

# Rhode Island CNA Skills Evaluation Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. What is the purpose of Random Selection in the evaluation process?**
  - A. Skills After Hand Hygiene Are Chosen Randomly**
  - B. Supervisors choose tasks based on preference**
  - C. Candidates choose which skills to perform**
  - D. All tasks are performed in the same order**
  
- 2. A correct statement about standard precautions is:**
  - A. PPE should be used as needed for tasks with potential exposure; hand hygiene before and after; gloves changed between residents if contaminated**
  - B. PPE is never needed for any routine task**
  - C. PPE must be worn even if there is no potential exposure**
  - D. PPE can be shared between residents**
  
- 3. What is a key safety practice when assisting a resident to ambulate using a transfer belt?**
  - A. Use belt to pull resident**
  - B. Stand behind resident without support**
  - C. Apply transfer belt snugly and provide support with one hand on belt and one on resident**
  - D. Let resident walk alone while you supervise from room**
  
- 4. In the simulation, the resident role is played by another candidate to evaluate what?**
  - A. Time management**
  - B. Interaction with a resident during caregiving tasks**
  - C. Knowledge of pharmacology**
  - D. Documentation speed**
  
- 5. Which practice reflects accurate documentation?**
  - A. Document measurements precisely with units and time**
  - B. Record estimates and guesses**
  - C. Leave fields blank**
  - D. Copy from another chart**

- 6. When counting respirations, which action is recommended?**
- A. Not telling the client you're counting breaths**
  - B. Explaining every breath aloud**
  - C. Counting only for 15 seconds**
  - D. Describing observed rhythm aloud**
- 7. What does a randomly selected skill mean in caregiver evaluation?**
- A. It is always predetermined**
  - B. It is one of many possible tasks drawn for evaluation**
  - C. It is not scored**
  - D. It is always perfunctory**
- 8. The fee is paid for which items?**
- A. Skills and written exams**
  - B. Skills only**
  - C. Written exams only**
  - D. Practice materials**
- 9. Where should measurement results be recorded on the form?**
- A. Candidate Results Box**
  - B. Resident's Health Record**
  - C. Patient Chart**
  - D. Evaluation Notebook**
- 10. What is an Instruction Card?**
- A. Card listing which skills to perform**
  - B. Card with patient nutrition plan**
  - C. Card recording vital signs**
  - D. Card describing facility policies**

## Answers

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1. A
2. A
3. C
4. B
5. A
6. A
7. B
8. A
9. A
10. A

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## **Explanations**

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**1. What is the purpose of Random Selection in the evaluation process?**

- A. Skills After Hand Hygiene Are Chosen Randomly**
- B. Supervisors choose tasks based on preference**
- C. Candidates choose which skills to perform**
- D. All tasks are performed in the same order**

Random selection means the skills you will demonstrate are picked at random from the pool after hand hygiene. This keeps the test fair and objective by preventing you from knowing exactly which tasks will be evaluated or practicing a fixed sequence. It helps ensure the evaluation covers a broad range of essential skills, so the examiner can reliably gauge your overall competence rather than your ability to perform a specific, memorized order. It also removes influence from any supervisor's preferences or from a candidate choosing tasks, and it avoids everyone doing the same order, which wouldn't adequately test true ability.

**2. A correct statement about standard precautions is:**

- A. PPE should be used as needed for tasks with potential exposure; hand hygiene before and after; gloves changed between residents if contaminated**
- B. PPE is never needed for any routine task**
- C. PPE must be worn even if there is no potential exposure**
- D. PPE can be shared between residents**

Standard precautions are the baseline safety measures used with every resident to prevent transmission of infections. They include hand hygiene before and after resident contact and using personal protective equipment for tasks that have the potential to expose you to blood or body fluids. Gloves should be worn as needed and changed between residents if there is contamination, to prevent cross-contamination. This approach protects both residents and staff. PPE is not required for every routine task with no exposure, and PPE should never be shared between residents.

**3. What is a key safety practice when assisting a resident to ambulate using a transfer belt?**

- A. Use belt to pull resident**
- B. Stand behind resident without support**
- C. Apply transfer belt snugly and provide support with one hand on belt and one on resident**
- D. Let resident walk alone while you supervise from room**

Using a transfer belt to help someone walk is all about control and safety. The belt should be snug around the resident's waist so it doesn't slip, yet not so tight that it constricts breathing or movement. By keeping one hand on the belt, you have a firm guide to steer and steady the person, while the other hand stays on the resident to support balance and provide tactile cues. This combination lets you respond quickly if they start to lose balance and helps prevent falls without pulling on the arms or clothing. It's not appropriate to pull on the belt, stand behind with no support, or let the resident walk unaided while you supervise from afar. Safe ambulation relies on close, hands-on control with the belt and a supportive touch on the resident.

**4. In the simulation, the resident role is played by another candidate to evaluate what?**

**A. Time management**

**B. Interaction with a resident during caregiving tasks**

**C. Knowledge of pharmacology**

**D. Documentation speed**

The main thing being assessed is how you interact with a resident during caregiving tasks. Having another candidate play the resident creates a realistic scenario to observe how you communicate, explain what you're doing, and respond to the resident's needs, concerns, and comfort level while you perform care. It also shows your ability to maintain dignity, safety, and rapport as you carry out tasks like assistance with activities of daily living. This focus on interpersonal communication and how you manage the caregiving moment is what the simulation aims to measure. Time management, pharmacology knowledge, and documentation speed are not the primary goals of this particular interaction.

**5. Which practice reflects accurate documentation?**

**A. Document measurements precisely with units and time**

**B. Record estimates and guesses**

**C. Leave fields blank**

**D. Copy from another chart**

Accurate documentation means recording measurements precisely with units and the time they were taken. This level of detail ensures anyone reading the chart understands exactly what was observed and when, which is essential for tracking a resident's condition and guiding care decisions. Including the correct unit prevents misinterpretation (for example, confusing milliliters with liters), and the timestamp shows when the data were collected, helping to monitor trends and evaluate responses to interventions. Other options undermine reliability and safety: estimates and guesses aren't dependable for making care decisions; leaving fields blank creates gaps that can be misread as missing data or neglect; and copying from another chart is not acceptable because it falsely represents the resident's actual measurements.

**6. When counting respirations, which action is recommended?**

**A. Not telling the client you're counting breaths**

**B. Explaining every breath aloud**

**C. Counting only for 15 seconds**

**D. Describing observed rhythm aloud**

When counting respirations, observe the chest rise and fall without the person knowing you are counting. This keeps the breathing pattern natural and gives an accurate rate. Not telling the client you're counting helps prevent them from altering their breathing, which would skew the count. Explaining or describing each breath aloud would distract or prompt the person to change how they breathe, making the measurement unreliable. Counting only for a short period, like 15 seconds, also risks error—the usual practice is to count for a full minute to get an accurate rate. If you must, you can count for 30 seconds and multiply by two, but the key idea is to keep the process discreet to preserve natural breathing.

**7. What does a randomly selected skill mean in caregiver evaluation?**

- A. It is always predetermined**
- B. It is one of many possible tasks drawn for evaluation**
- C. It is not scored**
- D. It is always perfunctory**

A randomly selected skill means the task you perform is chosen from a larger pool of possible CNA skills, not fixed in advance. This setup lets the evaluator see how you handle a variety of procedures and safety steps, rather than just one rehearsed routine. Each selected skill is scored according to clear performance criteria, including proper technique, patient safety, and communication. It isn't predetermined, since any skill from the pool could be asked. It isn't not scored, because your performance is measured against standards. And it isn't necessarily perfunctory—even simple tasks require careful, correct execution to meet the evaluation's expectations.

**8. The fee is paid for which items?**

- A. Skills and written exams**
- B. Skills only**
- C. Written exams only**
- D. Practice materials**

The main idea here is understanding what the exam fee covers for a CNA evaluation. The test has two parts: the skills demonstration, where you perform required nursing tasks, and the written (or oral) knowledge exam. When you register and pay, that fee typically covers taking both parts, not just one. Practice materials are separate study aids and aren't the item the official fee is for, though they can be helpful for preparation. So the fee being paid applies to both the skills portion and the written portion of the exams.

**9. Where should measurement results be recorded on the form?**

- A. Candidate Results Box**
- B. Resident's Health Record**
- C. Patient Chart**
- D. Evaluation Notebook**

The main idea is to record the candidate's performance data in the designated area for scoring on the official evaluation form. The measurement results are about how well the candidate performed each skill, not about the resident's health information. Placing these results in the Candidate Results Box keeps all test scoring in one standardized location, making it easy for evaluators and the licensing board to review and verify. Storing performance data in the resident's Health Record or in a Patient Chart would mix the candidate's test results with the resident's medical information, which is inappropriate and could breach privacy rules. An Evaluation Notebook might be used for notes, but it isn't the formal place for recording the scored results of the test.

## 10. What is an Instruction Card?

**A. Card listing which skills to perform**

**B. Card with patient nutrition plan**

**C. Card recording vital signs**

**D. Card describing facility policies**

An Instruction Card is a guide from the evaluator that lists the exact skills you must perform and the order to follow during the skill station. It lays out the steps you need to take for each task, any specific actions you should verbalize, and safety considerations, so you can execute the procedure clearly and completely. This card is about guiding you through the procedural steps, not about planning a patient's diet, recording measurements, or explaining facility policies. By following the card, you stay organized and ensure you demonstrate the required techniques and sequence for the evaluation.

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## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://ricnaskillseval.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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