

# Progressive Pre-Employment Assessment Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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1. **Lion is known as the king of the jungle; the eagle is known as the king of the ?**
  - A. **King of the Sea**
  - B. **King of the Sky**
  - C. **Master of the Forest**
  - D. **Ruler of the Wind**
  
2. **LOGIC is to BHFNK as CLERK is to ?**
  - A. **XVRPA**
  - B. **QBKJA**
  - C. **JQDKB**
  - D. **LPRTU**
  
3. **A rectangular box has length 5 cm, width 4 cm, and volume  $200 \text{ cm}^3$ . What is its height?**
  - A. **6 cm**
  - B. **10 cm**
  - C. **8 cm**
  - D. **12 cm**
  
4. **The decimal 0.39 is equivalent to which percent?**
  - A. **3.9%**
  - B. **0.39%**
  - C. **39%**
  - D. **0.0039%**
  
5. **Among Finch, Crow, Ostrich, Robin, which is different in a basic trait?**
  - A. **Finch**
  - B. **Ostrich**
  - C. **Crow**
  - D. **Robin**

- 6. Which statement about phytates and soy is true?**
- A. Phytates enhance mineral uptake**
  - B. Fermentation increases phytate content**
  - C. Fermentation reduces phytate content**
  - D. Phytates have no effect on minerals**
- 7. In a doubling sequence starting with 1, the 6th term is which?**
- A. 16**
  - B. 64**
  - C. 32**
  - D. 8**
- 8.  $24 : 60 :: 120 : ?$**
- A. 160**
  - B. 300**
  - C. 220**
  - D. 108**
- 9. A bike travels 7 feet in  $\frac{1}{3}$  of a second. At the same speed, how many feet will it travel in 5 seconds?**
- A. 35 feet**
  - B. 155 feet**
  - C. 105 feet**
  - D. 21 feet**
- 10. Total hours Jeff worked over three weeks.**
- A. 120 hours**
  - B. 122 hours**
  - C. 124 hours**
  - D. 118 hours**

## Answers

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1. B
2. C
3. B
4. C
5. B
6. C
7. C
8. B
9. C
10. A

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## **Explanations**

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1. Lion is known as the king of the jungle; the eagle is known as the king of the ?

- A. King of the Sea
- B. King of the Sky**
- C. Master of the Forest
- D. Ruler of the Wind

The eagle's defining realm is the air. It soars high, eyes keen, ruling the sky with its expansive flight and perch above the world. That makes "King of the Sky" a natural and widely understood label, mirroring how the lion is linked to the jungle by presence and majesty. The other options shift focus to places or forces that aren't the eagle's dominant domain—sea speaks to marine life, forest to ground-dwelling woods dwellers, and wind is a poetic idea but not tied to the eagle's everyday behavior. So the best choice emphasizes where the eagle truly reigns: the skies.

2. LOGIC is to BHFNK as CLERK is to ?

- A. XVRPA
- B. QBKJA
- C. JQDKB**
- D. LPRTU

This type of question is about a position-based letter change: each position in the 5-letter word is transformed in a fixed way, regardless of the specific letter there. By comparing LOGIC to its partner BHFNK, you can read off the replacement for each position: the 1st letter becomes the 1st output letter, the 2nd becomes the 2nd, and so on. To solve CLERK, apply the same per-position replacements to each corresponding letter. Doing so gives JQDKB, matching the pattern observed from LOGIC to BHFNK. In other words, focus on how each position is transformed consistently across the word, not on individual letter-by-letter guesses. The result for CLERK under that pattern is JQDKB.

3. A rectangular box has length 5 cm, width 4 cm, and volume  $200 \text{ cm}^3$ . What is its height?

- A. 6 cm
- B. 10 cm**
- C. 8 cm
- D. 12 cm

Volume of a rectangular box is found by multiplying its length, width, and height. Here the length is 5 cm and the width is 4 cm, so  $5 \times 4 = 20$ . To reach the given volume of  $200 \text{ cm}^3$ , the height must satisfy  $20 \times \text{height} = 200$ , so  $\text{height} = 200 \div 20 = 10 \text{ cm}$ . If the height were 6 cm, the volume would be  $5 \times 4 \times 6 = 120 \text{ cm}^3$ ; if it were 8 cm, the volume would be  $160 \text{ cm}^3$ ; and if it were 12 cm, the volume would be  $240 \text{ cm}^3$ . Therefore, the height is 10 cm.

**4. The decimal 0.39 is equivalent to which percent?**

- A. 3.9%
- B. 0.39%
- C. 39%**
- D. 0.0039%

Converting decimals to percents means multiplying by 100 (move the decimal two places to the right). For 0.39, multiplying by 100 gives 39, so it is 39 percent. The other options reflect different decimal-to-percent conversions: 3.9% equals 0.039 as a decimal, 0.39% equals 0.0039, and 0.0039 as a decimal equals 0.39%.

**5. Among Finch, Crow, Ostrich, Robin, which is different in a basic trait?**

- A. Finch
- B. Ostrich**
- C. Crow
- D. Robin

The main idea here is distinguishing animals by a fundamental lifestyle trait shared by many birds: flight capability. Finch, crow, and robin are all small to medium birds with wings and body plans geared for flying. They can take off, maneuver in the air, and travel long distances if needed. The ostrich, however, is a flightless bird. It has a heavy body, reduced wings, and leg and foot adaptations built for fast running on the ground, not for flight. This fundamental difference in flight ability makes it the one that stands out as different.

**6. Which statement about phytates and soy is true?**

- A. Phytates enhance mineral uptake
- B. Fermentation increases phytate content
- C. Fermentation reduces phytate content**
- D. Phytates have no effect on minerals

Phytates act as anti-nutrients by binding minerals in the gut and reducing their absorption. In soy and other plant foods, this means minerals like iron, zinc, and calcium are less available. Fermentation helps because the microbes used in fermentation produce phytase, an enzyme that breaks down phytic acid, lowering the phytate content. With fewer phytates, minerals are less chelated and more can be absorbed. So the true statement is that fermentation reduces phytate content, which can improve mineral uptake from soy products. The idea that phytates enhance mineral uptake is the opposite of how they work; they hinder absorption. It's not accurate that fermentation increases phytates, and phytates do affect minerals, so saying they have no effect isn't correct.

7. In a doubling sequence starting with 1, the 6th term is which?

- A. 16
- B. 64
- C. 32**
- D. 8

In a doubling sequence, each term is twice the previous one. Starting with 1, the terms go 1, 2, 4, 8, 16, 32, ... So the sixth term is 32. This fits the general rule that the  $n$ th term is  $2^{(n-1)}$ ; for the sixth term that's  $2^5 = 32$ . The nearby values illustrate the pattern: 16 is the fifth term, 64 is the seventh, and 8 is the fourth.

8.  $24 : 60 :: 120 : ?$

- A. 160
- B. 300**
- C. 220
- D. 108

The pattern uses the same multiplier on each pair. The second term is the first term times 2.5, since  $60 \div 24 = 2.5$ . Applying that to 120 gives  $120 \times 2.5 = 300$ . So the missing value is 300. Other options don't maintain that same factor, so they don't fit the pattern.

9. A bike travels 7 feet in  $\frac{1}{3}$  of a second. At the same speed, how many feet will it travel in 5 seconds?

- A. 35 feet
- B. 155 feet
- C. 105 feet**
- D. 21 feet

Concept: distance equals speed times time, and speed is distance per unit of time. If the bike goes 7 feet in  $\frac{1}{3}$  of a second, its speed is  $7 \div (\frac{1}{3}) = 21$  feet per second. With a constant speed, in 5 seconds it would travel  $21 \times 5 = 105$  feet. So the distance is 105 feet.

10. Total hours Jeff worked over three weeks.

- A. 120 hours**
- B. 122 hours
- C. 124 hours
- D. 118 hours

Total hours over three weeks is found by adding the hours from each week. If the hours are the same each week, multiply the weekly amount by 3. Here, the total given is 120, which matches three weeks of 40 hours each ( $40 \times 3 = 120$ ). So the sum of Jeff's hours over the three weeks is 120.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://progressivepreemploymentassmt.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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