

SOLDIER OF THE MONTH PRACTICE TEST (SAMPLE)

STUDY GUIDE



SAMPLE STUDY GUIDE WITH LIMITED QUESTIONS

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Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	16

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What is the maximum effective range for a point target using the M4 Rifle?**
 - A. 500 meters
 - B. 600 meters
 - C. 3,600 meters
 - D. 400 meters

- 2. Which Army Regulation (AR) covers safety protocols?**
 - A. AR 600-8-8
 - B. AR 385-10
 - C. AR 700-90
 - D. AR 350-1

- 3. When did the U.S. Army officially begin?**
 - A. June 14, 1775
 - B. July 4, 1776
 - C. April 15, 1783
 - D. September 17, 1787

- 4. Is it possible to grant a three-day pass during the usual duty week?**
 - A. No
 - B. Yes
 - C. Only on Fridays
 - D. Only during holidays

- 5. What is emphasized in the Army training system to ensure soldiers learn effectively?**
 - A. Theoretical frameworks
 - B. Hands-on training
 - C. Remote learning
 - D. Online courses

- 6. How can monetary contributions be made to AER?**
 - A. Online banking transfer only
 - B. Cash, check, or allotment
 - C. Credit card transactions only
 - D. Through military payroll deduction only

- 7. Which of the following aspects of leadership is emphasized in military leadership training?**
- A. Financial success
 - B. Social media engagement
 - C. Welfare of the soldiers
 - D. Personal wealth accumulation
- 8. Which Army Regulation covers the wear and appearance of the military uniform?**
- A. AR 670-1
 - B. AR 600-20
 - C. AR 710-2
 - D. AR 735-5
- 9. What type of assault is classified under coercion or lack of consent?**
- A. Emotional assault
 - B. Sexual assault
 - C. Physical assault
 - D. Verbal assault
- 10. What aspect is NOT part of an NCOER?**
- A. Supplemental Evaluation
 - B. Overall Performance
 - C. Authentication
 - D. Army Values

Answers

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1. A
2. B
3. A
4. B
5. B
6. B
7. C
8. A
9. B
10. A

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Explanations

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1. What is the maximum effective range for a point target using the M4 Rifle?

- A. 500 meters**
- B. 600 meters
- C. 3,600 meters
- D. 400 meters

The maximum effective range for a point target using the M4 Rifle is indeed 500 meters. This range signifies the distance at which a well-trained shooter can accurately engage and hit a target with a high degree of certainty. The M4, being a carbine variant of the M16 rifle, is designed for close to medium-range combat, making 500 meters a practical limit for point target engagements. Understanding ranges is essential for tactical planning, ensuring that soldiers can effectively assess their capabilities with their assigned weapons. The other options listed, such as 600 meters and 3,600 meters, exceed the standard effective range of the M4 for point targets. While the rifle is capable of being fired at longer distances, accuracy diminishes significantly beyond the effective range specified. The option of 400 meters is below the established effective range, thus not being as accurate as the recognized figure.

2. Which Army Regulation (AR) covers safety protocols?

- A. AR 600-8-8
- B. AR 385-10**
- C. AR 700-90
- D. AR 350-1

Army Regulation 385-10 is the correct reference for safety protocols within the Army. This regulation provides guidelines and procedures for the Army's safety program, which is designed to minimize risks, enhance mission readiness, and promote a culture of safety within military operations. It encompasses various areas such as safety training, accident reporting, and risk management, ensuring that all soldiers and personnel are aware of their responsibilities to maintain safety in their respective roles. The importance of AR 385-10 cannot be overstated, as it directly influences the health and safety of soldiers while they are training, deploying, and executing operations. By adhering to the standards and procedures outlined in this regulation, units can reduce the likelihood of accidents and injuries, ultimately contributing to the overall effectiveness of the Army. The other choices relate to different aspects of Army regulations: AR 600-8-8 handles the Army's responsibilities regarding special service actions, AR 700-90 focuses on the Army's logistics and supply chain management, and AR 350-1 covers training and leader development standards. While these regulations are essential in their respective areas, they do not specifically address safety protocols, which is why they are not the correct answer for this question.

3. When did the U.S. Army officially begin?

- A. June 14, 1775**
- B. July 4, 1776
- C. April 15, 1783
- D. September 17, 1787

The U.S. Army officially began on June 14, 1775. This date marks the establishment of the Continental Army, which was created by the Second Continental Congress to fight against British forces during the American Revolutionary War. This decision was pivotal because it organized colonial forces into a unified military structure, allowing for more coordinated and effective resistance against British rule. The other options represent significant events in American history but do not signify the official establishment of the Army. July 4, 1776, is recognized for the adoption of the Declaration of Independence, which declared the colonies' intention to separate from Britain. April 15, 1783, is associated with the end of the Revolutionary War, while September 17, 1787, is when the U.S. Constitution was signed, outlining the framework of the government but not directly tied to the creation of the Army. Thus, June 14, 1775, is the correct date that marks the formal inception of the U.S. Army.

4. Is it possible to grant a three-day pass during the usual duty week?

- A. No
- B. Yes**
- C. Only on Fridays
- D. Only during holidays

Granting a three-day pass during the usual duty week is permissible under certain circumstances, which is why the answer is yes. Typically, a three-day pass can be issued to allow service members to have some personal time off, which can be beneficial for morale and overall well-being. Policies regarding leave and passes can vary based on unit regulations and operational requirements, but generally, a commanding officer has the discretion to approve passes that extend through a weekend, allowing service members to enjoy a long weekend even during a regular duty week. This flexibility supports the balance between fulfilling military obligations and allowing for personal time. The other choices are limited in scope or contradict the broader capabilities of commanding officers to grant passes.

5. What is emphasized in the Army training system to ensure soldiers learn effectively?

- A. Theoretical frameworks
- B. Hands-on training**
- C. Remote learning
- D. Online courses

The emphasis on hands-on training in the Army training system is crucial because it allows soldiers to acquire practical skills that they can apply in real-world situations. This form of training involves direct interaction with equipment, scenarios, and tasks that soldiers will encounter during their service. The active participation in skills practice ensures that soldiers not only understand theoretical concepts but can also execute them effectively under varying conditions. By focusing on hands-on training, the Army fosters an environment that encourages learning through experience, which is essential for building competence and confidence. Soldiers must be able to perform tasks under pressure, and hands-on practice facilitates this by simulating real-life challenges they may face in the field. This experiential approach is vital for preparing soldiers to operate effectively in diverse and often unpredictable environments. While theoretical frameworks and online learning have their place, they do not provide the same level of practical application and immediate feedback that hands-on training offers. Remote learning may lack the interactive elements needed for skill development, making hands-on training the most effective approach in the Army's training system.

6. How can monetary contributions be made to AER?

- A. Online banking transfer only
- B. Cash, check, or allotment**
- C. Credit card transactions only
- D. Through military payroll deduction only

Monetary contributions to the Army Emergency Relief (AER) can be made through various means, which includes cash, check, or allotment. This flexibility allows contributors to choose the method that is most convenient for them. Cash and checks are straightforward approaches that many people are familiar with, making it easy to contribute directly. Additionally, allotments provide a systematic way for individuals to set aside funds directly from their pay, ensuring a consistent support mechanism for AER. The diverse options for contribution support a broader audience, as not everyone may have access to online banking or credit card services at any time. Thus, by providing multiple payment avenues, AER ensures that it can receive support from a wide range of people within the military community. This comprehensive approach is crucial for maintaining the fund's stability and ability to assist soldiers in need.

7. Which of the following aspects of leadership is emphasized in military leadership training?

- A. Financial success
- B. Social media engagement
- C. Welfare of the soldiers**
- D. Personal wealth accumulation

The emphasis on the welfare of the soldiers in military leadership training is foundational to military doctrine and leadership principles. This focus underscores the belief that effective leaders prioritize the well-being of their subordinates, which fosters trust, morale, and cohesion within a unit. When leaders demonstrate genuine concern for the welfare of their soldiers, it cultivates an environment where soldiers are more likely to feel valued and motivated, leading to enhanced performance and commitment to the mission. Prioritizing the soldiers' welfare also includes considerations of physical health, mental resilience, and emotional support, ensuring that troops are equipped and ready to execute their duties effectively. Leaders who invest time and resources into these aspects not only adhere to military values but also reinforce the bond between soldiers and leaders, creating a more effective and unified operational force.

8. Which Army Regulation covers the wear and appearance of the military uniform?

- A. AR 670-1**
- B. AR 600-20
- C. AR 710-2
- D. AR 735-5

The regulation that governs the wear and appearance of the military uniform is AR 670-1. This regulation outlines the policies, standards, and procedures regarding the proper fitting, wear, and maintenance of Army uniforms and insignia. It specifies guidelines on acceptable hairstyles, grooming standards, and the appropriate use of awards and decorations, ensuring that soldiers present themselves professionally and consistently in accordance with Army values. This regulation plays a vital role in maintaining unit cohesion and discipline, as well as ensuring that soldiers are identifiable to the public. Understanding AR 670-1 is essential for all service members to uphold the standards expected of them in the military.

9. What type of assault is classified under coercion or lack of consent?

- A. Emotional assault
- B. Sexual assault**
- C. Physical assault
- D. Verbal assault

Sexual assault is classified under coercion or lack of consent because it specifically involves any sexual act that occurs without the explicit consent of all parties involved. This can include a range of behaviors, from unwanted sexual touching to rape. In such cases, one party may be coerced into participating or may be unable to provide consent due to various circumstances, such as being under the influence of drugs or alcohol, or being in a situation where they cannot freely agree or disagree. This emphasis on consent is critical in distinguishing sexual assault from other forms of assault. For instance, emotional, physical, and verbal assaults may involve harm or threats, but they do not revolve solely around the issue of consent related to sexual acts. Understanding this distinction helps in recognizing the severity and implications of sexual violence and the importance of consent in all interactions.

10. What aspect is NOT part of an NCOER?

A. Supplemental Evaluation

B. Overall Performance

C. Authentication

D. Army Values

The Supplemental Evaluation is not a standard component of the NCOER, which stands for Non-Commissioned Officer Evaluation Report. The NCOER is a primary tool for assessing the performance and potential of non-commissioned officers in the Army. It includes key elements such as Overall Performance, which evaluates how well the NCO has met their duties and responsibilities, and Army Values, which assesses the individual's adherence to the core values of the Army. Authentication is also included, providing verification of the report's contents and ensuring that it is officially recognized. In contrast, a Supplemental Evaluation is not part of the standard NCOER format; rather, it may refer to additional notes or evaluations that do not form part of the core report. Therefore, this option is correctly identified as not being a part of the NCOER.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://soldierofthemonth.examzify.com>

We wish you the very best on your exam journey. You've got this!

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