

Physical Evaluation Board Liaison Officer (PEBLO) Module 2-3 Practice Test (Sample)

Study Guide



Everything you need from our exam experts!

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Introduction

Preparing for a certification exam can feel overwhelming, but with the right tools, it becomes an opportunity to build confidence, sharpen your skills, and move one step closer to your goals. At Examzify, we believe that effective exam preparation isn't just about memorization, it's about understanding the material, identifying knowledge gaps, and building the test-taking strategies that lead to success.

This guide was designed to help you do exactly that.

Whether you're preparing for a licensing exam, professional certification, or entry-level qualification, this book offers structured practice to reinforce key concepts. You'll find a wide range of multiple-choice questions, each followed by clear explanations to help you understand not just the right answer, but why it's correct.

The content in this guide is based on real-world exam objectives and aligned with the types of questions and topics commonly found on official tests. It's ideal for learners who want to:

- Practice answering questions under realistic conditions,
- Improve accuracy and speed,
- Review explanations to strengthen weak areas, and
- Approach the exam with greater confidence.

We recommend using this book not as a stand-alone study tool, but alongside other resources like flashcards, textbooks, or hands-on training. For best results, we recommend working through each question, reflecting on the explanation provided, and revisiting the topics that challenge you most.

Remember: successful test preparation isn't about getting every question right the first time, it's about learning from your mistakes and improving over time. Stay focused, trust the process, and know that every page you turn brings you closer to success.

Let's begin.

How to Use This Guide

This guide is designed to help you study more effectively and approach your exam with confidence. Whether you're reviewing for the first time or doing a final refresh, here's how to get the most out of your Examzify study guide:

1. Start with a Diagnostic Review

Skim through the questions to get a sense of what you know and what you need to focus on. Your goal is to identify knowledge gaps early.

2. Study in Short, Focused Sessions

Break your study time into manageable blocks (e.g. 30 - 45 minutes). Review a handful of questions, reflect on the explanations.

3. Learn from the Explanations

After answering a question, always read the explanation, even if you got it right. It reinforces key points, corrects misunderstandings, and teaches subtle distinctions between similar answers.

4. Track Your Progress

Use bookmarks or notes (if reading digitally) to mark difficult questions. Revisit these regularly and track improvements over time.

5. Simulate the Real Exam

Once you're comfortable, try taking a full set of questions without pausing. Set a timer and simulate test-day conditions to build confidence and time management skills.

6. Repeat and Review

Don't just study once, repetition builds retention. Re-attempt questions after a few days and revisit explanations to reinforce learning. Pair this guide with other Examzify tools like flashcards, and digital practice tests to strengthen your preparation across formats.

There's no single right way to study, but consistent, thoughtful effort always wins. Use this guide flexibly, adapt the tips above to fit your pace and learning style. You've got this!

Questions

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- 1. The PEBLO demonstrates which element of patient relations by allowing a WT to vent frustrations and showing empathy to prevent escalation?**
 - A. Providing patient education**
 - B. Handling difficult situations**
 - C. Ensuring chart accuracy**
 - D. Maintaining confidentiality**

- 2. A Soldier is placed on the Temporary Disability Retirement List when their disabling conditions are not stable enough for permanent rating.**
 - A. Not stable enough for permanent rating**
 - B. Not stable for permanent rating**
 - C. Not stable enough for temporary rating**
 - D. Subject to reassessment after 12 months**

- 3. In the context of disability processing, which role is commonly responsible for coordinating medical referrals and care planning for the Warrior in Transition?**
 - A. Primary Care Physician**
 - B. Nurse Case Manager**
 - C. Social Worker**
 - D. Administrative Assistant**

- 4. In the Army, a PEBLO seeking guidance on standards of medical fitness would consult which document?**
 - A. AR 40-501**
 - B. AR 600-8-2**
 - C. AR 15-1**
 - D. AR 350-1**

- 5. What is a legal requirement of the Soldier's counsel during the IDES process?**
 - A. Must provide Soldier with MEB results and IPEB findings**
 - B. Must provide a summary of counseling notes only**
 - C. Must provide MEB results but not IPEB findings**
 - D. Must schedule a follow-up counseling session**

- 6. Which scenario would be considered compensable?**
- A. A Soldier cannot attend PT due to a minor cold**
 - B. A Soldier missing PT due to weather**
 - C. A Soldier with a non-service-related injury**
 - D. A Soldier cannot attend PT due to debilitating pain**
- 7. Which factor is NOT considered by the MEBTO when relegating RC board cases to designated IDES locations?**
- A. Soldier's financial status**
 - B. Medical history**
 - C. Severity of medical condition**
 - D. Location constraints**
- 8. The document that provides the ICD code for the MDCO is which of the following?**
- A. MEB Handbook**
 - B. DA 3947 (MEB Proceedings)**
 - C. MEB Proceedings Guide**
 - D. ICD Manual for MDCO**
- 9. What is a stated purpose of the e-Profile application?**
- A. Tracks deployments**
 - B. Provides a count of non-deployable Soldiers to personnel/medical/command**
 - C. Stores vaccination records**
 - D. Schedules drill**
- 10. The Physical Evaluation Board's findings may be appealed by whom?**
- A. The Soldier**
 - B. The Commander**
 - C. The VA Benefit Counselor**
 - D. The Medical Review Board**

Answers

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1. B
2. A
3. B
4. A
5. A
6. D
7. A
8. B
9. B
10. A

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Explanations

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1. The PEBLO demonstrates which element of patient relations by allowing a WT to vent frustrations and showing empathy to prevent escalation?

- A. Providing patient education**
- B. Handling difficult situations**
- C. Ensuring chart accuracy**
- D. Maintaining confidentiality**

Handling difficult situations centers on de-escalation through empathetic listening and validation. When a WT vents frustrations, the PEBLO stays calm, acknowledges the emotions, and validates the concerns, which helps defuse anger and keeps the conversation focused on practical next steps. This approach prevents escalation and supports a constructive interaction, a key part of patient relations. It isn't about providing patient education, which is information transfer; chart accuracy, which is an administrative task; or maintaining confidentiality, which is about privacy. The ability to calm tensions, show understanding, and guide the discussion toward solutions best fits the role.

2. A Soldier is placed on the Temporary Disability Retirement List when their disabling conditions are not stable enough for permanent rating.

- A. Not stable enough for permanent rating**
- B. Not stable for permanent rating**
- C. Not stable enough for temporary rating**
- D. Subject to reassessment after 12 months**

Stability of medical conditions drives how disability retirement is classified. A Soldier is placed on the Temporary Disability Retirement List when their disabling conditions are not stable enough to support a permanent rating. That exact phrasing—not stable enough for permanent rating—captures the criterion for temporary retirement, signaling that the condition isn't ready for a definite, lasting (permanent) determination. Periodic reevaluation happens after placement to see if the condition has stabilized or improved to a permanent rating, or if withdrawal from retirement is appropriate. The other options miss the emphasis on the necessary instability for a permanent rating, or describe a reevaluation step rather than the placement criterion.

3. In the context of disability processing, which role is commonly responsible for coordinating medical referrals and care planning for the Warrior in Transition?

A. Primary Care Physician

B. Nurse Case Manager

C. Social Worker

D. Administrative Assistant

The main idea here is who takes the lead in tying together medical referrals and the overall care plan for a Soldier in transition. The Nurse Case Manager is the one who serves as the central coordinator for medical referrals, scheduling tests and specialist visits, and ensuring all providers communicate effectively. They manage the care plan across different disciplines, track progress, and align medical activities with the disability evaluation timeline and care goals. This role is specifically designed to bridge the medical side with the disability processing steps, making sure the soldier gets timely access to needed services and that the documentation is complete and organized for the review process. The other roles have important functions, but they don't generally own the end-to-end coordination of referrals and care planning across multiple providers. The primary care physician delivers medical treatment, the social worker focuses on psychosocial support and broader resource linkage, and the administrative assistant handles scheduling and paperwork.

4. In the Army, a PEBLO seeking guidance on standards of medical fitness would consult which document?

A. AR 40-501

B. AR 600-8-2

C. AR 15-1

D. AR 350-1

Standards of medical fitness are set by Army Regulation 40-501, which defines who is medically qualified for duty, how examinations are conducted, and how conditions are evaluated for retention, separation, or transition. It explains the medical fitness categories, the use of the physical profile (PULHES), disqualifying conditions, waivers, and the Medical Evaluation Board/Physical Evaluation Board process. For a PEBLO, this regulation is the primary reference because it translates medical status into duty capabilities and informs the guidance given to Soldiers during medical boards and retention decisions. The other regulations cover areas like awards, training, or boards but do not provide the comprehensive medical fitness standards used in the PEB/MEB process.

5. What is a legal requirement of the Soldier's counsel during the IDES process?

- A. Must provide Soldier with MEB results and IPEB findings**
- B. Must provide a summary of counseling notes only**
- C. Must provide MEB results but not IPEB findings**
- D. Must schedule a follow-up counseling session**

During the IDES process, the Soldier's counsel must ensure the Soldier receives and understands both the MEB results and the IPEB findings. The MEB result shows the medical conditions and recommendations from the medical evaluation, while the IPEB findings translate those conditions into a disability assessment and rating. This disclosure lets the Soldier know exactly where they stand, what benefits or outcomes may be possible, and what options or appeals might be available. Merely providing a summary of counseling notes omits the official medical determinations the Soldier needs to make informed decisions. Providing MEB results without IPEB findings leaves out the crucial final assessment of disability, and while scheduling a follow-up can be helpful, it doesn't fulfill the duty to deliver and explain the complete results and findings.

6. Which scenario would be considered compensable?

- A. A Soldier cannot attend PT due to a minor cold**
- B. A Soldier missing PT due to weather**
- C. A Soldier with a non-service-related injury**
- D. A Soldier cannot attend PT due to debilitating pain**

The situation being tested is when a medical condition justifies an excused absence from physical training as a medical, compensable event. Debilitating pain is severe enough to prevent performing PT and would lead to medical documentation and a duty status adjustment (a medical profile or similar), making the absence compensable. The other scenarios involve conditions that are typically temporary, environmental, or unrelated to duty, and thus do not meet the criteria for a compensable PT absence.

7. Which factor is NOT considered by the MEBTO when relegating RC board cases to designated IDES locations?

- A. Soldier's financial status**
- B. Medical history**
- C. Severity of medical condition**
- D. Location constraints**

The decision about where RC board cases get routed to designated IDES locations is driven by medical and logistical considerations, not personal finances. Medical history informs the complexity and required expertise for the evaluation, while the severity of the medical condition guides how urgent and intensive the evaluation needs to be. Location constraints address the practical side—availability of IDES facilities, travel for the soldier, and balancing caseloads at different sites. A soldier's financial status has no bearing on where or how the medical evaluation is conducted, so the factor not considered is the soldier's financial status.

8. The document that provides the ICD code for the MDCO is which of the following?

- A. MEB Handbook**
- B. DA 3947 (MEB Proceedings)**
- C. MEB Proceedings Guide**
- D. ICD Manual for MDCO**

The ICD code for the MDCO is provided in the DA 3947 (MEB Proceedings). This form is the official MEB document where diagnoses are recorded and linked to their ICD classifications, making it the authoritative source for the MDCO's ICD code. The MEB Handbook, the MEB Proceedings Guide, and an ICD Manual for MDCO serve as guides or references, but they do not supply the formal ICD code within the MEB packet.

9. What is a stated purpose of the e-Profile application?

- A. Tracks deployments**
- B. Provides a count of non-deployable Soldiers to personnel/medical/command**
- C. Stores vaccination records**
- D. Schedules drill**

Focus on medical readiness and non-deployable status. The e-Profile consolidates a Soldier's medical profile and any limitations, giving leadership a current tally of who cannot deploy. This count is shared with personnel, medical, and command to support readiness reporting, resource planning, and deployment decision-making. It isn't designed to track deployments, store vaccination records, or schedule drills, which are managed by other systems or processes.

10. The Physical Evaluation Board's findings may be appealed by whom?

- A. The Soldier**
- B. The Commander**
- C. The VA Benefit Counselor**
- D. The Medical Review Board**

The service member is the one who can appeal the PEB findings. These findings directly affect the Soldier's career status and disability rating, so the right to challenge them rests with the person evaluated. The Commander isn't the one who files the appeal on the Soldier's behalf, and a VA Benefit Counselor, while involved in veterans' benefits, does not initiate PEB appeals. The Medical Review Board is a separate medical review body rather than the party responsible for appealing PEB outcomes. If the Soldier disagrees, they pursue the formal appeal process through the proper channels to seek reconsideration or review.

Next Steps

Congratulations on reaching the final section of this guide. You've taken a meaningful step toward passing your certification exam and advancing your career.

As you continue preparing, remember that consistent practice, review, and self-reflection are key to success. Make time to revisit difficult topics, simulate exam conditions, and track your progress along the way.

If you need help, have suggestions, or want to share feedback, we'd love to hear from you. Reach out to our team at hello@examzify.com.

Or visit your dedicated course page for more study tools and resources:

<https://peblomod2to3.examzify.com>

We wish you the very best on your exam journey. You've got this!

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