

Pivot Point Hair Design 107 Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

Copyright © 2026 by Examzify - A Kaluba Technologies Inc. product.

ALL RIGHTS RESERVED.

No part of this book may be reproduced or transferred in any form or by any means, graphic, electronic, or mechanical, including photocopying, recording, web distribution, taping, or by any information storage retrieval system, without the written permission of the author.

Notice: Examzify makes every reasonable effort to obtain accurate, complete, and timely information about this product from reliable sources.

SAMPLE

Table of Contents

Copyright	1
Table of Contents	2
Introduction	3
How to Use This Guide	4
Questions	5
Answers	8
Explanations	10
Next Steps	15

SAMPLE

Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

SAMPLE

- 1. Cone-shaped rollers produce which result?**
 - A. Soft curvature movement**
 - B. Flat texture**
 - C. Loose waves**
 - D. Strong curvature movement**

- 2. If molding begins at the convex end of an oblong, the opposite end is the:**
 - A. Concave End**
 - B. Convex End**
 - C. Middle**
 - D. Ridge**

- 3. Which bonds in the hair are weakened or broken down by water or thermal heat?**
 - A. Hydrogen bonds**
 - B. Salt bonds**
 - C. Disulfide bonds**
 - D. Peptide bonds**

- 4. All of the following cleaning and disinfectant guidelines are true about combs and brushes EXCEPT:**
 - A. Disinfect with fine steel wool**
 - B. Use appropriate disinfectants**
 - C. Rinse and dry thoroughly**
 - D. Sanitize between clients**

- 5. During which service essential do you personalize the design to add your personal touch?**
 - A. Create**
 - B. Consult**
 - C. Define**
 - D. Evaluate**

- 6. The half-circle is most often used to move the hair in which pattern?**
- A. Half toward, half away from the face**
 - B. Toward the face only**
 - C. All away from the face**
 - D. In a circular motion around the head**
- 7. Which guideline is performed prior to the hair design service?**
- A. Check scalp for any diseases or disorders.**
 - B. Check nails for health.**
 - C. Check makeup suitability.**
 - D. Check client history.**
- 8. Which technique creates lift by building a cushion at the base in volume-based styling?**
- A. Backcombing**
 - B. Sectioning**
 - C. Finger waving**
 - D. Smoothing**
- 9. To set an expanded circle, which technique would you apply?**
- A. Inner-and-outer**
 - B. Direct**
 - C. Indirect**
 - D. On-base**
- 10. Which area uses heat to set a design?**
- A. Wet design**
 - B. Thermal design**
 - C. Texturing design**
 - D. Color design**

Answers

SAMPLE

1. D
2. A
3. A
4. A
5. A
6. A
7. A
8. A
9. A
10. B

SAMPLE

Explanations

SAMPLE

1. Cone-shaped rollers produce which result?

- A. Soft curvature movement
- B. Flat texture
- C. Loose waves
- D. Strong curvature movement**

Cone-shaped rollers taper from wide to narrow, so wrapping hair around them tightens the curl near the scalp while the rest eases into a looser bend along the strand. This changing wrap radius creates a more pronounced, well-defined curl pattern—strong curvature movement—rather than a flat texture or soft waves. In short, the tapered shape drives a tighter, more noticeable bend compared to uniform-diameter rollers.

2. If molding begins at the convex end of an oblong, the opposite end is the:

- A. Concave End**
- B. Convex End
- C. Middle
- D. Ridge

When molding an oblong, ends are defined by how the shape curves. One end bulges outward (convex), while the opposite end curves inward (concave). If you start at the convex end, the other extreme you reach is the concave end, since that end has the opposite curvature. The middle isn't an end, and a ridge is a raised line, not an end of the shape. So the concave end.

3. Which bonds in the hair are weakened or broken down by water or thermal heat?

- A. Hydrogen bonds**
- B. Salt bonds
- C. Disulfide bonds
- D. Peptide bonds

Hydrogen bonds are the weakest links in hair, and they are the ones most readily disrupted by moisture and heat. When hair gets wet, water molecules form new hydrogen bonds with the keratin, which competes with and breaks the existing hydrogen bonds between the protein chains. Heat increases molecular motion, making it easier for these bonds to break as well. Once the moisture or heat source is removed and the hair cools, these hydrogen bonds can reform, which is why hair can regain its shape unless a chemical process has altered it. Salt bonds are ionic bonds that respond to changes in pH, not primarily to water or heat alone. Disulfide bonds are strong covalent bonds between cysteine units and are broken mainly by chemical reducers (and can be reshaped by heat only in conjunction with those chemicals). Peptide bonds form the backbone of the protein and require much stronger chemical changes to break. So, the bonds weakened by water or thermal heat are hydrogen bonds.

4. All of the following cleaning and disinfectant guidelines are true about combs and brushes EXCEPT:

- A. Disinfect with fine steel wool**
- B. Use appropriate disinfectants**
- C. Rinse and dry thoroughly**
- D. Sanitize between clients**

The essential idea is using proper cleaning and disinfection steps for combs and brushes to prevent cross-contamination. You should remove hair, wash with soap and warm water, then use an appropriate disinfectant (an EPA-registered product) according to the label, rinse off residues, and dry completely. After that, sanitize between clients to minimize any risk of transferring microbes. Disinfecting with fine steel wool isn't correct. Steel wool is abrasive and can scratch and damage tools, creating places for bacteria to hide. It also isn't a disinfectant and won't reliably sanitize tools.

5. During which service essential do you personalize the design to add your personal touch?

- A. Create**
- B. Consult**
- C. Define**
- D. Evaluate**

The main idea is that there are distinct steps for delivering a service, and the moment you truly personalize the design and weave in your own touch is during the Create phase. After you've consulted with the client to understand goals and lifestyle, and you've defined the direction by outlining the chosen shape and techniques, Create is where you translate that plan into a unique, tailored result. This is the stage to fine-tune the silhouette, texture, and detailing, selecting elements that reflect both the client's wishes and your professional artistry. It's where you incorporate your stylistic choices, ensuring the look feels individualized rather than generic. The Evaluate phase checks the outcome afterward, while Consult and Define focus on gathering information and solidifying the plan.

6. The half-circle is most often used to move the hair in which pattern?

- A. Half toward, half away from the face**
- B. Toward the face only**
- C. All away from the face**
- D. In a circular motion around the head**

The technique uses a semicircular motion to direct hair in two opposite directions from the same section: one side is guided toward the face while the other side is guided away from the face. This creates balanced movement, adds gentle lift, and yields a natural, smooth shape around the head. It prevents a single-direction, flat look and helps the hair fall gracefully on both sides of the face.

7. Which guideline is performed prior to the hair design service?

- A. Check scalp for any diseases or disorders.**
- B. Check nails for health.**
- C. Check makeup suitability.**
- D. Check client history.**

A scalp health check is performed before the hair design service to protect the client and guide the treatment. By screening the scalp for diseases or disorders, the stylist can spot infections, inflammation, or conditions that could be contagious or aggravated by products and styling techniques. This allows the service to proceed safely, be adjusted if needed, or be postponed with a professional referral if necessary. While other checks like nails, makeup suitability, or past history might appear in broader intake, they don't directly address the immediate safety and suitability of the hair service the way assessing scalp condition does.

8. Which technique creates lift by building a cushion at the base in volume-based styling?

- A. Backcombing**
- B. Sectioning**
- C. Finger waving**
- D. Smoothing**

Building lift in volume-based styling comes from creating a cushion at the base of the hair. This is achieved by backcombing, where you comb hair toward the scalp in small, short strokes. The intentional matting at the roots adds density and height, forming a base that lifts the hair away from the scalp. Once the desired fullness is reached, a gentle light smoothing on the surface helps shape the silhouette without collapsing the lift. Remember to be controlled with teasing to avoid damage, and use a light setting spray if needed to hold the cushion. Other techniques serve different purposes: sectioning helps organize hair for even distribution but doesn't by itself create lift, finger waving shapes strands into waves, and smoothing reduces volume rather than building it.

9. To set an expanded circle, which technique would you apply?

- A. Inner-and-outer**
- B. Direct**
- C. Indirect**
- D. On-base**

Expanding the circle in a wet-set is about growing the curl's diameter as it dries, which creates more volume and a softer, larger round shape. The inner-and-outer technique does this by wrapping the hair in alternating directions around the curl. One pass uses the inner direction toward the center, the next uses the outer direction away from the center, which pushes the curl outward and results in a larger circle when released. Other methods lean toward tighter, more centralized curls or focus on base placement for lift, rather than increasing the circle's size. So, using inner-and-outer is the best way to achieve an expanded circle.

10. Which area uses heat to set a design?

- A. Wet design
- B. Thermal design**
- C. Texturing design
- D. Color design

Thermal design uses heat to set a design. When you apply heat with tools like curling irons, flat irons, or a blow-dryer, the hair's internal bonds are softened and then reform as it cools, locking in the new shape. This makes curls, waves, or a smooth set hold longer than methods that rely on moisture or texture alone. Wet design relies on moisture to shape hair, not heat. Texturing design alters the surface texture with cutting or tools, not by heat setting. Color design changes pigment, not the physical shape.

SAMPLE

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://pivotpointhairdesign107.examzify.com>

We wish you the very best on your exam journey. You've got this!

SAMPLE