal-setting play in career management according to SOS?**

- A. It serves no significant purpose**
- B. It is essential for proactive career management**
- C. It only benefits upper management**
- D. It should be avoided**

Goal-setting plays a crucial role in career management as it provides a clear direction and framework for individuals to align their professional aspirations with actionable steps. Establishing specific, measurable, attainable, relevant, and time-bound (SMART) goals encourages proactive behavior, allowing individuals to take charge of their career paths rather than leaving their future to chance. This process helps individuals identify the skills and experiences they need to achieve their long-term career objectives and facilitates regular progress evaluations. By consistently setting and reviewing goals, individuals can remain motivated, adapt to changes in their environment, and make informed decisions regarding their professional development, ultimately leading to successful advancement in their careers.

**4. What tool is suggested for evaluating team dynamics in the SOS program?**

- A. Performance appraisals**
- B. Team assessments or surveys**
- C. Group discussions only**
- D. Individual interviews**

The suggested tool for evaluating team dynamics in the Squadron Officer School program is team assessments or surveys. This is because team assessments or surveys provide a structured way to gather comprehensive feedback from team members regarding their interactions, communication patterns, and overall cohesion. Such tools can capture a wide range of experiences and perspectives, offering insights into how well the team is functioning and where improvements may be needed. These assessments can include various metrics related to teamwork, such as trust levels, conflict resolution strategies, and role clarity, which are essential for understanding the dynamics within the team. This holistic approach enables leaders to identify strengths and weaknesses in team interactions and fosters an environment for constructive dialogue and growth. While performance appraisals focus on individual contributions and outcomes, they do not capture the interpersonal dynamics that influence team effectiveness. Likewise, group discussions provide valuable qualitative feedback but may not be as comprehensive or structured as surveys, potentially leaving out the individual perspectives affected by the group setting. Individual interviews can yield in-depth insights, but similar to performance appraisals, they risk being influenced by personal biases and may not reflect the most balanced view of the team's dynamics. Thus, team assessments or surveys are the most effective, standardized method for evaluating and enhancing team performance within the SOS program.

**5. What is the purpose of after-action reviews (AARs) in military operations?**

- A. To assign blame for failures in the operation**
- B. To assess performance, identify lessons learned, and enhance future effectiveness**
- C. To celebrate successes without examining failures**
- D. To document every detail of a mission for historical purposes**

The purpose of after-action reviews (AARs) in military operations is to assess performance, identify lessons learned, and enhance future effectiveness. AARs serve as a critical learning tool that encourages reflection on what happened during an operation, what went well, and what did not. This process fosters an environment of continuous improvement and supports collective learning among personnel involved in the operation. By focusing on assessing performance, AARs emphasize constructive feedback and analysis rather than attributing blame or merely documenting events for history. They create an opportunity for team members to engage in candid discussions about the decisions made, tactics employed, and outcomes achieved, ultimately leading to enhanced preparedness and effectiveness in future missions. This reflective practice contributes to stronger operational outcomes by enabling units to build on both successes and mistakes.

**6. What term describes the long-term competition between nations focused on the international order of rules versus powers seeking to disrupt it?**

- A. Global Strategy**
- B. Strategic Competition**
- C. International Diplomacy**
- D. Power Transition Theory**

The term that accurately describes the long-term competition between nations regarding the international order of rules versus powers seeking to disrupt it is "Strategic Competition." This concept emphasizes the rivalry among nations, particularly great powers, as they vie for influence and dominance within the international system. It encapsulates the dynamics of how states pursue their national interests, both through cooperative means and zero-sum games that may lead to conflict. Strategic competition highlights the ongoing struggles between established powers that wish to maintain the status quo and emerging powers that may seek to challenge or overturn existing norms and rules. This framework is essential for understanding contemporary geopolitical tensions, where ideology, economic might, military capabilities, and alliances all play critical roles in shaping the interactions between nations. The other terms, while related to international relations, do not capture the same depth or focus on competition over the international order. For instance, Global Strategy typically refers to a comprehensive approach a nation may take to pursue its ambitions across various domains, but it lacks the specific competitive context of opposing forces. International Diplomacy deals more with the practices and negotiations between states but does not inherently address the competition aspect directly. Power Transition Theory describes the cyclical nature of power shifts among nations but does not encompass the ongoing competitive dynamics that define

**7. What governmental body is responsible for advising the president on national security measures?**

- A. Department of Defense**
- B. National Security Council**
- C. Central Intelligence Agency**
- D. Federal Bureau of Investigation**

The National Security Council (NSC) is the governmental body responsible for advising the president on national security measures. It plays a crucial role in coordinating the administration's foreign and military policy as well as ensuring that the various agencies within the U.S. government work together effectively on issues related to national security. The NSC comprises key members including the president, vice president, and secretaries of state and defense, along with other officials who may be invited to participate in meetings based on the topic being discussed. The other options, while significant in their roles, do not primarily focus on advising the president on national security. The Department of Defense is primarily responsible for military operations and ensuring national defense. The Central Intelligence Agency focuses on gathering and analyzing intelligence but does not directly advise on policy. The Federal Bureau of Investigation deals mainly with domestic security and law enforcement issues and does not operate at the same level of national security advisory as the NSC. The collective function of the NSC makes it the authoritative body for providing strategic advice on matters of national security directly to the president.

**8. What is the significance of moral courage in leadership?**

- A. It promotes popularity among peers**
- B. It empowers leaders to act ethically even in challenging situations**
- C. It ensures followers obey orders effectively**
- D. It guarantees career advancement in all situations**

The significance of moral courage in leadership lies in its ability to empower leaders to act ethically, particularly in challenging situations. Moral courage enables leaders to stand firm in their values, make difficult decisions aligned with ethical principles, and to do so even when facing pressure or potential backlash. By demonstrating moral courage, leaders can inspire trust and loyalty among their teams, as they model integrity and accountability in their actions. This quality is essential for fostering a positive organizational culture and maintaining the long-term success of a team or organization. In contrast, the other choices reflect misconceptions about the role of moral courage in leadership. Popularity among peers may be a desirable outcome, but it does not equate to effective or ethical leadership; leaders should prioritize moral actions over popularity. Ensuring obedience through orders may relate to authority, but moral courage is about ethical decision-making rather than compliance. Lastly, while moral courage can positively influence a leader's career, it does not guarantee advancement in every context—success in leadership is influenced by a multitude of factors beyond moral courage alone.



**9. What is the primary use of the CRAAP criteria?**

- A. To create lesson plans for students**
- B. To evaluate sources of information for misinformation and disinformation**
- C. To measure student performance in various subjects**
- D. To assess teacher effectiveness in the classroom**

The primary use of the CRAAP criteria is to evaluate sources of information for misinformation and disinformation. The CRAAP acronym stands for Currency, Relevance, Authority, Accuracy, and Purpose, which are all essential elements to consider when assessing the credibility and reliability of a source. By applying these criteria, individuals can effectively determine whether the information provided is up-to-date, relevant to their research or inquiry, authored by a credible authority, accurate in its claims, and presented with the appropriate intent. This is particularly important in an age where misinformation is prevalent, as it helps ensure that any conclusions or decisions based on the information are grounded in credible evidence. The other options do not align with the purpose of the CRAAP criteria; creating lesson plans, measuring student performance, and assessing teacher effectiveness focus on different educational processes rather than the evaluation of informational sources.

**10. What is one of the conflict resolution methods taught in the SOS curriculum?**

- A. Avoidance of disputes**
- B. Collaborative problem-solving techniques**
- C. Dominating discussions to resolve differences**
- D. Formal arbitration only**

Collaborative problem-solving techniques are emphasized in the Squadron Officer School curriculum as an effective conflict resolution method. This approach encourages individuals to work together to find mutually beneficial solutions rather than fostering competition or avoidance. By engaging in collaborative problem-solving, parties involved in a conflict can openly communicate their perspectives, understand each other's needs, and develop creative solutions that address the underlying issues. This method promotes teamwork, trust-building, and long-term relationship maintenance, which are essential skills for leaders in a military environment. It contrasts with methods that may escalate conflict or create further division among team members. Overall, collaborative problem-solving techniques not only resolve disputes but also enhance team dynamics and effectiveness.

# Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://squadronofficerschool25b.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**