

# Pivot Point Hair Removal 109 Practice Test (Sample)

## Study Guide



**Everything you need from our exam experts!**

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# Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

**Remember:** successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

# How to Use This Guide

**This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:**

## **1. Start with a Diagnostic Review**

**Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.**

## **2. Study in Short, Focused Sessions**

**Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.**

## **3. Learn from the Explanations**

**After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.**

## **4. Track Your Progress**

**Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.**

## **5. Simulate the Real Exam**

**Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.**

## **6. Repeat and Review**

**Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.**

**There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!**

## Questions

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- 1. Waxing on Accutane can cause which outcome?**
  - A. Lifting of skin and potential scarring**
  - B. Increased hair growth**
  - C. Faster healing**
  - D. No risk if physician approval**
  
- 2. The shape of the hair strand is determined by the shape of which structure?**
  - A. Hair Shaft**
  - B. Hair Follicle**
  - C. Papilla**
  - D. Cortex**
  
- 3. Which statement best defines the blend method?**
  - A. It combines galvanic and short-wave currents for hair removal**
  - B. It uses only direct current**
  - C. It uses laser energy**
  - D. It uses waxing in combination with tweezing**
  
- 4. When shaping the eyebrows, the brow should begin at which location?**
  - A. Over the inside corner of the eye**
  - B. At the outer corner of the eye**
  - C. At the center of the eye**
  - D. At the arch of the brow**
  
- 5. Which statement describes a key benefit of laser hair reduction?**
  - A. It can treat hundreds of hair follicles simultaneously**
  - B. It is always permanent after one treatment**
  - C. It works best on gray hair**
  - D. It is slower than electrolysis**

- 6. For first-time clients requiring underarm wax, what is the recommended draping action?**
- A. Ask client to change into a gown, removing only the top**
  - B. Have client remove all clothing**
  - C. Drape with a towel only**
  - D. Skip draping**
- 7. Which statement is true regarding safety when a client has shingles?**
- A. Shingles is a contraindication for waxing**
  - B. Shingles is a minor concern and can be waxed with precautions**
  - C. Shingles requires only patch testing before waxing**
  - D. Shingles has no impact on waxing decisions**
- 8. Which temporary hair removal service is beneficial for removing hair from both large and small areas?**
- A. Waxing**
  - B. Shaving**
  - C. Threading**
  - D. Epilation**
- 9. Thyroid medications may cause which skin changes that require sensitive-skin handling?**
- A. Thinning Skin, Dryness, Heat Sensitivity**
  - B. Oily Skin with Acne**
  - C. Increased Hair Growth**
  - D. No Effect**
- 10. Encouraging clients to prebook during the Create service essential is:**
- A. True**
  - B. False**
  - C. Not important**
  - D. Only for new clients**

## Answers

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1. A
2. B
3. A
4. A
5. A
6. A
7. A
8. A
9. A
10. B

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## **Explanations**

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### 1. Waxing on Accutane can cause which outcome?

- A. Lifting of skin and potential scarring**
- B. Increased hair growth**
- C. Faster healing**
- D. No risk if physician approval**

On Accutane, the skin becomes unusually fragile and heals slowly. Waxing pulls out hair by the root and can take some surface skin with it. Because the skin is more delicate and slower to recover on isotretinoin, waxing can cause the skin to lift away from the underlying tissue and lead to scarring. That heightened risk is why lifting of the skin and potential scarring is the correct outcome to expect from waxing while on Accutane. Safer options include postponing waxing until after treatment or choosing gentler hair removal methods.

### 2. The shape of the hair strand is determined by the shape of which structure?

- A. Hair Shaft**
- B. Hair Follicle**
- C. Papilla**
- D. Cortex**

Hair shape is set by the follicle's geometry. As the hair grows from the follicle, the follicle's curve, angle, and overall orientation mold how the keratinized cells are laid down and emerge as the strand. A straight follicle tends to produce a straight strand, while a curved or angled follicle imparts a curl or wave. The papilla at the base mainly provides nourishment, and the cortex is part of the hair shaft that contributes to strength and texture once the strand is formed, but the curl pattern is established by the follicle's shape.

### 3. Which statement best defines the blend method?

- A. It combines galvanic and short-wave currents for hair removal**
- B. It uses only direct current**
- C. It uses laser energy**
- D. It uses waxing in combination with tweezing**

The blend method uses two currents at once: galvanic current and short-wave (high-frequency) current. The galvanic component creates a caustic chemical reaction inside the hair follicle, producing substances that destroy the follicle tissue. The short-wave current rapidly heats the surrounding tissue, speeding up destruction and helping the chemical action work more effectively. Combining these two types of energy provides both chemical and thermal damage to the follicle, making hair removal more efficient than using galvanic or heat alone. This approach is distinct from methods that rely on only direct current, or on laser energy, or from non-electrolysis techniques like waxing and tweezing.

**4. When shaping the eyebrows, the brow should begin at which location?**

- A. Over the inside corner of the eye**
- B. At the outer corner of the eye**
- C. At the center of the eye**
- D. At the arch of the brow**

The starting point for shaping the brow is aligned with the inner corner of the eye. When you map the brow, imagine a vertical line from the inner corner (the inner canthus) up to the brow and mark that point as where the brow begins. This placement keeps the brow in proper proportion to the eye, creating a balanced frame and a natural look. Starting too far outward, too far inward, or too high at the center would distort the eye area and give an uneven shape. So the brow begins at the inner corner, right above that point.

**5. Which statement describes a key benefit of laser hair reduction?**

- A. It can treat hundreds of hair follicles simultaneously**
- B. It is always permanent after one treatment**
- C. It works best on gray hair**
- D. It is slower than electrolysis**

Laser hair reduction uses concentrated light energy that targets pigment in hair follicles. Because the light can cover a wide area, hundreds of follicles can be treated in a single session, making the procedure quick for larger areas. This ability to treat many follicles at once is the main advantage, especially when compared with methods that address hairs one by one. Remember that results usually require multiple sessions and aren't guaranteed after just one treatment, and the effectiveness depends on hair color and pigment—gray hairs respond poorly because they lack pigment.

**6. For first-time clients requiring underarm wax, what is the recommended draping action?**

- A. Ask client to change into a gown, removing only the top**
- B. Have client remove all clothing**
- C. Drape with a towel only**
- D. Skip draping**

Draping for underarm waxing centers on maintaining modesty, warmth, and proper access to the area. For a first-time client, the recommended approach is to have them change into a clean gown and remove only the top layer to expose the underarm. This provides easy access to the waxing area while keeping the rest of the body covered, respecting privacy and comfort. Using only a towel or skipping draping compromises modesty and warmth, and asking the client to remove all clothing goes against professional standards for privacy and hygiene. Keeping the client appropriately draped with a gown ensures a professional and comfortable experience while allowing safe, focused access to the underarm.

**7. Which statement is true regarding safety when a client has shingles?**

- A. Shingles is a contraindication for waxing**
- B. Shingles is a minor concern and can be waxed with precautions**
- C. Shingles requires only patch testing before waxing**
- D. Shingles has no impact on waxing decisions**

Shingles involves an active, contagious viral outbreak. The vesicles and fluid contain the varicella-zoster virus, and waxing creates abrasion of the skin. This combination can spread the virus to the esthetician or other clients and can worsen healing for the client with shingles. Because of this risk, waxing should be postponed while the outbreak is active, and only resumed once the lesions are crusted over and fully healed. Patch testing doesn't address contagious spread or skin disruption, and proceeding with waxing during an active shingles outbreak is not considered safe.

**8. Which temporary hair removal service is beneficial for removing hair from both large and small areas?**

- A. Waxing**
- B. Shaving**
- C. Threading**
- D. Epilation**

What makes this method versatile is its ability to cover different sizes of skin areas efficiently. Waxing uses a wax that can be spread over large panels—as when you're treating the legs or back—and then removed in a single pull, which makes it quick for big areas. At the same time, the same technique can be adapted to smaller spots—using smaller strips or a harder wax on areas like the upper lip, bikini line, or brows—so you can target precise patches without needing separate tools. Since the wax pulls hair from the root, the results last longer than shaving, typically several weeks, which adds to its practicality whether you're treating a large area or a small one. Other methods either excel only in one scope (shaving is fast but short-lived; threading is precise for small areas but slow on larger ones; epilation can handle bigger areas but takes more time and can be uncomfortable).

**9. Thyroid medications may cause which skin changes that require sensitive-skin handling?**

- A. Thinning Skin, Dryness, Heat Sensitivity**
- B. Oily Skin with Acne**
- C. Increased Hair Growth**
- D. No Effect**

Thyroid medications can affect the skin by making it thinner, drier, and more heat-sensitive. This matters for sensitive-skin handling in hair removal because thinner skin is more prone to irritation or minor damage from waxing or laser, dryness increases friction and discomfort, and heat sensitivity means the skin may overreact to warmer tools or longer exposure. So, you'd approach procedures with gentler temperatures and settings, extra lubrication, shorter sessions, and careful patch testing to monitor the skin's response. Oily skin with acne or increased hair growth aren't typical effects of thyroid meds, and assuming no effect wouldn't reflect how medications can influence skin behavior.

**10. Encouraging clients to prebook during the Create service essential is:**

- A. True**
- B. False**
- C. Not important**
- D. Only for new clients**

The key idea here is offering ongoing care without pressuring the client. In the Create service essential, you should guide the client and present practical next steps, but you don't have to and shouldn't treat prebooking as an indispensable part of the service. It's a helpful option to improve convenience, ensure you secure a time that fits their schedule, and support consistent results over the treatment cycle. If the client is interested, you can book the next appointment; if not, you can offer to follow up or note their preferred timing and revisit it later. The aim is respectful, client-centered service, not pushing to prebook during the current session.

## Next Steps

**Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.**

**As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.**

**If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at [hello@examzify.com](mailto:hello@examzify.com).**

**Or visit your dedicated course page for more study tools and resources:**

**<https://pivotpointhairremoval109.examzify.com>**

**We wish you the very best on your exam journey. You've got this!**

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