

# Soldier of the Month Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. Are soldiers required to contribute to AER in order to receive help?**
  - A. Yes, a minimum contribution is required**
  - B. No**
  - C. Only if they are active duty**
  - D. Yes, but only for loans**
  
- 2. What is the purpose of the codes used to rate task proficiency?**
  - A. To evaluate leadership potential**
  - B. To assess overall mission readiness**
  - C. To indicate task training levels**
  - D. To determine soldier demographics**
  
- 3. Should there be a sponsorship program for a soldier departing a unit?**
  - A. No, it's not necessary**
  - B. Yes, it helps with transitions**
  - C. Only for officers**
  - D. Only for long-term soldiers**
  
- 4. Which of these is an essential aspect of an NCO's responsibilities?**
  - A. Only training senior officers**
  - B. Ensuring the welfare of the soldiers**
  - C. Prioritizing personal interests over mission**
  - D. Eliminating all forms of discipline**
  
- 5. Who does AER provide assistance to?**
  - A. Only active duty soldiers**
  - B. Active duty soldiers, their dependents, and retirees**
  - C. Only former soldiers**
  - D. Active duty soldiers and veterans only**

- 6. What is likely to happen if a leader neglects the welfare of their soldiers?**
- A. They will gain respect and trust**
  - B. They will become more popular within their unit**
  - C. They will lose respect and loyal cooperation**
  - D. They will automatically be promoted**
- 7. What is one of the focuses of the SHAARP policy besides prevention?**
- A. Financial accountability**
  - B. Health and wellness**
  - C. Response and reporting**
  - D. Military readiness**
- 8. What accounts for the majority of accidents in military operations?**
- A. Negligence**
  - B. Carelessness**
  - C. Mechanical failures**
  - D. Environmental conditions**
- 9. In the Army Time Management System, what does the Green phase primarily focus on?**
- A. Individual soldier training**
  - B. Training on collective tasks**
  - C. Small unit and crew training**
  - D. Administrative tasks**
- 10. Why are the Army Values and Warrior Ethos considered important?**
- A. They enhance physical training**
  - B. They provide guidance in financial matters**
  - C. They underpin everything the Army does**
  - D. They improve communication skills**

## Answers

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1. B
2. C
3. B
4. B
5. B
6. C
7. C
8. B
9. B
10. C

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## **Explanations**

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**1. Are soldiers required to contribute to AER in order to receive help?**

**A. Yes, a minimum contribution is required**

**B. No**

**C. Only if they are active duty**

**D. Yes, but only for loans**

Soldiers are not required to contribute to the Army Emergency Relief (AER) in order to receive assistance. AER provides financial assistance to soldiers and their families in times of need, regardless of whether they have previously contributed. The program is designed to help those facing unexpected hardships, such as emergencies or crises. This approach ensures that all soldiers in need can access aid without the barrier of a contribution requirement, emphasizing the Army's commitment to supporting its members and their families during difficult times.

**2. What is the purpose of the codes used to rate task proficiency?**

**A. To evaluate leadership potential**

**B. To assess overall mission readiness**

**C. To indicate task training levels**

**D. To determine soldier demographics**

The purpose of the codes used to rate task proficiency is to indicate task training levels. These codes provide a standardized way to assess an individual soldier's ability to perform specific tasks within their military occupational specialty. By categorizing soldiers based on their proficiency in various tasks, leadership can better understand where a soldier excels and identify areas needing improvement. Using these codes enables clear communication about a soldier's skill level and ensures that training programs can be tailored to address the needs of personnel. This systematic approach to proficiency helps enhance overall effectiveness and prepares soldiers more thoroughly for their roles in missions, training exercises, and operational environments. This focus on identifying task training levels is crucial for maintaining a skilled and capable force.

**3. Should there be a sponsorship program for a soldier departing a unit?**

- A. No, it's not necessary
- B. Yes, it helps with transitions**
- C. Only for officers
- D. Only for long-term soldiers

Having a sponsorship program for soldiers departing a unit is beneficial as it aids in ensuring a smooth transition for the individuals involved. Transitions can often be challenging, and a well-structured sponsorship program provides critical support by connecting outgoing soldiers with those who are more familiar with the next steps necessary for their move, whether that involves relocating to a different unit, base, or post. This kind of program fosters a sense of community and continuity, which can alleviate anxiety and uncertainty that comes with change. It helps outgoing soldiers understand the resources available to them, such as benefits, housing options, and other logistical elements required during their relocation. Moreover, sponsoring units or individuals who are transitioning can enhance morale and overall unit cohesion, making the process smoother and more supportive for everyone involved.

**4. Which of these is an essential aspect of an NCO's responsibilities?**

- A. Only training senior officers
- B. Ensuring the welfare of the soldiers**
- C. Prioritizing personal interests over mission
- D. Eliminating all forms of discipline

An essential aspect of an NCO's responsibilities is ensuring the welfare of the soldiers. This role encompasses a wide range of responsibilities that contribute to the overall well-being and readiness of the unit. An NCO (Non-Commissioned Officer) serves as a pivotal link between the enlisted soldiers and the chain of command, which includes advocating for the needs and concerns of the soldiers. By prioritizing their welfare, NCOs help to foster a positive environment that can enhance morale, retention, and operational effectiveness. An NCO is responsible not only for the training and development of their soldiers but also for looking after their physical and mental health, ensuring they have the resources and support necessary to perform their duties effectively. This holistic approach to soldier welfare leads to a more cohesive and resilient unit, which is essential for mission success. Therefore, focusing on the welfare of the soldiers is fundamental to the NCO's role and reflects the values of leadership and responsibility inherent in military service.

## 5. Who does AER provide assistance to?

- A. Only active duty soldiers
- B. Active duty soldiers, their dependents, and retirees**
- C. Only former soldiers
- D. Active duty soldiers and veterans only

AER, or Army Emergency Relief, provides assistance to active duty soldiers, their dependents, and retirees. This organization is designed to help service members and their families during times of financial need, offering support for various unexpected expenses such as medical costs, housing issues, and education-related expenses. Active duty soldiers benefit directly from AER's resources, but the inclusion of dependents ensures that families are also supported during challenging times, recognizing that the well-being of the soldier is closely linked to the well-being of their loved ones. Furthermore, retirees are included as they may face specific hardships after transitioning from active service, making it essential for AER to provide them with assistance as well. Other options incorrectly narrow the scope of AER's support. For example, restricting assistance solely to active duty soldiers or excluding retirees does not reflect the organization's mission of comprehensive support for the Army community.

## 6. What is likely to happen if a leader neglects the welfare of their soldiers?

- A. They will gain respect and trust
- B. They will become more popular within their unit
- C. They will lose respect and loyal cooperation**
- D. They will automatically be promoted

When a leader neglects the welfare of their soldiers, the most likely outcome is a loss of respect and loyal cooperation. Soldiers rely on their leaders not only for guidance and operational success but also for their overall well-being. A leader's primary role involves ensuring that their team is taken care of, which includes addressing their physical, emotional, and professional needs. When these needs are ignored, soldiers may feel undervalued, demotivated, and disheartened, which can lead to a breakdown of trust. A leader who shows a lack of concern for their soldiers' welfare may find that morale decreases, and soldiers may be less inclined to put forth their best effort or follow orders. This erosion of respect can lead to a toxic environment where loyalty is compromised and unit cohesion suffers, ultimately affecting the effectiveness of the entire team. In contrast, gaining respect and trust or becoming more popular within the unit requires a leader to actively engage with and support their personnel. Promotions typically result from demonstrated effectiveness and leadership qualities rather than neglecting responsibilities. Therefore, the outcome of losing respect and loyal cooperation accurately reflects the consequences of neglecting soldiers' welfare.

**7. What is one of the focuses of the SHAARP policy besides prevention?**

- A. Financial accountability**
- B. Health and wellness**
- C. Response and reporting**
- D. Military readiness**

The SHAARP (Sexual Harassment/Assault Response and Prevention) policy emphasizes a comprehensive approach to addressing sexual harassment and assault within the military. One of its key focuses, aside from prevention, is the effective response and reporting mechanisms for incidents of sexual harassment and assault. This involves ensuring that service members have access to appropriate support resources, such as victim advocacy, legal assistance, and mental health services. The policy aims to create a supportive environment where victims feel safe to report incidents, understanding that their concerns will be taken seriously and handled appropriately. This commitment to response and reporting is critical to fostering trust within the military community and ensuring accountability for actions that violate the policy.

**8. What accounts for the majority of accidents in military operations?**

- A. Negligence**
- B. Carelessness**
- C. Mechanical failures**
- D. Environmental conditions**

The majority of accidents in military operations can often be attributed to carelessness. This encompasses a range of behaviors, including lapses in attention, failure to adhere to safety protocols, and a general lack of vigilance in carrying out tasks. Carelessness can lead to critical mistakes, especially in high-pressure environments where soldiers are required to react quickly and maintain situational awareness. While negligence, mechanical failures, and environmental conditions are significant factors in accidents, carelessness is a more pervasive issue, as it often stems from human behavior and mindset. In high-stakes military operations, even minor oversights due to carelessness can result in severe consequences, which highlights the need for a strong emphasis on training and maintaining a safety-oriented culture within military ranks. Understanding this concept is vital for soldiers to mitigate risks and enhance operational safety.

**9. In the Army Time Management System, what does the Green phase primarily focus on?**

- A. Individual soldier training**
- B. Training on collective tasks**
- C. Small unit and crew training**
- D. Administrative tasks**

The Green phase in the Army Time Management System is primarily focused on training for collective tasks. This phase emphasizes the importance of unit cohesion and collaborative operations, where multiple soldiers work together to accomplish complex missions. By concentrating on collective tasks, soldiers develop teamwork, communication, and synchronization, which are crucial for operational success. This training not only enhances individual skills but also ensures that units can effectively perform their responsibilities in a coordinated manner. In contrast to the other options: individual soldier training is typically addressed in earlier phases, while small unit and crew training, although relevant, is more specific in scope. Administrative tasks, while necessary, are not the primary focus during the Green phase. Overall, the emphasis during this phase supports the Army's objective of ensuring that all members of a unit can work fluidly together to achieve mission success.

**10. Why are the Army Values and Warrior Ethos considered important?**

- A. They enhance physical training**
- B. They provide guidance in financial matters**
- C. They underpin everything the Army does**
- D. They improve communication skills**

The Army Values and Warrior Ethos are crucial because they form the foundational principles that guide all actions and decisions within the Army. These values, which include loyalty, duty, respect, selfless service, honor, integrity, and personal courage, shape the character and behavior of soldiers and establish a strong ethical framework within which they operate. The Army operates in complex environments where the adherence to these values is essential for maintaining unit cohesion, trust among soldiers, and effective leadership. By embodying these principles, soldiers demonstrate commitment to their mission, fellow service members, and the nation. The Warrior Ethos complements this by emphasizing the importance of perseverance, resilience, and the willingness to strive for mission accomplishment regardless of challenges. Ultimately, the importance of Army Values and the Warrior Ethos lies in their ability to promote a culture of accountability and excellence, ensuring that soldiers act honorably and effectively in both individual and collective contexts. This solid foundation supports the Army's overall effectiveness and readiness to accomplish its objectives.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://soldierofthemonth.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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