

Sigma Gamma Rho (SGRHO) Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

This is a sample study guide. To access the full version with hundreds of questions,

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.

7. Use Other Tools

Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!

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Questions

- 1. What year was Sigma Gamma Rho established?**
 - A. 1922**
 - B. 1930**
 - C. 1915**
 - D. 1945**
- 2. Which organization does the sorority notably support among others?**
 - A. American Red Cross**
 - B. United Negro College Fund**
 - C. Habitat for Humanity**
 - D. World Wildlife Fund**
- 3. Who can join Sigma Gamma Rho?**
 - A. Only African American women**
 - B. Women of all races and backgrounds who meet specific criteria**
 - C. High school students only**
 - D. College students only**
- 4. What are the colors of Sigma Gamma Rho?**
 - A. Blue and Gold**
 - B. Royal Blue and Gold**
 - C. Purple and Silver**
 - D. Crimson and Cream**
- 5. What does the term "Basileus" refer to in Sigma Gamma Rho?**
 - A. Member**
 - B. Advisor**
 - C. Treasurer**
 - D. President**

- 6. What annual event does Sigma Gamma Rho celebrate in March?**
- A. National Women's Day**
 - B. Women's History Month**
 - C. International Women's Month**
 - D. Women's Empowerment Week**
- 7. What is an important rule for wearing the official sorority pin?**
- A. Must be worn at all events**
 - B. Must be worn at formal gatherings only**
 - C. Should not be worn with pants or on a jacket**
 - D. Can be worn casually**
- 8. What are the guiding principles of Sigma Gamma Rho?**
- A. Unity, knowledge, and financial literacy**
 - B. Faith, hope, and charity**
 - C. Sisterhood, scholarship, and service**
 - D. Leadership, responsibility, and advocacy**
- 9. What is Sigma Gamma Rho's stance on political awareness?**
- A. Encouraging members to avoid political discussions**
 - B. Encouraging members to become involved in political processes and civic duties**
 - C. Promoting only local political candidates**
 - D. Maintaining neutrality in political matters**
- 10. Who is the primary founder of Sigma Gamma Rho?**
- A. Mary Lou Allison Gardner Little**
 - B. Cubena McClure**
 - C. Virginia A. Anderson**
 - D. Lenora Ashmore McLean**

Answers

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1. A
2. B
3. B
4. B
5. D
6. B
7. C
8. C
9. B
10. A

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Explanations

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1. What year was Sigma Gamma Rho established?

- A. 1922**
- B. 1930**
- C. 1915**
- D. 1945**

Sigma Gamma Rho Sorority, Inc. was established in 1922. This date is significant as it marks the founding of one of the largest historically Black sororities in the United States, designed to promote community service, sisterhood, and a commitment to the advancement of women in education and leadership. The establishment year is important in understanding the sorority's history and its place in the broader context of Black Greek-letter organizations, which were founded primarily in the early 20th century during a period of racial segregation and social injustice. The founding year also serves as a point of pride for its members and reflects the organization's long-standing contributions to the community and society at large.

2. Which organization does the sorority notably support among others?

- A. American Red Cross**
- B. United Negro College Fund**
- C. Habitat for Humanity**
- D. World Wildlife Fund**

The sorority Sigma Gamma Rho Sorority, Inc. notably supports the United Negro College Fund (UNCF). This organization plays a critical role in providing scholarships and financial assistance to students attending historically black colleges and universities (HBCUs) and other educational institutions. By aligning with the UNCF, Sigma Gamma Rho emphasizes its commitment to educational advancement and empowerment within the African American community. This support reflects the sorority's mission to foster academic excellence, leadership development, and the promotion of social justice. In contrast, while the other organizations mentioned may align with philanthropic interests, they do not specifically represent the primary focus of Sigma Gamma Rho's initiatives or community involvement regarding educational support and advocacy for African American college students.

3. Who can join Sigma Gamma Rho?

- A. Only African American women
- B. Women of all races and backgrounds who meet specific criteria**
- C. High school students only
- D. College students only

Sigma Gamma Rho Sorority, Inc. is an organization that promotes scholarship, sisterhood, and service. It is distinctive in its commitment to welcoming women of all races and backgrounds. This inclusivity is a core value of the sorority, aligning with its mission to empower women and foster leadership in a diverse society. The specific criteria for membership often include a commitment to the sorority's values, academic achievement, and a dedication to community service, allowing it to attract a broad membership base beyond just one racial or ethnic group. In contrast, the other options represent restrictions that do not align with the sorority's inclusive philosophy. This commitment to diversity makes Sigma Gamma Rho a unique organization within the National Pan-Hellenic Council and enables it to draw members from a wide spectrum of experiences and perspectives.

4. What are the colors of Sigma Gamma Rho?

- A. Blue and Gold
- B. Royal Blue and Gold**
- C. Purple and Silver
- D. Crimson and Cream

The colors of Sigma Gamma Rho are Royal Blue and Gold. These colors symbolize the values and ideals of the sorority. Royal Blue represents loyalty and trust, while Gold signifies achievement and high standards. The choice of these specific shades emphasizes the sorority's commitment to excellence and service within the community. Using the term "Royal Blue" rather than just "Blue" reflects a specific identity within the sorority and enhances its branding and representation. This distinct choice of colors is integral to Sigma Gamma Rho's visual identity, setting it apart from other organizations that may use similar but different color combinations.

5. What does the term "Basileus" refer to in Sigma Gamma Rho?

- A. Member**
- B. Advisor**
- C. Treasurer**
- D. President**

In Sigma Gamma Rho, the term "Basileus" refers specifically to the President of the sorority. This title is derived from Greek, where it historically signified a king or leader, emphasizing the role of the Basileus as a guiding figure within the organization. The Basileus is responsible for overseeing the sorority's operations, leading meetings, representing the organization in the community, and ensuring that the sorority adheres to its values and mission. This leadership position is crucial for the functioning and success of the chapter, as the Basileus sets the tone for engagement and governance within the group. Understanding the role of the Basileus also provides insight into the organizational structure of Sigma Gamma Rho, where titles reflect specific responsibilities and the hierarchy that facilitates effective leadership and decision-making. This knowledge is key for anyone studying the sorority's governance and operational dynamics.

6. What annual event does Sigma Gamma Rho celebrate in March?

- A. National Women's Day**
- B. Women's History Month**
- C. International Women's Month**
- D. Women's Empowerment Week**

Sigma Gamma Rho celebrates Women's History Month in March, an annual observance that highlights the contributions and achievements of women throughout history. This celebration aligns with the organization's mission of promoting sisterhood, scholarship, and community service. By recognizing Women's History Month, Sigma Gamma Rho honors the impact of women in various fields and encourages advocacy for women's rights and empowerment. The other options, while relevant to women's achievements and empowerment, do not specifically reflect the official celebration that Sigma Gamma Rho recognizes in March. National Women's Day is celebrated on March 8th and focuses on women's achievements but is not a month-long observance. International Women's Month is not an officially recognized term; Women's History Month specifically designates March as a time to acknowledge and reflect on women's contributions. Women's Empowerment Week is more of a specific event rather than a widely recognized annual observance, thus making Women's History Month the accurate context for the celebration by Sigma Gamma Rho.

7. What is an important rule for wearing the official sorority pin?

- A. Must be worn at all events**
- B. Must be worn at formal gatherings only**
- C. Should not be worn with pants or on a jacket**
- D. Can be worn casually**

An important rule for wearing the official sorority pin is that it should not be worn with pants or on a jacket. This guideline emphasizes the pin's significance as a symbol of the sorority's values and the dignity of the organization. Wearing it appropriately reflects respect for the sorority's traditions and standards, which are often associated with formal or dressy attire. The pin is typically intended to be displayed in a manner that showcases its importance, often requiring it to be worn on blouses, dresses, or other more formal clothing. This proper approach enhances the pin's visibility and the respect it commands within both the sorority and the broader community.

8. What are the guiding principles of Sigma Gamma Rho?

- A. Unity, knowledge, and financial literacy**
- B. Faith, hope, and charity**
- C. Sisterhood, scholarship, and service**
- D. Leadership, responsibility, and advocacy**

The guiding principles of Sigma Gamma Rho sorority are rooted in sisterhood, scholarship, and service. These principles emphasize the importance of building strong, supportive relationships among members (sisterhood), pursuing academic excellence (scholarship), and engaging in community service (service). Sisterhood fosters a sense of belonging and camaraderie among members, creating a supportive network that encourages personal and professional growth. Scholarship underscores the significance of education and encourages members to strive for academic achievements, reflecting the organization's commitment to intellectual advancement. Service pertains to the sorority's dedication to making a positive impact in the community, reinforcing the responsibility of members to give back and engage in meaningful outreach efforts. These three pillars work together to embody the mission and vision of Sigma Gamma Rho, guiding members in their personal development and their contributions to society. The other choices may reflect values present in other organizations but do not align with the core principles of Sigma Gamma Rho.

9. What is Sigma Gamma Rho's stance on political awareness?

- A. Encouraging members to avoid political discussions**
- B. Encouraging members to become involved in political processes and civic duties**
- C. Promoting only local political candidates**
- D. Maintaining neutrality in political matters**

Sigma Gamma Rho emphasizes the importance of political awareness and civic responsibility among its members. The organization believes that being engaged in political processes is essential for creating positive change and addressing the various issues that affect communities. Encouraging members to participate in political discussions, vote, and take part in civic duties aligns with the sorority's mission of service and advocacy, particularly for communities of color. This stance promotes not only individual empowerment but also collective action to influence policy and social justice initiatives. Involvement in political processes allows members to express their values and contribute to the democratic process, thus reflecting the organization's commitment to uplifting communities. This proactive approach highlights the belief that education and active participation in civic life are crucial for fostering informed citizens who can advocate for their rights and the rights of others.

10. Who is the primary founder of Sigma Gamma Rho?

- A. Mary Lou Allison Gardner Little**
- B. Cubena McClure**
- C. Virginia A. Anderson**
- D. Lenora Ashmore McLean**

The primary founder of Sigma Gamma Rho Sorority, Inc. is Mary Lou Allison Gardner Little. She played a pivotal role in the establishment of the sorority, which was founded on November 12, 1922, in Indianapolis, Indiana. Mary Lou Allison Gardner Little's vision and leadership were instrumental in creating an organization aimed at enhancing the social, educational, and cultural opportunities for women, particularly those of African descent. Her dedication to the principles of sisterhood and service set the foundation for Sigma Gamma Rho, which has continued to thrive and promote its mission of community service, scholarship, and sisterhood. The impact of her work extends beyond the founding of the sorority, as she inspired future leaders and members to uphold the values and objectives of the organization. Understanding her contributions provides valuable insight into the history and heritage of Sigma Gamma Rho, highlighting the importance of strong leadership and vision in establishing a successful fraternal organization.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://sgrho.examzify.com>

We wish you the very best on your exam journey. You've got this!