

# Sigma Gamma Rho (SGRHO) Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. Who is honored with the Sigma Gamma Rho Outstanding Member Award?**
  - A. Newly initiated members**
  - B. Members with the highest academic scores**
  - C. Members who demonstrate exceptional service and leadership**
  - D. Members contributing to social media outreach**
  
- 2. What aspect of mentorship is highlighted by SGRHO?**
  - A. It offers financial grants to mentees**
  - B. It develops young women into leaders through guidance and support from sorors**
  - C. It focuses on academic tutoring only**
  - D. It creates networking opportunities without supervision**
  
- 3. What are the guiding principles of the sorority?**
  - A. Unity, service, and leadership**
  - B. Friendship, knowledge, and support**
  - C. Sisterhood, scholarship, and service**
  - D. Honor, duty, and respect**
  
- 4. What does the sorority focus on as part of its mission?**
  - A. Promoting civic engagement and educational development**
  - B. Increasing social media presence**
  - C. Advocating for political candidates**
  - D. Enhancing luxury brand association**
  
- 5. With which attire can the official sorority pin not be worn?**
  - A. Skirts or dresses**
  - B. Pants or on a jacket**
  - C. Blouses or tops**
  - D. Sweaters or cardigans**

- 6. Which of the following years corresponds with the incorporation of the sorority?**
- A. 1925**
  - B. 1927**
  - C. 1929**
  - D. 1931**
- 7. What is the annual event that celebrates the sorority's founding?**
- A. Charter Day**
  - B. Founders' Day**
  - C. Anniversary Celebration**
  - D. Heritage Week**
- 8. What does the poodle symbolize in Sigma Gamma Rho?**
- A. Love and Unity**
  - B. Strength and Courage**
  - C. Fidelity and Devotion**
  - D. Wisdom and Knowledge**
- 9. What are the guiding principles of Sigma Gamma Rho?**
- A. Unity, knowledge, and financial literacy**
  - B. Faith, hope, and charity**
  - C. Sisterhood, scholarship, and service**
  - D. Leadership, responsibility, and advocacy**
- 10. What was the first Black Greek lettered organization?**
- A. Alpha Kappa Alpha**
  - B. Omega Psi Phi**
  - C. Sigma Pi Phi - "The Boule"**
  - D. Kappa Alpha Psi**

## Answers

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1. C
2. B
3. C
4. A
5. B
6. C
7. B
8. C
9. C
10. C

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## **Explanations**

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**1. Who is honored with the Sigma Gamma Rho Outstanding Member Award?**

- A. Newly initiated members**
- B. Members with the highest academic scores**
- C. Members who demonstrate exceptional service and leadership**
- D. Members contributing to social media outreach**

The Sigma Gamma Rho Outstanding Member Award is specifically designated for members who demonstrate exceptional service and leadership. This award recognizes those who go above and beyond in their contributions to the sorority, showing a commitment to the values and principles of Sigma Gamma Rho. Leadership and service are fundamental aspects of the organization, and the award highlights the importance of these qualities in fostering a strong community and advancing the mission of the sorority. While other choices highlight different aspects of involvement, such as academic excellence or contributions to social media, the Outstanding Member Award specifically aims to honor those whose exemplary service and leadership make a significant impact on the organization and its initiatives. Thus, those recognized with this award are often seen as role models for others within the sorority.

**2. What aspect of mentorship is highlighted by SGRHO?**

- A. It offers financial grants to mentees**
- B. It develops young women into leaders through guidance and support from sorors**
- C. It focuses on academic tutoring only**
- D. It creates networking opportunities without supervision**

The correct answer emphasizes the focus of Sigma Gamma Rho (SGRHO) on developing young women into leaders through guidance and support from sorors. This aspect of mentorship is essential for fostering personal growth, resilience, and leadership skills among mentees. In a sorority context, this mentorship goes beyond mere support; it involves nurturing strong character, ethical leadership, and social responsibility through a structured relationship with experienced members, or sorors, who serve as role models and coaches. By investing time and resources into mentorship, SGRHO aims to empower the next generation of women leaders, ensuring they have the skills and confidence needed to navigate their academic, professional, and personal lives effectively. This holistic approach positions mentorship as a key component of the organization's mission to uplift and advance women in their communities. Other options, while they may appear relevant, do not encapsulate the broader mission of mentorship as effectively. Financial grants focus solely on funding rather than personal development; academic tutoring limits the mentoring experience to educational instruction without fostering leadership qualities; and networking opportunities without supervision lack the essential guidance that aids in meaningful growth and development.

### **3. What are the guiding principles of the sorority?**

- A. Unity, service, and leadership**
- B. Friendship, knowledge, and support**
- C. Sisterhood, scholarship, and service**
- D. Honor, duty, and respect**

The guiding principles of Sigma Gamma Rho (SGRHO) are indeed sisterhood, scholarship, and service. These principles form the foundation of the sorority's mission and objectives, reflecting its commitment to fostering a deep sense of sisterhood among its members, promoting academic excellence, and providing community service. Sisterhood emphasizes the bonds that unite members and their commitment to supporting one another both personally and professionally. Scholarship underscores the importance of education and encourages members to pursue academic achievement. Service highlights the sorority's dedication to giving back to the community, aligning with its historical roots in addressing social issues and uplifting underserved populations. These three principles are essential for guiding the actions and decisions of the sorority, ensuring that members not only strive for personal success but also contribute positively to society as a whole.

### **4. What does the sorority focus on as part of its mission?**

- A. Promoting civic engagement and educational development**
- B. Increasing social media presence**
- C. Advocating for political candidates**
- D. Enhancing luxury brand association**

The mission of Sigma Gamma Rho Sorority, Inc. is deeply rooted in promoting civic engagement and educational development. The organization focuses on empowering its members and the communities they serve through initiatives that encourage educational advancement and community service. This commitment is reflected in their programming and activities that aim to improve the quality of life for individuals, particularly within underserved communities. Educational development is a cornerstone of their mission, as the sorority engages in programs that foster academic achievement and lifelong learning. Additionally, civic engagement is promoted through community service initiatives, leadership development, and advocating for social justice. These efforts collectively contribute to the sorority's goal of building a better society and empowering individuals to realize their potential. This aligns with the broader mission of many sororities that value education and service as essential components of personal and communal growth. The focus on civic engagement is further demonstrated through various outreach activities, mentorship programs, and partnerships with community organizations, emphasizing their dedication to making a positive impact.

**5. With which attire can the official sorority pin not be worn?**

- A. Skirts or dresses**
- B. Pants or on a jacket**
- C. Blouses or tops**
- D. Sweaters or cardigans**

The official sorority pin of Sigma Gamma Rho is a significant symbol of the organization and is typically designed to be worn on specific types of formal and semi-formal attire. It is traditionally worn on blouses, tops, skirts, dresses, and sweaters, as these garments can provide a prominent and respectful display of the pin. Wearing the pin on pants or a jacket may not align with the established norms regarding its proper placement. Jackets are often removed in various settings, and pins worn in such a manner may lose their visibility, diminishing the pin's significance as a visible marker of affiliation and commitment to the sorority. Therefore, the guidelines regarding pin attire suggest that it should be affixed to clothing that ensures its presence and honors its importance as a symbol of sorority membership.

**6. Which of the following years corresponds with the incorporation of the sorority?**

- A. 1925**
- B. 1927**
- C. 1929**
- D. 1931**

The incorporation of Sigma Gamma Rho Sorority, Inc. took place in 1929. This date is significant as it marks the formal establishment of the organization following its founding in 1922. The incorporation allowed Sigma Gamma Rho to gain legal recognition and further its mission of providing educational and community service programs, which have been foundational to its existence. Understanding this timeline is essential, as it reflects the sorority's development and its growth in terms of outreach and the impact it aims to have through its initiatives. The year 1929 thus holds a pivotal place in the history of SGRHO, signifying the transition from a grassroots organization to a structured entity that could operate more effectively in service to its members and the community at large.

**7. What is the annual event that celebrates the sorority's founding?**

- A. Charter Day**
- B. Founders' Day**
- C. Anniversary Celebration**
- D. Heritage Week**

The annual event that celebrates the founding of Sigma Gamma Rho Sorority, Inc. is known as Founders' Day. This event is significant because it honors the legacy and contributions of the sorority's founders, who established the organization on November 12, 1922. Founders' Day typically involves various activities, such as commemorative programs, community service, and gatherings that highlight the sorority's mission and achievements throughout the years. Understanding the importance of Founders' Day is crucial as it serves not only as a celebration but also as a reminder of the values and goals that the sorority upholds. It reinforces the bonds of sisterhood and allows current members to reflect on the history and traditions of Sigma Gamma Rho, ensuring that the principles of the founding members continue to guide the sorority's future.

**8. What does the poodle symbolize in Sigma Gamma Rho?**

- A. Love and Unity**
- B. Strength and Courage**
- C. Fidelity and Devotion**
- D. Wisdom and Knowledge**

In Sigma Gamma Rho, the poodle is a symbol of fidelity and devotion. This symbolism is deeply rooted in the characteristics associated with poodles, which are known for their loyalty and strong bond with their owners. In the context of the sorority, this representation aligns perfectly with the values of commitment and loyalty that members uphold towards each other and their mission. The poodle, as a symbol, reflects the dedication and loyalty that members of Sigma Gamma Rho are expected to demonstrate within the sorority and in their personal lives. Through this symbolism, the organization emphasizes the importance of being steadfast and devoted to one another and to the objectives of the sorority.

## 9. What are the guiding principles of Sigma Gamma Rho?

- A. Unity, knowledge, and financial literacy
- B. Faith, hope, and charity
- C. Sisterhood, scholarship, and service**
- D. Leadership, responsibility, and advocacy

The guiding principles of Sigma Gamma Rho sorority are rooted in sisterhood, scholarship, and service. These principles emphasize the importance of building strong, supportive relationships among members (sisterhood), pursuing academic excellence (scholarship), and engaging in community service (service). Sisterhood fosters a sense of belonging and camaraderie among members, creating a supportive network that encourages personal and professional growth. Scholarship underscores the significance of education and encourages members to strive for academic achievements, reflecting the organization's commitment to intellectual advancement. Service pertains to the sorority's dedication to making a positive impact in the community, reinforcing the responsibility of members to give back and engage in meaningful outreach efforts. These three pillars work together to embody the mission and vision of Sigma Gamma Rho, guiding members in their personal development and their contributions to society. The other choices may reflect values present in other organizations but do not align with the core principles of Sigma Gamma Rho.

## 10. What was the first Black Greek lettered organization?

- A. Alpha Kappa Alpha
- B. Omega Psi Phi
- C. Sigma Pi Phi - "The Boule"**
- D. Kappa Alpha Psi

The first Black Greek-lettered organization is Sigma Pi Phi, often referred to as "The Boule." Established in 1904, it was created as a response to the social and academic segregation of African Americans during that time period. Sigma Pi Phi aimed to bring together a select group of educated African American men to support and uplift one another while advocating for the advancement of Black people in society. Being the first, it set a precedent for later organizations, including those formed in the 1900s through the 1920s, which were created to address similar challenges within the African American community. The other options represent organizations that were founded after Sigma Pi Phi; for example, Alpha Kappa Alpha was established in 1908, Omega Psi Phi in 1911, and Kappa Alpha Psi in 1911. Each of these organizations has made significant contributions to the African American community, but they followed the establishment of Sigma Pi Phi.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://sgrho.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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