

Professional Scrum Product Owner I (PSPO I) Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. When should the Sprint backlog be created?**
 - A. Before the Sprint Planning meeting**
 - B. During the Sprint Execution phase**
 - C. At the end of the previous Sprint**
 - D. During the Sprint Planning meeting**

- 2. What is the recommended approach for creating the Sprint Backlog?**
 - A. It should be established at the end of the Sprint**
 - B. It is created during Sprint Planning**
 - C. It evolves continually without a formal process**
 - D. It is finalized by the Product Owner alone**

- 3. What is the primary accountability of the Product Owner in Scrum?**
 - A. Managing the Scrum Team**
 - B. Clearly expressing a Product Backlog that maximizes value**
 - C. Ensuring stakeholder satisfaction**
 - D. Overseeing the project timeline**

- 4. What is the primary purpose of the Product Backlog?**
 - A. To outline the team's schedule**
 - B. To prioritize and manage the work to be done on a product**
 - C. To document the development process**
 - D. To serve as a final approval list for product releases**

- 5. Which of the following are feedback loops in Scrum?**
 - A. Sprint Planning, Sprint Review, Daily Scrum**
 - B. Sprint Grooming, Sprint Retrospective, Daily Scrum**
 - C. Daily Scrum, Sprint Retrospective, Sprint Review**
 - D. Daily Standup, Sprint Review, Backlog Refinement**

- 6. How does the Scrum Master assist the Product Owner?
Select the three most appropriate answers.**
- A. Understanding product planning in an empirical environment**
 - B. Finding techniques for effective Product Backlog management**
 - C. Defining the project scope**
 - D. Leading and coaching the organization in its Scrum adoption**
- 7. Which statement is true for a Development Team during a Sprint?**
- A. They should operate independently without any guidance**
 - B. They must regularly report to the Product Owner on progress**
 - C. They must maintain the Sprint Goal as a priority**
 - D. They should disregard any non-functional requirements**
- 8. Who is responsible for managing the Product Backlog?**
- A. The Development Team**
 - B. The Scrum Master**
 - C. The Product Owner**
 - D. The Project Manager**
- 9. What are the three most applicable characteristics of the Product Owner?**
- A. Marketing Specialist, Scrum Master, Team Player**
 - B. Product Marketplace Expert, Lead Facilitator of Key Stakeholder Involvement, Product Value Maximizer**
 - C. Technical Expert, Timekeeper, Cost Manager**
 - D. Customer Service Leader, Editor, Developer**
- 10. Who is responsible for crafting the Sprint Goal?**
- A. The Development Team**
 - B. The Product Owner alone**
 - C. The Scrum Master**
 - D. The Scrum Team collectively**

Answers

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1. D
2. B
3. B
4. B
5. C
6. A
7. C
8. C
9. B
10. D

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Explanations

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1. When should the Sprint backlog be created?

- A. Before the Sprint Planning meeting
- B. During the Sprint Execution phase
- C. At the end of the previous Sprint
- D. During the Sprint Planning meeting**

The Sprint backlog is a crucial artifact in Scrum that outlines the work planned for a specific Sprint. It is created during the Sprint Planning meeting, which marks the beginning of the Sprint. During this meeting, the Development Team collaborates with the Product Owner to understand the highest priority items from the Product Backlog and to refine and break them down into actionable tasks. Creating the Sprint backlog during this meeting allows the team to collectively discuss and commit to the work they will complete in the upcoming Sprint. This collaborative process ensures that everyone on the team is aligned on the goals and scope of work, which is essential for effective execution. The other choices do not align with the Scrum framework's principles and practices. If the Sprint backlog were created before the Sprint Planning meeting, it would not incorporate the latest insights and discussions that help the team commit to the right goals for the Sprint. Creating the backlog at the end of the previous Sprint or during the Sprint Execution phase would also undermine the planning process and limit the team's ability to adapt and respond to new information and changes in priorities. Thus, the timing of creating the Sprint backlog during the Sprint Planning meeting is fundamental to ensuring a shared understanding and successful Sprint execution.

2. What is the recommended approach for creating the Sprint Backlog?

- A. It should be established at the end of the Sprint
- B. It is created during Sprint Planning**
- C. It evolves continually without a formal process
- D. It is finalized by the Product Owner alone

The recommended approach for creating the Sprint Backlog is during Sprint Planning. This is a crucial event in the Scrum framework where the entire Scrum Team collaborates to understand what can be delivered in the upcoming Sprint. During this session, the Development Team discusses and evaluates the Product Backlog items that are of the highest priority and determines how much work they can commit to for that Sprint. The focus of Sprint Planning is not only on selecting the items from the Product Backlog but also on estimating the effort associated with them and planning the work necessary to turn those items into a "Done" increment. This collaborative process ensures that the Sprint Backlog reflects a shared understanding among team members, allowing them to successfully deliver value within the agreed timeframe. By creating the Sprint Backlog as a team during the Sprint Planning meeting, it reinforces accountability across the development team and fosters greater commitment to the Sprint goals. This involvement ensures that everyone is on the same page concerning what work they will undertake, leading to more effective teamwork and coordination throughout the Sprint.

3. What is the primary accountability of the Product Owner in Scrum?

- A. Managing the Scrum Team
- B. Clearly expressing a Product Backlog that maximizes value**
- C. Ensuring stakeholder satisfaction
- D. Overseeing the project timeline

The primary accountability of the Product Owner in Scrum is to clearly express a Product Backlog that maximizes value. This involves defining and prioritizing the features, requirements, and tasks that need to be developed to deliver the greatest value to stakeholders and end users. The Product Owner must ensure that the backlog is transparent, well-structured, and understood by the Scrum Team, allowing them to focus on delivering the most important items first. This accountability reflects the essence of the Product Owner's role: acting as the voice of the customer and making decisions about what should be built to enhance the product's value. By prioritizing work effectively and maintaining an organized backlog, the Product Owner helps align the development efforts with business goals and customer needs. In terms of the other choices, while managing the Scrum Team, ensuring stakeholder satisfaction, and overseeing the project timeline are important aspects of project management and leadership, they are not the primary accountability of the Product Owner within the Scrum framework. The Product Owner's main focus is always directed towards maximizing value through the Product Backlog.

4. What is the primary purpose of the Product Backlog?

- A. To outline the team's schedule
- B. To prioritize and manage the work to be done on a product**
- C. To document the development process
- D. To serve as a final approval list for product releases

The primary purpose of the Product Backlog is to prioritize and manage the work to be done on a product. The Product Backlog is a dynamic and ordered list of all the desired work on the project which is continuously updated based on feedback, market conditions, and team capacity. This prioritization is crucial because it helps ensure that the most valuable features or requirements are addressed first, aligning development efforts with customer needs and business goals. In Scrum, the Product Owner is responsible for managing the Product Backlog, which includes refining and prioritizing backlog items to maximize the value delivered by the Scrum Team. This ongoing management allows the team to focus on delivering incremental value in short cycles, ensuring flexibility and quick response to changes. Understanding this function of the Product Backlog highlights its role as the single source of truth for what needs to be worked on, rather than it being a list of schedules or mere documentation, which doesn't reflect its core purpose in enabling effective product development and delivery.

5. Which of the following are feedback loops in Scrum?

- A. Sprint Planning, Sprint Review, Daily Scrum
- B. Sprint Grooming, Sprint Retrospective, Daily Scrum
- C. Daily Scrum, Sprint Retrospective, Sprint Review**
- D. Daily Standup, Sprint Review, Backlog Refinement

The correct answer identifies the core feedback loops in Scrum, which significantly enhance transparency and continuous improvement within the team and project. The Daily Scrum serves as a feedback loop that allows team members to synchronize their work, discuss progress, and raise any impediments. This daily meeting ensures that everyone is aware of each other's progress and challenges, fostering open communication and collaboration. The Sprint Retrospective is another vital feedback loop, occurring at the end of each Sprint. In this meeting, the Scrum Team reflects on what went well, what could be improved, and how they can implement changes in the upcoming Sprint. This self-inspection and adaptation are fundamental to Scrum's empirical approach and drive the team's evolution over time. The Sprint Review is also a critical feedback loop where the team demonstrates the work completed during the Sprint to stakeholders. This meeting not only showcases progress but also gathers valuable feedback on the product increment from stakeholders, allowing for informed adjustments to the Product Backlog. Collectively, these three ceremonies ensure that continuous feedback is embedded in the Scrum process, allowing for adjustments to both the product and the process itself based on insights gained. In contrast, the other combinations mentioned do not all correctly represent the feedback mechanisms outlined in Scrum. For example, terms like "Sprint Groom

6. How does the Scrum Master assist the Product Owner? Select the three most appropriate answers.

- A. Understanding product planning in an empirical environment**
- B. Finding techniques for effective Product Backlog management
- C. Defining the project scope
- D. Leading and coaching the organization in its Scrum adoption

The statement that the Scrum Master assists the Product Owner by helping them understand product planning in an empirical environment is indeed accurate. In Scrum, product planning is a dynamic process that relies on empirical data and feedback, which means it is based on observation and experience rather than predefined plans. The Scrum Master facilitates the Product Owner's understanding of how to navigate this process effectively, ensuring that they can adapt to changes based on stakeholder feedback and market conditions. This support is crucial for the Product Owner to deliver value incrementally and ensure alignment with customer needs. Additionally, the Scrum Master plays a key role in finding techniques for effective Product Backlog management. This includes helping the Product Owner understand backlog refinement practices and prioritization techniques that ensure the backlog is well-structured and actionable. By providing guidance on how to maintain and prioritize the backlog effectively, the Scrum Master supports the Product Owner in maximizing value delivery. The role of the Scrum Master also involves leading and coaching the organization in its Scrum adoption. This helps create a supportive environment for the Product Owner to thrive and encourages collaboration among the Scrum team members. By fostering an organization-wide understanding of Scrum principles, the Scrum Master enhances the overall effectiveness of the team, indirectly benefitting the Product Owner's role. The incorrect choices relate to

7. Which statement is true for a Development Team during a Sprint?

- A. They should operate independently without any guidance
- B. They must regularly report to the Product Owner on progress
- C. They must maintain the Sprint Goal as a priority**
- D. They should disregard any non-functional requirements

The statement that the Development Team must maintain the Sprint Goal as a priority during a Sprint is accurate. The Sprint Goal serves as the central focus and guiding purpose for the Development Team's efforts within the Sprint. It defines what the team aims to achieve and helps in aligning their work towards a common objective. Prioritizing the Sprint Goal ensures that all team members are working cohesively and efficiently towards a specific outcome, which is crucial for delivering value in a Scrum framework. By adhering to the Sprint Goal, the Development Team can make informed decisions about which tasks to tackle and how to respond to challenges that may arise during the Sprint. This focus helps prevent scope creep and keeps the team aligned with the agreed-upon objectives. In this way, maintaining the Sprint Goal is essential for the team to successfully complete their commitments within the time-boxed nature of the Sprint. The other options do not adequately capture the collaborative and focused nature of a Scrum team's work during a Sprint. Operating independently without guidance would undermine the collaborative framework established in Scrum. Regularly reporting to the Product Owner is not a mandatory requirement; rather, there are established Scrum events, like the Daily Scrum, where progress is discussed. Finally, disregarding non-functional requirements would be counterproductive, as those

8. Who is responsible for managing the Product Backlog?

- A. The Development Team
- B. The Scrum Master
- C. The Product Owner**
- D. The Project Manager

The Product Owner is responsible for managing the Product Backlog, which is a crucial aspect of the Scrum framework. This role involves prioritizing the items within the Product Backlog based on factors such as stakeholder input, business value, and market conditions. The Product Owner ensures that the backlog is transparent, up-to-date, and clearly communicates the requirements and vision of the product to the Development Team. In addition to prioritization, the Product Owner is tasked with refining the backlog, adding new items as needed, and ensuring that all backlog items are well-defined and understood by the Development Team. This centralized responsibility facilitates effective planning and execution of the work, leading to a more focused and productive Development Team. Other roles in the Scrum framework, such as the Development Team and the Scrum Master, have their own responsibilities. While the Development Team is involved in estimating and giving input on the backlog items, they do not hold the responsibility for its management. The Scrum Master supports the Scrum process and helps the team follow Scrum practices, but does not manage the Product Backlog. Finally, the Project Manager is not a recognized role in Scrum and therefore does not have responsibilities pertaining to the Product Backlog. This delineation of roles fosters a clear understanding of accountability and encourages effective collaboration

9. What are the three most applicable characteristics of the Product Owner?

- A. Marketing Specialist, Scrum Master, Team Player
- B. Product Marketplace Expert, Lead Facilitator of Key Stakeholder Involvement, Product Value Maximizer**
- C. Technical Expert, Timekeeper, Cost Manager
- D. Customer Service Leader, Editor, Developer

The three characteristics of the Product Owner that are most applicable are being a Product Marketplace Expert, a Lead Facilitator of Key Stakeholder Involvement, and a Product Value Maximizer. A Product Marketplace Expert is vital because the Product Owner must understand the market dynamics, customer needs, and competitive landscape to make informed decisions regarding the product backlog. This knowledge allows them to prioritize features that align with customer demands and deliver value effectively. Being a Lead Facilitator of Key Stakeholder Involvement is crucial as the Product Owner acts as a liaison between stakeholders and the Scrum Team. They gather input, feedback, and requirements from stakeholders to ensure that the product development aligns with the broader business goals and user needs. This collaborative approach enhances transparency and fosters engagement from stakeholders. Finally, a Product Value Maximizer is essential because the primary focus of the Product Owner is to ensure that the team delivers maximum value to the users and the organization. By continuously refining the product backlog based on priority and value, the Product Owner helps the team focus on delivering features that provide the most impact, ensuring that the end product fulfills its intended purpose with efficiency. These characteristics align closely with the responsibilities and expectations of the Product Owner role in Scrum, emphasizing market understanding, stakeholder collaboration, and

10. Who is responsible for crafting the Sprint Goal?

- A. The Development Team
- B. The Product Owner alone
- C. The Scrum Master
- D. The Scrum Team collectively**

The responsibility for crafting the Sprint Goal lies with the Scrum Team collectively. This collaboration ensures that all perspectives are considered, leading to a more holistic and achievable Sprint Goal. The Sprint Goal is a key component of Scrum that defines what the team aims to achieve during the Sprint. While the Product Owner plays a crucial role in defining the work to be done (as the goal should align with the broader product vision), the Development Team contributes valuable insights regarding the technical feasibility and the effort required to achieve the goal. The Scrum Master facilitates this process by ensuring that communication and collaboration occur effectively among team members. This collective ownership promotes a sense of accountability and commitment to the shared goal, fostering a cohesive team dynamic as everyone understands their contributions to achieving the Sprint's objectives. Therefore, the collaboration among all team members is essential for crafting a meaningful and realistic Sprint Goal that aligns with the product's direction.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://professionalscrumproductowner1.examzify.com>

We wish you the very best on your exam journey. You've got this!

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