

Professional Scrum Master (PSM) I Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. What is the purpose of a Sprint Review?**
 - A. To assess team performance**
 - B. To gather feedback on the increment**
 - C. To finalize product requirements**
 - D. To plan the next sprint**

- 2. Does Scrum allow for additional meetings outside the defined Scrum events?**
 - A. True**
 - B. False**
 - C. Only if they are approved by the Scrum Master**
 - D. Only during the Sprint Review**

- 3. What does "time-boxed" mean in the context of Scrum events?**
 - A. Having a flexible duration for events**
 - B. Having a fixed maximum duration for events**
 - C. Allowing events to extend as needed**
 - D. Setting minimum durations for events**

- 4. Which of the following is NOT one of the five Scrum Values?**
 - A. Commitment**
 - B. Focus**
 - C. Efficiency**
 - D. Respect**

- 5. What does a Scrum Team typically consist of?**
 - A. A Scrum Master, a Product Owner, and Development Team members**
 - B. A Scrum Manager, a Project Coordinator, and Development Team members**
 - C. A Product Owner and multiple Scrum Masters**
 - D. Only Development Team members**

- 6. In Scrum, what is the purpose of the Sprint Review?**
- A. To plan the next Sprint**
 - B. To reflect on team performance and processes**
 - C. To demonstrate the increment of work completed**
 - D. To estimate the remaining work needed to complete the project**
- 7. Which component of Scrum is used to prioritize work?**
- A. Sprint Planning**
 - B. Product Backlog**
 - C. Sprint Review**
 - D. Daily Scrum**
- 8. How often should the Scrum Team adapt the Definition of "Done"?**
- A. At the start of a new project**
 - B. Occasionally, as seen fit**
 - C. During each Sprint Retrospective**
 - D. Only after major releases**
- 9. Is it true that the Development Team can change its Sprint Backlog during a Sprint?**
- A. True**
 - B. False**
 - C. Only with the Product Owner's permission**
 - D. Only if no tasks are added**
- 10. How do Scrum events enhance transparency?**
- A. By limiting communication within teams**
 - B. By providing regular opportunities for inspection and adaptation**
 - C. By reducing the frequency of meetings**
 - D. By focusing solely on project timelines**

Answers

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1. B
2. A
3. B
4. C
5. A
6. C
7. B
8. C
9. A
10. B

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Explanations

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1. What is the purpose of a Sprint Review?

- A. To assess team performance
- B. To gather feedback on the increment**
- C. To finalize product requirements
- D. To plan the next sprint

The purpose of a Sprint Review is primarily to gather feedback on the increment produced during the sprint. This event involves the Scrum Team and stakeholders coming together to discuss what was achieved in the sprint, demonstrate the work that was completed, and solicit input on the deliverables. The feedback received is invaluable as it helps the team understand if they are aligned with stakeholder expectations and if any adjustments are needed moving forward. During the Sprint Review, the team reviews the increment of work against the Sprint Goal, which offers an opportunity for stakeholders to see the current state of the product and contribute their perspectives. This iterative feedback loop is critical for ensuring that the product evolves in a way that meets the needs of its users. Other potential purposes listed, such as assessing team performance, finalizing product requirements, or planning the next sprint, are typically addressed in different contexts within the Scrum framework. While these elements are essential to the overall process, they do not represent the primary objective of the Sprint Review itself. The focus remains on maximizing stakeholder engagement and ensuring the product increment provides value based on the feedback received.

2. Does Scrum allow for additional meetings outside the defined Scrum events?

- A. True**
- B. False
- C. Only if they are approved by the Scrum Master
- D. Only during the Sprint Review

Scrum does indeed allow for additional meetings outside of the predefined Scrum events. One of the core principles of Scrum is flexibility, and teams are encouraged to adapt their processes to best suit their needs. While the framework establishes specific events such as the Sprint Planning, Daily Scrum, Sprint Review, and Sprint Retrospective, it does not restrict teams from holding supplementary meetings if they believe those meetings will enhance communication, collaboration, or any aspect of their work. For example, teams may choose to have meetings for brainstorming, technical discussions, or integrating feedback that does not fall within the boundaries of the regular Scrum events. It's crucial that the Scrum team evaluates these additional meetings to ensure they provide value and do not disrupt the flow of work or impede the purpose of the existing Scrum events. The emphasis is on the ability of the Scrum team to adapt and find the best working rhythm for themselves in a way that supports their goals and improves effectiveness.

3. What does "time-boxed" mean in the context of Scrum events?

- A. Having a flexible duration for events
- B. Having a fixed maximum duration for events**
- C. Allowing events to extend as needed
- D. Setting minimum durations for events

In the context of Scrum events, "time-boxed" refers to having a fixed maximum duration for each event. This approach is essential in Scrum as it promotes focus and efficiency. By setting a specific time limit for events such as Sprint Planning, Daily Scrums, Sprint Review, and Sprint Retrospective, the Scrum framework encourages teams to stay on track and prioritize discussions that provide value. Time-boxing ensures that events do not drag on longer than necessary, which can lead to fatigue, diminished focus, and less effective outcomes. The fixed duration creates a sense of urgency that helps the team to manage their time effectively, leading to more productive sessions. After the allotted time is up, the event concludes, regardless of whether all items have been covered, which reinforces the need to remain concise and focused on the agreed agenda. This structure within Scrum allows teams to regularly inspect and adapt their practices and ensure continuous improvement in their processes, ultimately leading to better productivity and team dynamics.

4. Which of the following is NOT one of the five Scrum Values?

- A. Commitment
- B. Focus
- C. Efficiency**
- D. Respect

The five Scrum Values are Commitment, Focus, Openness, Respect, and Courage. These values serve as guiding principles that shape the culture and effectiveness of a Scrum Team. In this case, "Efficiency" is not one of the recognized Scrum Values. While efficiency is a desirable outcome in Scrum work environments, it is not specifically highlighted as a core value that Scrum Teams should adopt. The values emphasize behaviors and attitudes that enhance collaboration, transparency, and a supportive team culture. Commitment, Focus, and Respect directly contribute to fostering a high-performing team that embraces the principles of Scrum, while Efficiency, although important in a broader context, is not classified among these foundational values.

5. What does a Scrum Team typically consist of?

- A. A Scrum Master, a Product Owner, and Development Team members**
- B. A Scrum Manager, a Project Coordinator, and Development Team members**
- C. A Product Owner and multiple Scrum Masters**
- D. Only Development Team members**

A Scrum Team typically consists of a Scrum Master, a Product Owner, and Development Team members because this structure is essential for fulfilling the roles and responsibilities necessary for successful Scrum practices. The Scrum Master serves as a facilitator, ensuring that the team adheres to Scrum principles and practices, removing impediments that may hinder progress, and fostering an environment of collaboration and continuous improvement. The Product Owner is responsible for maximizing the value of the product by managing the product backlog and ensuring that the team understands the priorities and goals from a business perspective. The Development Team members are the professionals who work collaboratively to deliver functional increments of the product throughout the Sprint. This combination of roles is crucial as each role brings distinct functions that contribute to the overall performance and effectiveness of the Scrum Team. The collaborative and self-organizing environment created by these roles ensures that the team can respond to changes quickly and deliver high-quality results, which aligns with the core principles of Agile and Scrum.

6. In Scrum, what is the purpose of the Sprint Review?

- A. To plan the next Sprint**
- B. To reflect on team performance and processes**
- C. To demonstrate the increment of work completed**
- D. To estimate the remaining work needed to complete the project**

The purpose of the Sprint Review is to demonstrate the increment of work completed during the Sprint. This event serves as a collaborative forum where the Scrum Team and stakeholders come together to inspect the increment and adapt the Product Backlog if needed based on stakeholder feedback. By showcasing the increment, the team can illustrate what they have accomplished and validate whether the work meets the acceptance criteria and aligns with the product vision. This effective communication fosters transparency and allows stakeholders to provide immediate feedback, ensuring that the project maintains alignment with business goals and user needs. Demonstrating the increment also enhances stakeholder engagement, as they can visualize the progress being made and give input on future directions or necessary adjustments. This supports a valuable feedback loop, allowing the Scrum Team to iterate and improve continuously.

7. Which component of Scrum is used to prioritize work?

- A. Sprint Planning
- B. Product Backlog**
- C. Sprint Review
- D. Daily Scrum

The Product Backlog is the key component of Scrum used to prioritize work. It is an ordered list that contains all the work items, features, and fixes that are being considered for development. The prioritization within the Product Backlog is determined by the Product Owner, who assesses the business value, stakeholder feedback, and other relevant criteria to ensure that the most important items are addressed first. This prioritization is essential for maximizing the value delivered to customers and stakeholders during each Sprint. Other components of Scrum, such as Sprint Planning, the Sprint Review, and the Daily Scrum, serve different purposes within the framework. Sprint Planning is focused on selecting which items from the Product Backlog will be worked on in the upcoming Sprint, while the Sprint Review is about inspecting the increment of work done and gathering feedback. The Daily Scrum is a time-boxed event for the Development Team to synchronize their activities and improve their collaboration daily. However, none of these directly involve prioritizing the work elements as the Product Backlog does.

8. How often should the Scrum Team adapt the Definition of "Done"?

- A. At the start of a new project
- B. Occasionally, as seen fit
- C. During each Sprint Retrospective**
- D. Only after major releases

The Definition of "Done" is a critical component of the Scrum framework as it ensures that all team members have a shared understanding of what it means for a product increment to be complete. Adapting the Definition of "Done" during each Sprint Retrospective allows the Scrum Team to reflect on their current practices and make necessary improvements based on their experiences and insights gained throughout the Sprint. By regularly reviewing and potentially updating the Definition of "Done," the team can enhance the quality of their work, incorporate new learnings, and adjust to any changes in requirements or technology. This iterative approach aligns with Scrum's principles of continuous improvement and encourages a proactive stance towards the team's processes. This adaptation process is not intended to be infrequent or dictated solely by major milestones, such as project starts or major releases, as these scenarios do not account for ongoing improvements and refinements needed throughout the project's lifecycle. Instead, reassessing the Definition of "Done" regularly fosters a culture of accountability and ensures that the product increment remains aligned with the expectations of stakeholders and the evolving nature of the project.

9. Is it true that the Development Team can change its Sprint Backlog during a Sprint?

- A. True**
- B. False**
- C. Only with the Product Owner's permission**
- D. Only if no tasks are added**

The statement is true; the Development Team can indeed change its Sprint Backlog during a Sprint. This flexibility is a key aspect of Scrum. The Sprint Backlog is a living artifact composed of items from the Product Backlog that the Development Team has chosen to work on during the current Sprint. As the team progresses, they may find a need to adapt their plan based on new insights, challenges encountered, or changes in priorities. This adaptability allows the team to respond to changes effectively, ensuring they can deliver the highest value possible by the end of the Sprint. Changes can involve any adjustments, such as adding new tasks, re-prioritizing items, or removing tasks that are no longer relevant, as long as they align with the Sprint Goal. This understanding underscores the collaborative and self-organizing nature of the Development Team in Scrum, emphasizing their autonomy in managing their work while still maintaining focus on delivering the Sprint Goal.

10. How do Scrum events enhance transparency?

- A. By limiting communication within teams**
- B. By providing regular opportunities for inspection and adaptation**
- C. By reducing the frequency of meetings**
- D. By focusing solely on project timelines**

Scrum events enhance transparency primarily by providing regular opportunities for inspection and adaptation. Each Scrum event is designed to foster collaboration and dialogue among team members and stakeholders, thereby increasing the visibility of the work and the challenges the team faces. During these events, such as Sprint Planning, Daily Scrums, Sprint Reviews, and Sprint Retrospectives, team members can share updates, discuss progress, and identify any impediments. This open communication allows everyone involved to have a clear understanding of the current state of the project, the work being completed, and any necessary adjustments that need to be made. By emphasizing regular inspection and adaptation, Scrum facilitates an environment of continuous improvement, where the team can respond quickly to changes and ensure that the work aligns with stakeholder expectations. This ongoing cycle of transparency leads to better decision-making and fosters trust both within the team and with outside stakeholders, as everyone has visibility into the process and products of their work.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://scrummasterpsm1.examzify.com>

We wish you the very best on your exam journey. You've got this!

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