

PIVOT POINT FACIAL TREATMENT DEVICES 108 PRACTICE TEST (SAMPLE)

STUDY GUIDE



**SAMPLE STUDY GUIDE
WITH LIMITED QUESTIONS**

**VISIT US ONLINE FOR
THE FULL VERSION STUDY GUIDE**

<https://pivotpointfacialdevices.examzify.com>



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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 – 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. A benefit of the spray atomizer treatment with vacuum spray is?**
 - A. Hydration
 - B. Exfoliation
 - C. Cleansing
 - D. pH balancing
- 2. Why is maintaining a clean treatment environment important when using devices?**
 - A. To improve the aesthetic of the clinic.
 - B. To reduce electricity usage.
 - C. To prevent infection, contamination, and cross-contamination and ensure client safety.
 - D. To increase device weight.
- 3. Which term describes a microdermabrasion option that uses crystals for abrasion?**
 - A. Crystal Microdermabrasion
 - B. Diamond-tip Microdermabrasion
 - C. Ultrasonic Microdermabrasion
 - D. Laser-assisted Microdermabrasion
- 4. How should you store used and unused attachments?**
 - A. Leave attachments on the device between clients.
 - B. Store all attachments in a sealed drawer without cleaning.
 - C. Wash attachments with water only and air dry.
 - D. Clean and sanitize non-disposable attachments; store sterilized or in clean, protective packaging.
- 5. Which statement best describes the effect of mechanical action on desquamation?**
 - A. Decreases desquamation
 - B. Increases desquamation
 - C. No change
 - D. Causes pigmentation changes

- 6. What is the recommended storage method for disinfected electrodes to maintain sterility?**
- A. In airtight container
 - B. On open tray
 - C. In refrigerator
 - D. In a damp cloth
- 7. The process that allows an acidic solution to enter the skin when assisted by direct current and the positive pole of an electrode is called which of the following?**
- A. Desincrustation
 - B. Cataphoresis
 - C. Anaphoresis
 - D. Fulguration
- 8. Which of the following is a potential negative effect of microdermabrasion?**
- A. Hypopigmentation
 - B. Redness
 - C. Hyperpigmentation
 - D. Itching
- 9. If using a non-setting mask, how long is microdermabrasion treatment?**
- A. 15 minutes
 - B. 30 minutes
 - C. 45 minutes
 - D. 60 minutes
- 10. What modification would you make for a facial if your client had a laser treatment 2 weeks ago?**
- A. No exfoliation
 - B. Increased exfoliation
 - C. Use stronger products
 - D. Aggressive peels

Answers

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1. D
2. C
3. A
4. D
5. B
6. A
7. B
8. B
9. C
10. A

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Explanations

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1. A benefit of the spray atomizer treatment with vacuum spray is?

- A. Hydration
- B. Exfoliation
- C. Cleansing
- D. pH balancing**

Restoring the skin's natural acidity after cleansing is the main goal of the spray atomizer treatment with vacuum spray. The fine mist delivers a balanced solution evenly across the face, and the vacuum helps lift away debris and excess liquid, reducing residues that could disrupt the skin's pH. Keeping the skin slightly acidic supports the barrier, helps inhibit unwanted bacteria, and primes the skin for subsequent products. Hydration, exfoliation, and cleansing may occur in related steps, but the specific spray-vacuum combination is designed to re-balance pH, making pH balancing the best answer.

2. Why is maintaining a clean treatment environment important when using devices?

- A. To improve the aesthetic of the clinic.
- B. To reduce electricity usage.
- C. To prevent infection, contamination, and cross-contamination and ensure client safety.**
- D. To increase device weight.

Maintaining a clean treatment environment is essential for client safety because it minimizes the risk of infection and cross-contamination when devices are used. Surfaces, tools, and devices can transfer microbes between clients or from the practitioner to the client, so proper cleaning and disinfection, barrier use, and strict hand hygiene reduce microbial load and protect skin and mucous membranes. Following device manufacturer guidelines for cleaning between uses helps ensure safety and proper equipment function. Aesthetic appearance, electricity usage, or device weight do not address these safety concerns, so they're not the primary reason for cleanliness.

3. Which term describes a microdermabrasion option that uses crystals for abrasion?

- A. Crystal Microdermabrasion**
- B. Diamond-tip Microdermabrasion
- C. Ultrasonic Microdermabrasion
- D. Laser-assisted Microdermabrasion

Crystal microdermabrasion is defined by using a stream of fine crystals to abrasive the skin's surface, with suction removing the crystals and exfoliated cells. The crystals (often aluminum oxide or sodium bicarbonate) are the abrasive medium, which is what sets this method apart. The other options use different technologies—diamond-tip relies on a diamond-coated wand, ultrasonic uses ultrasonic energy, and laser-assisted uses laser energy—so they don't describe a crystal-based abrasion.

4. How should you store used and unused attachments?

- A. Leave attachments on the device between clients.
- B. Store all attachments in a sealed drawer without cleaning.
- C. Wash attachments with water only and air dry.
- D. Clean and sanitize non-disposable attachments; store sterilized or in clean, protective packaging.**

The essential idea is preventing cross-contamination through proper cleaning, sanitizing, and storage of attachments. After each client, reusable attachments should be thoroughly cleaned to remove residue, then sanitized or sterilized according to the manufacturer's instructions, and kept in clean protective packaging or a sterile container so they remain uncontaminated for the next use. Leaving attachments on the device between clients can transfer bacteria or other contaminants to subsequent clients, increasing risk of infection. Simply washing with water or air-drying does not reliably disinfect, and storing everything in a sealed drawer without cleaning allows contaminants to persist.

5. Which statement best describes the effect of mechanical action on desquamation?

- A. Decreases desquamation
- B. Increases desquamation**
- C. No change
- D. Causes pigmentation changes

Mechanical action physically disrupts the outer skin layer, accelerating the shedding of dead cells. Desquamation is that shedding process of corneocytes from the stratum corneum, and applying friction or exfoliating devices increases how quickly those cells detach. So, mechanical action leads to more desquamation. Excessive action can irritate the skin, but its direct effect on desquamation is to increase it. Pigmentation changes aren't the primary result of this action.

6. What is the recommended storage method for disinfected electrodes to maintain sterility?

- A. In airtight container**
- B. On open tray
- C. In refrigerator
- D. In a damp cloth

Storing disinfected electrodes in an airtight container keeps them sterile by protecting them from airborne contaminants and dust and by maintaining a dry environment until they're used. An open tray exposes them to the surrounding environment, a damp cloth can introduce moisture and encourage microbial growth, and refrigeration is not typically required unless the manufacturer's instructions specify it.

7. The process that allows an acidic solution to enter the skin when assisted by direct current and the positive pole of an electrode is called which of the following?

- A. Desincrustation
- B. Cataphoresis**
- C. Anaphoresis
- D. Fulguration

Iontophoresis uses direct current to push charged ions from a solution into the skin. When an acidic solution is used and the positive pole (the anode) is the active electrode, the acidic ions are driven into the skin by the current. This specific process is cataphoresis. It's the term that describes delivering an acidic solution into the skin under the influence of the positive electrode. Desincrustation, by contrast, involves an alkaline solution and a different polarity to soften sebum. Anaphoresis refers to moving other types of solutions under a different polarity, and fulguration is a cauterizing/burning technique, not about ion delivery.

8. Which of the following is a potential negative effect of microdermabrasion?

- A. Hypopigmentation
- B. Redness**
- C. Hyperpigmentation
- D. Itching

Redness is the most common immediate effect after microdermabrasion. The procedure exfoliates the outer skin layer using crystals or a diamond tip, which slightly irritates the surface and increases blood flow to the area. This causes the skin to look pink or red and feel warm, but it's usually temporary and resolves within a few hours to a day with proper aftercare. While itching can occur if the skin is irritated or reacts to post-treatment products, it's less typical. Pigment changes like hyperpigmentation or hypopigmentation are potential risks in some situations (especially with sun exposure or overly aggressive treatments or in certain skin types), but they aren't the most common immediate side effect. To help minimize redness and other reactions, use gentle skincare and sunscreen after treatment.

9. If using a non-setting mask, how long is microdermabrasion treatment?

- A. 15 minutes
- B. 30 minutes
- C. 45 minutes**
- D. 60 minutes

The time is determined by including the full flow of the treatment, not just the exfoliation. When a non-setting mask is used, you perform the microdermabrasion, apply the mask, let it sit for its recommended duration, and then finish with soothing serums, moisturizer, and sunscreen. That whole sequence typically adds up to about 45 minutes. A shorter time, like 15 minutes, would cover only the basic exfoliation; 30 minutes might skim over the post-treatment steps; and 60 minutes goes beyond the usual non-setting mask protocol. So, 45 minutes aligns with the standard pace for a full microdermabrasion session that includes a non-setting mask.

10. What modification would you make for a facial if your client had a laser treatment 2 weeks ago?

A. No exfoliation

B. Increased exfoliation

C. Use stronger products

D. Aggressive peels

After laser treatment, the skin is still healing and the barrier is fragile. Exfoliation in this window can disrupt the healing process, leading to irritation, redness, infection risk, scarring, or post-inflammatory hyperpigmentation. So the safest approach for a facial is to skip exfoliation entirely and focus on gentle cleansing, rich moisturizers, and barrier-supporting products, with strict sun protection. The other options would increase irritation or damage healing tissue, which is not advisable two weeks after laser. Follow the clinician's post-care guidance for any active ingredients once healing is further along.

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Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://pivotpointfacialdevices.examzify.com>

We wish you the very best on your exam journey. You've got this!

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