

# Phoenix Standard Operating Procedures (SOPs) Volume 2 Practice Test (Sample)

## Study Guide



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**SAMPLE**

## **Questions**

SAMPLE

- 1. How many gallons of water can a contracted helicopter drop on each pass over a fire?**
  - A. 100 gallons**
  - B. 120 gallons**
  - C. 150 gallons**
  - D. 200 gallons**
- 2. In the context of personnel operations, which condition is critical for maintaining safety during Rehab?**
  - A. Proper hydration**
  - B. Medication management**
  - C. Monitoring vital signs**
  - D. Adherence to nutritional standards**
- 3. Which type of evaluation is necessary for personnel with a body temperature of 99.5 degrees Fahrenheit or higher?**
  - A. Basic health check**
  - B. ALS evaluation**
  - C. Physical therapy**
  - D. Psychological assessment**
- 4. How quickly should the SERT be assembled and ready to respond after a request?**
  - A. 15 minutes**
  - B. 30 minutes**
  - C. 45 minutes**
  - D. 60 minutes**
- 5. Where should the individual communicating with the pilot stand during helicopter operations?**
  - A. At the front left corner of the touchdown area**
  - B. At the front right corner of the touchdown area**
  - C. At the rear of the landing zone**
  - D. At the center of the touchdown area**

- 6. What is a feature of Type 6 Engine's pumping capabilities?**
- A. Low pressure only**
  - B. Standard pressure with no special features**
  - C. 50 GPM pump with higher pump pressure capacity**
  - D. Only used for water supply**
- 7. What safety benefit does staging key pumpers on hydrants provide?**
- A. Decreases the response time of fire units**
  - B. Ensures an uninterrupted water supply**
  - C. Improves communication among teams**
  - D. Reduces the number of firefighters needed**
- 8. Which of the following is NOT one of the three forms of size-up for an incident?**
- A. Visual**
  - B. Operational**
  - C. Reconnaissance**
  - D. Preplanning**
- 9. How many false alarms in a 365 day period trigger a follow-up inspection?**
- A. Five**
  - B. Seven**
  - C. Ten**
  - D. Fifteen**
- 10. Which of the following is NOT a requirement for members to be reassigned from Rehab?**
- A. No abnormal neurological findings**
  - B. No complaints**
  - C. Heart rate below 120 BPM**
  - D. Heart rate below 100 BPM with no irregular beats**

## **Answers**

SAMPLE

1. B
2. C
3. B
4. B
5. B
6. C
7. B
8. B
9. C
10. C

SAMPLE

## **Explanations**

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**1. How many gallons of water can a contracted helicopter drop on each pass over a fire?**

- A. 100 gallons**
- B. 120 gallons**
- C. 150 gallons**
- D. 200 gallons**

The correct choice indicates that a contracted helicopter can drop 120 gallons of water on each pass over a fire. Many firefighting helicopters are equipped with water tanks that allow them to carry a substantial amount of water for aerial firefighting operations. The 120-gallon capacity is often optimized for efficiency and effectiveness in quickly suppressing fires, particularly in wildland fire scenarios where rapid response is crucial. This specific capacity strikes a balance between the helicopter's load-carrying ability and the need for quick descents and climbs, ensuring that the aircraft can effectively manage its resources while contributing to firefighting efforts.

**2. In the context of personnel operations, which condition is critical for maintaining safety during Rehab?**

- A. Proper hydration**
- B. Medication management**
- C. Monitoring vital signs**
- D. Adherence to nutritional standards**

Monitoring vital signs is critical for maintaining safety during Rehab because it provides essential information about a person's physical condition, particularly in situations involving stress, exertion, or recovery from illnesses. Vital signs, which include heart rate, breathing rate, blood pressure, and temperature, serve as indicators of how well the body is functioning and recovering. By continuously monitoring these signs, personnel can detect any potential health issues early, adjust rehabilitation protocols as necessary, and ensure that the individual is stable and safe to continue with or complete their rehabilitation process. This is especially crucial in personnel operations where individuals may be under physical strain or recovering from injury, as deviations from normal ranges can indicate underlying problems that require immediate attention. Therefore, prioritizing the monitoring of vital signs enhances safety and supports effective rehabilitation outcomes.

**3. Which type of evaluation is necessary for personnel with a body temperature of 99.5 degrees Fahrenheit or higher?**

- A. Basic health check**
- B. ALS evaluation**
- C. Physical therapy**
- D. Psychological assessment**

An ALS evaluation, or Advanced Life Support evaluation, is crucial for personnel exhibiting a body temperature of 99.5 degrees Fahrenheit or higher because it indicates a potential medical concern that may require immediate attention. Elevated body temperature can be a sign of infection, illness, or other health issues that necessitate advanced medical assessment and intervention. In this context, the ALS evaluation is designed to assess the individual's overall condition, including vital signs, responsiveness, and potential need for further diagnostic tests or treatment. By focusing on Advanced Life Support, medical personnel can ensure that appropriate measures are in place to address any underlying health problems that could affect the individual's ability to perform their duties safely. The other options do not address the immediate medical implications of a high body temperature. A basic health check may be too superficial, physical therapy is typically required for rehabilitation purposes and does not relate to acute health issues, and a psychological assessment is not relevant to physiological symptoms like fever. Thus, the ALS evaluation is specifically tailored to manage conditions that could arise from an elevated body temperature, making it the best choice in this scenario.

**4. How quickly should the SERT be assembled and ready to respond after a request?**

- A. 15 minutes**
- B. 30 minutes**
- C. 45 minutes**
- D. 60 minutes**

The correct response indicates that the Special Emergency Response Team (SERT) should be assembled and ready to respond within 30 minutes after a request. This time frame is critical for ensuring that the team can effectively respond to emergency situations, as rapid mobilization can significantly impact the outcome of operations requiring SERT's specialized capabilities. Understanding the importance of a 30-minute response window emphasizes the necessity for coordinated training and readiness among team members. It reflects the operational standards designed to maintain a high level of emergency preparedness, allowing for timely interventions that can mitigate risks and safeguard lives. Additionally, establishing a time frame for response helps set clear expectations for both the SERT members and the entities requesting their assistance.

**5. Where should the individual communicating with the pilot stand during helicopter operations?**

- A. At the front left corner of the touchdown area**
- B. At the front right corner of the touchdown area**
- C. At the rear of the landing zone**
- D. At the center of the touchdown area**

In helicopter operations, the individual communicating with the pilot should stand at the front right corner of the touchdown area. This positioning is critical for several reasons. Being at the right corner allows the communicator to maintain a clear line of sight with the pilot, facilitating better visual communication and ensuring that the pilot can easily see hand signals or other indicators. Additionally, standing in this location ensures that the individual remains out of the helicopter's rotor wash and potential danger zone, which is especially crucial during takeoff and landing phases when safety is paramount. This area is typically less obstructed, allowing for effective communication without distractions. The other positions may place the individual in less favorable visibility or safety zones. For instance, being at the front left corner might obstruct the pilot's view, while positioning at the rear of the landing zone could compromise safety by being too close to the helicopter's tail rotor. The center of the touchdown area would also be dangerous, as it would put the communicator directly in the helicopter's flight path when it approaches to land or take off. Thus, the front right corner is the safest and most effective location for effective communication with the pilot.

**6. What is a feature of Type 6 Engine's pumping capabilities?**

- A. Low pressure only**
- B. Standard pressure with no special features**
- C. 50 GPM pump with higher pump pressure capacity**
- D. Only used for water supply**

The Type 6 Engine is known for its versatility in pumping capabilities, particularly in unique and demanding environments. One aspect that sets it apart is its 50 GPM (gallons per minute) pump capacity, which indicates its ability to deliver a substantial amount of water efficiently. Moreover, the higher pump pressure capacity allows for effective firefighting even in challenging situations, such as when it needs to reach significant heights or distances. In comparison to the other options, focusing solely on low pressure or standard pressure without special features does not capture the enhanced capabilities of the Type 6 Engine. Furthermore, limiting its use strictly for water supply overlooks its adaptability and effectiveness in various firefighting scenarios, which includes fire suppression as well as responding to different incidents requiring water delivery. This multifaceted functionality, especially attributed to its high pump pressure capacity, makes it an essential tool in firefighting operations.

**7. What safety benefit does staging key pumpers on hydrants provide?**

- A. Decreases the response time of fire units**
- B. Ensures an uninterrupted water supply**
- C. Improves communication among teams**
- D. Reduces the number of firefighters needed**

Staging key pumpers on hydrants provides the critical safety benefit of ensuring an uninterrupted water supply. This practice is vital during firefighting operations, as a consistent and reliable source of water is necessary for effective fire suppression. By positioning pumpers directly at hydrants, teams can access water immediately and maintain a steady flow, minimizing any delays that could occur if pumpers were located farther away or if they needed to find a hydrant in an emergency situation. The efficiency gained from this strategy allows fire units to concentrate on combating the fire rather than worrying about water supply logistics. Additionally, having pumpers staged at hydrants can facilitate quicker operations during critical moments when time is of the essence, thereby enhancing overall firefighting effectiveness.

**8. Which of the following is NOT one of the three forms of size-up for an incident?**

- A. Visual**
- B. Operational**
- C. Reconnaissance**
- D. Preplanning**

Size-up is a critical process that emergency responders use to assess an incident effectively. The three recognized forms of size-up typically include visual assessments, reconnaissance, and preplanning. The option described as operational does not fit into the standard categories of size-up as it is more of an ongoing critical assessment made during an incident rather than a distinct form of size-up like the others. Visual assessments involve the immediate observation of the scene to gauge conditions, hazards, and the overall situation. Reconnaissance refers to a deeper investigation and observation of the scene and its surroundings to understand potential risks and resources needed. Preplanning involves preparing for potential incidents before they occur, ensuring knowledge of likely scenarios and responses. By understanding these three forms, emergency responders can better prepare for and manage incidents effectively.

**9. How many false alarms in a 365 day period trigger a follow-up inspection?**

- A. Five**
- B. Seven**
- C. Ten**
- D. Fifteen**

The correct answer is based on the standard protocol that dictates when a follow-up inspection is warranted in response to false alarms. According to the established guidelines, if there are ten or more false alarms recorded within a 365-day period, it triggers a follow-up inspection to assess and address any underlying issues contributing to the frequency of these alarms. This threshold is set to ensure that repeated false alarms do not compromise the efficacy of the alarm system or safety protocols, reinforcing the importance of addressing system reliability and enhancing overall security measures. Understanding this threshold is critical for maintaining operational efficiency and safety standards, as excessive false alarms can lead to complacency and possible neglect of real emergencies. By requiring a follow-up inspection after ten false alarms, the protocol aims to mitigate risk and ensure that systems are functioning as intended.

**10. Which of the following is NOT a requirement for members to be reassigned from Rehab?**

- A. No abnormal neurological findings**
- B. No complaints**
- C. Heart rate below 120 BPM**
- D. Heart rate below 100 BPM with no irregular beats**

The correct choice indicates that having a heart rate below 120 BPM is not a requirement for members to be reassigned from Rehab. In the context of rehabilitation procedures, it is often crucial to monitor cardiovascular health. However, a heart rate below 120 BPM does not necessarily reflect the complete health assessment needed to justify reassignment. Other criteria, such as the presence of abnormal neurological findings and lack of complaints, emphasize a more comprehensive evaluation of the member's overall health status. Additionally, ensuring a heart rate below 100 BPM with no irregular beats is a stricter criterion that ensures the stability of the individual's cardiac status and wellbeing, making their reassignment more secure. In this assessment, the focus is not merely on heart rate alone but requires a holistic view of the individual's physical condition, emphasizing safety before they transition out of the Rehab phase.