

# SQA Chief Mate Stability Theory Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

**Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.**

**ALL RIGHTS RESERVED.**

**No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.**

**Notice: Examzify makes every reasonable effort to obtain from reliable sources accurate, complete, and timely information about this product.**

**SAMPLE**

## **Questions**

SAMPLE

**1. Which stability criterion is necessary for cargo ships when subject to steady wind?**

- A. The ship must not heel over 10 degrees**
- B. The ship must maintain 30 degrees of heel**
- C. The 16-degree angle of heel must be complied with**
- D. There is no heel limit in high seas**

**2. What is meant by the term "stability reserve"?**

- A. The excess weight a vessel can carry safely**
- B. The additional stability above the minimum required stability criteria**
- C. A measure of how fast a vessel can turn**
- D. The ratio of cargo to fuel capacity**

**3. What role does flooding play in assessing a vessel's stability?**

- A. It stabilizes the vessel against capsizing**
- B. It induces water into the vessel, affecting weight distribution and stability**
- C. It eliminates the need for ballasting**
- D. It ensures the vessel remains upright**

**4. What are "bending moments" in stability theory?**

- A. External forces acting on the vessel at rest**
- B. The internal forces within the vessel's structure caused by external loads**
- C. The measurements of the vessel's length**
- D. The interactions between ballast and crew weight**

**5. What does "righting moment" refer to?**

- A. The moment of inertia of the vessel**
- B. The force that acts to return a vessel to an upright position**
- C. The maximum angle of heel before capsizing**
- D. The weight distribution across the vessel**

**6. What does a positive metacentric height indicate about a vessel's stability?**

- A. That the vessel will capsize easily**
- B. That the vessel is immovable**
- C. That the vessel is stable and will return to an upright position when tilted**
- D. That the vessel is overloaded**

**7. What are stability limits?**

- A. The maximum weights a vessel can carry**
- B. The highest speed a vessel can safely achieve**
- C. The maximum angles of heel a vessel can safely reach**
- D. The minimum cargo needed for stability**

**8. How does a steady heel affect a vessel's stability?**

- A. It increases buoyancy and stability**
- B. It has no effect on stability**
- C. It decreases the effective area of the waterplane, diminishing stability**
- D. It allows for better handling of the vessel**

**9. How are stability criteria for vessels legislated and enforced?**

- A. By maritime authorities through international standards**
- B. By ship owners based on personal discretion**
- C. By local dock authorities without regard for international guidelines**
- D. Through voluntary compliance by shipping companies**

**10. What is the angle of loll?**

- A. The angle at which a vessel capsizes completely**
- B. The angle at which a vessel remains on its side due to inadequate righting arm and stability**
- C. The angle that represents the maximum safe heel of a vessel**
- D. The angle at which a vessel achieves maximum stability**

## **Answers**

SAMPLE

1. C
2. B
3. B
4. B
5. B
6. C
7. C
8. C
9. A
10. B

SAMPLE

## **Explanations**

SAMPLE

**1. Which stability criterion is necessary for cargo ships when subject to steady wind?**

- A. The ship must not heel over 10 degrees**
- B. The ship must maintain 30 degrees of heel**
- C. The 16-degree angle of heel must be complied with**
- D. There is no heel limit in high seas**

The necessary stability criterion for cargo ships when subject to steady wind involves ensuring that the ship does not exceed a heel angle of 16 degrees. This criterion is based on the principles established for the stability of vessels under various conditions, including wind forces. When a ship encounters wind, it can heel, or tilt, to one side. The 16-degree limit is significant because it represents a threshold for stability; beyond this angle, a ship may begin to experience critical loss of stability. If a vessel heels more than this angle, it risks capsizing or experiencing difficulties in recovery if the wind or sea conditions change. Maintaining compliance with this 16-degree heel limit ensures that the ship's center of gravity and buoyancy allow for safe operations under wind pressure, fostering safe navigation even in challenging conditions. Adhering to this criterion is an essential part of maritime safety regulations and helps protect both the vessel and its cargo.

**2. What is meant by the term "stability reserve"?**

- A. The excess weight a vessel can carry safely**
- B. The additional stability above the minimum required stability criteria**
- C. A measure of how fast a vessel can turn**
- D. The ratio of cargo to fuel capacity**

The term "stability reserve" refers to the additional stability a vessel possesses beyond the minimum requirements mandated for safe operation. This concept is crucial in marine stability management, as it allows for a safety margin that accounts for various factors such as changing sea conditions, weight shifts, and potential external forces that could impact the vessel's balance. Having a stability reserve ensures that the vessel can maintain safe operations even when subjected to adverse conditions or when loading and unloading cargo may momentarily disrupt equilibrium. This additional stability is vital for preventing capsizing and ensuring crew and cargo safety. In the context of other options, excess weight that a vessel can safely carry relates to loading limits rather than stability per se. Meanwhile, the measure of how fast a vessel can turn involves maneuverability and is not directly connected to stability. Lastly, the ratio of cargo to fuel capacity addresses logistics and operational efficiency rather than the vessel's stability characteristics. Thus, focusing on the stability reserve highlights the importance of maintaining an adequate margin for safe navigational practices.

### 3. What role does flooding play in assessing a vessel's stability?

- A. It stabilizes the vessel against capsizing
- B. It induces water into the vessel, affecting weight distribution and stability**
- C. It eliminates the need for ballasting
- D. It ensures the vessel remains upright

Flooding plays a critical role in assessing a vessel's stability because it introduces water into the vessel, which significantly impacts the overall weight distribution, buoyancy, and stability. When water floods a part of the vessel, it adds a significant amount of weight, which can shift the vessel's center of gravity and affect the metacenter, thus influencing the vessel's stability characteristics. This change in weight distribution can lead to a reduction in the vessel's ability to right itself after tilting, which is crucial in assessing how well the vessel can withstand external forces such as waves or wind. Analyzing how flooding affects stability is vital for ensuring the vessel remains safe and functional, particularly in emergency situations or through various loading conditions. Understanding these dynamics allows for better risk assessment regarding the vessel's seaworthiness, thus aiding in the overall safety management of marine operations.

### 4. What are "bending moments" in stability theory?

- A. External forces acting on the vessel at rest
- B. The internal forces within the vessel's structure caused by external loads**
- C. The measurements of the vessel's length
- D. The interactions between ballast and crew weight

Bending moments in stability theory refer to the internal forces within a vessel's structure that are generated as a response to external loads. When a ship is subjected to various forces, such as waves, wind, or cargo loads, these forces create moments that can cause bending of the ship's hull. Understanding bending moments is crucial for assessing the integrity and stability of a vessel. They help engineers and naval architects to determine how the hull will react to different loading conditions, ensuring that the vessel can safely navigate through various environmental scenarios without structural failure. Hence, recognizing how these internal forces interact with the ship's design is essential for ensuring seaworthiness and long-term durability of the vessel.

## 5. What does "righting moment" refer to?

- A. The moment of inertia of the vessel
- B. The force that acts to return a vessel to an upright position**
- C. The maximum angle of heel before capsizing
- D. The weight distribution across the vessel

The term "righting moment" refers to the force that actively works to bring a vessel back to an upright position after it has been heeled or tilted. This force is a vital concept in stability theory, as it directly influences a vessel's ability to recover from tilting due to waves, wind, or other external forces. When a ship is tilted, the center of gravity shifts, resulting in the generation of a righting moment that acts to return the ship to its equilibrium state. This moment is dependent on factors such as the height of the center of gravity and the width of the hull. An adequate righting moment is crucial for a vessel's stability and helps prevent capsizing in challenging sea conditions. Understanding this concept is essential for anyone studying ship stability, as it highlights how a vessel's design and weight distribution impact its overall performance in terms of safety and stability at sea.

## 6. What does a positive metacentric height indicate about a vessel's stability?

- A. That the vessel will capsize easily
- B. That the vessel is immovable
- C. That the vessel is stable and will return to an upright position when tilted**
- D. That the vessel is overloaded

A positive metacentric height signifies that the center of buoyancy of the vessel shifts in a way that supports stability when the vessel is tilted or heeled. Specifically, when a vessel is tilted, the center of buoyancy moves to the side of the tilt, creating a righting arm. This righting arm works against the heeling moment caused by external forces, such as wind or waves, thereby promoting the return of the vessel to its upright position. In general, a greater metacentric height implies greater stability since it enhances the righting moment. Therefore, the presence of a positive metacentric height is essential for the vessel's ability to recover from tilting, ensuring safer navigation and operation in various sea conditions. This reinforces the understanding that a stable vessel is less likely to capsize and can manage adverse situations more effectively.

## 7. What are stability limits?

- A. The maximum weights a vessel can carry**
- B. The highest speed a vessel can safely achieve**
- C. The maximum angles of heel a vessel can safely reach**
- D. The minimum cargo needed for stability**

Stability limits refer to the maximum angles of heel a vessel can safely reach without compromising its stability. When a ship heels or tilts, its center of gravity and buoyant force shift, which affects the vessel's ability to return to an upright position. The stability limits are defined by factors such as the ship's design, weight distribution, and the shape of the hull. Understanding and identifying these angles is crucial for safe navigation and operation, particularly in scenarios such as rough seas or when carrying cargo that may shift. If a vessel exceeds its stability limits, it can lead to capsizing or loss of control, making it essential for mariners to be aware of these thresholds during their voyages. Thus, option C accurately captures the essence of what stability limits are, as they indicate the safe operational parameters regarding the vessel's heel.

## 8. How does a steady heel affect a vessel's stability?

- A. It increases buoyancy and stability**
- B. It has no effect on stability**
- C. It decreases the effective area of the waterplane, diminishing stability**
- D. It allows for better handling of the vessel**

A steady heel refers to a vessel being tilted to one side at a constant angle. This condition affects the vessel's stability, primarily by influencing the waterplane area. When a ship heels, the effective area of the waterplane is reduced as the vessel potentially presents a smaller cross-sectional area to the water. This reduces the righting moment, which is the moment that acts to return the vessel to an upright position. As the effective waterplane area decreases, the center of buoyancy also shifts, leading to a reduced righting arm. Consequently, this diminishes the vessel's stability, making it more susceptible to capsizing under certain conditions, especially in the presence of external forces such as wind or waves. Understanding this dynamic is crucial for safe vessel operation, as improper management of a vessel under steady heel can lead to hazardous situations. This highlights the importance of maintaining an optimal heel to ensure the vessel remains stable and manageable.

## 9. How are stability criteria for vessels legislated and enforced?

- A. By maritime authorities through international standards**
- B. By ship owners based on personal discretion**
- C. By local dock authorities without regard for international guidelines**
- D. Through voluntary compliance by shipping companies**

The stability criteria for vessels are primarily legislated and enforced by maritime authorities through international standards. This framework ensures that all vessels adhere to established safety norms and regulations that are recognized globally. Maritime authorities, such as the International Maritime Organization (IMO), develop standards that include specific requirements for stability, which relate to the design, construction, and operation of vessels. These standards aim to promote safe navigation and protect the marine environment, and they must be complied with for vessels to operate internationally. In contrast, the other options lack the formality and rigor associated with international maritime safety. Ship owners acting on personal discretion may lead to inconsistent practices and could compromise safety. Local dock authorities might have their own regulations, but these often need to align with overarching international standards to ensure a universal level of safety. Voluntary compliance by shipping companies is not sufficient, as this could result in a lack of adherence to essential stability criteria, potentially endangering vessels and their crews. Therefore, the enforcement of stability criteria through maritime authorities and established international standards is essential for ensuring safety at sea.

## 10. What is the angle of loll?

- A. The angle at which a vessel capsizes completely**
- B. The angle at which a vessel remains on its side due to inadequate righting arm and stability**
- C. The angle that represents the maximum safe heel of a vessel**
- D. The angle at which a vessel achieves maximum stability**

The angle of loll refers specifically to the condition where a vessel remains inclined at an angle due to insufficient righting arm and stability. This phenomenon occurs primarily when a vessel has lost its initial stability or is in a state where the center of gravity has risen above its metacenter, typically because of the distribution of weight (such as water accumulating in the hold or cargo shifting). In this scenario, despite being tilted, the vessel will not return to an upright position due to the ineffective leverage provided by the righting arm. This angle indicates a precarious state that threatens the vessel's safety; if the angle of loll is exceeded, the vessel may capsize, but it is not necessarily the point of capsizing itself. Understanding this concept is crucial for maintaining vessel safety and for making decisions regarding cargo management and stability in various conditions. The other options refer to different stability concepts such as the complete capsizing of a vessel, the maximum safe heel before stability is compromised, and maximum stability conditions, but they do not accurately capture the specific phenomenon defined as the angle of loll.