

Sheppard Air Certified Flight Instructor (CFI) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. Flight at speeds below maximum endurance requires what adjustment?**
 - A. Higher power and an increase in airspeed**
 - B. Higher power and a decrease in airspeed**
 - C. Lower power and an increase in airspeed**
 - D. Consistent power settings regardless of speed**

- 2. Where can guidance for flight reviews as required by 14 CFR section 61.56 be found?**
 - A. FAA Advisory Circular 61-98**
 - B. 14 CFR Part 61**
 - C. The Practical Test Standards book**
 - D. FAA Flight Instructor Guide**

- 3. The maximum indicated airspeed permitted when operating an aircraft within 4 NM of the primary airport in Class D airspace is?**
 - A. 230 knots**
 - B. 200 knots**
 - C. 250 knots**

- 4. As a certified flight instructor, what is true regarding instrument training?**
 - A. Only an instrument instructor can provide instrument training solely by flight instruments**
 - B. The 40 hours of instrument time must be given by a flight instructor**
 - C. Any instrument training required for pilot certification must be conducted by an instructor with an instrument rating**
 - D. All instrument training can be done without a flight instructor**

- 5. While maintaining a constant angle of bank in a coordinated turn, how does the rate of turn change with airspeed?**
 - A. The rate of turn increases as airspeed decreases**
 - B. The rate of turn increases as airspeed increases**
 - C. The rate of turn remains constant regardless of airspeed**

- 6. What is the most critical phase of flight for student pilots to master according to flight training standards?**
- A. Descent and landing**
 - B. Takeoff and climb**
 - C. Base and final approach**
 - D. Cruise flight**
- 7. Which statement is true regarding high- or low-pressure systems?**
- A. A high-pressure area or ridge is an area of rising air**
 - B. A low-pressure area or trough is an area of rising air**
 - C. A high-pressure area is a trough of descending air**
 - D. A low-pressure area is characterized by clear skies**
- 8. What do destination signs in aircraft movement areas identify?**
- A. Runway on which an aircraft is located**
 - B. Direction to runways and aprons**
 - C. Entrance to the runway**
 - D. Location of taxiways**
- 9. Which phenomenon is generally associated with high pressure systems?**
- A. Cloudy skies with precipitation**
 - B. Clear skies with light winds**
 - C. Severe thunderstorms**
 - D. Cold fronts**
- 10. If both the ram air input and drain hole of the pitot system become blocked, what will be the indication of airspeed?**
- A. Decrease of indicated airspeed during a climb**
 - B. Zero indicated airspeed until blockage is removed**
 - C. No variation of indicated airspeed in level flight**
 - D. Erratic indicated airspeed**

Answers

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1. B
2. A
3. B
4. C
5. A
6. C
7. B
8. B
9. B
10. C

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Explanations

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1. Flight at speeds below maximum endurance requires what adjustment?

- A. Higher power and an increase in airspeed**
- B. Higher power and a decrease in airspeed**
- C. Lower power and an increase in airspeed**
- D. Consistent power settings regardless of speed**

When flying at speeds below maximum endurance, the appropriate adjustment involves applying higher power and decreasing airspeed. This is because the aircraft's engine operates more efficiently at a certain speed where lift and drag are balanced. At speeds below maximum endurance, the aircraft tends to encounter increased drag relative to lift, which means that greater power is needed to maintain altitude and control. The design of an aircraft's performance curve indicates that when flying slower, power settings must be increased to counteract this drag and ensure the aircraft can stay aloft effectively. Conversely, airspeed must be decreased because exceeding maximum endurance speed leads to a higher fuel consumption rate, which is beyond the objective of achieving maximum endurance. Therefore, increasing power allows the airplane to maintain its altitude and achieve better performance, while the focus is on flying at a more economical airspeed. This is in line with the principles of fuel efficiency and managing the aircraft's performance in relation to endurance flight.

2. Where can guidance for flight reviews as required by 14 CFR section 61.56 be found?

- A. FAA Advisory Circular 61-98**
- B. 14 CFR Part 61**
- C. The Practical Test Standards book**
- D. FAA Flight Instructor Guide**

The correct source for guidance on flight reviews as required by 14 CFR section 61.56 is found in FAA Advisory Circular 61-98. This advisory circular provides comprehensive information and standards related to flight reviews, including the requirements and recommended practices for both pilots and instructors. While 14 CFR Part 61 contains the regulatory requirements for pilot certification and operations, it does not delve into the practical aspects or detail the procedures associated with flight reviews in the same way that Advisory Circular 61-98 does. The Practical Test Standards book primarily focuses on the standards applied during practical tests for pilot certification rather than flight reviews, and the FAA Flight Instructor Guide offers broader instructional methodologies and teaching principles but is not specifically targeted at the details of flight reviews. Thus, FAA Advisory Circular 61-98 stands out as the most pertinent and authoritative source for this particular topic.

3. The maximum indicated airspeed permitted when operating an aircraft within 4 NM of the primary airport in Class D airspace is?

- A. 230 knots
- B. 200 knots**
- C. 250 knots

In Class D airspace, the maximum indicated airspeed limits are designed to enhance safety and efficiency in areas closely associated with airports, where aircraft are typically transitioning for landing or takeoff. When operating within 4 nautical miles of the primary airport, the maximum indicated airspeed is set at 200 knots. This speed limit helps reduce the potential for conflicts and allows pilots to better manage their approach and departure procedures in crowded airspace. Traveling at or below this limit enables better communication and coordination with ATC, allowing for smoother operations in a more congested environment. Pilots need to be aware of these speed restrictions to minimize the risk of incidents and maintain safety standards while operating near an airport.

4. As a certified flight instructor, what is true regarding instrument training?

- A. Only an instrument instructor can provide instrument training solely by flight instruments
- B. The 40 hours of instrument time must be given by a flight instructor
- C. Any instrument training required for pilot certification must be conducted by an instructor with an instrument rating**
- D. All instrument training can be done without a flight instructor

The assertion that any instrument training required for pilot certification must be conducted by an instructor with an instrument rating is accurate because it emphasizes the necessity of specific qualifications for effective instruction. An instructor with an instrument rating possesses the requisite knowledge and experience to teach the complex skills involved in flying solely by reference to instruments, which is critical for effective flight training in this area. This requirement ensures that students receive high-quality instruction that aligns with aviation standards and the intricacies of instrument flight rules. In contrast to this, the other options imply misunderstandings about training requirements. For instance, suggesting that only an instrument instructor can provide training solely by flight instruments overlooks the fact that any instructor with the appropriate instrument rating can conduct such training. Additionally, the notion that the 40 hours of instrument time must be solely provided by a flight instructor is misleading as it denotes a specific requirement that does not reflect actual regulations, which allow for a mix of instructor-led and solo time under certain conditions. Finally, the idea that all instrument training can be done without a flight instructor disregards the critical need for supervision and guidance throughout the complex learning process associated with instrument flight.

5. While maintaining a constant angle of bank in a coordinated turn, how does the rate of turn change with airspeed?

- A. The rate of turn increases as airspeed decreases**
- B. The rate of turn increases as airspeed increases**
- C. The rate of turn remains constant regardless of airspeed**

In a coordinated turn, the relationship between airspeed and rate of turn is influenced by the physics of flight dynamics. When an aircraft is maintaining a constant angle of bank, the load factor increases, which requires more lift as airspeed changes. Specifically, as the airspeed decreases, the amount of lift required to maintain level flight also decreases, allowing the aircraft to turn more sharply. This means that in a lower airspeed, the aircraft will generate a greater rate of turn for the same angle of bank because the turn radius becomes smaller. The slower speed reduces the centripetal force required to maintain a turn, thereby increasing the rate of turn as the aircraft continues to bank. In contrast, if the airspeed were to increase while maintaining the same angle of bank, the aircraft would have a larger turn radius, resulting in a slower rate of turn. Therefore, it's essential to understand that the rate of turn is inversely related to airspeed when keeping the bank angle constant.

6. What is the most critical phase of flight for student pilots to master according to flight training standards?

- A. Descent and landing**
- B. Takeoff and climb**
- C. Base and final approach**
- D. Cruise flight**

The most critical phase of flight for student pilots to master is base and final approach. This phase is crucial because it involves preparing for the landing, which is often the most challenging and technically demanding part of flying. During base and final approach, pilots must manage their altitude, airspeed, and alignment with the runway while also making real-time adjustments for wind, obstacles, and changing conditions. Proper execution in this phase impacts the safety and success of the landing. It requires a solid understanding of aircraft handling and coordination, as well as effective decision-making skills. Pilots must also recognize the importance of maintaining situational awareness, which is particularly vital as they transition from approaching the runway to landing. Mastery in this phase builds the foundational skills necessary for safe landings and overall flight proficiency. In contrast, while takeoff and climb, descent and landing, and cruise flight each have their own challenges, they do not typically demand the same level of critical thinking and precision as the base and final approach. The landing process is where many errors can occur if pilots are not adequately trained, making it paramount for student pilots to focus on this area during their training.

7. Which statement is true regarding high- or low-pressure systems?

- A. A high-pressure area or ridge is an area of rising air**
- B. A low-pressure area or trough is an area of rising air**
- C. A high-pressure area is a trough of descending air**
- D. A low-pressure area is characterized by clear skies**

A low-pressure area or trough is indeed characterized by rising air, which is a fundamental aspect of meteorology. In a low-pressure system, the atmospheric pressure decreases, leading to air being drawn in from surrounding areas. This incoming air converges at the surface and is forced to rise, which often results in cloud formation and precipitation. As the air rises, it cools and can lead to the development of various weather phenomena, including storms. In contrast, a high-pressure system is typically associated with descending air, which creates stable atmospheric conditions and often leads to clear skies. Therefore, it is important to recognize the distinction between low-pressure systems, which are prone to active weather due to rising air, and high-pressure systems, which promote calm conditions due to descending air.

8. What do destination signs in aircraft movement areas identify?

- A. Runway on which an aircraft is located**
- B. Direction to runways and aprons**
- C. Entrance to the runway**
- D. Location of taxiways**

Destination signs in aircraft movement areas are specifically designed to guide pilots towards various destinations such as runways and aprons. These signs are typically located along taxiways and are color-coded to provide clear and immediate visual information. The purpose of the signs is to assist pilots in navigating the airfield effectively, ensuring they are directed toward their intended runway or parking area. This directional information is vital for maintaining efficient operations on the ground, as it helps prevent confusion and potential runway incursions. The distinct shapes and colors of destination signs reinforce their function, providing a straightforward way for pilots to understand their routing options as they taxi.

9. Which phenomenon is generally associated with high pressure systems?

- A. Cloudy skies with precipitation**
- B. Clear skies with light winds**
- C. Severe thunderstorms**
- D. Cold fronts**

High pressure systems are typically characterized by descending air that compresses and warms as it moves downwards. This process discourages cloud formation as moisture in the air is evaporated or kept from condensing. Consequently, high pressure systems are often associated with clear skies and light winds due to the stability of the atmosphere. The stability and lack of lifting mechanisms in high pressure areas mean that weather conditions are generally calm. This is in contrast to low pressure systems, which can promote cloudiness and precipitation as air rises and cools, leading to condensing moisture. Therefore, clear skies with light winds are the most accurate representation of the weather typically associated with high pressure systems.

10. If both the ram air input and drain hole of the pitot system become blocked, what will be the indication of airspeed?

- A. Decrease of indicated airspeed during a climb**
- B. Zero indicated airspeed until blockage is removed**
- C. No variation of indicated airspeed in level flight**
- D. Erratic indicated airspeed**

When both the ram air input and the drain hole of a pitot system are blocked, the airspeed indicator loses its ability to read the dynamic pressure changes that occur with variations in airspeed and altitude. In this scenario, the airspeed indicator will not register any changes in indicated airspeed during level flight, because the static pressure inside the system is trapped, leading the indicator to reflect a constant value based on the air pressure at the time of the blockage. In level flight, where altitude and speed remain constant, the airspeed reading will remain static because there are no changes in the air pressure affecting the indicator. The blocked ram air input prevents any new air from entering the system to reflect changes in speed, while the blocked drain hole prevents moisture from leaving, which could otherwise cause erroneous readings due to pressure buildup. This situation differs from conditions where, for example, the airspeed would read zero or give erratic indications. When the plane climbs or in other flight conditions, the airspeed indicator's behavior would change if only one of the ports was blocked, but if both are blocked simultaneously in level flight, the indicated airspeed remains unchanged.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://sheppardaircfi.examzify.com>

We wish you the very best on your exam journey. You've got this!

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