

# Registered Environmental Manager (REM) Practice Exam (Sample)

## Study Guide



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## **Questions**

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**1. What is the dominant social paradigm?**

- A. A widely accepted set of beliefs and values guiding societal thinking**
- B. An innovative approach to governance and community engagement**
- C. A strategy for economic growth and development**
- D. A trend in social behaviors and expectations**

**2. How is economics best defined?**

- A. A discipline focusing only on financial markets and trading**
- B. A social science describing factors that influence goods and services**
- C. A study of historical economic systems**
- D. A set of theories about consumer behavior**

**3. What does GDP stand for?**

- A. Gross Domestic Product**
- B. General Development Plan**
- C. Government Debt Portfolio**
- D. Gross Developmental Progress**

**4. What is the first step in the resource cycle?**

- A. Concentration**
- B. Extraction**
- C. Consumption of goods**
- D. Waste disposal**

**5. Which region is associated with very high HDI countries?**

- A. Most of Africa**
- B. USA and Canada**
- C. North Korea**
- D. Middle East**

**6. What defines "intrinsic motivation" in a REM program?**

- A. Behavior driven by external rewards**
- B. Engaging in an activity for internal satisfaction**
- C. Desire to gain material rewards**
- D. Participation motivated by other people's opinions**

**7. What is defined by techno-pessimism?**

- A. The belief in unbounded technological progression**
- B. Reduced carrying capacity and limits to growth**
- C. Faith in green technologies to solve environmental issues**
- D. Proactive measures for sustainable development**

**8. Which of the following is NOT a component of the resource cycle?**

- A. Extraction**
- B. Waste disposal**
- C. Marketing**
- D. Reuse/Recycle**

**9. A proportional response to an environmental perturbation reflects which type of response?**

- A. Non-linear response**
- B. Delayed response**
- C. Complex response**
- D. Linear response**

**10. What does a paradigm shift refer to?**

- A. A gradual change in public opinion**
- B. A temporary change in social norms**
- C. A fundamental change in approach or underlying assumptions**
- D. An incremental improvement in technology**

## **Answers**

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- 1. A**
- 2. B**
- 3. A**
- 4. B**
- 5. B**
- 6. B**
- 7. B**
- 8. C**
- 9. D**
- 10. C**

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## **Explanations**

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## 1. What is the dominant social paradigm?

- A. A widely accepted set of beliefs and values guiding societal thinking**
- B. An innovative approach to governance and community engagement**
- C. A strategy for economic growth and development**
- D. A trend in social behaviors and expectations**

The dominant social paradigm refers to the shared beliefs and values that influence how a society perceives and interacts with the world around it. This paradigm encompasses the underlying assumptions about nature, science, technology, and economic systems that guide societal thinking and decision-making. It shapes public opinion, policy development, and individual behaviors, establishing a framework for what is considered acceptable and normal within a culture. In contrast, the other options represent different concepts. The innovative approach to governance and community engagement suggests specific methods of organizing societal structures, rather than the overarching belief system. A strategy for economic growth and development focuses on actionable plans and policies aimed at enhancing economic prosperity, which does not inherently encapsulate the broader paradigms of thought. Lastly, a trend in social behaviors and expectations addresses current sociocultural phenomena but does not reflect the foundational beliefs that constitute the dominant social paradigm. Therefore, the correct understanding of the dominant social paradigm aligns with the widely accepted set of beliefs and values that guides societal thinking.

## 2. How is economics best defined?

- A. A discipline focusing only on financial markets and trading**
- B. A social science describing factors that influence goods and services**
- C. A study of historical economic systems**
- D. A set of theories about consumer behavior**

Economics is best defined as a social science that focuses on the factors influencing the production, distribution, and consumption of goods and services. This definition highlights the various elements that affect economic activities, including individual behaviors, market dynamics, government policies, and global trends. It encompasses the analysis of how resources are allocated, how choices are made under conditions of scarcity, and how these choices affect both individuals and communities. This comprehensive perspective allows economists to study not just the behavior of financial markets or consumer choices but also the broader implications on society and the economy as a whole. By identifying key factors influencing supply and demand, market structures, and economic systems, it aids in understanding the complex interactions that shape our economic environment. It embraces a diverse range of topics, thus offering depth to the study of economics as a whole.

### 3. What does GDP stand for?

- A. Gross Domestic Product**
- B. General Development Plan**
- C. Government Debt Portfolio**
- D. Gross Developmental Progress**

The term GDP stands for Gross Domestic Product. It is a critical economic indicator that measures the total value of all goods and services produced within a country's borders over a specific time period, typically annually or quarterly. GDP serves as a comprehensive scorecard of a country's economic health and performance.

Understanding GDP is essential for assessing the economic activity and growth trends of a nation. Economists, policymakers, and analysts rely on GDP to make informed decisions regarding economic policy, investment, and competitive strategies. In contrast, the other choices, while they sound plausible, do not represent what GDP actually stands for in the context of economics or financial analysis. By knowing that GDP signifies Gross Domestic Product, one can better appreciate its relevance in evaluating national economies and comparing economic performance across different countries.

### 4. What is the first step in the resource cycle?

- A. Concentration**
- B. Extraction**
- C. Consumption of goods**
- D. Waste disposal**

The first step in the resource cycle is extraction. This stage involves obtaining raw materials from the natural environment, which is essential for initiating the cycle. Extraction encompasses activities such as mining for minerals, harvesting timber, or drilling for oil, which provide the foundational resources that will be utilized in various processes, including manufacturing and energy production. Once the resources are extracted, they go through concentration, further processing, consumption, and eventually waste disposal. Each of these stages relies on the availability of the raw materials that have been obtained during the extraction phase. Thus, extraction plays a crucial role in the overall resource cycle, marking the beginning of how natural resources are transformed into consumable goods and subsequently reintroduced into the cycle again through waste management and recycling efforts.

## 5. Which region is associated with very high HDI countries?

- A. Most of Africa
- B. USA and Canada**
- C. North Korea
- D. Middle East

The region associated with very high Human Development Index (HDI) countries is indeed the USA and Canada. The Human Development Index is a composite statistic of life expectancy, education, and per capita income indicators used to rank countries into four tiers of human development. Countries like the USA and Canada exhibit high levels of education, significant access to healthcare, and robust economic performance, which all contribute to their high HDI rankings. In contrast, the other regions listed do not generally show similar metrics of development. For example, many countries in Africa struggle with lower HDI due to various factors, including economic challenges and access to basic services. North Korea, with its isolation and economic difficulties, also registers low on the HDI scale. While some countries in the Middle East may have high HDI levels, the region as a whole is not predominantly associated with very high HDI as strongly as North America is. Hence, the USA and Canada distinctly stand out as a region with very high HDI.

## 6. What defines "intrinsic motivation" in a REM program?

- A. Behavior driven by external rewards
- B. Engaging in an activity for internal satisfaction**
- C. Desire to gain material rewards
- D. Participation motivated by other people's opinions

Intrinsic motivation in a Registered Environmental Manager (REM) program refers to engaging in an activity because it is inherently satisfying and rewarding in itself. This type of motivation involves personal satisfaction, fulfillment, and the joy derived from the activity rather than any external rewards or influences. When individuals are intrinsically motivated, they are driven by their own interests and passions, often leading to a deeper commitment and a more profound understanding of environmental issues. In the context of a REM program, intrinsic motivation can enhance a manager's ability to implement sustainable practices because they genuinely care about the environment and the outcomes of their actions. This personal connection can foster innovation, creativity, and persistence in facing environmental challenges. In contrast, the other options focus on external factors, such as rewards, opinions of others, or material gains, which do not align with the concept of intrinsic motivation. These elements can lead to more superficial engagement with the program, as involvement is dictated by external validation rather than a genuine passion for the environmental work being undertaken.

## 7. What is defined by techno-pessimism?

- A. The belief in unbounded technological progression
- B. Reduced carrying capacity and limits to growth**
- C. Faith in green technologies to solve environmental issues
- D. Proactive measures for sustainable development

Techno-pessimism is characterized by a skepticism regarding the ability of technology to continue to advance solutions to environmental and societal problems. It emphasizes the potential limitations of growth and the reduction of the Earth's carrying capacity due to overexploitation of resources and environmental degradation. This perspective suggests that technological advancements alone may not be sufficient to address these critical challenges, and that inherent limits exist to how much growth can be sustained in relation to ecological balance. In this context, reduced carrying capacity refers to the decreased ability of ecosystems to support human populations and an array of life due to factors like pollution, habitat destruction, and climate change. Techno-pessimists argue that reliance on technology can lead to complacency regarding these pressing issues, potentially overlooking the fact that some environmental limits are indeed finite and that without careful management, degradation may persist or worsen, undermining future opportunities for sustainable growth.

## 8. Which of the following is NOT a component of the resource cycle?

- A. Extraction
- B. Waste disposal
- C. Marketing**
- D. Reuse/Recycle

The correct response identifies marketing as not being a component of the resource cycle. The resource cycle typically consists of stages such as extraction, which involves the removal of natural resources from the environment; waste disposal, where byproducts or unusable materials are managed; and reuse/recycle, which refers to the processes that allow materials to be reused or transformed into new products, ultimately reducing the need for new resource extraction. While marketing plays a critical role in promoting products and services, influencing consumer behavior, and driving demand, it does not directly involve the physical or environmental processes related to resource management or sustainability. The resource cycle focuses on the tangible stages that materials undergo from acquisition to final disposal or reuse, rather than the commercial activities that support those stages. Thus, distinguishing marketing from the core components of the resource cycle is essential for understanding the broader environmental management context.

**9. A proportional response to an environmental perturbation reflects which type of response?**

- A. Non-linear response**
- B. Delayed response**
- C. Complex response**
- D. Linear response**

A proportional response to an environmental perturbation indicates a linear response. In this context, a linear response means that the magnitude of the response is directly proportional to the size or intensity of the perturbation. For example, if the environmental change increases in severity, the impact on the ecosystem or system being observed also increases in a consistent and predictable manner. This relationship allows for easier predictions and understanding of how the environment reacts to various stressors. In ecological and environmental science, linear responses are critical for developing models and strategies for managing environmental impacts. They simplify the interpretation and communication of potential outcomes, making it easier for environmental managers to assess the implications of different environmental policy or management decisions. Hence, recognizing a proportional response as a linear one is essential in both theoretical and practical applications.

**10. What does a paradigm shift refer to?**

- A. A gradual change in public opinion**
- B. A temporary change in social norms**
- C. A fundamental change in approach or underlying assumptions**
- D. An incremental improvement in technology**

A paradigm shift signifies a fundamental change in approach or underlying assumptions, often reshaping how a particular discipline or field functions. This concept is grounded in the theory of scientific revolutions introduced by Thomas Kuhn, suggesting that shifts in prevailing theories occur not merely through linear progress but through dramatic transformations in the foundational beliefs that govern practices and methodologies. In the context of environmental management, acknowledging a paradigm shift can mean re-evaluating traditional approaches to sustainability or regulatory practices in response to new scientific evidence or social priorities. As such, this form of transformation goes beyond mere adjustments or improvements; it redefines the core framework within which professionals operate, encouraging innovative thinking and strategies that may have previously been overlooked. The other options describe changes that are less profound: gradual shifts in public opinion may influence paradigms but do not constitute a paradigm shift themselves; temporary changes in social norms are often reversible and do not reflect a significant reevaluation of foundational beliefs; and incremental improvements in technology denote progress but stop short of altering the fundamental principles or assumptions of a discipline.