

PMK-EE E6 Rank Petty Officer 1st Class Practice Exam (Sample)

Study Guide



Everything you need from our exam experts!

This is a sample study guide. To access the full version with hundreds of questions,

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Don't worry about getting everything right, your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations, and take breaks to retain information better.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning.

7. Use Other Tools

Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly — adapt the tips above to fit your pace and learning style. You've got this!

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Questions

- 1. Which document outlines the policies for Sailor evaluations and advancements?**
 - A. OPNAVINST 1610.10**
 - B. BUPERSINST 1430.16**
 - C. SECNAVINST 1650.1**
 - D. NAVADMIN 245/22**
- 2. To withdraw funds from the Thrift Savings Plan without penalty, what is the minimum age requirement?**
 - A. 55**
 - B. 59 1/2**
 - C. 62**
 - D. 65**
- 3. When a command suspects a service member may cause harm to themselves or others, what should be the first action taken?**
 - A. Report to superior officer**
 - B. Seek emergent mental health evaluation**
 - C. Conduct a safety inspection**
 - D. Initiate administrative separation**
- 4. For a PO2 to be eligible to participate in the September Navy-wide Advancement Examination, their HYT is required to be after which of the following dates?**
 - A. 01-Jan of the preceding year**
 - B. 01-Jan of the following year**
 - C. 01-Jul of the following year**
 - D. 01-Dec of the preceding year**
- 5. What is the maximum length a male's fingernail is authorized to be?**
 - A. Even with fingertip**
 - B. 1/4 inch**
 - C. 1/2 inch**
 - D. 3/4 inch**

- 6. What Force Protection Condition (FPCON) should be set when a terrorist attack has occurred in the area?**
- A. FPCON Alpha**
 - B. FPCON Bravo**
 - C. FPCON Charlie**
 - D. FPCON Delta**
- 7. On the command PARADE REST, how many inches should you move your left foot to the left?**
- A. 6**
 - B. 12**
 - C. 18**
 - D. 24**
- 8. Who is responsible for maintaining Navy Regulations within the current needs of the Department of the Navy?**
- A. Commandant of the Marine Corps**
 - B. Chief of Naval Operations**
 - C. Secretary of the Navy**
 - D. Chief of Naval Personnel**
- 9. What is your first command when your division gathers for morning quarters?**
- A. Stand By**
 - B. Fall In**
 - C. Attention**
 - D. Assemble**
- 10. What campaign was significant for the removal of the Saddam Hussein regime?**
- A. Operation Enduring Freedom**
 - B. Operation Desert Storm**
 - C. Operation Iraqi Freedom**
 - D. Operation Noble Eagle**

Answers

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1. B
2. B
3. B
4. B
5. A
6. D
7. B
8. B
9. B
10. C

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Explanations

1. Which document outlines the policies for Sailor evaluations and advancements?

- A. OPNAVINST 1610.10
- B. BUPERSINST 1430.16**
- C. SECNAVINST 1650.1
- D. NAVADMIN 245/22

The document that outlines the policies for Sailor evaluations and advancements is BUPERSINST 1430.16. This instruction specifically addresses the guidance and procedures for the evaluation and advancement of enlisted personnel within the Navy, ensuring that there is a clear framework for performance assessments and promotional opportunities. BUPERSINST 1430.16 serves as an essential reference for Navy leaders and personnel involved in managing evaluations, as it establishes the standards that are used to rate the performance of Sailors and the subsequent impact on their advancement potential. By providing a comprehensive set of criteria and processes, it promotes fairness and consistency in how evaluations are conducted and how advancements are determined. In contrast, OPNAVINST 1610.10 primarily focuses on the officer evaluation system and does not cover enlisted evaluations and advancements specifically. SECNAVINST 1650.1 deals with awards and decorations, while NAVADMIN 245/22 would likely address policy updates or announcements specific to certain operations or situations but is not the foundational document for evaluation and advancement policies.

2. To withdraw funds from the Thrift Savings Plan without penalty, what is the minimum age requirement?

- A. 55
- B. 59 1/2**
- C. 62
- D. 65

Withdrawing funds from the Thrift Savings Plan (TSP) without facing an early withdrawal penalty requires the individual to be at least 59 1/2 years old. This age mark aligns with the general rules set forth by the Internal Revenue Service (IRS) for tax-advantaged retirement accounts. At this age, individuals are allowed to access their retirement savings without incurring the 10% early withdrawal penalty that typically applies if funds are taken out before reaching 59 1/2. However, while this age allows for penalty-free withdrawals, regular income tax will still apply to the amount withdrawn. The other age options provided do not align with the IRS stipulation regarding penalty-free withdrawals. Option 55, while it has some specific rules related to separation from service, does not apply universally to the TSP, and options 62 and 65 do not reflect the standard for penalty-free withdrawals set by the IRS. Understanding these distinctions is crucial for planning financial strategies related to retirement savings.

3. When a command suspects a service member may cause harm to themselves or others, what should be the first action taken?

- A. Report to superior officer**
- B. Seek emergent mental health evaluation**
- C. Conduct a safety inspection**
- D. Initiate administrative separation**

The first action when a command suspects a service member may cause harm to themselves or others is to seek an emergent mental health evaluation. This step is critical because it prioritizes the individual's safety and well-being. By facilitating an immediate assessment by mental health professionals, the command can determine the level of risk and the appropriate intervention needed to address any psychological distress. A mental health evaluation is essential as it allows trained professionals to evaluate the individual's mental state, identify any underlying issues, and provide necessary support or treatment. This approach aligns with protocols aimed at preventing harm and ensuring that personnel receive the care they need promptly. In situations like this, while raising concerns with a superior officer is important, it should typically be done in conjunction with seeking immediate mental health support, placing the health and safety of the individual first. Conducting a safety inspection, while potentially helpful, does not directly address the mental health concerns at hand. Similarly, initiating administrative separation can be a significant and often inappropriate response before understanding the individual's mental health needs, as this does not focus on resolution or rehabilitation.

4. For a PO2 to be eligible to participate in the September Navy-wide Advancement Examination, their HYT is required to be after which of the following dates?

- A. 01-Jan of the preceding year**
- B. 01-Jan of the following year**
- C. 01-Jul of the following year**
- D. 01-Dec of the preceding year**

The correct answer is that the High Year Tenure (HYT) must be after January 1 of the following year for a Petty Officer Second Class (PO2) to participate in the September Navy-wide Advancement Examination. This guideline ensures that service members have sufficient time remaining in their careers to advance before reaching the tenure limits imposed by the Navy. Eligibility for advancement examinations is often influenced by the individual's current standing in military service and how soon they are approaching their HYT limits. By having the cutoff set after January 1 of the following year, it allows a window for successful advancement and career progression while ensuring that those who are nearing their HYT limits are not participating in examinations that may lead to advancement beyond their time in service. This policy is in place to promote career development among enlisted personnel, allowing those who have the potential and commitment to advance to do so, while also ensuring that the Navy maintains a balanced force structure and veteran representation.

5. What is the maximum length a male's fingernail is authorized to be?

A. Even with fingertip

B. 1/4 inch

C. 1/2 inch

D. 3/4 inch

The guideline for the maximum length of a male's fingernail specifies that it is authorized to be even with the fingertip. This regulation is in place to maintain a professional appearance within military standards. Fingernails longer than this can be seen as unkempt and may interfere with duties and tasks, particularly those requiring manual dexterity or the use of protective gear. The focus is on maintaining a uniform look that reflects discipline and attention to detail, important traits in a military environment. The other lengths mentioned do not align with the established guidelines, which prioritize practicality and professionalism in appearance.

6. What Force Protection Condition (FPCON) should be set when a terrorist attack has occurred in the area?

A. FPCON Alpha

B. FPCON Bravo

C. FPCON Charlie

D. FPCON Delta

When a terrorist attack has occurred in the area, the appropriate Force Protection Condition to set is FPCON Delta. This condition represents the highest level of security that can be deployed and is initiated when there is an immediate and specific threat to personnel or installations. Under FPCON Delta, security measures are significantly intensified, including heightened surveillance, increased security personnel, and restrictions on movement to protect individuals and assets from further attacks. FPCON Delta is reserved for situations that require an extreme response to an imminent threat, whereas the other conditions (Alpha, Bravo, and Charlie) correspond to lesser levels of threat and allow for more flexibility in operations and security measures. Implementing FPCON Delta reflects the seriousness of the situation and the urgent need to safeguard against potential further attacks.

7. On the command PARADE REST, how many inches should you move your left foot to the left?

A. 6

B. 12

C. 18

D. 24

When given the command PARADE REST, the left foot should be moved 12 inches to the left. This movement is designed to create a relaxed yet disciplined posture for personnel while maintaining the basic principles of military bearing. The specific distance helps ensure uniformity among the ranks, fostering an orderly appearance that is essential during formations and ceremonies. This established distance allows for a comfortable stance while still adhering to the standards of military discipline. Moving the left foot this distance helps in creating a distinct separation between individuals, allowing for personal space while remaining aligned with the group's overall formation.

8. Who is responsible for maintaining Navy Regulations within the current needs of the Department of the Navy?

- A. Commandant of the Marine Corps**
- B. Chief of Naval Operations**
- C. Secretary of the Navy**
- D. Chief of Naval Personnel**

The Chief of Naval Operations (CNO) holds a vital role in ensuring that Navy Regulations are maintained and adapted to meet the evolving needs of the Department of the Navy. This responsibility includes reviewing and updating policies and procedures to align with current operational requirements and ensure adherence to military law and regulations. The CNO acts as a senior military advisor to the Secretary of the Navy and plays a crucial part in setting the overall direction and readiness of naval forces. The role of the CNO encompasses overseeing naval operations, developing naval strategies, and ensuring the Navy maintains an effective and disciplined force. Therefore, the CNO's responsibility for Navy Regulations is integral to maintaining an effective and efficient naval organization. In contrast, while the Commandant of the Marine Corps, the Secretary of the Navy, and the Chief of Naval Personnel all have important responsibilities related to their respective areas, it is the CNO who directly oversees the enforcement and adaptation of Navy Regulations. This distinction underscores the CNO's central role in the Navy's governance and operational standards.

9. What is your first command when your division gathers for morning quarters?

- A. Stand By**
- B. Fall In**
- C. Attention**
- D. Assemble**

The correct response is "Fall In" because this command is specifically used to instruct personnel to take their positions in formation. During morning quarters, it is essential for all members of the division to assemble in an orderly manner, and "Fall In" effectively conveys the need for all individuals to line up with their peers. This command sets the stage for the ensuing activities that are part of morning quarters, such as inspections, briefings, or updates. It ensures that all service members are present and ready for the day's agenda in a structured manner. While "Stand By" might imply readiness for further instructions, it does not prompt immediate action to physically come together as a group. "Attention" would command the division to stand in a position of alertness but does not facilitate the formation gathering itself. "Assemble" could suggest the idea of gathering but is typically less formal than "Fall In," which is the clearly delineated command for taking formation in military settings.

10. What campaign was significant for the removal of the Saddam Hussein regime?

- A. Operation Enduring Freedom**
- B. Operation Desert Storm**
- C. Operation Iraqi Freedom**
- D. Operation Noble Eagle**

The campaign that was significant for the removal of the Saddam Hussein regime is Operation Iraqi Freedom. This operation commenced on March 20, 2003, and it was specifically aimed at toppling Saddam Hussein's government, which was accused of possessing weapons of mass destruction and posing a threat to global security. The operation involved a coalition of forces, primarily led by the United States, and resulted in the swift overthrow of Saddam's regime. Understanding the context of this operation is essential; it followed years of tension between Iraq and the international community, particularly following the Gulf War and the imposition of sanctions. The goals of Operation Iraqi Freedom extended beyond just the military objective of regime change; it also included plans for rebuilding Iraq and establishing a democratic government. In contrast, Operation Enduring Freedom was primarily focused on the fight against terrorism in Afghanistan following the September 11 attacks, Operation Desert Storm was aimed at liberating Kuwait from Iraqi occupation during the Gulf War in 1991, and Operation Noble Eagle was established to defend the United States and its interests against domestic and international threats after 9/11. Each of these operations had different goals and scopes, which is crucial in understanding why Operation Iraqi Freedom stands out specifically regarding the removal of Saddam Hussein.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://pmkeee6rankpettyofficer1stclass.examzify.com>

We wish you the very best on your exam journey. You've got this!