

SISTUHS Interview Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Which figure was a prophetess and judge who helped lead Israel to victory?**
 - A. Esther**
 - B. Deborah**
 - C. Ruth**
 - D. Bathsheba**

- 2. What is the fourth acronym of SISTUHS?**
 - A. Unity**
 - B. Tenacity**
 - C. Strength**
 - D. Spirituality**

- 3. Isabella Baumfree is better known as which historical figure?**
 - A. Rosa Parks**
 - B. Harriet Tubman**
 - C. Sojourner Truth**
 - D. Ida B. Wells**

- 4. The founding campus for Progressive Black Men, Incorporated is which university?**
 - A. Georgia Tech**
 - B. University of Florida**
 - C. Florida State University**
 - D. University of Miami**

- 5. Which pair is cited as the two Founders of SISTUHS, associated with the number 2?**
 - A. Akiba Jackson and Germaine Smith**
 - B. John Doe and Jane Roe**
 - C. Carl Owen and Akiba Jackson**
 - D. Germaine Smith and Carl Owen**

- 6. How many objectives does the organization have?**
- A. 10**
 - B. 8**
 - C. 9**
 - D. 12**
- 7. Which number is associated with the National Board of Directors?**
- A. 6**
 - B. 12**
 - C. 8**
 - D. 9**
- 8. Which statement about the National Board of Directors is true?**
- A. There are six positions listed.**
 - B. There are five positions listed.**
 - C. There are seven positions listed.**
 - D. There are four positions listed.**
- 9. What is depicted on the SISTUHS emblem related to the number 12?**
- A. 12 stars in between 7 rays on the emblem**
 - B. A circle with a sun**
 - C. Two pyramids and ankh**
 - D. A starry sky**
- 10. In what year was the Chapter founded, according to the organization facts?**
- A. 2025**
 - B. 2020**
 - C. 2030**
 - D. 2035**

Answers

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1. B
2. B
3. C
4. C
5. A
6. A
7. B
8. A
9. A
10. A

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Explanations

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1. Which figure was a prophetess and judge who helped lead Israel to victory?

- A. Esther
- B. Deborah**
- C. Ruth
- D. Bathsheba

Deborah stands out because she embodies both spiritual guidance and civil leadership. She's described as a prophetess, speaking God's messages to the people, and as a judge, providing wise rulings and settling disputes for Israel. In the narrative, she sits under a palm tree where people come for judgment and direction, showing her role in guiding daily life and justice. When a crisis hits—Israel is oppressed by a Canaanite army—she authorizes Barak to rally the troops and leads with prophetic backing, guiding the plan and affirming God's help. The victory that follows demonstrates her unique leadership: she isn't just a religious figure or a political leader in name—she actively helps organize and empower Israel to win the battle. The other figures—Esther, Ruth, and Bathsheba—are important in their own stories, but none are described as prophetesses and judges who lead Israel to victory.

2. What is the fourth acronym of SISTUHS?

- A. Unity
- B. Tenacity**
- C. Strength
- D. Spirituality

The main idea is to map the words to the letters of the acronym in order and find the fourth position. SISTUHS is formed by seven words starting with S, I, S, T, U, H, S. The fourth position corresponds to the letter T, so the fourth word should begin with T. Tenacity fits perfectly as the word used for that position, making it the correct choice. The other options align with other positions in the sequence (for example, Unity with the U in the fifth spot), but they don't occupy the fourth position.

3. Isabella Baumfree is better known as which historical figure?

- A. Rosa Parks
- B. Harriet Tubman
- C. Sojourner Truth**
- D. Ida B. Wells

Isabella Baumfree is the birth name of Sojourner Truth. She adopted the name Sojourner Truth in the 1840s after a spiritual awakening, signaling a sense of mission she felt to travel and speak for justice. She became a prominent abolitionist who fought to end slavery and also championed women's rights, delivering powerful speeches across the North. Her most famous address, given in 1851 at a women's rights gathering, underscored the intersection of racial and gender equality and remains a defining moment in U.S. reform history. The other well-known figures—Rosa Parks, Harriet Tubman, and Ida B. Wells—each played important roles in different movements: Parks in the civil rights movement of the 1950s, Tubman as a key conductor of the Underground Railroad, and Wells as a journalist and anti-lynching activist.

4. The founding campus for Progressive Black Men, Incorporated is which university?

- A. Georgia Tech**
- B. University of Florida**
- C. Florida State University**
- D. University of Miami**

Progressive Black Men, Incorporated began at Florida State University. The founding campus is the place where the organization first formed, established its charter, and set its initial mission and activities. Florida State University, located in Tallahassee, was the origin of the group, and while it may have chapters at other universities today, the birthplace is Florida State University.

5. Which pair is cited as the two Founders of SISTUHS, associated with the number 2?

- A. Akiba Jackson and Germaine Smith**
- B. John Doe and Jane Roe**
- C. Carl Owen and Akiba Jackson**
- D. Germaine Smith and Carl Owen**

Two founders are being identified, so the correct choice is the pair who are both recognized as founders. Akiba Jackson and Germaine Smith are cited as the two founders of SISTUHS, matching the requirement of listing both founders. The other options pair at least one person who isn't listed as a founder, or mix a founder with a non-founder, which doesn't satisfy the "two founders" criterion.

6. How many objectives does the organization have?

- A. 10**
- B. 8**
- C. 9**
- D. 12**

The question hinges on pulling out a specific numeric detail from the organization's stated plan. When you're asked how many objectives the organization has, the correct approach is to locate the section where objectives are listed and use the exact count given there. In this case, the material specifies there are ten objectives. So ten is the right answer because it matches the explicit count in the organization's documentation. To verify, find the Objectives section and count each distinct objective, making sure you're not counting subpoints or actions that fall under a single objective as separate items. The other numbers don't fit because they don't reflect the explicit total stated in the material. If you're ever unsure, re-check the list of objectives in the source to confirm you're counting the actual goals, not related activities or milestones. A quick recount from the Objectives section will confirm whether the total is ten.

7. Which number is associated with the National Board of Directors?

- A. 6
- B. 12**
- C. 8
- D. 9

The concept here is understanding why a national board would be tied to a specific, practical board size. A dozen directors is a common, well-balanced size that allows broad representation—covering different regions or functions—without making meetings unwieldy. With twelve members, you can form multiple committees (for governance, finance, programs, etc.) and still keep decision-making efficient and manageable. This size supports diverse input while preserving the ability to reach consensus and coordinate actions effectively. Smaller numbers can limit the range of perspectives and expertise, while larger numbers can slow discussions and complicate logistics. So the number typically associated with a National Board of Directors tends to be twelve.

8. Which statement about the National Board of Directors is true?

- A. There are six positions listed.**
- B. There are five positions listed.
- C. There are seven positions listed.
- D. There are four positions listed.

Counting the number of listed board positions is what this item checks. Examine the National Board of Directors listing and count each distinct title that appears. If you count six unique roles, then the statement that there are six positions is true. The process is simply tallying the roster: read through the list, make sure you're counting each role once, and sum them up. In many organizations you'll see a mix of officers and directors, and six is a common total when there are, for example, four officers plus two at-large directors. Since the listing shows six positions, that makes the statement the correct one. The other numbers would only be correct if the roster had that many entries, which it does not here.

9. What is depicted on the SISTUHS emblem related to the number 12?

- A. 12 stars in between 7 rays on the emblem**
- B. A circle with a sun
- C. Two pyramids and ankh
- D. A starry sky

The key idea is recognizing the specific symbol on the emblem: twelve stars arranged between seven rays. That exact arrangement—twelve stars in the spaces among seven outward-raying lines—is distinctive and matches the emblem described. The other images (a circle with a sun, two pyramids and ankh, or a starry sky) do not reflect the actual design of the SISTUHS emblem, so they aren't correct. So, the depiction of twelve stars between seven rays is the accurate description.

10. In what year was the Chapter founded, according to the organization facts?

A. 2025

B. 2020

C. 2030

D. 2035

From the organization's facts, the Chapter's founding year is stated as 2025. This makes 2025 the correct answer because it directly matches the source information. The other years don't appear in the facts as the founding year, so they don't fit the provided data.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://sistuh interview.examzify.com>

We wish you the very best on your exam journey. You've got this!