

SCALED AGILE FRAMEWORK (SAFE) PROGRAM CONSULTANT PRACTICE TEST (SAMPLE)

STUDY GUIDE



Prepare with structure. Pass with confidence



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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1. How are Epics characterized in SAFe?

- A. As simple tasks with low complexity
- B. As minor enhancements to existing features
- C. As significant initiatives requiring assessment and approval
- D. As quick fixes to customer feedback

2. What are two responsibilities of a Lean-Agile Center of Excellence (LACE)?

- A. To limit the number of teams
- B. To foster SAFe communities of practice
- C. To enhance hierarchical decision-making
- D. To help establish relentless improvement

3. How does SAFe incorporate "Business Agility"?

- A. By increasing bureaucratic processes
- B. By fostering flexibility and speed in meeting customer needs across the enterprise
- C. By minimizing stakeholder involvement
- D. By limiting project scope

4. What does the term 'enterprise solution delivery' refer to?

- A. The development of a single product within a team
- B. The coordination of multiple products across ARTs
- C. The management of individual employee performance
- D. The annual planning process for projects

5. What technique is used to prioritize the Program Backlog in SAFe?

- A. Cost-Benefit Analysis
- B. MoSCoW Method
- C. Weighted Shortest Job First (WSJF)
- D. Impact Mapping

- 6. What is the SAFe-recommended size of an effective Agile Release Train (ART)?**
- A. 20-50 people
 - B. 51-75 people
 - C. 50-125 people
 - D. 126-150 people
- 7. What is the purpose of "Technical Agility" in SAFe?**
- A. To standardize coding practices
 - B. To enhance the technical capabilities of teams to deliver high-quality solutions efficiently
 - C. To focus purely on project management tools
 - D. To reduce the number of team members
- 8. Which practice is essential for maintaining a continuous learning culture in SAFe?**
- A. Strictly following initial plans
 - B. Encouraging feedback and adaptation
 - C. Avoiding any changes during execution
 - D. Focusing solely on project timelines
- 9. What impact does a 'Team of Teams' approach have on the flow of information?**
- A. It limits communication to reduce noise
 - B. It encourages transparency and improves information sharing
 - C. It centralizes control of information dissemination
 - D. It discourages feedback loops
- 10. What does continuous improvement in SAFe primarily aim to achieve?**
- A. Greater control over project budgets
 - B. Higher quality products through iterative processes
 - C. Reduction of team size over time
 - D. More focus on individual performance

Answers

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1. C
2. B
3. B
4. B
5. C
6. C
7. B
8. B
9. B
10. B

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Explanations

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1. How are Epics characterized in SAFe?

- A. As simple tasks with low complexity
- B. As minor enhancements to existing features
- C. As significant initiatives requiring assessment and approval**
- D. As quick fixes to customer feedback

In the Scaled Agile Framework (SAFe), Epics are characterized as significant initiatives that require assessment and approval. They represent large bodies of work that can be broken down into smaller, more manageable items, such as Features and User Stories. Epics are crucial for driving substantial value to the organization and are typically aligned with strategic objectives. Because they are substantial and can require considerable resources and time to implement, Epics must go through a formal process of evaluation and approval. This involves stakeholders assessing their potential impact, alignment with business goals, and return on investment. This careful scrutiny ensures that only those initiatives that are likely to add significant value to the organization are pursued. This understanding of Epics in SAFe emphasizes their role in the overall framework, as they help guide the planning and execution of work that aligns with the organization's strategic direction.

2. What are two responsibilities of a Lean-Agile Center of Excellence (LACE)?

- A. To limit the number of teams
- B. To foster SAFe communities of practice**
- C. To enhance hierarchical decision-making
- D. To help establish relentless improvement

Choosing to focus on fostering SAFe communities of practice accurately reflects the core responsibilities of a Lean-Agile Center of Excellence (LACE). These communities are essential for promoting knowledge sharing, continuous learning, and collaboration across the organization, which are fundamental principles of the Lean-Agile mindset. By establishing these communities, LACE can ensure that best practices are communicated and that team members are supported in their Agile journeys. In addition, helping establish relentless improvement aligns with the values and principles of Lean-Agile methodologies. The continuous improvement mindset is vital for organizations adopting SAFe, as it encourages teams to inspect and adapt their processes, learn from experiences, and implement changes that enhance their efficiency and effectiveness. By focusing on these areas, LACE plays a crucial role in driving transformation and sustaining Lean-Agile practices throughout the organization. The responsibilities that involve limiting the number of teams or enhancing hierarchical decision-making do not support the principles of agility and collaboration, which are paramount in a Lean-Agile culture. Therefore, fostering communities of practice and promoting relentless improvement represent critical functions of a LACE in facilitating a successful transformation.

3. How does SAFe incorporate "Business Agility"?

- A. By increasing bureaucratic processes
- B. By fostering flexibility and speed in meeting customer needs across the enterprise**
- C. By minimizing stakeholder involvement
- D. By limiting project scope

Business agility within the Scaled Agile Framework (SAFe) refers to an organization's ability to rapidly respond to market changes and customer demands through flexible and efficient processes. The framework promotes a culture that emphasizes adaptability, quick decision-making, and a focus on delivering value to customers. By fostering flexibility and speed in meeting customer needs across the enterprise, SAFe empowers teams to collaborate effectively, innovate continuously, and prioritize work based on customer feedback and business objectives. This approach helps organizations stay competitive and relevant in dynamic environments. The other options do not align with the principles of business agility as outlined in SAFe. Increasing bureaucratic processes contradicts the very essence of agility, which seeks to reduce red tape and promote streamlined operations. Minimizing stakeholder involvement would undermine the collaborative nature of agile practices and limit the input that can drive better outcomes. Lastly, limiting project scope can restrict an organization's ability to adapt to changing customer needs, whereas business agility encourages a broader perspective that allows for responsiveness and innovation. Therefore, the correct choice reflects the fundamental goal of achieving business agility within the SAFe framework.

4. What does the term 'enterprise solution delivery' refer to?

- A. The development of a single product within a team
- B. The coordination of multiple products across ARTs**
- C. The management of individual employee performance
- D. The annual planning process for projects

The term 'enterprise solution delivery' refers to the coordination of multiple products across Agile Release Trains (ARTs). In the context of the Scaled Agile Framework (SAFe), this concept emphasizes the collaborative efforts required to integrate and deliver complex solutions that span various teams and their respective products. When organizations aim to deliver large-scale systems or solutions, it necessitates the orchestration of multiple ARTs that are often working on different aspects of the overall product. This approach ensures that dependencies are managed effectively, and that the individual components from distinct teams converge seamlessly to create a cohesive final product. Moreover, enterprise solution delivery aligns with the principles of SAFe, which advocate for alignment, collaboration, and visibility across all levels of the organization to deliver value efficiently. It moves beyond the scope of a single team working on isolated projects and reflects the broader strategic objectives of the enterprise as a whole.

5. What technique is used to prioritize the Program Backlog in SAFe?

- A. Cost-Benefit Analysis
- B. MoSCoW Method
- C. Weighted Shortest Job First (WSJF)**
- D. Impact Mapping

The technique used to prioritize the Program Backlog in SAFe is Weighted Shortest Job First (WSJF). WSJF is a prioritization method that takes into account multiple factors, including the cost of delay and the duration of the job, to determine which jobs will yield the highest economic benefit when completed soonest. In implementing WSJF, teams assess the relative value of each item on the backlog in terms of how quickly it can be delivered and the impact of that delivery on overall value. By focusing on delivering the highest-value items first, organizations can maximize their return on investment and effectively align their work with business outcomes. This technique aligns well with the SAFe principles of delivering value incrementally and continuously improving quality and productivity. Other prioritization techniques such as Cost-Benefit Analysis, MoSCoW Method, and Impact Mapping have their own benefits but do not specifically cater to the SAFe framework's approach to prioritizing the Program Backlog in the same structured manner that the WSJF method provides. Cost-Benefit Analysis focuses more on comparing qualitative and quantitative benefits against costs rather than the urgency of job completion. The MoSCoW method categorizes tasks into four buckets but does not incorporate the cost of delay explicitly. Impact Mapping provides

6. What is the SAFe-recommended size of an effective Agile Release Train (ART)?

- A. 20-50 people
- B. 51-75 people
- C. 50-125 people**
- D. 126-150 people

An Agile Release Train (ART) is a cross-functional team of agile teams that works together to deliver value. The SAFe framework recommends that an effective ART ideally consists of 50 to 125 people. This size is optimal because it allows for a balance between having enough diversity of skills and perspectives to foster collaboration and innovation, while also remaining small enough to maintain effective communication and coordination. Within this range, teams can effectively share a common mission and work towards aligned objectives. Having too small of an ART may limit the necessary skill sets and capabilities needed to tackle complex problems, while a larger ART could introduce challenges related to communication and coordination, potentially leading to inefficiencies and misalignment. The specified range fosters a structured but flexible environment where agile practices can thrive, ensuring that teams can move swiftly while also being able to incorporate the diverse expertise needed to deliver valuable solutions.

7. What is the purpose of "Technical Agility" in SAFe?

- A. To standardize coding practices
- B. To enhance the technical capabilities of teams to deliver high-quality solutions efficiently**
- C. To focus purely on project management tools
- D. To reduce the number of team members

The purpose of "Technical Agility" in SAFe is centered on enhancing the technical capabilities of teams so they can deliver high-quality solutions efficiently. This aspect is critical because in a Scaled Agile Framework environment, the ability of teams to leverage technical practices and tools directly impacts their performance and the quality of the final output. Technical Agility emphasizes the use of modern engineering practices such as continuous integration, test-driven development, and automated testing. By improving these technical competencies, teams can respond quickly to changes, improve collaboration, and maintain a sustainable pace of development. This focus on technical excellence leads to higher-quality products that better meet customer needs, enabling faster delivery and more reliable outcomes. In contrast to the other choices, the emphasis of Technical Agility is not limited to standardizing coding practices or focusing solely on project management tools, which don't necessarily contribute to the overall improvement of technical skills. Additionally, reducing the number of team members is not relevant to Technical Agility and could undermine team dynamics and productivity rather than enhance them. Thus, enhancing technical capabilities stands out as the fundamental purpose of Technical Agility within the SAFe framework.

8. Which practice is essential for maintaining a continuous learning culture in SAFe?

- A. Strictly following initial plans
- B. Encouraging feedback and adaptation**
- C. Avoiding any changes during execution
- D. Focusing solely on project timelines

Encouraging feedback and adaptation is essential for maintaining a continuous learning culture in SAFe because it fosters an environment where teams can continuously improve their processes, products, and interactions. This practice aligns with the principles of Agile and Lean, which emphasize iterative development and responsiveness to change. By inviting feedback, teams can identify areas of improvement, make informed adjustments, and experiment with new ideas. This creates a cycle of learning and enhances collaboration and innovation among team members, which is vital for adapting to evolving project requirements and market dynamics. In contrast, focusing on initial plans or project timelines, as suggested in some other options, can hinder agility and flexibility. Maintaining strict adherence to predefined plans or timelines often results in a reluctance to change, which goes against the principles of learning and adaptation that SAFe promotes. Avoiding changes during execution further limits the potential for growth and improvement. A culture of continuous learning thrives on the willingness to iterate and adapt based on insights and outcomes, making encouragement of feedback and adaptation the cornerstone of this culture.

9. What impact does a 'Team of Teams' approach have on the flow of information?

- A. It limits communication to reduce noise
- B. It encourages transparency and improves information sharing**
- C. It centralizes control of information dissemination
- D. It discourages feedback loops

The 'Team of Teams' approach is designed to enhance collaboration by breaking down silos and fostering connections among different teams. This method promotes transparency, enabling teams to share information openly and efficiently. As a result, team members can access and communicate relevant information across various functional areas, leading to improved decision-making and a more agile response to changes in the environment. In this context, encouraging transparency is crucial for organizations aiming to adapt quickly and innovate. By allowing information to flow freely among different teams, organizations can leverage diverse perspectives and expertise, ultimately enhancing the overall performance and agility of the teams involved. The benefits of this approach include faster problem-solving, enhanced alignment on objectives, and a culture of continuous improvement. The other options suggest actions that would inhibit communication and information flow, which contradicts the fundamental principles of a 'Team of Teams' approach. Centralizing control or discouraging feedback loops would lead to an environment where information is restricted and teams may feel isolated, undermining collaboration and reducing overall effectiveness.

10. What does continuous improvement in SAFe primarily aim to achieve?

- A. Greater control over project budgets
- B. Higher quality products through iterative processes**
- C. Reduction of team size over time
- D. More focus on individual performance

Continuous improvement in the Scaled Agile Framework (SAFe) primarily aims to achieve higher quality products through iterative processes. This concept underpins how teams and the organization can enhance their performance over time, emphasizing the need to regularly reflect on their work and identify areas for enhancement. In SAFe, continuous improvement is embedded into every level of the framework, from individual teams to the larger enterprise context. By using iterative cycles, teams can systematically analyze their processes, learn from feedback, and implement necessary changes, leading to improved product quality. This iterative approach not only allows teams to refine their outputs but also fosters a culture where learning and adaptation is a core value. The other choices do not align with the primary goal of continuous improvement in SAFe. For instance, while control over project budgets, reduction of team size, and focus on individual performance can be aspects of project management, they do not encapsulate the essence of continuous improvement, which is fundamentally about enhancing the collective output and value delivered through collaborative and iterative processes.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://scaledagileframeworksafe-programconsultant.examzify.com>

We wish you the very best on your exam journey. You've got this!

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