

PSI ONLINE MANICURIST PRACTICE TEST (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

**VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE**

<https://psionlinemanicurist.examzify.com>



Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. How often should professionals wash their hands during their workday?**
 - A. At the start of the day only
 - B. Every hour
 - C. Between services and after using the restroom
 - D. Only before a client arrives
- 2. Goggles should be worn during all of the following EXCEPT?**
 - A. Disinfecting surfaces
 - B. Applying chemicals
 - C. Shaping nails
 - D. Sanitizing hands
- 3. What can be a consequence of improper nail care?**
 - A. Increased nail growth
 - B. Formation of hangnails
 - C. Improved nail strength
 - D. Enhancement of nail color
- 4. What is the best method to remove traditional UV gel nails?**
 - A. Soaking in acetone
 - B. Filing them off
 - C. Using a nail clipper
 - D. Applying a gel remover
- 5. What types of implements are considered non-porous?**
 - A. Paper files and sponges
 - B. Metal tools and glass files
 - C. Wooden sticks and cotton pads
 - D. Plastic tools and brushes
- 6. What should be done if a client shows signs of an allergic reaction?**
 - A. Continue the service
 - B. Apply more product
 - C. Stop the service and recommend medical attention
 - D. Ignore the symptoms

7. Why is it important to use gloves during a manicure?

- A. To keep nails clean
- B. To prevent product waste
- C. To prevent the spread of infections
- D. To avoid staining hands

8. What should be done before applying acrylic nails for a proper bond?

- A. Buff the natural nail
- B. Moisturize hands
- C. Soak nails in water
- D. Apply lotion

9. Why do tuberculocidal disinfectants require special handling?

- A. They are more effective on porous surfaces
- B. They are intended for home use only
- C. They require special method of disposal
- D. They are flammable

10. What is the primary purpose of a nail primer?

- A. To enhance color
- B. To prevent lifting
- C. To provide a glossy finish
- D. To hydrate the nail

Answers

SAMPLE

1. C
2. D
3. B
4. B
5. B
6. C
7. C
8. A
9. C
10. B

SAMPLE

Explanations

SAMPLE

1. How often should professionals wash their hands during their workday?

- A. At the start of the day only
- B. Every hour
- C. Between services and after using the restroom**
- D. Only before a client arrives

Professionals should wash their hands between services and after using the restroom because this practice is essential for maintaining hygiene and preventing the spread of germs and bacteria. Handwashing between clients ensures that any potential contaminants from one client do not transfer to another, which is particularly important in fields like manicuring where tools and products are in close contact with skin and nails. Additionally, washing hands after using the restroom is vital for personal hygiene and public health. It minimizes the risk of illness and infection, both for the service provider and the clients. Regular handwashing is a key component of infection control protocols in any professional setting, especially in personal care and beauty industries. This routine not only reflects good practices but also helps build trust with clients who want to ensure a clean and safe experience.

2. Goggles should be worn during all of the following EXCEPT?

- A. Disinfecting surfaces
- B. Applying chemicals
- C. Shaping nails
- D. Sanitizing hands**

Goggles are a critical piece of protective equipment in a salon environment, especially when handling products that could be harmful if they come into contact with the eyes. During activities like disinfecting surfaces, applying chemicals, and shaping nails, wearing goggles helps protect the eyes from splashes, fumes, or particles that can potentially cause injury or irritation. In the context of sanitizing hands, this activity typically involves the use of soap, water, or hand sanitizers that are not hazardous to the eyes. Since there is no significant risk of splashing or exposure to chemicals that would endanger the eyes during this process, goggles are not required. Consequently, the correct choice reflects a situation where the use of goggles is unnecessary because the risk to eye safety is low.

3. What can be a consequence of improper nail care?

- A. Increased nail growth
- B. Formation of hangnails**
- C. Improved nail strength
- D. Enhancement of nail color

Improper nail care can lead to the formation of hangnails, which occur when the skin around the nail is dry or damaged, causing small torn pieces of skin to form. Hangnails are often painful and can become red and swollen, potentially leading to infections if not properly treated. This condition is a direct result of neglecting the health and maintenance of both the nails and the surrounding skin. Taking care of nails through regular moisturizing, proper trimming, and avoiding harsh chemicals can help prevent hangnails and maintain overall nail health. Engaging in poor nail care practices, such as biting or picking at the nails or cuticles, can exacerbate the problem and increase the risk of developing hangnails. Proper nail care not only prevents hangnails but also promotes healthier nails and skin around them.

4. What is the best method to remove traditional UV gel nails?

- A. Soaking in acetone
- B. Filing them off**
- C. Using a nail clipper
- D. Applying a gel remover

The most effective method for removing traditional UV gel nails is soaking in acetone. Acetone is a powerful solvent that can break down the chemical bonds in gel nails, making them soft and easier to remove. Soaking the nails in acetone allows the product to penetrate the gel, effectively dissolving it without causing as much damage to the natural nail. This method is preferred because it minimizes the risk of chipping or tearing the natural nail that can occur with filing or clipping methods. Filing can lead to thinning of the natural nail and increase the likelihood of further damage. Using a nail clipper might seem like a quick solution, but it doesn't address the entire area of the gel and can also harm the underlying nail. Gel removers, while sometimes effective, may not be as efficient as acetone for traditional UV gel nails. Overall, soaking in acetone provides a safe, effective, and gentle approach to nail removal, preserving the integrity of the natural nail.

5. What types of implements are considered non-porous?

- A. Paper files and sponges
- B. Metal tools and glass files**
- C. Wooden sticks and cotton pads
- D. Plastic tools and brushes

Non-porous implements are those that do not absorb moisture, making them less likely to harbor bacteria or pathogens. Metal tools and glass files are both made from materials that create a durable, rigid surface, which can be easily sterilized and disinfected. This quality is essential in a nail care setting, as it ensures that these implements maintain hygiene and safety standards. Metal tools, such as nippers, scissors, and pushers, can withstand high temperatures and chemical disinfectants without being damaged, ensuring effective sanitation between uses. Glass files are also non-porous, and their solid structure means they can be sanitized properly and reused, reducing waste. Other options include materials that are porous or less suitable for hygienic practices. For example, paper files and sponges can absorb liquids and may foster bacterial growth, while wooden sticks and cotton pads are also absorbent by nature. Plastic tools and brushes can vary; some may be non-porous, but many can become scratched or damaged, compromising their non-porous qualities over time. Thus, metal tools and glass files stand out for their durability and sterility, making them the correct answer.

6. What should be done if a client shows signs of an allergic reaction?

- A. Continue the service
- B. Apply more product
- C. Stop the service and recommend medical attention**
- D. Ignore the symptoms

When a client shows signs of an allergic reaction, the appropriate response is to stop the service and recommend medical attention. This is crucial because allergic reactions can range from mild to severe and can escalate quickly. By halting the service immediately, you prevent further exposure to the allergen, which could exacerbate the client's symptoms. Recognizing the signs of an allergic reaction, such as redness, swelling, itching, or hives, is vital for the safety and well-being of the client. Recommending medical attention ensures that they receive the necessary care to address their symptoms appropriately, which is essential in maintaining a safe and professional environment. This approach not only prioritizes the health of the client but also upholds the standards of practice within the beauty industry, demonstrating a commitment to client safety and care. Ignoring symptoms or continuing the service could lead to severe complications for the client, making it imperative to respond swiftly and responsibly to any signs of an allergic reaction.

7. Why is it important to use gloves during a manicure?

- A. To keep nails clean
- B. To prevent product waste
- C. To prevent the spread of infections**
- D. To avoid staining hands

Using gloves during a manicure is crucial primarily to prevent the spread of infections. Gloves provide a barrier between the manicurist's hands and the client's skin and nails, minimizing the risk of transmitting bacteria, fungi, and other pathogens. This is particularly important when working with clients who may have pre-existing conditions or compromised skin integrity, as open cuts or abrasions can serve as entry points for infections. In addition to infection control, gloves also safeguard the manicurist from exposure to chemicals in products, which can be harmful to the skin and overall health. By ensuring a hygienic environment, gloves contribute to the overall safety and well-being of both the client and the technician, establishing a professional standard in nail care practices.

8. What should be done before applying acrylic nails for a proper bond?

- A. Buff the natural nail**
- B. Moisturize hands
- C. Soak nails in water
- D. Apply lotion

Before applying acrylic nails, buffing the natural nail is crucial for creating a proper bond between the acrylic and the nail surface. Buffing removes the shine from the natural nail and creates a slightly rough texture, which allows the acrylic product to adhere better. This ensures that the acrylic nails stay in place and last longer, reducing the likelihood of lifting or breaking. In contrast, while moisturizing hands and applying lotion may be beneficial for skin health, they do not contribute to the adhesion of acrylics to the nail. Soaking nails in water can cause the natural nails to expand and may lead to issues with the application of acrylics. Therefore, focusing on buffing the natural nail is essential for a successful acrylic application.

9. Why do tuberculocidal disinfectants require special handling?

- A. They are more effective on porous surfaces
- B. They are intended for home use only
- C. They require special method of disposal**
- D. They are flammable

Tuberculocidal disinfectants require special handling primarily because they necessitate a specific method of disposal due to their potent chemical composition and potential health risks. These disinfectants are designed to eliminate bacteria, including those that cause tuberculosis, which makes them highly effective but also potentially hazardous if not disposed of properly. Improper disposal can lead to environmental contamination or health risks to individuals who come into contact with such materials. Using these disinfectants comes with the responsibility to adhere to regulations set by health and safety organizations. These regulations often include guidelines for the safe disposal of chemical waste to minimize risks to public health and the environment. It's essential for professionals to follow these protocols to ensure safety in their practice and compliance with laws governing hazardous materials.

10. What is the primary purpose of a nail primer?

- A. To enhance color
- B. To prevent lifting**
- C. To provide a glossy finish
- D. To hydrate the nail

The primary purpose of a nail primer is to prevent lifting. Nail primer is a substance that is applied to the natural nail surface before applying enhancements like acrylics or gels. It helps create a stronger bond between the natural nail and the product being applied. By improving adhesion, primer minimizes the risk of lifting, which is when the enhancement separates from the nail bed, leading to potential damage and an undesirable appearance. This is especially important for long-lasting manicures, as good adhesion facilitates a durable finish. Other options do not accurately reflect the main function of nail primer. Enhancing color is typically achieved through pigments within the polish or gel, not the primer itself. While some products may provide a shiny look, it is not a primary role of nail primer. Hydration refers to moisture levels in the nail and surrounding skin, which is managed through other products and methods rather than through the use of a nail primer.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://psionlinemanicurist.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE