

Soldier of the Month Practice Test (Sample)

Study Guide



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SAMPLE

Questions

- 1. In which situation can enlisted personnel face reductions?**
 - A. Failure to attend training**
 - B. Unsatisfactory performance**
 - C. Both A and B**
 - D. None of the above**
- 2. Is it possible to grant a three-day pass during the usual duty week?**
 - A. No**
 - B. Yes**
 - C. Only on Fridays**
 - D. Only during holidays**
- 3. Which of the following is NOT a method for identifying Soldiers with a substance abuse problem?**
 - A. Voluntary disclosure**
 - B. Peer recommendation**
 - C. Drug test**
 - D. Medical identification**
- 4. What type of financial assistance does AER provide?**
 - A. Only grants**
 - B. Loans only**
 - C. Loans without interest, grants, or a combination of both**
 - D. Only scholarships**
- 5. ACS provides services primarily to which group?**
 - A. Active-duty personnel only**
 - B. Soldiers and their families**
 - C. Former soldiers**
 - D. Civilians only**
- 6. What is the dollar limit on loans from AER?**
 - A. Up to \$500**
 - B. There is a \$1,000 limit**
 - C. There is no dollar limit**
 - D. Loans are capped at \$2,500**

- 7. What is the significance of the Army's number one priority?**
- A. It reflects the need for constant recruitment**
 - B. It emphasizes the importance of training for soldier readiness**
 - C. It indicates a lack of focus on other areas**
 - D. It signifies budget allocation**
- 8. What form must be completed to appear before promotion boards?**
- A. DA Form 31**
 - B. DA Form 3340**
 - C. DA Form 3355**
 - D. DA Form 3300**
- 9. Which of the following is NOT a type of training plan?**
- A. Long-range**
 - B. Short-term**
 - C. Short-range**
 - D. Near-term**
- 10. How many human needs are identified in the context of counseling?**
- A. 3**
 - B. 4**
 - C. 5**
 - D. 6**

Answers

SAMPLE

1. C
2. B
3. B
4. C
5. B
6. C
7. B
8. C
9. B
10. B

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Explanations

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1. In which situation can enlisted personnel face reductions?

- A. Failure to attend training**
- B. Unsatisfactory performance**
- C. Both A and B**
- D. None of the above**

Enlisted personnel can face reductions in rank or grade when there are performance-related issues. Failure to attend training typically indicates a lack of commitment or responsibility, which is critical in a military setting. This absence can impact not only the individual's readiness but also that of their unit, demonstrating a failure to uphold military standards. Similarly, unsatisfactory performance encompasses a broader range of issues, including failure to meet the established duties or responsibilities of one's position. If an individual consistently performs below expectations or does not adhere to required standards, this reflects poorly on their capabilities and potential for future assignments, justifying the need for reduction. Combining both factors—failure to attend training and unsatisfactory performance—indicates that the individual is not meeting their obligations to the military, thereby supporting the decision for reductions. This policy helps maintain the effectiveness and readiness of military units by ensuring that only those who are meeting required standards are retained in higher ranks.

2. Is it possible to grant a three-day pass during the usual duty week?

- A. No**
- B. Yes**
- C. Only on Fridays**
- D. Only during holidays**

Granting a three-day pass during the usual duty week is permissible under certain circumstances, which is why the answer is yes. Typically, a three-day pass can be issued to allow service members to have some personal time off, which can be beneficial for morale and overall well-being. Policies regarding leave and passes can vary based on unit regulations and operational requirements, but generally, a commanding officer has the discretion to approve passes that extend through a weekend, allowing service members to enjoy a long weekend even during a regular duty week. This flexibility supports the balance between fulfilling military obligations and allowing for personal time. The other choices are limited in scope or contradict the broader capabilities of commanding officers to grant passes.

3. Which of the following is NOT a method for identifying Soldiers with a substance abuse problem?

- A. Voluntary disclosure**
- B. Peer recommendation**
- C. Drug test**
- D. Medical identification**

Identifying Soldiers with a substance abuse problem can involve various methods, and peer recommendation isn't a formal or systematic method used for this purpose. Instead, it relies on informal assessments and may be subjective. Formal methods typically include approaches such as voluntary disclosure, drug testing, and medical identification. Voluntary disclosure allows Soldiers to come forward and seek help without fear of immediate consequences. Drug tests provide objective data to identify those who may be engaging in substance misuse. Medical identification might encompass health assessments that can reveal issues related to substance use. These methods are established within military protocols to ensure a comprehensive approach to identifying and addressing substance abuse, focusing on accountability and support rather than relying on what peers may observe or report, which can be inconsistent and influenced by personal relationships or biases.

4. What type of financial assistance does AER provide?

- A. Only grants**
- B. Loans only**
- C. Loans without interest, grants, or a combination of both**
- D. Only scholarships**

AER, or Army Emergency Relief, offers a range of financial assistance options to soldiers and their families. The correct answer highlights that AER provides loans without interest, grants, or a combination of both to support those in need. Loans without interest ensure that soldiers who require financial help for emergencies, such as unexpected medical expenses, rent, or utilities, are not burdened by additional financial strain from interest payments. Grants provide direct financial assistance that does not need to be repaid, which is crucial for those experiencing severe unexpected difficulties. By offering both options, AER can cater to various circumstances, whether a soldier needs immediate help or a more flexible repayment solution. This comprehensive approach allows AER to effectively support a wide array of financial needs within the military community. Other options, such as providing only grants or only loans, fail to recognize the diverse scenarios where soldiers may need financial aid.

5. ACS provides services primarily to which group?

- A. Active-duty personnel only**
- B. Soldiers and their families**
- C. Former soldiers**
- D. Civilians only**

The correct option indicates that ACS, or Army Community Service, primarily serves soldiers and their families. ACS is designed to provide a wide range of support services to military personnel and their dependents. This includes assistance with relocation, family advocacy, financial counseling, and various community support initiatives. The focus on both soldiers and their families demonstrates the holistic approach the military takes in ensuring the well-being of its community, recognizing that the needs of service members often extend to their loved ones as well. In this context, some other groups, such as former soldiers or civilians, may also benefit from certain programs, but ACS specifically prioritizes current active-duty soldiers and their families. This emphasis is crucial in maintaining morale and fostering a supportive environment for personnel throughout their military careers and beyond.

6. What is the dollar limit on loans from AER?

- A. Up to \$500**
- B. There is a \$1,000 limit**
- C. There is no dollar limit**
- D. Loans are capped at \$2,500**

The correct answer is that there is no dollar limit on loans from the Army Emergency Relief (AER). AER provides financial assistance to soldiers and their families in a variety of situations, including when they face unexpected expenses or emergencies. The organization is designed to be flexible in meeting the needs of service members, assuring that they have access to the support they require. While there may be guidelines or typical amounts that are issued depending on the situation, the absence of a strict dollar limit allows AER to assess each case individually. This ensures that soldiers can receive the necessary financial aid tailored to their specific circumstances, allowing for greater adaptability in emergency situations. In contrast, the other options suggest specific limits which do not reflect the current policy of AER. Knowing that there is no fixed cap reinforces the idea that AER aims to provide comprehensive support to service members during challenging times.

7. What is the significance of the Army's number one priority?

- A. It reflects the need for constant recruitment
- B. It emphasizes the importance of training for soldier readiness**
- C. It indicates a lack of focus on other areas
- D. It signifies budget allocation

The significance of the Army's number one priority being focused on training for soldier readiness stems from the understanding that a well-trained soldier is fundamental to the overall effectiveness of the military. Soldier readiness encompasses not just physical fitness, but also tactical proficiency, mental resilience, and the ability to operate within a team. By prioritizing training, the Army ensures that personnel are equipped with the skills and knowledge required to face diverse challenges, be it in combat scenarios or peacekeeping operations. This focus on training directly relates to the Army's mission to be prepared for any situation, thereby enhancing national security and operational success. Other choices, while relevant to various aspects of military operations, do not capture the central importance of training as the cornerstone of readiness. Recruitment is essential, but it cannot ensure effectiveness without adequate training for the new soldiers. A lack of focus on other areas might imply neglect but does not highlight the proactive aim of fostering readiness through training. Budget allocation is also crucial; however, it is the strategic investment in training that translates those resources into prepared, capable soldiers. The emphasis on training for soldier readiness aligns perfectly with military objectives and is foundational for a robust defense posture.

8. What form must be completed to appear before promotion boards?

- A. DA Form 31
- B. DA Form 3340
- C. DA Form 3355**
- D. DA Form 3300

The correct form to be completed for an individual to appear before promotion boards is the DA Form 3355. This form is specifically designed for documenting the recommendation for promotion, guiding the board's evaluation of the soldier's qualifications and readiness for the next rank. It serves as a formal application that outlines the soldier's previous performance, achievements, and readiness for increased responsibility, providing essential information to the promotion board members. Each of the other forms listed serves different purposes within military processes. For example, the DA Form 31 is used primarily for requests for leave, while the DA Form 3340 is associated with the request for a monthly pay advance or special pay. The DA Form 3300 is related to the Initial Counseling for soldiers coming into the Army. Therefore, while all these forms are valuable within their respective contexts, it is the DA Form 3355 that specifically fulfills the requirement for promotion board consideration.

9. Which of the following is NOT a type of training plan?

- A. Long-range
- B. Short-term**
- C. Short-range
- D. Near-term

The correct answer identifies that "Short-term" is not considered a distinct type of training plan. When discussing training plans, we typically categorize them based on their duration and focus. Long-range training plans are developed with a long time frame in mind, often spanning several months to years, allowing for comprehensive development of skills and objectives. Short-range training plans cover a few weeks to a couple of months, focusing on immediate and short-term goals. Near-term training plans are similar to short-range but are often used to describe plans that are even more immediate, focusing on training objectives expected to achieve results in the very near future. The concept of a "Short-term" training plan is somewhat redundant in this context, as it overlaps with the definitions of short-range and near-term plans, which are specifically meant to address the needs of an imminent timeline. Understanding these distinctions is important for developing effective and appropriate training strategies based on the timeline and objectives at hand.

10. How many human needs are identified in the context of counseling?

- A. 3
- B. 4**
- C. 5
- D. 6

The identification of human needs in the context of counseling typically aligns with Maslow's Hierarchy of Needs, which delineates five levels of human needs that affect motivation and behavior. These levels include physiological needs, safety needs, love and belonging, esteem needs, and self-actualization. Understanding these five categories is crucial for counselors as it helps them to assess and address the diverse needs of their clients effectively. By recognizing that individuals may be functioning at different levels of need, a counselor can tailor their approach to better support a client, ensuring that foundational needs are met before addressing higher-order psychological or self-fulfillment needs. While some frameworks may focus on fewer categories or expand them into more nuanced subcategories, the overarching model that is widely recognized in counseling contexts includes five core human needs. This understanding is fundamental for creating a supportive environment conducive to personal growth and self-improvement in therapy.