

SOUTH DAKOTA CNA LEVEL 2 PRACTICE EXAM (SAMPLE)

STUDY GUIDE



Prepare with structure. Pass with confidence



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. If a resident specifically requests a closed bed, what must be done?**
 - A. Make an open bed
 - B. Make a closed bed
 - C. Leave the bed unmade
 - D. Ask for clarification from the staff
- 2. If a nursing assistant finds a frayed cord on a piece of electrical equipment, what is the best course of action?**
 - A. Attempt to fix the cord themselves
 - B. Ignore it since it seems to work
 - C. Show the nurse and follow facility policy
 - D. Continue using the equipment after testing it
- 3. What is crucial to verify before using a mechanical lift?**
 - A. The lift's color
 - B. Comparison of the person's weight to the lift's weight limit
 - C. The lift's age
 - D. Whether the lift has been cleaned
- 4. What is essential to ensure when moving a resident in a lateral position?**
 - A. They should not be assisted
 - B. Their call light should be out of reach
 - C. They should be fully supported
 - D. The space should be clear
- 5. What is the recommended action if a patient feels uncomfortable during a transfer?**
 - A. Continue with the transfer as planned
 - B. Stop and assess the situation
 - C. Ask them to stay quiet
 - D. Complete the transfer quickly

- 6. As death approaches, which sense is typically the last to be lost?**
- A. Sight
 - B. Touch
 - C. Hearing
 - D. Taste
- 7. What should a nursing assistant do prior to entering a client's room?**
- A. Open the door quietly
 - B. Knock on the door and wait to be asked in
 - C. Walk in unannounced
 - D. Call the client by name from outside
- 8. How can a CNA appropriately maintain client dignity during care?**
- A. By discussing the client's condition openly
 - B. By ensuring privacy during personal care
 - C. By allowing others to witness care procedures
 - D. By providing care quickly without communication
- 9. How can you ensure the safety of a resident while repositioning them?**
- A. By asking them to hold on
 - B. By using proper body mechanics
 - C. By moving them quickly
 - D. By avoiding any communication
- 10. To ensure mental comfort for the resident using a mechanical lift, what should caregivers do?**
- A. Instruct the resident during the lift
 - B. Always explain the procedure before beginning
 - C. Use a calming voice during the process
 - D. Keep conversation minimal

Answers

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1. B
2. C
3. B
4. C
5. B
6. C
7. B
8. B
9. B
10. B

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Explanations

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1. If a resident specifically requests a closed bed, what must be done?

- A. Make an open bed
- B. Make a closed bed**
- C. Leave the bed unmade
- D. Ask for clarification from the staff

When a resident specifically requests a closed bed, making a closed bed is essential to respect their preference and promote comfort. A closed bed typically means that the bedding is neatly arranged and tucked in, with no parts of the bed exposed, creating a neat appearance. This setup can be particularly comforting for residents who may appreciate the sense of privacy and security that a closed bed provides. Acknowledging and fulfilling a resident's request enhances their autonomy and satisfaction within the care environment. It demonstrates that their preferences are being taken seriously, which is a crucial aspect of person-centered care. The other options would not align with the resident's request. Making an open bed, for instance, would contradict their desire for closure. Leaving the bed unmade would not only disregard the request, but it could also lead to discomfort or a sense of disorder for the resident. Asking for clarification from the staff, while sometimes necessary in ambiguous situations, is unnecessary here since the resident's request was clear.

2. If a nursing assistant finds a frayed cord on a piece of electrical equipment, what is the best course of action?

- A. Attempt to fix the cord themselves
- B. Ignore it since it seems to work
- C. Show the nurse and follow facility policy**
- D. Continue using the equipment after testing it

The best course of action when a nursing assistant encounters a frayed cord on a piece of electrical equipment is to show the nurse and follow facility policy. It is crucial to prioritize safety in a healthcare environment. A frayed cord can pose significant risks, including electrical shock, fire hazards, and equipment malfunction. Not taking immediate action could endanger patients, staff, and others in the facility. Bringing the issue to the attention of a nurse ensures that trained personnel can assess the situation properly, evaluate the need for repairs or replacement, and implement procedures to safeguard against potential hazards. Following the facility's established policies not only aligns with safety protocols but also promotes a culture of accountability and vigilance in the workplace regarding equipment maintenance and safety standards. Other actions, such as trying to fix the cord or continuing to use the equipment, put everyone at higher risk and can lead to more serious incidents, while ignoring the issue entirely dismisses the potential danger posed by the defective equipment.

3. What is crucial to verify before using a mechanical lift?

- A. The lift's color
- B. Comparison of the person's weight to the lift's weight limit**
- C. The lift's age
- D. Whether the lift has been cleaned

Before using a mechanical lift, it is essential to verify the comparison of the person's weight to the lift's weight limit. This ensures the safety and effectiveness of the lift during its use. Each mechanical lift is designed to support a specific maximum weight, and exceeding this limit can pose serious risks, including mechanical failure, injuries to both the patient and the caregiver, or compromising the integrity of the lift itself. Adhering to these weight limits is crucial to maintaining safety standards and preventing accidents. While other factors, such as cleanliness and general maintenance, are also important in the overall use of medical equipment, confirming the weight limit in relation to the individual's weight is paramount as it directly affects immediate safety.

4. What is essential to ensure when moving a resident in a lateral position?

- A. They should not be assisted
- B. Their call light should be out of reach
- C. They should be fully supported**
- D. The space should be clear

When moving a resident into a lateral position, it is critical to ensure that they are fully supported. This means that the individual's body should be properly aligned and supported to minimize any risk of injury or discomfort. Adequate support helps to maintain the resident's stability during the move, reducing the possibility of strain on their joints and preventing the risk of falls or other accidents. Ensuring full support includes using proper techniques, such as placing pillows or other supports under the head, back, and legs to maintain comfort and proper positioning after the move. This practice is aligned with the principles of safe patient handling, which prioritize the well-being of both the resident and the caregiver. By focusing on this essential aspect of moving a resident, caregivers can promote safety, enhance the resident's comfort, and maintain dignity throughout the process.

5. What is the recommended action if a patient feels uncomfortable during a transfer?

- A. Continue with the transfer as planned
- B. Stop and assess the situation**
- C. Ask them to stay quiet
- D. Complete the transfer quickly

When a patient expresses discomfort during a transfer, the recommended action is to stop and assess the situation. This approach is essential for ensuring the safety and well-being of the patient. Taking the time to evaluate the patient's condition allows the caregiver to identify any potential issues, such as pain, anxiety, or equipment problems, that may need to be addressed before proceeding with the transfer. By pausing to assess the situation, caregivers can communicate with the patient to understand their feelings and concerns better. This interaction fosters trust and can help alleviate any anxiety the patient may have about the transfer. Additionally, it provides an opportunity to make necessary adjustments to the transfer plan or methods, ensuring that the procedure is conducted safely and comfortably for the patient. Proceeding with the transfer without assessing the patient's discomfort could lead to further distress or injury, which emphasizes the importance of prioritizing the patient's comfort and safety in healthcare settings.

6. As death approaches, which sense is typically the last to be lost?

- A. Sight
- B. Touch
- C. Hearing**
- D. Taste

Hearing is often considered the last sense to be lost as death approaches. This phenomenon is significant because it reflects the brain's capacity to process auditory stimuli even when other senses decline. People in the final stages of life may still respond to sounds, particularly the voices of loved ones. This sensitivity to auditory input suggests that individuals may still be able to hear and comprehend their surroundings despite diminished responsiveness to sight, touch, or taste. Considering the other senses, sight is typically one of the first to diminish as individuals approach death; many people may experience decreased visibility or even blindness. Touch also tends to wane, as the body's capacity to perceive physical sensations decreases. Taste generally fades as well, often being affected by a reduced desire for food and drink during terminal illness. In contrast, hearing has been shown to remain intact longer, making it an important avenue for communication and connection during the dying process.

7. What should a nursing assistant do prior to entering a client's room?

- A. Open the door quietly
- B. Knock on the door and wait to be asked in**
- C. Walk in unannounced
- D. Call the client by name from outside

Knocking on the door and waiting to be asked in demonstrates respect for the client's privacy and personal space. This practice allows the client to be prepared for your entrance, ensuring they feel comfortable and secure. It acknowledges that the client may require their own time or space before being visited, which is especially important in healthcare settings where individuals may be in vulnerable situations. Approaching a client's room in this manner also aligns with professional standards of care, showing that the nursing assistant values the client's dignity. It reinforces a trusting relationship between the caregiver and the client, which is essential for effective communication and care provision. This approach sets a positive tone for the interaction and helps create a supportive environment for the client.

8. How can a CNA appropriately maintain client dignity during care?

- A. By discussing the client's condition openly
- B. By ensuring privacy during personal care**
- C. By allowing others to witness care procedures
- D. By providing care quickly without communication

Maintaining client dignity during care is essential to fostering a respectful and supportive environment. Ensuring privacy during personal care is a fundamental aspect of this responsibility. When a CNA provides care, especially for personal tasks such as bathing or dressing, it is crucial to respect the client's privacy. This can include closing doors, using curtains, or covering the client appropriately. By doing so, the CNA helps to create a sense of security and comfort for the client, allowing them to feel safe and respected throughout the care process. The importance of privacy cannot be overstated, as it also helps to preserve the individual's self-esteem and promotes trust in the caregiver-client relationship. In turn, this trust can lead to better cooperation from the client and an overall more positive experience during care. Prioritizing privacy not only maintains the dignity of the client but also aligns with ethical and professional standards in healthcare to treat individuals with respect and sensitivity.

9. How can you ensure the safety of a resident while repositioning them?

- A. By asking them to hold on
- B. By using proper body mechanics**
- C. By moving them quickly
- D. By avoiding any communication

Using proper body mechanics is crucial for ensuring the safety of a resident during repositioning. Body mechanics involve using the body in a way that minimizes strain and provides stability and support, which is especially important in a caregiving setting where both the caregiver and the resident may be at risk of injury if not handled correctly. Proper techniques include keeping the resident close to the caregiver's body, using the legs instead of the back to lift or move, and ensuring that the movement is smooth and controlled. These techniques help maintain the resident's body alignment and comfort, reducing the risk of falls, discomfort, or injury during the repositioning process. Additionally, utilizing proper body mechanics can help prevent back strain and injuries to the caregiver as well. Other approaches mentioned, such as asking the resident to hold on or moving them quickly, may not provide the same level of safety. Engaging in clear and effective communication with the resident is essential for a safe repositioning experience as it helps the resident understand what is happening and feel secure during the process.

10. To ensure mental comfort for the resident using a mechanical lift, what should caregivers do?

- A. Instruct the resident during the lift
- B. Always explain the procedure before beginning**
- C. Use a calming voice during the process
- D. Keep conversation minimal

To ensure mental comfort for the resident using a mechanical lift, it is essential for caregivers to always explain the procedure before beginning. This approach is fundamental in fostering trust and alleviating anxiety for the resident. Providing a clear explanation helps the resident understand what to expect during the lifting process, which can significantly reduce feelings of uncertainty or fear. By articulating each step involved in the procedure, caregivers not only prepare residents but also empower them, allowing them to feel involved and in control of the situation. This communication builds rapport between the caregiver and the resident, promoting a sense of safety and security during potentially uncomfortable moments. While using a calming voice and maintaining a minimal conversation can be beneficial in certain contexts, communicating the entire procedure allows residents to mentally prepare and align their expectations with what is about to happen. Instructing the resident during the lift may distract them or lead to confusion, while minimal conversation can leave them feeling isolated. Therefore, clear communication prior to initiating the lift is crucial for addressing the resident's mental comfort effectively.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://sdcnalevel2.examzify.com>

We wish you the very best on your exam journey. You've got this!

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