

SOUTH CAROLINA LONG TERM HEALTH CARE ADMINISTRATOR PRACTICE TEST (SAMPLE) STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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THE FULL VERSION STUDY GUIDE**

<https://southcarolina-longtermhealthcareadministrator.examzify.com>



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. A report of the balance of resident finances should be physically provided to each resident on what basis?**
 - A. Monthly
 - B. Quarterly
 - C. Annually
 - D. Weekly
- 2. What is the main purpose of conducting a comprehensive assessment for residents?**
 - A. To identify potential financial resources
 - B. To determine the appropriate level of care needed
 - C. To evaluate staff performance
 - D. To establish a marketing strategy
- 3. Who should receive the final written account of remaining resident monies after discharge?**
 - A. The resident only
 - B. The resident and the estate administrator
 - C. The resident's responsible party only
 - D. Anyone can receive it
- 4. What are the key components of the Plan of Care for residents in long-term care?**
 - A. Goals, problems, and budget
 - B. Goals, interventions, and assessment strategies
 - C. Interventions and medication lists
 - D. Assessment strategies only
- 5. Which of the following is a method used by regulatory agencies to monitor long-term care facilities?**
 - A. Annual financial audits
 - B. Employee training assessments
 - C. Periodic inspections and compliance reviews
 - D. Public opinion polls

- 6. Which type of care emphasizes resident involvement in their own treatment plans?**
- A. Staff-centered care
 - B. Person-centered care
 - C. Task-oriented care
 - D. Traditional care
- 7. What is required of a private sitter prior to initiating contact with a resident?**
- A. Completion of a training program
 - B. Health assessment
 - C. Criminal background check
 - D. Comprehensive skills test
- 8. What is the minimum number of licensed nurses (LPNs) required per shift for each staff work area?**
- A. One
 - B. Two
 - C. Three
 - D. Four
- 9. Which of the following is a key component evaluated during periodic inspections of long-term care facilities?**
- A. Staff salaries and benefits
 - B. Compliance with health and safety standards
 - C. Occupancy rates and waiting lists
 - D. Community engagement levels
- 10. Within what time frame must a final written account of resident monies be made after a resident's death or discharge?**
- A. Fifteen days
 - B. Thirty days
 - C. Sixty days
 - D. Ninety days

Answers

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1. B
2. B
3. B
4. B
5. C
6. B
7. B
8. A
9. B
10. B

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Explanations

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1. A report of the balance of resident finances should be physically provided to each resident on what basis?

- A. Monthly
- B. Quarterly**
- C. Annually
- D. Weekly

Providing a report of the balance of resident finances on a quarterly basis is essential for maintaining transparency and ensuring residents are informed about their financial status within a long-term care facility. This frequency strikes a balance between being informative and manageable, allowing residents to receive updates regularly without overwhelming them. Quarterly reports are frequent enough to enable residents to track their financial transactions and balances, which can include income sources, deductions for services, and any changes in their finances. By receiving this information every three months, residents can effectively manage their resources and make informed decisions regarding their care and living arrangements. In contrast, more frequent reports, such as weekly or monthly, could lead to a burden of information that may not be necessary given the nature of long-term care finances, where transactions are less frequent. Annual reports may not provide timely information, potentially leaving residents unaware of their financial status for extended periods. Therefore, a quarterly schedule is the most appropriate, balancing the need for regular updates with the practicalities of resident care.

2. What is the main purpose of conducting a comprehensive assessment for residents?

- A. To identify potential financial resources
- B. To determine the appropriate level of care needed**
- C. To evaluate staff performance
- D. To establish a marketing strategy

The main purpose of conducting a comprehensive assessment for residents is to determine the appropriate level of care needed. This assessment provides a thorough understanding of an individual's health status, functional capabilities, and social needs. By evaluating these factors, healthcare providers can tailor care plans that address the specific requirements of each resident, ensuring that they receive the right level of support and services. This process is crucial in delivering person-centered care, which ultimately leads to improved health outcomes and quality of life for residents. A comprehensive assessment also allows facilities to allocate resources efficiently, ensuring that staff and services align with the residents' needs. In contrast, while identifying potential financial resources, evaluating staff performance, or establishing a marketing strategy may also be important for a long-term care facility, they do not directly relate to the core goal of assessing individual residents in order to define the care they require.

3. Who should receive the final written account of remaining resident monies after discharge?

- A. The resident only
- B. The resident and the estate administrator**
- C. The resident's responsible party only
- D. Anyone can receive it

The final written account of remaining resident monies after discharge should be provided to both the resident and the estate administrator. This ensures that the resident is fully informed about their finances and any remaining funds that they are entitled to after leaving the facility. Additionally, having the estate administrator receive a copy provides an important record for managing the resident's financial matters, especially if the resident has passed away or if their financial affairs need to be handled by someone else. This dual recipient approach promotes transparency and accountability in the management of the resident's funds, particularly in scenarios where future financial decisions or obligations may be influenced by the remaining balance. This practice upholds the legal and ethical duties of the long-term health care facility in honoring the rights of the resident and ensuring that their estate is managed responsibly.

4. What are the key components of the Plan of Care for residents in long-term care?

- A. Goals, problems, and budget
- B. Goals, interventions, and assessment strategies**
- C. Interventions and medication lists
- D. Assessment strategies only

The key components of the Plan of Care for residents in long-term care include goals, interventions, and assessment strategies. Goals represent the desired outcomes for the resident's health, functioning, and well-being, providing direction for care efforts. Interventions outline the specific actions taken by healthcare staff to address the resident's needs and to work towards achieving the established goals. Assessment strategies involve ongoing evaluations and monitoring techniques to determine the effectiveness of the care provided and to make adjustments as necessary. This comprehensive approach ensures that each resident receives personalized care tailored to their unique needs, fostering better health outcomes and enhanced quality of life. The inclusion of assessment strategies allows for continuous improvement in care delivery, ensuring that any changes in the resident's condition are promptly addressed. While other options may touch on important aspects of long-term care, such as budgets or medication management, they do not encompass the broader, more holistic components necessary for an effective Plan of Care. By focusing specifically on goals, interventions, and assessment strategies, the Plan of Care remains dynamic and responsive to the evolving needs of the resident.

5. Which of the following is a method used by regulatory agencies to monitor long-term care facilities?

- A. Annual financial audits
- B. Employee training assessments
- C. Periodic inspections and compliance reviews**
- D. Public opinion polls

Regulatory agencies utilize periodic inspections and compliance reviews as a method to monitor long-term care facilities because these processes allow for a systematic and comprehensive assessment of each facility's adherence to established health, safety, and quality standards. During inspections, agencies check for compliance with state and federal regulations that ensure residents receive proper care and that facilities operate safely and effectively. These inspections often include evaluations of staff performance, resident care practices, and facility conditions, which are critical for maintaining the quality of care and ensuring the safety of residents. Periodic inspections also provide a mechanism for addressing any identified deficiencies, thereby enhancing the overall compliance environment for long-term care facilities. This method not only helps in regulatory oversight but also plays a role in promoting continuous improvement within the facilities, ultimately benefiting the residents they serve.

6. Which type of care emphasizes resident involvement in their own treatment plans?

- A. Staff-centered care
- B. Person-centered care**
- C. Task-oriented care
- D. Traditional care

The emphasis on resident involvement in their own treatment plans is a key characteristic of person-centered care. This approach prioritizes the individual's preferences, needs, and values, ensuring that they have a significant role in the decision-making process regarding their own care. Person-centered care fosters a more holistic understanding of the resident, considering their history, lifestyle, and personal goals, which encourages them to actively participate in their care and treatment plans. In contrast, staff-centered care revolves around the priorities and schedules set by the care staff, often sidelining the residents' individual needs and preferences. Task-oriented care focuses on administering tasks efficiently without fully considering the personal experiences of the residents, while traditional care tends to follow established practices and norms that may not actively involve residents in their own care. Therefore, person-centered care stands out as the model that truly advocates for resident engagement and autonomy in their care process.

7. What is required of a private sitter prior to initiating contact with a resident?

- A. Completion of a training program
- B. Health assessment**
- C. Criminal background check
- D. Comprehensive skills test

The requirement of a health assessment prior to a private sitter initiating contact with a resident is crucial for ensuring the safety and well-being of both parties involved. This assessment typically involves evaluating the sitter's physical and mental health, which helps identify any potential risks that could affect their ability to care for or interact with residents effectively. A health assessment can ensure that the sitter is free from communicable diseases and is physically capable of performing the necessary duties required in a long-term care setting. This aligns with best practices in health care, aiming to protect both the caregiver and the residents they serve. In contrast, while a training program, criminal background check, and comprehensive skills test may be beneficial qualifications for a private sitter, they are not universally mandated as a prerequisite for initiating contact with a resident in every regulatory environment. Instead, the health assessment stands out as a fundamental step for ensuring the safety and appropriateness of care in the long-term health care setting.

8. What is the minimum number of licensed nurses (LPNs) required per shift for each staff work area?

- A. One**
- B. Two
- C. Three
- D. Four

In the context of long-term health care facilities in South Carolina, regulations typically stipulate that at least one licensed practical nurse (LPN) must be present per shift in each staff work area to ensure adequate nursing care and supervision for residents. This regulation is designed to maintain a certain standard of care and accountability in health care settings, ensuring that there is always a qualified professional available to respond to the needs of patients. The presence of a licensed nurse serves as a safeguard for resident safety, enabling effective monitoring and intervention when necessary. Therefore, having one licensed nurse per shift is crucial to support the operational needs of the facility and to meet regulatory requirements that prioritize resident health and safety.

9. Which of the following is a key component evaluated during periodic inspections of long-term care facilities?

- A. Staff salaries and benefits
- B. Compliance with health and safety standards**
- C. Occupancy rates and waiting lists
- D. Community engagement levels

Compliance with health and safety standards is a critical component evaluated during periodic inspections of long-term care facilities because these standards are established to ensure the safety, health, and well-being of residents. Inspectors assess whether the facility is meeting regulatory requirements that pertain to hygiene, safety protocols, medical care, and staffing ratios. Ensuring compliance with these standards is essential for protecting the vulnerable populations residing in these facilities, and non-compliance can result in serious consequences, including fines, loss of licensure, or even facility closure. The other components, while important for the overall operation of the facility, do not have the same immediate impact on the health and safety of the residents. For instance, staff salaries and benefits, occupancy rates, and community engagement are relevant to the management and operational aspects of the facility, but they do not directly evaluate the conditions that affect resident welfare during an inspection. Thus, ensuring compliance with health and safety standards is paramount in the context of inspections for long-term care facilities.

10. Within what time frame must a final written account of resident monies be made after a resident's death or discharge?

- A. Fifteen days
- B. Thirty days**
- C. Sixty days
- D. Ninety days

The requirement for a final written account of resident monies to be made within thirty days following a resident's death or discharge ensures a timely and responsible closure of financial matters related to their care. This time frame is established to ensure that all financial transactions are accurately documented and any funds or properties held for the resident are reconciled and accounted for efficiently. By mandating this thirty-day timeline, facilities can provide clarity and transparency to the resident's family or representatives regarding any remaining funds, ensuring that they are properly managed. This promptness reduces the potential for disputes or misunderstandings about the resident's financial situation and aids in maintaining trust in the care facility's administration. The other options suggest longer time frames, which, while they may still allow for ample processing time, do not align with the expectation for timely financial accountability in healthcare settings. Prompt action is vital in situations involving the deceased or discharged residents to ensure their affairs are settled with minimal delay.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://southcarolina-longtermhealthcareadministrator.examzify.com>

We wish you the very best on your exam journey. You've got this!

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